Drug Utilization Review (DUR) Committee

January 17th 2014 Minutes

Members Present

Robin Cooke, PharmD, CGP Jenny Love, MD John Pappenheim, MD (telephonic) Maggi Rader, CNM Greg Salard, MD Chuck Semling, PharmD Chad Hope, PharmD (DHSS) **Members Absent/Excused**

Non-Members Present

Erin Narus, PharmD (Magellan)

Meeting started at approximately 1:10pm; attendance was taken Teleconference access available

Welcome

Review of minutes from November 15, 2013 meeting (Approved) Review of agenda for changes

ProDUR

- Proposed Prior Authorization Ketoconazole (oral)
 - Safety concerns surrounding the use of ketoconazole prompted prior authorization criteria for Ketoconazole (oral) tablets
 - Ketoconazole restricted from first line usage and will not be approved for the treatment of fungal meningitis due to poor penetration into the cerebrospinal fluid

APPROVED, PASSED WITH ONE ABSTENTION

- Proposed Prior Authorization Vimovo (naproxen/esomeprazole magnesium)
 - Vimovo is a fixed dose combination product containing a PPI and NSAID
 - Vimovo is restricted to use in FDA approved indications and only after treatment failure with two separate medications and a trial combination of a generic PPI and NSAID.
 - Vimovo is restricted to 2 doses per day.

APPROVED, UNANIMOUS

- Proposed Prior Authorization Diclegis (doxylamine/pyridoxine)
 - Diclegis is a fixed dose combination product containing an antihistamine and a Vitamin B6 analog
 - Diclegis is restricted to its FDA approved indication of treatment of nausea and vomiting of pregnancy in women who do not respond to conservative management.
 - Diclegis is restricted to 4 doses per day.

APPROVED, UNANIMOUS

- Proposed Prior Authorization Vecamyl[™] (mecylamine)
 - Vecamyl is restricted to its FDA approved indication of the management of moderately severe to severe essential hypertension and uncomplicated cases of malignant hypertension.
 - Vecamyl approval requires failure of at least 6 classes of medications within the last 12 months
 with documented history of failure to achieve blood pressure goals using maximum tolerated
 doses.
 - Vecamyl will not be approved if the patient has any contraindications to the drug.
 - Vecamyl is restricted to 10 doses per day.

APPROVED, UNANIMOUS

- Proposed Prior Authorization Venlafaxine ER tablets
 - Venlafaxine ER tablet approval requires failure of trial of venlafaxine ER cap and letter of medical necessity

APPROVED, UNANIMOUS

- Proposed Quantity Limits
 - Quantity limits were proposed for the following medications:
 Cymbalta, desvenlafaxine, venlafaxine ER caps and tabs, Khedezla, Fetzima, and Colcrys
 - Approved quantity limits can be found at: http://dhss.alaska.gov/dhcs/Documents/pharmacy/pdfs/max_units_all.pdf
 APPROVED, UNANIMOUS
- Interim Prior Authorization List Review Removal
 - The following medications were reviewed for Interim PA list removal:
 Desvenlafaxine ER, Prolensa drops, Osphena, Sod Sulface-Sulfur, Simbrinza, Namenda XR,
 Zenzedi, Doryx DR, Nymalize

APPROVED, UNANIMOUS

- Interim Prior Authorization List Review Move
 - The following medications were reviewed for Interim PA list removal and placing under new PA bucket criteria and QLs:

 ${\it Cancer~\&~Specialty-Afinitor~tablets~\&~DISPERZ,~Mekinist,~Tafinlar,~Tobi~Podhaler~Medications~Reformulated-Zipsor,~Liptruzet,~Tretin-X}$

Topical Combos & New Topical Formulations – Topicort Spray

APPROVED, UNANIMOUS

Retrospective DUR

- Criteria reviewed: Concurrent use of simvastatin and amlodipine, increased risk of rhabdomyolysis.
- Case profiles were discussed as necessary for potential criteria letters to be sent out to physicians. Interventions discussed on profiles varied from polypharmacy, polyprovider, therapeutic duplication, over-utilization, high-dose, drug-drug interactions, candidates for possible "lock-ins", and unnecessary care/duration. As part of the process, the information is evaluated from different perspectives; viewing as a prescriber or the other end as a pharmacist who dispenses the prescription.

Next Meeting

March 21, 2014 at 1:00pm

Meeting adjourned.