

# Assistance Programs

## Food and Nutrition Assistance

Program & People	Benefit	Eligibility Requirements	Authority
<p>Supplemental Nutrition Assistance Program (SNAP)</p> <p>36,973 average monthly caseload in SFY 2021</p>	<p>\$418.87 average monthly household allotment in SFY 2020</p>	<ul style="list-style-type: none"> <li>Alaska resident</li> <li>Net income of not more than \$1,341 for an individual or \$1,815 for a couple; levels increase based on household size</li> <li>Not more than \$2,250 in assets per household, \$3,500 for a household who has at least one member who is disabled or over age 60</li> </ul>	<p>Federal / State Program</p> <p>PL 110-246 (2008) 7 CFR 271 – 274</p> <p>AS 47.25.975 – 990 7 AAC 46.010 – 990</p>
<p>Supplemental Nutrition Assistance Education Program (SNAP ED)</p> <p>21,597 clients served through policy, systems, and environmental change efforts and direct / indirect education (658 served through direct education only). 12,600 clients reached through the social marketing campaign.</p>	<p>Social marketing; policy, systems, and environment (PSE) changes; research; and direct client services. Nutrition education information is targeted to SNAP eligible populations</p>	<ul style="list-style-type: none"> <li>Alaska resident</li> <li>Net income of not more than \$1,341 for an individual or \$1,815 for a couple; levels increase based on household size</li> <li>Not more than \$2,250 in assets per household, \$3,500 for a household who has at least one member who is disabled or over age 60</li> </ul>	<p>Federal / State Program</p> <p>PL 110-246 (2008) 7 CFR 271 – 274</p> <p>AS 47.25.975 – 990 7 AAC 46.010 – 990</p>
<p>Women, Infants, and Children (WIC)</p> <p>14,579 monthly participant average in SFY 2021</p>	<p>Provides nutrition education, referrals, breastfeeding support, and benefits to purchase supplemental foods designed to address nutrient inadequacies and nutrition education</p>	<ul style="list-style-type: none"> <li>Alaska resident</li> <li>Must have a nutrition risk</li> <li>Pregnant, breastfeeding, and postpartum women, infants, and children up to five years of age</li> <li>Must meet income criteria or must be within 185% of poverty</li> <li>Yearly income of \$29,508 for a 1-person household, \$39,868 for a 2-person household (2020 - 2021). USDA updates income guidelines annually.</li> </ul>	<p>Federal / State Program</p> <p>PL 111-296 (2010) 7 CFR 246</p>

