

Youth Online: High School YRBS

Alaska 2009 and United States 2009 Results

High School Youth Risk Behavior Survey								
Question	Alaska 2009	United States 2009	p-value	Alaska 2009 More Likely Than United States 2009	United States 2009 More Likely Than Alaska 2009	No Difference		
Unintentional Injuries and Violence								
Rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey)	72.5 (68.3–76.2) 996 [†]	84.7 (81.2–87.6) 10,486	0.00		•			
Rarely or never wore a seat belt (when riding in a car driven by someone else)	12.1 (9.1–16.0) 1,360	9.7 (8.2–11.4) 16,220	0.20			•		
Rode with a driver who had been drinking alcohol one or more times (in a car or other vehicle during the 30 days before the survey)	21.3 (18.9–23.9) 1,369	28.3 (26.7–29.9) 16,347	0.00		•			
Drove when drinking alcohol one or more times (in a car or other vehicle during the 30 days before the survey)	8.9 (7.3–10.9) 1,333	9.7 (8.7–10.8) 16,121	0.45			•		
Carried a weapon on school property on at least 1 day (for example, a gun, knife, or club during the 30 days before the survey)	7.8 (6.3–9.6) 1,353	5.6 (5.0–6.3) 16,256	0.02	•				
Did not go to school because they felt unsafe at school or on their way to or from school on at least 1 day (during the 30 days before the survey)	6.0 (4.9–7.5) 1,360	5.0 (4.3–5.7) 16,371	0.15			٠		
Threatened or injured with a weapon on school property one or more times (for example, a gun, knife, or club during the 12 months before the survey)	7.3 (5.7–9.3) 1,372	7.7 (6.9–8.5) 16,367	0.70			٠		
In a physical fight on school property one or more times (during the 12 months before the survey)	9.8 (7.9–12.1) 1,347	11.1 (10.0–12.2) 16,089	0.27			٠		
Bullied on school property (during the 12 months before the survey)	20.7 (18.3–23.4) 1,364	19.9 (18.8–21.1) 15,633	0.58			٠		
Felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	25.2 (22.4–28.3) 1,362	26.1 (24.8–27.5) 16,232	0.57			٠		
Seriously considered attempting suicide (during the 12 months before the survey)	13.9 (11.4–16.8) 1,361	13.8 (13.1–14.6) 16,220	0.96			٠		

Made a plan about how they would attempt suicide (during the 12 months before the survey)	11.7 (9.5–14.2) 1,362	10.9 (10.0–11.8) 16,213	0.53			•
Attempted suicide one or more times (during the 12 months before the survey)	8.5 (6.3–11.4) 1,183	6.3 (5.7–7.0) 14,609	0.10			•
Suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	2.6 (1.7–4.2) 1,158	1.9 (1.6–2.3) 14,514	0.27			•
Carried a weapon on at least 1 day (for example, a gun, knife, or club during the 30 days before the survey)	20.0 (17.5–22.7) 1,315	17.5 (16.1–19.0) 16,110	0.09			٠
Carried a gun on at least 1 day (during the 30 days before the survey)	6.9 (5.5–8.7) 1,337	5.9 (5.1–6.9) 15,664	0.28			•
In a physical fight one or more times (during the 12 months before the survey)	27.8 (24.9–31.0) 1,339	31.5 (30.1–32.9) 16,130	0.03		•	
Injured in a physical fight one or more times (injuries had to be treated by a doctor or nurse, during the 12 months before the survey)	3.0 (2.2–4.1) 1,346	3.8 (3.3–4.3) 15,749	0.15			•
Hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend (during the 12 months before the survey)	13.3 (11.4–15.4) 1,362	9.8 (8.9–10.8) 16,217	0.00	٠		
Ever physically forced to have sexual intercourse (when they did not want to)	10.1 (8.6–11.9) 1,357	7.4 (6.7–8.3) 15,735	0.00	•		
Tobacco Use		· · · · ·				
Ever tried cigarette smoking (even one or two puffs)	47.5 (44.1–50.9) 1,315	46.3 (43.7–48.9) 15,888	0.56			•
Smoked a whole cigarette for the first time before age 13 years	12.8 (10.7–15.3) 1,286	10.7 (9.6–11.9) 15,739	0.11			•
Smoked cigarettes on at least 1 day (during the 30 days before the survey)	15.7 (13.1–18.8) 1,286	19.5 (17.9–21.2) 15,762	0.02		•	
Smoked cigarettes on 20 or more days (during the 30 days before the survey)	5.1 (3.7–6.9) 1,286	7.3 (6.4–8.3) 15,762	0.02		•	
Smoked more than 10 cigarettes per day (among students who currently smoked cigarettes, on the days they smoked during the 30 days before the survey)	5.3 (2.7–10.3) 184	7.8 (6.6–9.0) 2,940	0.20			•
Smoked cigarettes on school property on at least 1 day (during the 30 days before the survey)	4.5 (3.2–6.2) 1,337	5.1 (4.5–5.8) 15,851	0.40			•
Ever smoked at least one cigarette every day for 30 days	10.3 (8.3–12.8) 1,321	11.2 (10.0–12.6) 15,431	0.49			•
Did not try to quit smoking cigarettes (among students who currently smoked cigarettes, during the 12 months before the survey)	41.8 (33.4–50.7) 176	49.2 (45.9–52.6) 2,859	0.12			٠
Usually obtained their own cigarettes by buying them in a store or gas station (among the students who were aged <18 years and who currently smoked cigarettes, during the 30 days before the survey)	5.5 (2.7–10.6) 146	14.1 (11.7–17.0) 2,266	0.00		•	
Used chewing tobacco, snuff, or dip on at least 1 day	13.6 (10.7–17.1)	8.9 (7.3–10.8)	0.01			

