

The Alaska Mental Health Trust Scorecard has been revised to align with Strengthening the System: Comprehensive Integrated Mental Health Program Plan 2020-2024 (Strengthening the System). The Scorecard is a data measurement tool that examines the population health outcomes of Alaskans receiving care and services as described in Strengthening the System. Historically, the Scorecard measured the desired outcomes of the previous Comprehensive Plan: Moving Forward 2006-2011; it was published annually from 2008 until 2019 with indicators corresponding with Moving Forward.

The 2020 version of the Scorecard was revised to include both new indicators and new narratives that are consistent with Strengthening the System. The revised scorecard was formatted to be consistent with the use of Results-Based Accountability Framework (RBA). As a result, new key sections include:

- **Story Behind the Baseline:** this section takes stock of both the positive and negative forces that impact an indicator, as well as what is working to address it and what is not. It also includes a look at what the population or information being measured revealed prior to planned solutions (as described in the indicator) and includes information on research and causes.
- **What Works:** this section offers a brief explanation of what works to affect measurable improvements in the indicator. This includes information, research, and solutions along with some no- to low-cost strategies to mitigate the challenges the indicator highlights.

The Scorecard remains a concentrated document detailing the key issues impacting Alaska Mental Health Trust beneficiaries and was researched and produced by a group of leaders and planners representing the Alaska Department of Health and Social Services, the Alaska Mental Health Trust Authority, boards and commissions, and other related state agencies. Trust beneficiaries are Alaskans who experience mental illness, developmental and intellectual disabilities, substance use disorders, Alzheimer's disease and related dementia, and traumatic brain injuries.

For more information, please visit the [Comprehensive Integrated Mental Health Program Plan](#).

# ALASKA SCORECARD 2021

## Key Issues Impacting Alaska Mental Health Trust Beneficiaries

INDICATOR	MOST CURRENT U.S. DATA	PREVIOUS ALASKA DATA	MOST CURRENT ALASKA DATA	CHANGE
<b>EARLY CHILDHOOD</b>				
1. Percentage of children who received a developmental screening using a parent-completed screening tool in the past year (ages 9 months through 35 months)	36.9% (2019-2020)	47.9% (2018-2019)	47.4% (2019-2020)	-0.5%
2. Percentage of incoming students who regulate their feelings and impulses 80% of the time or more (grades K-1)	*	47.4% (2018-2019)	49.1% (2019-2020)	+1.7%
3. Percentage of women who recently delivered a live birth who have a strong social support system during the postpartum period	*	76.6% (2019)	75.2% (2020)	-1.4%
4. Mean index score of 12 assets associated with child health and well-being that are present at birth	*	9.6 (2019)	9.6 (2020)	0
<b>HEALTHCARE</b>				
5. Percentage of population without health insurance	8.6% (2020)	12.2% (2019)	12.6% (2020)	+0.4%
6. Rate of non-fatal fall injuries (rate per 100,000; ages 65+)	3,263.3 (2020)	3,864.5 (2019)	3,263.3 (2020)	-973.3
<b>ECONOMIC AND SOCIAL WELL-BEING</b>				
7. Percentage of renter-occupied households that exceed 50% of household income dedicated to housing	22.1% (2019)	17.3% (2018)	18.6% (2019)	+1.3%
8. Rate of chronic homelessness (rate per 100,000)	33.3 (2020)	31.6 (2019)	44.6 (2020)	+13
9. Percentage of Alaskans who experience a disability that are employed	38.9% (2019)	42.7% (2018)	44.0% (2019)	+1.3%
10. Percentage of Alaskans living above 125% of the federal poverty level	85.7% (2019)	85.6% (2019)	82.9% (2020)	-2.7%
<b>SUBSTANCE USE DISORDER PREVENTION</b>				
11. Percentage of Alaskans needing but not receiving treatment at a specialty facility for substance use in the past year (ages 12+)	13.9% (2020)	8.9% (2018-2019)	15.0% (2020)	+6.1%
12. Percentage of Alaskans who received mental health services in the past year (ages 18+)	16.5% (2019-2020)	17.1% (2018-2019)	17.3% (2019-2020)	+0.2%
13. Rate of alcohol-induced mortality (rate per 100,000; age-adjusted)	13.1 (2020)	23.7 (2019)	24.2 (2020)	-0.5
<b>SUICIDE PREVENTION</b>				
14. Rate of suicide attempts (rate per 100,000; age-adjusted)	40.5 (2020)	122.4 (2019)	129.4 (2020)	7.1
15. Rate of suicide (rate per 100,000; age adjusted)	13.5 (2020)	28.7 (2019)	27.9 (2020)	-0.8
16. Rate of suicide (rate per 100,000; ages 15 to 24)	14.2 (2020)	57.9 (2019)	49.8 (2020)	-8.1

