



Alaska Suicide Facts and Statistics

- ❖ Alaska has one of the highest rates of suicide per capita in the country.
- ❖ The rate of suicide in the United States was 12.57 suicides per 100,000 people in 2013 (the most recent year available from the Centers for Disease Prevention and Control).
- ❖ In 2014, **Alaska's rate was 22.3 suicides per 100,000 people.**
- ❖ **Alaska had 1,525 suicides between 2005 and 2014** - an average of 152.5 deaths by suicide per year.
- ❖ At least one suicide occurred in **176 Alaskan communities** between 2000 and 2009.
- ❖ In 2014, **82.6% of suicides in Alaska were by men** and 17.4% were committed by women, according to the Bureau of Vital Statistics.
- ❖ In 2014, the rate of **Alaska Native males that died by suicide was 50.9 suicides per 100,000**, nearly four times the national average.
- ❖ Youth who are exposed to suicide or suicidal behaviors are more at-risk for attempting suicide, according to the American Association of Suicidology.
- ❖ Suicide deaths consistently outnumber homicide deaths by a margin of three to two, according to the American Association of Suicidology.
- ❖ **More than 90% of people who die by suicide have depression or another diagnosable, treatable mental or substance abuse disorder**, according to American Association of Suicidology.

Information is from the Alaska Bureau of Vital Statistics unless otherwise specified.