(during the 30 days before the survey)	1,323	16,134				
Jsed chewing tobacco, snuff, or dip on school property on at east 1 day during the 30 days before the survey)	6.7 (4.8–9.3) 1,355	5.5 (4.4–6.8) 15,974	0.32			•
moked cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)	10.3 (8.6–12.3) 1,368	14.0 (12.8–15.4) 15,671	0.00		•	
moked cigarettes; smoked cigars, cigarillos, or little cigars; r used chewing tobacco, snuff, or dip on at least 1 day luring the 30 days before the survey)	25.2 (21.8–28.8) 1,248	26.0 (23.8–28.3) 14,997	0.68			•
lcohol and Other Drug Use						
ver had at least one drink of alcohol on at least 1 day uring their life)	66.6 (63.4–69.7) 1,334	72.5 (70.6–74.3) 15,953	0.00		•	
rank alcohol for the first time before age 13 years ther than a few sips)	16.9 (15.0–19.0) 1,354	21.1 (19.6–22.6) 16,207	0.00		•	
ad at least one drink of alcohol on at least 1 day uring the 30 days before the survey)	33.2 (30.0–36.6) 1,242	41.8 (40.2–43.4) 14,864	0.00		•	
ad five or more drinks of alcohol in a row within a couple bours on at least 1 day luring the 30 days before the survey)	21.7 (18.8–24.8) 1,341	24.2 (22.6–25.9) 16,009	0.13			•
sually obtained the alcohol they drank by someone giving it o them unong students who currently drank alcohol during the 30 days efore the survey)	34.7 (28.5–41.4) 396	42.2 (40.3–44.1) 6,121	0.03		•	
ad at least one drink of alcohol on school property on at ast 1 day luring the 30 days before the survey)	3.0 (2.2–4.1) 1,348	4.5 (3.9–5.1) 16,024	0.01		•	
ver used marijuana one or more times luring their life)	44.5 (40.6–48.5) 1,311	36.8 (34.8–38.8) 16,060	0.00	٠		
ried marijuana for the first time before age 13 years	10.0 (8.2–12.0) 1,339	7.5 (6.7–8.3) 16,134	0.02	•		
sed marijuana one or more times uring the 30 days before the survey)	22.7 (19.5–26.1) 1,334	20.8 (19.4–22.3) 16,112	0.30			•
sed marijuana on school property one or more times uring the 30 days before the survey)	5.9 (4.7–7.5) 1,337	4.6 (4.0–5.4) 16,086	0.10			•
ver used any form of cocaine one or more times or example, powder, crack, or freebase, during their life)	7.4 (5.9–9.2) 1,352	6.4 (5.7–7.1) 16,204	0.25			•
sed any form of cocaine one or more times or example, powder, crack, or freebase, during the 30 days efore the survey)	2.1 (1.4–3.2) 1,342	2.8 (2.4–3.2) 15,557	0.16			•
ver sniffed glue, breathed the contents of aerosol spray ns, or inhaled any paints or sprays to get high one or more mes uring their life)	9.8 (8.3–11.6) 1,366	11.7 (10.6–12.8) 16,293	0.06			•
over used heroin one or more times also called "smack", "junk", or "China white", during their life)	3.3 (2.4–4.5) 1,361	2.5 (2.2–2.9) 15,731	0.17			•
over used methamphetamines one or more times	3.6 (2.8–4.5)	4.1 (3.6–4.6)	0.30			

