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Healthy Alaskans 2020 Releases Updated Scorecards

ANCHORAGE – The state health improvement plan, Healthy Alaskans 2020 (HA2020), with one year to go before the target date of 2020, shows that Alaska has met eight of the established goals for improving the health of all Alaskans. A separate scorecard tracks the same health goals for the Alaska Native population. To date, Healthy Alaskans 2020 has met four of the established goals for Alaska Native people.

Current data from the 2018 Update of the HA2020 Scorecard (using most current data available) indicate that Alaska’s population has:

- Reduced the cancer mortality rate.
- Increased the percentage of adolescents (high school students in grades 9-12) who have not smoked cigarettes or cigars or used chewing tobacco, snuff or dip in one or more of the last 30 days.
- Reduced the percentage of adults (age 18 years and older) who report binge drinking in the past 30 days.
- Reduced the percentage of adults (age 18 years or older) reporting that cost was a barrier to receiving healthcare in the last 12 months.
- And more...

“[HA2020](#) continues to be an important mechanism for tracking the health status of Alaska Native people,” said ANTHC Chairman and President, Andy Teuber. “This year, we are pleased to see progress on the Alaska Native scorecard in the areas of youth binge drinking, teen dating violence, and children receiving their recommended vaccines.”

“The data tell us we are making progress toward achieving certain health goals such as reducing cancer deaths, reducing use of tobacco products among adolescents, and increasing access to healthcare for Alaskans.” added DHSS Commissioner Adam Crum. “However, the data show a

downward trend on many of the established goals, which is extremely concerning. Now, more than ever, we must work together to help improve the health of Alaskans. There is still much work to be done to achieve the 25 goals of Healthy Alaskans 2020.”

Work is already beginning on the Healthy Alaskans 2030 plan, which will be the framework that health partners across the state will follow over the next 10 years. A survey is asking which health issues are most important to Alaskans, to help inform those collaborating on the next phase of the plan. To participate in that survey, visit HA2020.alaska.gov.

Healthy Alaskans 2020 is a joint project of the Alaska Department of Health and Social Services and the Alaska Native Tribal Health Consortium, and is part of the national Healthy People 2020 project to provide science-based, 10-year national objectives for ambitious — yet achievable — goals to improve the health of all Americans. To learn more about HA2020’s 25 Leading Health Indicators, or to participate in Healthy Alaskans 2020 efforts, go to: <http://ha2020.alaska.gov>.

For more information:

[Healthy Alaskans 2020 Scorecard – 2018 Update](#)

[Healthy Alaskans 2020 Scorecard – Alaska Native \(AN\) 2018 Update](#)



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