

# Alaska WIC Minimum Stock Requirements - Schedule C Effective January 1, 2019



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## Urbanized Areas (UA) and Super Centers (SC) peer groups

Below are the required stocking levels for all WIC products. These minimum stocking requirements must be met at all times in accordance with your store's Vendor Agreement. Expired foods and spoiled produce do not count toward the minimum stocking requirements. Please review the Alaska WIC Approved Food List for further detail of WIC approved foods.

Stocking levels are verified during routine monitoring visits. The stocking levels are based on the vendor's peer group. If you have questions please call your Alaska WIC Vendor Management Unit at (907) 465-3100.

Food Item	Allowed	Required Stock
INFANT FORMULA	Powdered Infant Formula: Similac Advance (12.4 oz) Similac Isomil Soy (12.4 oz) Similac Sensitive (12 oz)	32 cans Similac Advance Early Shield Powder 12 cans Similac Isomil Soy Powder 12 cans Similac Sensitive
INFANT CEREAL	8 oz or 16 oz size  Authorized WIC brands: - Gerber - Beech Nut - Earth's Best  <u>Not Allowed:</u> Added fruit or formula Rice Cereal Yogurt DHA/ARA added Single servings High protein	24 (8 oz) boxes

<p>INFANT MEAT</p>	<p>2.5 oz size -- Meat or poultry must be the major ingredient, may have added broth or gravy.</p> <p>Authorized WIC brands: Gerber Beech Nut Earth's Best</p> <p><u>Not Allowed:</u> Added sugars Added salt (e.g. sodium) Infant food combinations (e.g. meat and vegetables) Infant food dinners (e.g. spaghetti and meatballs) Additives, such as DHA/ARA</p>	<p>72 - 2.5 oz jars (360 oz total)</p>
<p>INFANT FRUITS AND VEGETABLES</p>	<p>4 oz. or 8 oz. (two-pack) -- Must stock at least 2 fruit varieties and 2 vegetable varieties.</p> <p>See WIC food list for approved brands</p> <p>Must be single ingredient or combinations of single ingredient (fruit and vegetable) baby food.</p> <p>Not Allowed: Added sugars, salts (sodium) Additives such as DHA/ARA Squeezable pouches</p>	<p>768 oz total</p>
<p>POWDERED MILK</p>	<p>25.6 oz <u>and</u> 9.6 oz sizes</p> <p>25.6 oz. box = 8 quarts constituted 9.6 oz. = 3 quarts constituted</p>	<p>6 (25.6 ounce) containers</p> <p>6 (9.6 ounce) containers</p>

EVAPORATED MILK	<p>12 oz. cans</p> <p>Whole, 1% and/or Fat-free</p> <p>Any least expensive brand</p>	<p>24 cans – 1% and/or Fat-free</p> <p>10 cans – Whole</p>
FRESH MILK	<p>Whole, 2%, 1% and/or Fat-free</p> <p>Calcium or protein fortified allowed.</p> <p><u>Not Allowed:</u></p> <p>Organic or raw milk</p> <p>Flavored milk such as chocolate or fruit flavored</p> <p>Other non-dairy milks</p> <p>Sweetened condensed milk</p> <p>Acidophilus Milk</p> <p>Goat Milk</p> <p>If store is exempt from stocking fresh milk, see UHT milk requirements</p>	<p>36 gallons of 1% and/or Fat-free</p> <p>6 gallons of 2%</p> <p>12 gallons of Whole</p>
LACTOSE FREE MILK	<p>32 oz., 64 oz., 96 oz.</p> <p>Lactose free or lactose reduced fresh milk</p> <p><u>Not Allowed:</u></p> <p>Flavored milk</p>	<p>8 gallons - can be half gallons or quarts (must have non-fat or 1% and whole milk varieties)</p>
TOFU	<p>16 oz. only</p> <p>See WIC Food List for approved brands and varieties</p> <p>Refrigerated</p>	<p>6 packages</p>

<p>UHT MILK</p>	<p>32 oz. (1 quart) only</p> <p>Fat-free, 1%, 2% and Whole milk varieties</p> <p>If approved for a fresh milk exemption your store is required to stock a higher amount of UHT milk</p>	<p>- 12 quarts 1% and/or Fat-free  - 4 quarts 2%  - 4 quarts whole</p>
<p>YOGURT</p>	<p>32 oz. (1 quart) only</p> <p>Non-fat or 1% &amp; Whole</p> <p>See specific brands on WIC food list</p> <p>Plain, vanilla, or strawberry allowed</p> <p><u>Not Allowed:</u>  Any other flavors and sizes  Organic  Greek</p>	<p>12 quarts</p>
<p>SOY BEVERAGE</p>	<p>Quarts and Half-Gallon sizes</p> <p>See WIC Food List for specific sizes and varieties</p> <p><u>Not Allowed:</u>  Any other flavors  Light or fat-free  Other Brands</p>	<p>12 quarts</p>