## Food and Nutrition Assistance (continued)

Program & People	Benefit	Eligibility Requirements	Authority
<p>Breastfeeding Peer Counseling Program (BPCP)</p> <p>15,698 contacts in SFY 2021</p>	<p>Provides breastfeeding support through a peer- to-peer counseling structure to WIC pregnant and breastfeeding women</p>	<ul style="list-style-type: none"> <li>• Must meet WIC eligibility requirements and be considered a WIC participant for enrollment in the BFPC program.</li> <li>• BFPC program benefits all WIC pregnant, breastfeeding, and infant (up to one year of age) participants with breastfeeding support that augments the WIC program support through a peer-to-peer counseling structure.</li> </ul>	<p>Federal / State Program</p> <p>PL 111-296 (2010) 7 CFR 246</p>
<p>Commodity Supplemental Food Program (CSFP)</p> <p>2,746 average monthly caseload for FFY 2021</p>	<p>Provides supplemental foods designed to address nutrient inadequacies. Includes nutrition education. Cannot have concurrent participation in WIC.</p>	<ul style="list-style-type: none"> <li>• Alaska resident</li> <li>• 60 years or older</li> <li>• Annual income for one-person household of \$20,917 or \$28,301 for two-person household</li> <li>• Only available in Anchorage, Mat-Su, Kenai, Fairbanks, and limited outlying areas</li> </ul>	<p>Federal / State Program</p> <p>PL 111-296 (2010) 7 CFR 247</p>
<p>WIC Farmers Market Nutrition Program (FMNP)</p> <p>5,561 participants in FFY 2021</p>	<p>Provide checks to purchase fruits, vegetables, and/or herbs from FMNP authorized Alaska farmers. Provide nutrition education materials.</p>	<ul style="list-style-type: none"> <li>• Alaska Resident</li> <li>• Current WIC participants</li> <li>• Available in Anchorage, the Mat-Su Valley, Delta Junction, Fairbanks area, on the Kenai Peninsula, select locations in Southeast, and limited outlying areas.</li> <li>• Yearly income of \$29,508 for a 1-person household, \$39,868 for a 2-person household (2020 - 2021). USDA updates income guidelines annually.</li> </ul>	<p>Federal / State Program</p> <p>PL 11-296 (2010) 7 CFR 248</p>
<p>Senior Farmers Market Nutrition Program (SFMNP)</p> <p>Approximately 2,420 participants in FFY 2021</p>	<p>Provide checks to purchase fruits, vegetables, and/or herbs from SFMNP authorized Alaska farmers. Provide nutrition education materials.</p>	<ul style="list-style-type: none"> <li>• Alaska resident</li> <li>• Age 60 or older</li> <li>• Meets federal income guidelines</li> <li>• Available in Anchorage, the Mat-Su Valley, Fairbanks area, Delta Junction, on the Kenai Peninsula, Haines, on the Kenai Peninsula, and limited outlying areas.</li> <li>• Yearly income \$29,767 for one-person household, \$40,275 for a two-person household.</li> </ul>	<p>Federal / State Program</p> <p>PL 111-296 (2010) 7 CFR 249</p>

## Medical Assistance

Program & People	Benefit	Eligibility Requirements	Authority
<p>Medicaid</p> <p>241,635 average monthly enrollees in SFY 2021</p>	<p>Provides medical assistance to needy individuals and families. Basically, it is intended to provide medical coverage for needy families with children, pregnant women, low-income adults, and aged, blind, and disabled persons</p>	<ul style="list-style-type: none"> <li>• To be eligible, recipients must meet certain income and/or resource criteria. These criteria vary depending on the Medicaid category for which the recipient is eligible for</li> <li>• Eligibility criteria for aged, blind, and disabled persons are based on eligibility criteria used for the Adult Public Assistance program</li> <li>• Eligibility criteria for parents and other caretaker relatives, pregnant women, children under age 19, under 21 Medicaid, expansion group, and former foster children up to age 26 are based on the eligibility criteria created by the Affordable Care Act</li> </ul>	<p>Federal / State Program</p> <p>PL 112-238 (2012) 42 USC 1396</p> <p>AS 47.07 7 AAC 100.001 – 990</p> <p>42 CFR 435</p>
<p>Chronic and Acute Medical Assistance (CAMA)</p>	<p>Provides emergency medical coverage for persons who do not qualify for Medicaid</p>	<ul style="list-style-type: none"> <li>• Age 18 or older</li> <li>• Lack of other medical resources</li> <li>• Covered medical needs only include:               <ul style="list-style-type: none"> <li>➢ A terminal illness</li> <li>➢ Cancer requiring chemotherapy</li> <li>➢ Diabetes and diabetes insipidus</li> <li>➢ Seizure disorders</li> <li>➢ Chronic mental illness</li> <li>➢ Hypertension</li> </ul> </li> <li>• Countable income of not more than \$300 for an individual or \$400 for a couple</li> <li>• Assets that do not exceed \$500</li> </ul>	<p>State Program</p> <p>AS 47.08.150 7 AAC 48.500 - 900</p>

