

**From:** [Lacy Elsey](#)  
**To:** [Beaulieu, Emily A \(DOH\)](#)  
**Subject:** Comment for the Extension of Service Authorizations  
**Date:** Thursday, April 27, 2023 4:36:04 PM  
**Attachments:** [image001.png](#)

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Good afternoon,

I have been a clinician for a year and a half before COVID started and then have continued working through COVID, and I am still in a clinician position. Throughout COVID, not being required to complete a medical necessity form/ ask for service authorizations has allowed me to provide more quality care and more frequent care. I have experienced that when a client needs to call and talk for a brief time, or have a longer session sometimes and I don't have to worry if this will affect how much more time they have, or try to rush my clients into healing before they are ready has also allowed me to relax and complete my job well, and well as encourage me to want to come in to work. Requiring service authorizations again will cause more stress, more work, less time to be with and have energy for clients, in my day to day work. This also will be affecting our intake people who will also have additional work rather than being free to talk to potential clients or those who may be in crisis.

If there will be a service authorization required, I do request that we be able to ask for more than the cap if we can explain why this would be necessary. Also to have a clear guideline and rating system of how these authorizations are approved.

Thank you,

**Lacy Elsey, LPC, MHP, CMHS**  
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