

The Alaska Scorecard has been revised to align with Strengthening the System: Comprehensive Integrated Mental Health Program Plan 2020-2024 (Strengthening the System). The Scorecard is a data measurement tool that examines the population health outcomes of Alaskans receiving care and services as described in Strengthening the System. Historically, the Scorecard measured the desired outcomes of the previous Comprehensive Plan: Moving Forward 2006-2011; it was published annually from 2008 until 2019 with indicators corresponding with Moving Forward. The Scorecard was revised in 2020 to include both new indicators and new narratives that are consistent with Strengthening the System. The revised scorecard was formatted to be consistent with the use of the Results-Based Accountability Framework (RBA). Key sections include:

- **Alaska Scorecard 2023:** this section provides the latest U.S. (if available) and Alaska data for each indicator, compared to averaged (typically the initial three reporting periods' data for that indicator, unless otherwise noted) baseline Alaska data available from the start of the 2020 Scorecard's revision. Changes from baseline estimates are not tested for statistical significance.
- **Story Behind the Baseline:** this section takes stock of both the positive and negative forces that impact an indicator, as well as what is working to address it and what is not. It also includes a look at what the population or information being measured revealed prior to planned solutions (as described in the indicator) and includes information on research and causes.
- **What Works:** this section offers a brief explanation of what works to affect measurable improvements in the indicator. This includes information, research, and solutions along with some no- to low-cost strategies to mitigate the challenges the indicator highlights.

The Scorecard remains a concentrated document detailing the key issues impacting Alaska Mental Health Trust beneficiaries and was researched and produced by a group of leaders and planners representing the Alaska Department of Health, the Alaska Mental Health Trust Authority, boards and commissions, and other related state agencies. Trust beneficiaries are Alaskans who experience mental illness, developmental and intellectual disabilities, substance use disorders, Alzheimer's disease and related dementia, and traumatic brain injuries.

Due to the COVID-19 pandemic, some data sources experienced disruptions that impacted the availability or reliability of estimates for certain indicators. Some indicators may contain gaps where no data were available or where data is not directly comparable to previous years due to reporting issues. Every effort was made to ensure that the data contained in this report are up to date and accurate at the time of publication. The Scorecard work group will continue to monitor indicators for data quality issues. For more information, please visit the [Comprehensive Integrated Mental Health Program Plan](#).

ALASKA SCORECARD 2023

Key Issues Impacting Alaska Mental Health Trust Beneficiaries

INDICATOR	LATEST U.S. DATA	LATEST ALASKA DATA	AVG. BASELINE ALASKA DATA	CHANGE FROM AVG. BASELINE
EARLY CHILDHOOD				
1. Percentage of children who received a developmental screening using a parent-completed screening tool in the past year (ages 9 months to 35 months)	34.4% (2022)	42.3% (2022*)	43.6% (2016-2019)	-1.3%
2. Percentage of incoming students who regulate their feelings and impulses 80% of the time or more (grades K-1)	*	46.1% (2022-2023)	47.3% (2017-2020)	-1.2%
3. Percentage of women who recently delivered a live birth who have a strong social support system during the postpartum period	*	76.6% (2021)	74.7% (2017-2019)	+1.9%
4. Mean index score of (12) indicators associated with child health and well-being that are present at birth	*	9.5 (2022)	9.8 (2017-2019)	-0.3
HEALTHCARE				
5. Percentage of population without health insurance	8.0% (2022)	11.0% (2022)	12.8% (2017-2019)	-1.8%
6. Rate of non-fatal fall injuries (rate per 100,000; ages 65+)	3,276.7 (2021)	4,595.3 (2022)	4,398.6 (2017-2019)	+196.7
ECONOMIC AND SOCIAL WELL-BEING				
7. Percentage of rental occupied households that exceed 50 percent of household income dedicated to housing	24.8% (2022)	18.5% (2022)	18.2% (2017-2019)	+0.3%
8. Rate of chronic homelessness (rate per 100,000)	38.3 (2022)	78.2 (2022)	34.8 (2017-2019)	+43.4
9. Percentage of Alaskans who experience a disability that are employed	44.5% (2022)	50.4% (2022)	43.9% (2017-2019)	+6.5%
10. Percentage of Alaskans living above 125% of the federal poverty level	84.8 (2022)	87.8% (2022)	83.1% (2017-2019)	+4.7%
SUBSTANCE USE DISORDER PREVENTION				
11. Percentage of Alaskans needing but not receiving treatment at a specialty facility for substance use in the past year (ages 12+)	6.8% (2021)	10.0% (2021)	8.6% (2016-2019)	+1.4%
12. Percentage of Alaskans who received mental health services in the past year (ages 18+)	21.8% (2022)	22.0% (2022)	14.7% (2016-2019)	+7.3%
13. Rate of alcohol-induced mortality (rate per 100,000; age-adjusted)	13.6 (2022)	36.2 (2022)	23.4 (2017-2019)	+12.8
SUICIDE PREVENTION				
14. Rate of intentional self-harm/suicide attempt emergency department visits (rate per 100,000; age-adjusted)	46.8 (2021)	125.8 (2022*)	131.1 (2017-2019)	-5.3
15. Rate of intentional self-harm/suicide deaths (rate per 100,000; age adjusted)	14.2 (2022)	27.7 (2022)	27.2 (2017-2019)	+0.5
16. Rate of intentional self-harm/suicide deaths (rate per 100,000; ages 15-24)	13.6 (2022)	46.2 (2022)	49.5 (2017-2019)	-3.3