1,339	16,057				
82.8 (80.5-84.9)	77.7 (76.3–78.9)	0.00	•		
354	5,329	0.02			
356	5,360	0.02		•	
356	5,360	0.18		•	•
16.1 (13.5–19.1) 1,352	13.0 (11.7–14.3) 16,109	0.05			•
74.0 (68.7–78.7) 356	80.2 (77.5–82.6) 5,360	0.03		•	
37.8 (33.3–42.5) 359	38.9 (36.9–41.0) 5,454	0.66			•
17.1 (13.1–22.0) 364	21.6 (20.0–23.3) 5,548	0.06			٠
30.4 (26.5–34.6) 1,253	34.2 (31.9–36.5) 15,017	0.11			•
11.4 (9.3–13.9) 1,251	13.8 (12.4–15.4) 14,987	0.08			•
5.1 (3.6–7.0) 1,244	5.9 (5.1–6.8) 15,046	0.36			•
43.5 (39.4–47.6) 1.252	46.0 (42.9–49.2) 15.065	0.32			•
24.8 (22.4–27.4) 1,356	22.7 (20.7–24.9) 16,261	0.19			•
2.2 (1.5–3.4) 1,361	2.1 (1.8–2.5) 16,140	0.78			•
	3.3 (2.9–3.8) 16,320	~			
7.1 (5.5–9.1) 1,362	6.7 (5.8–7.6) 15,887	0.69			•
	1,362 $2.2 (1.5-3.4)$ $1,361$ $24.8 (22.4-27.4)$ $1,356$ $43.5 (39.4-47.6)$ $1,252$ $5.1 (3.6-7.0)$ $1,251$ $30.4 (26.5-34.6)$ $1,253$ $17.1 (13.1-22.0)$ 364 $37.8 (33.3-42.5)$ 3764 $37.8 (33.3-42.5)$ 356 $16.1 (13.5-19.1)$ $1,352$ $95.2 (91.9-97.2)$ 356 $69.2 (64.2-73.7)$ 356 $85.7 (80.8-89.5)$ 354 $82.8 (80.5-84.9)$	$1,362$ $15,887$ $ 3.3 (2.9-3.8) \\ 16,320$ $2.2 (1.5-3.4) \\ 1,361$ $2.1 (1.8-2.5) \\ 16,140$ $24.8 (22.4-27.4) \\ 1,356$ $22.7 (20.7-24.9) \\ 16,261$ $43.5 (39.4-47.6) \\ 1,252$ $46.0 (42.9-49.2) \\ 15,065$ $5.1 (3.6-7.0) \\ 1,251$ $5.9 (5.1-6.8) \\ 15,046$ $11.4 (9.3-13.9) \\ 1,251$ $13.8 (12.4-15.4) \\ 14,987$ $30.4 (26.5-34.6) \\ 1,253$ $34.2 (31.9-36.5) \\ 15,017$ $17.1 (13.1-22.0) \\ 356$ $21.6 (20.0-23.3) \\ 5,548$ $37.8 (33.3-42.5) \\ 356$ $38.9 (36.9-41.0) \\ 5,360$ $16.1 (13.5-19.1) \\ 1,352$ $13.0 (11.7-14.3) \\ 16.109$ $95.2 (91.9-97.2) \\ 356$ $96.9 (96.3-97.4) \\ 5,360$ $69.2 (64.2-73.7) \\ 356$ $77.1 (74.3-79.7) \\ 5,360$ $85.7 (80.8-89.5) \\ 354$ $91.1 (89.7-92.4) \\ 5,329$ $82.8 (80.5-84.9)$ $77.7 (76.3-78.9)$	1.36215,8873.3 (2.9-3.8) 16,320 \sim 2.2 (1.5-3.4) 1,3612.1 (1.8-2.5) 16,1400.7824.8 (22.4-27.4) 1,35622.7 (20.7-24.9) 16,2610.1943.5 (39.4-47.6) 1,35622.7 (20.7-24.9) 16,2610.3243.5 (39.4-47.6) 1,25246.0 (42.9-49.2) 15,0650.325.1 (3.6-7.0) 1,2445.9 (5.1-6.8) 15,0460.3611.4 (9.3-13.9) 1,25113.8 (12.4-15.4) 14,9870.0830.4 (26.5-34.6) 36434.2 (31.9-36.5) 5,5480.1117.1 (13.1-22.0) 36421.6 (20.0-23.3) 5,5480.0637.8 (33.3-42.5) 35938.9 (36.9-41.0) 5,5480.6674.0 (68.7-78.7) 35680.2 (77.5-82.6) 5,3600.0316.1 (13.5-19.1) 1,35213.0 (11.7-14.3) 16,1090.0595.2 (91.9-97.2) 35696.9 (96.3-97.4) 5,3600.1869.2 (64.2-73.7) 35677.1 (74.3-79.7) 5,3600.0085.7 (80.8-89.5) 35491.1 (89.7-92.4) 5,3290.0282.8 (80.5-84.9)77.7 (76.3-78.9)0.00	$1,362$ $15,887$ $ 3.3 (2.9-3.8) (6.320)$ \sim $2.2 (15-3.4) (1.5-3.4) (1.5,140)$ $2.1 (1.8-2.5) (0.78)$ $24.8 (22.4-27.4) (1.556)$ $22.7 (20.7-24.9) (0.19)$ $1,356$ $22.7 (20.7-24.9) (0.19) (1.5,261)$ $43.5 (39.4-47.6) (1.5,261) (1.5$	1,362 15,887 \sim - 3.3 (2,9-3.8) (6,320 \sim 2.2 (1,5-3.4) (1,361 2.1 (1.8-2.5) (6,261 0.78 24.8 (22,4-27.4) (2,24-27.4) 22.7 (20,7-24.9) (6,261 0.19 44.5 (39,4-47.6) (1,252 46.0 (42,9-49.2) (5,065 0.32 5.1 (3,6-7.0) (1,252 9.9 (5,1-6.8) (5,16.48) 0.36 11.4 (9,3-13.9) (1,251 13.8 (12,4-15.4) (1,251 0.08 11.4 (9,3-13.9) (1,251 13.8 (12,4-15.4) (1,251 0.08 11.4 (9,3-13.9) (1,253 13.8 (12,4-15.4) (1,251 0.08 30.4 (26,5-34.6) (1,253 34.2 (31,9-36.5) (15,017 0.11 17.1 (13,1-22.0) (364 21.6 (20,0-23.3) (5,544 0.066 74.0 (68,7-78.7) (356 38.9 (36,9-41.0) (5,348 0.66 95.2 (91,9-97.2) (356 96.9 (96,3-97.4) (5,360 0.18 95.2 (91,9-97.2) (356 91.1 (89,7-92.4) (354 0.02 \bullet 85.7 (80.8-89.5) (354 91.1 (89,7-92.4) (354 0.02 \bullet 82.8 (80.5-84.9) 77.7 (76.3-78.9) 0.00 \bullet