**KEY:** • Asterisk (\*): no U.S. data available at time of publication

• Calendar year (year): data represents calendar year

• Fiscal year (FY): data represents fiscal year

• Combined year (year-year): data represents year range

INDICATOR	MOST CURRENT U.S. DATA	PREVIOUS ALASKA DATA	MOST CURRENT ALASKA DATA	CHANGE
<b>PROTECTING VULNERABLE ALASKANS</b>				
17. Rate of child maltreatment, substantiated cases, unique victims (rate per 1,000; ages 0 to 17)	8.4 (2020)	17.0 (2019)	18.0 (2020)	+1.0
18. Percentage increase for youth who accessed home-based family treatment services	*	Services start 2023		
19. Founded reports of harm to adults (rate per 1,000; ages 18+)	*	1.4 (FY2020)	1.0 (FY2021)	-0.4
<b>SERVICES IN THE LEAST RESTRICTIVE ENVIRONMENT</b>				
20. Percentage of Alaskans who meet criteria for an institutional level of care who were served by a home and community-based waiver	*	83.3% (FY2020)	82.1% (FY2021)	-1.2
21. Percentage of criminal defendant referrals admitted to a therapeutic court	*	60.0% (FY2020)	62.9% (FY2021)	+2.9%
22. Percentage of all juvenile justice referrals that were diverted from formal court action	*	43% (FY2020)	47% (FY2021)	+4%
<b>SERVICES IN INSTITUTIONAL ENVIRONMENTS</b>				
23. Percentage of inpatient readmissions within 30 days to non-military hospitals for a behavioral or neurodevelopmental diagnosis (ages 12 to 17)	*	6.0% (2019)	5.5% (2020)	-0.5%
24. Percentage of inpatient readmissions within 30 days to non-military hospitals for a behavioral or neurodevelopmental diagnosis (ages 18+)	*	10.3% (2019)	10.9% (2020)	+0.6
25. Percentage of Alaskans who meet criteria for an institutional level of care who were served in nursing homes and Intermediate Care Facilities for Individuals with Intellectual and Developmental Disabilities (ICF/IDD)	*	16.7% (FY2020)	17.9% (2021)	+1.2
26. Percentage of juveniles in a Division of Juvenile Justice facility with an identified behavioral health or neurobehavioral condition in a secure treatment unit	*	96% (FY2020)	100% (FY2021)	+4%
27. Percentage of incarcerated individuals diagnosed with a psychotic disorder or schizophrenia who received intensive clinical and case management reentry services	*	79.3% (FY2020)	86.8% (FY2021)	+7.4%
<b>WORKFORCE, DATA, AND FUNDING</b>				
28. Percentage change in SHARP health practitioner contracts (current calendar year compared to previous 5-year average)	*	42% (2020)	34% (2020)	-8%
29. Percentage change between fiscal years of unduplicated participants served by Alaska Training Cooperative training events	*	- 27.9% (FY2020)	-20.0% (FY2021)	+7.9%
30. Medicaid expenses as a percentage of state's budgets	27.2% (FY2021)	18.7% (FY2020)	16.4% (FY2021)	-2.3%

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