Minutes for the Executive Committee of the Advisory Board on Alcoholism and Drug Abuse (ABADA) and Alaska Mental Health Board (AMHB)

03/08/22

ABADA

Lee Breinig – NP Anthony Cravalho – P Diane Fielden – P Renee Schofield – P

AMHB

Monique Andrews – P Sharon Clark – P Brenda Moore – P Carlene Tautfest – P

Other Board members present

Enlow Walker Karen Malcom-Smith Kathleen Totemoff

Staff Present

Bev Schoonover Kevin Holian Teri Tibbett Stephanie Hopkins Val Cooday

Roll Call and New Executive Committee Members Welcome

- o Sharon Clark, Alaska Mental Health Board Chair
 - Renee Schofield, Advisory Board on Alcoholism and Drug Abuse Chair Read Mission Statement Roll Call – Kevin Holian

• Staff and Committee Reports

- Executive Director Report Beverly Schoonover
 - Trust supporting Research Analyst III, renewing PCN
 - ED position for classification work is continuing
 - Peninsula Reporting contract extended another
 - Statewide Suicide Prevention Council met on 2/28 for quarterly meeting
 - Attending regular meetings with Governor's Advisory Council on Opioid Remediation

1	Executive Committee Meeting Alaska Mental Health Board / Advisory Board on Alcoholism &
	Drug Abuse- December 14, 2021

- Monthly subcommittee meetings to update 5-year statewide suicide prevention plan.
- 988 implementation...
- API Governing Board Update Charlene Tautfest
 - Restructure of API budget...
 - Expectation timelines moving elderly into Pioneer Homes; off-site psychiatric care.
 - CMS inspection was 100% compliant
 - Brenda: API Governing meeting, staff dissatisfaction was highlighted.
- AMHB/ABADA Legislative Update
 - Teri: Legislature is in full-swing. Many items are still on the table and are being tracked. Some fires, but nothing serious. Everyone is remaining vigilant. Budget items, many things were added.
 - Stephanie: bills introduced by the Governor; missing people who are under 21 would require reporting to Feds in under 2 hours. Also sex trafficking involving controlled substance law changes proposed.

• Old Business

- Board Outreach Program Update
 - Bev: Five trips this spring. Looking at communities that are welcoming people, where we have activities, and can find lodging.
 - Bethel, Ketchikan, Nome, Sitka, POW, Kenai / Soldotna,
 - Travel dates are not set yet
 - Charlene: off the road system, such as Kotzebue would be good.
 - Bev: (responding) we are planning a trip to Kotzebue in the fall.
 - Brenda: We seem to be focused on substance use. We also like to visit schools to talk prevention. Will we be discussing other items?
 - Sharon: Interested in the café concept, glad to hear about this venture. Maybe on of our first trips should be Sitka, as was the plan before Covid hit.
 - Renee: (responding) the list looks good to me. Bev, we know each of these communities are already read.

New Business

- 'Kellsie's Lesson' Presentation with Michael C
 - Original lesson was dedicated to a victim of the Opioid epidemic, as have a number of youths.
 - Kellsie's Law: Asking the legislature to mandate 1-hour lessons to students on the science of opioid addiction.
 - Outcome of Kellsie's lesson: how the brain is rewired with Opioids.
 - Asking students to write and create a personal refusal statement.
 - A signed contract to be drug free
 - Presenting data and trends
 - Renee: who presents these classes?

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- Michael: (response) teachers can select their own representatives from among teachers, counselors.
- Michael Carson, Vice President and Recovery Specialist MyHouse and Chair of the Mat-Su Opioid Task Force

• Other Business

- Discussion on whether to go to Sitka or make rural trip.
 - Staff concerned about COVID will not travel before

Upcoming Meeting Dates

Next EC meeting will be April 12, 2022 from 10:00 to 11:00 am

Vote on Sitka v rural

ABADA

Lee Breinig – Anthony Cravalho – Diane Fielden – Renee Schofield –

AMHB

Monique Andrews – Sharon Clark – Brenda Moore – Carlene Tautfest –

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