EGGS	<p>12 egg carton Any eligible brand White, eggs only, Small, medium, or large.</p> <p>One 4.5 oz package of Ova Easy Dried Eggs equals one dozen fresh eggs. Must carry Ova Easy dried eggs only store is unable to consistently have fresh eggs in stock.</p> <p>Not Allowed: Brown Eggs Organic Extra large or jumbo eggs Low Cholesterol Eggland's Best Naturally nested or free range eggs.</p>	12 dozen
CHEESE	<p>16 oz (1lb) loaf only</p> <p>See WIC Food List for specific varieties.</p> <p><u>Not Allowed:</u> Cheese product or spread Shredded, grated, string Sharp or extra sharp Soy, goat, or raw Imported or deli cut Organic Added ingredients or flavorings Tillamook medium cheddar, sharp cheddar, Special Reserve extra sharp cheddar, Vintage white medium cheddar, Vintage white extra sharp cheddar and Swiss</p>	12 (1 lb) loaves

<p>JUICE</p>	<p>Frozen Juices: 12 oz. or 16 oz. See specific brands and varieties on WIC food list</p> <p>Shelf Stable and refrigerated juices: 46-48 oz cans or plastic 64 oz plastic bottles</p> <p><u>Not Allowed:</u> Juices with added sweeteners</p>	<p>30 (46-48 oz) cans/plastic OR (12 oz) frozen cans AND 20 (64 oz) plastic containers OR (16 oz) frozen cans</p>
<p>CEREAL</p>	<p>Minimum package size is 12 oz for cold cereal Minimum package size is 11.8 oz for hot cereal</p> <p>See specific brands and varieties on WIC food list</p> <p>No single serving boxes or packets except instant oatmeal, cream of wheat and grits.</p>	<p>2 kinds of cold cereal and 1 kind of hot cereal. At least one must be whole grain.</p> <p>36 boxes</p>
<p>WHOLE GRAINS</p>	<p>14-16 oz as listed on checks. See WIC Food List for specific brands and varieties.</p> <p>16 oz. BREAD: Whole Grain bread Whole Wheat bread</p> <p>16 oz. TORTILLAS: Whole Wheat Tortillas (soft only) Corn Tortillas</p> <p>16 oz. PASTA: Whole Wheat Pasta (100% whole wheat only)</p> <p>14-16 oz. RICE: Brown Rice (Any brand, plain brown rice. Packages or boxes. Organic is allowed No added fats, oils, sodium, or sugars.)</p>	<p>Whole Grain/Whole Wheat Bread</p> <p>12 packages</p> <p><b>AND</b></p> <p>Tortilla, Brown Rice and/or Pasta</p> <p>12 packages, any combination of approved corn or wheat tortillas, brown rice, and/or whole wheat pasta.</p>

<p>LEGUMES</p>	<p>15 - 16 oz. cans</p> <p>Any type/brand, mature legumes and peas, lentils, etc. or mixed. Regular or low sodium.</p> <p>Not Allowed:          Added sugars, fats, oils vegetables or meats          Green beans, immature beans, green peas, snap peas, orange beans, wax beans.          Bulk, organic, and bean soup meals.</p>	<p>48 cans</p>
<p>CANNED FISH</p>	<p>Any eligible brand, May be regular or low sodium          Must be canned. Pouches or other containers are not allowed.</p> <p>Canned Tuna          Size 6.25 oz can or less          Plain only, packed in water, no pouches, no albacore or white tuna, no added flavors.</p> <p>Canned Pink Salmon          14.75 oz., 7.5 oz., 6 oz. or 5 oz. cans. Skin and bones allowed.</p> <p>Canned Sardines          3.75 oz. or 15 oz. cans.          Water or oil packed. Added flavors, skin, and bones allowed.</p> <p>Canned Mackerel          15 oz. only          Atlantic, Chub Pacific, or Jack Mackerel.          Not Allowed: King mackerel</p>	<p>Can be a combination of containers of canned tuna, salmon, sardines, or mackerel.</p> <p>Must total 450 oz</p>
<p>PEANUT BUTTER</p>	<p>16 -18 oz. only</p> <p>Smooth to extra crunchy. Low sodium, low sugar, natural allowed</p> <p><u>Not Allowed:</u>          Honey Nut roasted          Added marshmallows, jelly, honey, chocolate or other ingredients.          Organic</p>	<p>12 jars</p>

Bulk or grind your own

FRUITS AND  
VEGETABLES

Must stock at least 2 fruit and 2 vegetable varieties

Can be a combination of fresh, frozen, or canned adding up to total.

Fresh:

Any eligible variety and container size or type.

Bagged salads and vegetables

Fruits and vegetables precut, cleaned and packaged in the store

Fruit or vegetable mixtures, whole or cut

Organic

Must total to at least \$400

Frozen:

Any variety with no added sugars, syrups, fats, oils or sodium (salt)

Beans such as green or wax beans

Regular or lower sodium

Fruit and vegetable mixtures

Unsweetened or no sugar added applesauce

Organic

Not allowed:

Added sugars, fats, oils, syrups, salt, cream or sauces

Soup, pizza sauce and salsa

Fruit and/or vegetable pouches

Plastic fruit cups, single or multipacks

Herbs and spices

Ketchup or other condiments

Pickled vegetables or olives

Dried fruits or vegetables, fruit-nut mixtures, fruit leathers or roll-ups

Edible blossoms or flowers

Vegetable pasta or rice mixtures

Hash browns, French fries, tater tots, or potatoes O'Brien

Ornamental or non-edible foods, baskets or baked goods.