## Assistance for Seniors & Disabled

Program & People	Benefit	Eligibility Criteria	Authority
<p>Adult Public Assistance (including Interim Assistance and Old Age Assistance)</p> <p>17,369 average monthly recipients in SFY 2021</p>	<p>Maximum \$1,203/month for an individual and \$1,789/month for a couple (as of January 2022)</p> <p>\$308.91 average monthly payment in SFY 2021</p>	<p>The Adult Public Assistance program is designed as a State supplement to the Federal Supplemental Security Income Program (SSI). As such, it confers Medicaid eligibility to its recipients.</p> <ul style="list-style-type: none"> <li>• Age 65 or older, blind, or disabled</li> <li>• Alaska resident</li> <li>• Less than \$2,000 (single) \$3,000 (couple) in assets excluding house, one vehicle, burial fund</li> <li>• Monthly income below \$1,203 for an individual, \$1,789 for a couple, both eligible (as of January 2022)</li> </ul>	<p>State Program</p> <p>AS 47.25.430 – 615 7 AAC 40.020 – 900</p>
<p>Senior Benefits (SB) Program</p> <p>11,881 average monthly recipients in SFY 2021</p>	<p>Monthly payment of \$76, \$175 or \$250 depending on income</p>	<ul style="list-style-type: none"> <li>• Age 65 or older</li> <li>• Alaska resident</li> <li>• Effective April 1, 2021 -- yearly income of below \$28,158 for an individual or \$38,098 for a couple</li> </ul>	<p>State Program</p> <p>AS 47.45.300 – 309 7 AAC 47.545 - 599</p>

## Heating Assistance

Program & People	Benefit	Eligibility Criteria	Authority
<p>Heating Assistance Program (LIHEAP)</p> <p>4,612 households served by the State in SFY 2021</p> <p>12,128 individuals served by the State in SFY 2021</p>	<p>Provides help paying for home heating costs</p> <p>\$1,101.78 average benefit per State served household in SFY 2021</p>	<ul style="list-style-type: none"> <li>• Annual home heating costs must exceed \$200</li> <li>• Gross monthly income at or below \$2,011 for an individual, \$2,721 for a couple (150% of federal poverty level) for FFY 2022</li> <li>• Household with a person aged 60 or older, disabled, or under the age of 6, is considered a priority population. Households receive one additional heating point toward their benefit calculation. Value of extra point is \$165 in FY 2022</li> </ul>	<p>Federal / State Program</p> <p>PL 97-35 (1981) 45 CFR 96.80 - 89</p> <p>7 AAC 44.010 – 900</p>
<p>Alaska Affordable Heating Program (AKAHP)</p> <p>1,374 households served by the State in FY 2016</p>	<p>Provides help paying for home heating costs</p> <p>\$565/year average per State served household in FY 2016</p>	<p>This program's funding was eliminated so it has not been offered since FY 2016</p>	<p>State Program</p> <p>AS 47.05.010 AS 47.25.621 - 626 7 AAC 44.200 - 900</p>