Did not drink 100% fruit juices (during the 7 days before the survey)	22.5 (20.1–25.2) 1,361	19.4 (18.0–20.8) 16,167	0.03	•		
Did not eat fruit (during the 7 days before the survey)	10.6 (8.8–12.8) 1,361	11.4 (10.1–12.9) 16,232	0.51			•
Did not eat green salad (during the 7 days before the survey)	37.1 (34.0–40.4) 1,358	36.6 (34.7–38.6) 16,220	0.78			•
Did not eat potatoes (excluding French fries, fried potatoes, or potato chips, during the 7 days before the survey)	31.9 (28.6–35.4) 1,362	31.2 (29.5–33.1) 16,224	0.73			•
Did not eat carrots (during the 7 days before the survey)	42.5 (38.9–46.1) 1,358	51.8 (49.5–54.2) 16,223	0.00		•	
Did not eat other vegetables (excluding green salad, potatoes, or carrots, during the 7 days before the survey)	16.1 (13.8–18.7) 1,352	16.7 (15.3–18.1) 16,215	0.70			•
Drank a can, bottle, or glass of soda or pop at least one time per day (not including diet soda or diet pop, during the 7 days before the survey)	20.1 (17.7–22.8) 1,360	29.2 (27.2–31.2) 16,188	0.00		•	
Drank less than three glasses per day of milk (during the 7 days before the survey)	88.3 (86.1–90.2) 1,355	85.5 (83.1–87.6) 16,174	0.06			•
Ate fruit or drank 100% fruit juices less than two times per day (during the 7 days before the survey)	72.5 (70.0–74.8) 1,360	66.1 (64.4–67.8) 16,141	0.00	•		
Ate vegetables less than three times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	86.8 (85.0–88.4) 1,341	86.2 (85.2–87.1) 16,160	0.54			•
Overweight (students who were >= 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data)	14.4 (12.3–16.7) 1,303	15.8 (14.7–17.0) 15,178	0.25			•
Obese (students who were >= 95th percentile for body mass index, by age and sex, based on reference data)	11.8 (9.9–13.9) 1,303	12.0 (10.9–13.1) 15,178	0.87			•
Described themselves as slightly or very overweight	29.3 (26.1–32.7) 1,354	27.7 (26.7–28.6) 16,123	0.34			•
Did not exercise to lose weight or to keep from gaining weight (during the 30 days before the survey)	37.5 (34.6–40.6) 1,349	38.5 (37.2–39.8) 16,109	0.55			•
Did not eat less food, fewer calories, or low-fat foods to lose weight or to keep from gaining weight (during the 30 days before the survey)	63.7 (60.6–66.6) 1,336	60.5 (59.0–61.8) 16,099	0.05			•
Went without eating for 24 hours or more to lose weight or to keep from gaining weight (during the 30 days before the survey)	_	10.6 (9.7–11.5) 16,115	~			
Took diet pills, powders or liquids to lose weight or to keep from gaining weight (without a doctor's advice, during the 30 days before the survey)		5.0 (4.5–5.5) 16,120	~			
Vomited or took laxatives to lose weight or to keep from		4.0 (3.5–4.4)	~			