KEY: • Asterisk (*): No U.S. data available at time of publication
 • Calendar year (yyyy): data represents calendar year
 • Fiscal year (FYyyyy): data represents fiscal year (July-June)
 • Combined year (yyyy-yyyy): data represents year range

INDICATOR	LATEST U.S. DATA	LATEST ALASKA DATA	AVG. BASELINE ALASKA DATA	CHANGE FROM AVG. BASELINE
PROTECTING VULNERABLE ALASKANS				
17. Rate of child maltreatment, substantiated cases, unique victims (rate per 1,000; ages 0 to 17)	7.7 (2022)	14.6 (2022)	15.4 (2017-2019)	-0.8
18. Percentage change in youth who accessed home-based family treatment services (ages 0 to 24)	*	47.8% (2023)	119.1% (2022-2023)	-47.0%
19. Founded reports of harm to adults (rate per 1,000; ages 18+)	*	1.1 (FY2023)	1.4 (FY2018-2020)	-0.3
SERVICES IN THE LEAST RESTRICTIVE ENVIRONMENT				
20. Percentage of Alaskans who meet criteria for an institutional level of care who were served by a home and community based waiver	*	84.1% (FY2023)	83.5% (FY2018-2019)	+0.6
21. Percentage of criminal defendant referrals admitted to a therapeutic court	*	57.1% (FY2023)	57.2% (FY2018-2020)	-0.1%
22. Percentage of all juvenile justice referrals that were diverted from formal court action	*	41.5% (FY2023)	41.3% (FY2018-2020)	+0.2%
SERVICES IN INSTITUTIONAL ENVIRONMENTS				
23. Percentage of inpatient readmissions within 30 days to non-military hospitals for a behavioral or neurodevelopmental diagnosis (ages 12 to 17)	*	7.3% (2022)	7.3% (2017-2018)	0.0%
24. Percentage of inpatient readmissions within 30 days to non-military hospitals for a behavioral or neurodevelopmental diagnosis (ages 18+)	*	12.8% (2022)	11.3% (2017-2019)	+1.5%
25. Percentage of Alaskans who meet criteria for an institutional level of care who were served in nursing homes and Intermediate Care Facilities for Individuals with Intellectual and Developmental Disabilities (ICF/IDD)	*	18.2% (FY2023)	18.1% (FY2018-2020)	+0.1%
26. Percentage of juveniles in a Division of Juvenile Justice facility with an identified behavioral health or neurobehavioral condition in a secure treatment unit	*	97.6% (FY2023)	97.0% (FY2018-2020)	+0.6%
27. Percentage of incarcerated individuals diagnosed with a psychotic disorder or schizophrenia who received intensive clinical and case management reentry services	*	73.8% (FY2023)	82.7% (FY2019-2020)	-8.9%
WORKFORCE, DATA, AND FUNDING				
28. Percentage change in SHARP health practitioner contracts (current calendar year compared to previous 5 year average)	*	57% (2023)	12% (2018-2020)	+45%
29. Percentage change of unduplicated participants served by Alaska Training Cooperative training events	*	30.6% (FY2023)	-1.5% (FY2018-2020)	+32.1%
30. Medicaid expenses as a percentage of state's budget	29.6% (FY2023)	14.0% (FY2023)	19.9% (FY2018-2020)	-5.9%

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