## Assistance for Families with Dependent Children

Program & People	Benefit	Eligibility Criteria	Authority
<p>Alaska Temporary Assistance Program (ATAP)</p> <p>5,671 average monthly recipients in SFY 2021</p>	<p>Maximum cash benefit of \$821 for a family with 1 child, \$923 for a family with 2 children</p> <p>\$637.15 average monthly benefit per household in SFY 2021</p>	<ul style="list-style-type: none"> <li>• Alaska resident</li> <li>• Families with dependent children under age 18</li> <li>• Child support cooperation</li> <li>• 60-month time limit                             <ul style="list-style-type: none"> <li>➢ 30 states have a 49-60-month lifetime limit</li> <li>➢ 5 states have a 37-48-month lifetime limit</li> <li>➢ 3 states have a 25-36-month lifetime limit</li> <li>➢ 12 states have a 13-24-month lifetime limit</li> <li>➢ 1 state has a 12-month lifetime limit</li> </ul> </li> <li>• Participation in work activities and family self-sufficiency planning</li> <li>• Not more than \$2,000 in assets per household, \$3,000 for a household who has at least one member who is over 60</li> <li>• Net income of not more than \$1,616 for a family with 1 child, \$1,819 for a family with 2 children</li> <li>• Benefit amount based on income (lower if more income or less need)</li> <li>• 65% include a parent and are subject to work and time limits                             <ul style="list-style-type: none"> <li>➢ 51% have used less than 2 years</li> <li>➢ 16% have used between 2 and 3 years</li> <li>➢ 13% have used between 3 and 4 years</li> <li>➢ 9% have used between 4 and 5 years</li> <li>➢ 11% have used more than 5 years (on allowable extension)</li> </ul> </li> </ul>	<p>Federal / State Program</p> <p>42 USC 602 – 608 45 CFR 200 – 499</p> <p>AS 47.27.005 – 990 7 AAC 45.150 – 990</p>
<p>Child Care Assistance Program (CCAP)</p> <p>2,056 average children per month in SFY 2021</p>	<p>Provides monthly subsidy to help with childcare expenses based on a sliding fee scale for eligible low-moderate income families. The family benefit is paid to the childcare provider on behalf of the family, based on geographic location, type of care, age of children, unit of care authorized, and child's attendance at the childcare facility.</p>	<ul style="list-style-type: none"> <li>• Parent(s) in the family must be participating in an eligible activity of working, attending school or a job training program, and meet non- financial and financial eligibility criteria.</li> <li>• Families must not exceed income limits which are set at 85% of adjusted 2019 median income for Alaska: \$5,960 for household of 3, \$7,095 for a household of 4, etc.</li> <li>• Child(ren) must be under the age of 13, be a US citizen or national or qualified alien, and reside with an eligible parent or parents; or be receiving or needing to receive protective services.</li> </ul>	<p>Federal / State Program</p> <p>PL 112-74 (2011) 42 USC 9858 45 CFR 98 – 99</p> <p>AS 47.25.001 – 095 7 AAC 41.010 – 990</p>

## Other Assistance

Program & People	Benefit	Eligibility Criteria	Authority
General Relief Assistance (GRA) 355 cases in SFY 2021  554 recipients in SFY 2021	Provides for emergent basic needs for shelter, utilities, food, clothing, or burial	<ul style="list-style-type: none"> <li>• Alaska resident</li> <li>• Have an emergent need for shelter, food, clothing, or burial</li> <li>• Assets that do not exceed \$500</li> <li>• Countable income of not more than \$300 for an individual or \$400 for a couple</li> </ul>	State Program  AS 47.05.010 AS 47.25.170 7 AAC 47.050 - 290

## Acronym Key

<b>AAC</b>	Alaska Administrative Code
<b>ACA</b>	Affordable Care Act
<b>APA</b>	Adult Public Assistance
<b>AS</b>	Alaska Statute
<b>ATAP</b>	Alaska Temporary Assistance Program
<b>CAMA</b>	Chronic and Acute Medical Assistance
<b>CFR</b>	Code of Federal Regulations
<b>CSFP</b>	Commodity Supplemental Food Program
<b>FS</b>	Food Stamps; now known as SNAP
<b>GRA</b>	General Relief Assistance
<b>IA</b>	Interim Assistance
<b>LIHEAP</b>	Low Income Heating Energy Assistance Program
<b>NEOP</b>	Nutrition Education & Obesity Prevention - Supplemental Nutrition Assistance Program
<b>PL</b>	Public Law
<b>POMS SI</b>	Social Security Administration Program Operations Manual System - Supplemental Security Income
<b>SB</b>	Senior Benefits
<b>SNAP</b>	Supplemental Nutrition Assistance Program; formerly known as Food Stamps
<b>SSI</b>	Supplemental Security Income
<b>TEFAP</b>	The Emergency Food Assistance Program
<b>USC</b>	United States Code
<b>USDA</b>	U.S. Department of Agriculture
<b>WIC</b>	Women, Infants, and Children