



State of Alaska  
 Department of Corrections  
 Inmate Health

Name \_\_\_\_\_  
 DOB \_\_\_\_\_ OBSCIS#: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_  
 Medication Allergies: \_\_\_\_\_  
 Current Medications: \_\_\_\_\_

05/16

## Drug Withdrawal

**OBTAIN VERIFICATION OF CURRENT MEDICATIONS: Prescription bottles or ROI to MD**

**Subjective:** Time Last took Medication: \_\_\_\_\_

Amount, duration, and frequency of drugs consumed prior to incarceration: \_\_\_\_\_

Other medication taken : \_\_\_\_\_

Alcohol taken: \_\_\_\_\_

Hx of:  Diabetes  hypertension  seizures  other medical problems \_\_\_\_\_

**Patient complains of:**

- Nausea  Vomiting  Feelings of nervousness
- Headache  Tremors Where? \_\_\_\_\_
- Visual Disturbances  Tactile Disturbances  Auditory Disturbances
- Oriented to day, place, person  Hallucinations

**Objective:** Vital Signs: BRAC \_\_\_\_\_ Temp \_\_\_\_\_ Pulse \_\_\_\_\_ Resp \_\_\_\_\_ B/P \_\_\_\_\_ Blood Sugar \_\_\_\_\_

Oriented X 3 \_\_\_\_\_  Alert  Hallucinating \_\_\_\_\_

Evidence of sweating:  mild  moderate  severe \_\_\_\_\_

Evidence of tremors:  mild  moderate  severe \_\_\_\_\_

Irritability:  mild  moderate  severe \_\_\_\_\_

Diarrhea: Color/ frequency \_\_\_\_\_

Seizure: Description \_\_\_\_\_

Affect:  Labile  Stable

**Findings:**  Acute  Possible Drug Withdrawal from \_\_\_\_\_

**Actions:**

**Drug withdrawal requires contacting the Medical Provider and Mental Health for individualized medication orders and treatment plan.**

**\*If the patient is on Benzodiazepines abrupt withdrawal is contraindicated.**

If patient shows signs of even just mild symptoms of withdrawal, tremulousness, irritability, anorexia, nausea, and occasional hallucinations **call practitioner to initiate detox protocol and obtain individualized medication and treatment orders:**

- 1) Vital Signs TID up to every 6 hours to include blood pressure, heart rate, and temperature
- 2) Notify facility provider or on-call provider any time:
  - a. BP < 90/60 mmHg [or] BP > 180/110 mmHg
  - b. New onset of HR < 60 [or] HR > 120 bpm sustained for more than 15 minutes
  - c. Temp > 101 F
  - d. Nausea or vomiting despite treatment
  - e. Clinical Opiate Withdrawal Score (COWS) increases by ≥ 6 points from initial score despite treatment
  - f. **Pregnancy:** alternate withdrawal medications must be used in pregnancy
- 3) Alert provider if chronic use of alcohol is known or suspected; consider Thiamine in such cases.

<b>Provider contacted:</b> _____	<b>Date &amp; Time:</b> _____
<b>Orders received:</b> _____	
<b>Nurse's Signature:</b> _____	