

WHY should I complete the Alaska School Health Profiles



Alaska schools vary greatly in their characteristics, demographics, and needs. With your help, information from the School Health Profiles survey (Profiles) can reflect **strengths and challenges** around the following topics:

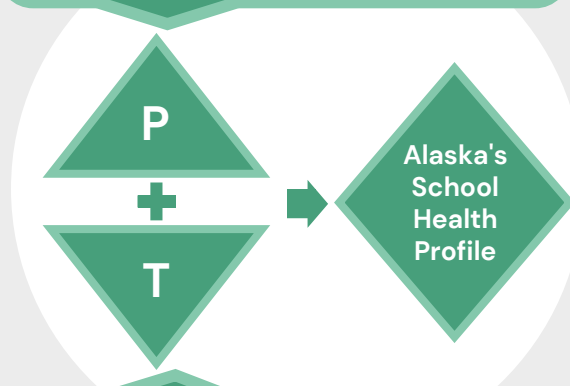
- Professional Development
- School Policies and Practices
- Health and PE Curriculum
- Student Wellness Programs

Why is Profiles Important?

Completing the surveys is a key **opportunity to give feedback** on continued education opportunities, health-related policies, programs, and curricula. Your input will help Alaska's Departments of Health and Education improve resource allocation and services to enhance student wellness.

About the Questionnaires

The **PRINCIPAL** questionnaire focuses on policies, student services, and leadership activities.



The **TEACHER** questionnaire focuses on current school practices and health topics in professional development.

What YOU need to know

- ✓ **Your voice matters!**
- ✓ Quick and Easy! ~ **20 minutes to complete**
- ✓ All information remains **confidential**
- ✓ Respondents receive a \$10 e-gift card
- ✓ Helps you consider ways to improve your school's health environment

Helping Students
Understanding Schools
Serving Alaska

Call 800-934-3456 for the questionnaire link or more information



HOW does Alaska use the data from Alaska School Health Profiles ?

Data* from Past Profiles...

40% of schools provided educators professional development on **suicide prevention**



21% of schools updated tobacco policies to include **electronic vaping** products



45% of schools stopped selling **unhealthy drinks and snacks** to students



Current Profiles can inform...

Continued development of relevant **growth opportunities** for teachers



School assistance, counseling, and **cessation programs** regarding student vaping behavior



School programs and mentoring opportunities for students and student emotional well-being

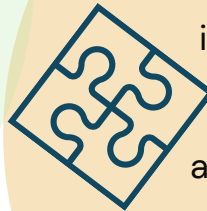
* Data obtained from 2022 Alaska School Health Profiles Trend Analysis Report

We Need to Hear from YOU!

Profiles Data are used to:

- ✓ Identify professional development areas and offer free CEU opportunities
- ✓ Analyze and advocate for Alaska's school health policies
- ✓ Secure program funding
- ✓ Identify statewide trends in health education

Combined with **Youth Risk Behavior Surveillance (YRBS)** data from students, Profiles data offers valuable insights for decision-makers, enhancing awareness of **schools' crucial role** in addressing adolescent health and educational needs.



Scan the QR code or [click here](#) for more information about Alaska Profiles