gaining weight (during the 30 days before the survey)		16,100				
Physical Activity						
Physically active at least 60 minutes per day on less than 5 lays doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	57.6 (54.0–61.1) 1,358	63.0 (61.2–64.8) 16,109	0.01		٠	
id not attend physical education classes in an average week when they were in school)	54.2 (49.3–59.1) 1,352	43.6 (36.4–51.1) 15,578	0.02	٠		
id not attend physical education classes daily when they were in school)	82.3 (78.4–85.6) 1,352	66.7 (60.7–72.3) 15,578	0.00	•		
id not play on sports teams un by their school or community groups during the 12 months efore the survey)	38.1 (35.2–41.2) 1,345	41.7 (38.9–44.5) 15,562	0.09			٠
Vatched television 3 or more hours per day on an average school day)	24.8 (22.8–26.9) 1,352	32.8 (30.4–35.3) 16,126	0.00		٠	
Used computers 3 or more hours per day played video or computer games or used a computer for pomething that was not school work on an average school day)	23.6 (20.6–26.9) 1,349	24.9 (22.9–27.0) 16,124	0.51			٠
hysically active at least 60 minutes per day on less than 7 ays loing any kind of physical activity that increased their heart rate nd made them breathe hard some of the time during the 7 days efore the survey)	79.8 (76.7–82.6) 1,358	81.6 (80.5–82.7) 16,109	0.25			٠
id not participate in at least 60 minutes of physical activity n any day loing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days efore the survey)	16.2 (13.9–18.9) 1,358	23.1 (21.5–24.8) 16,109	0.00		٠	
sthma						
ver told by a doctor or nurse that they had asthma	18.5 (16.7–20.5) 1,348	22.0 (20.8–23.1) 16,089	0.00		•	
Ever told by a doctor or nurse that they had asthma and still ave asthma	7.9 (6.5–9.7) 1,333	10.8 (9.9–11.7) 15,998	0.00		•	
ootnotes		·			1	
Percentage, confidence interval, cell size						
' – Data not available						

'—' = Data not available

 \sim = P-value not available

Application URL:http://ngdev.cdc.gov/YouthOnline/App/Results.aspx? TT=G&OUT=0&SID=HS&QID=QQ&LID=AK&YID=2009&LID2=XX&YID2=2009&COL=&ROW1=&ROW2=&HT=QQ&LCT=&FS=1&FR= 1&FG=1&FSL=&FRL=&FGL=&PV=&TST=True&C1=AK2009&C2=XX2009&QP=G&DP=1&VA=CI&CS=Y&SYID=&EYID=&SC=DEFAU LT&SO=ASC&PF=1