

# Behavioral Risk Factor Surveillance System (BRFSS) 2024 Alaska Questionnaire

Version 8.22.24

## Alaska-specific content is in purple

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Public reporting burden of this collection of information is estimated to average 27 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-1061).

NOTE: Interviewers do not need to read any part of the burden estimate nor provide the OMB number unless asked by the respondent for specific information. If a respondent asks for the length of time of the interview provide the most accurate information based on the version of the questionnaire that will be administered to that respondent. If the interviewer is not sure, provide the average time as indicated in the burden statement. If data collectors have questions concerning the BRFSS OMB process, please contact Marquisette Glass Lewis at grp2@cdc.gov.

## Behavioral Risk Factor Surveillance System (BRFSS)

## 2024 Alaska Questionnaire

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## Screener – Landline Only

Skip Question LL01, if QSTVER > = 20

HELLO, I am calling for the Alaska Department of Health. My name is\_\_\_\_\_(name)\_\_\_\_. We are gathering information about the health of US residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. This call may be monitored or recorded for quality control.

Skip Question LL01, if QSTVER > = 20

Field Size: 1

Variable Name: [CTELENM1]

Question: LL.01 Is this (phone number)?

1 = Yes - Go to LL.02, PVTRESD1 2 = No - Terminate Phone Call

Skip Question LL02, if QSTVER >= 20

Field Size: 1

Variable Name: [PVTRESD1]

Question: LL.02 Is this a private residence?

READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."

1 = Yes - Go to LL.04, STATERE1 2 = No - Go to LL.03, COLGHOUS 3 = No, business phone only - Terminate Phone Call

Skip Question LL03, if QSTVER >= 20; or LL.02, PVTRESD1, is coded 1

Field Size: 1

Variable Name: [COLGHOUS]

Question: LL.03 Do you live in college housing?

1 = Yes - Go to LL.04, STATERE1 2 = No - Terminate Phone Call

Skip Question LL04, if QSTVER >= 20

Field Size: 1

Variable Name: [STATERE1]

Question: LL.04 Do you currently live in \_\_\_\_(state)\_\_\_\_?

1 = Yes - Go to LL.05, CELPHON1 2 = No - Terminate Phone Call

Skip Question LL05, if QSTVER >= 20

Variable Name: [CELPHON1]

#### Question: LL.05 Is this a cell telephone?

1 = Yes, it is a cell phone - Terminate Phone Call 2 = Not a cell phone - Go to LL.06, LADULTI

Skip Question LL06, if QSTVER >= 20

Field Size: 1

Variable Name: [LADULT1]

Question: LL.06 Are you 18 years of age or older?

1 = Yes - If LL.03, COLGHOUS, is 1 go to LL.07, COLGSEX1; else go to LL.08, NUMADULT 2 = No - If LL.03, COLGHOUS, is 1 Terminate Phone Call, else go to LL.08, NUMADULT

Skip Question LL07, if QSTVER >= 20

Field Size: 2

Variable Name: [NUMADULT]

Question: LL.07 I need to randomly select one adult who lives in your household to be interviewed. Excluding adults living away from home, such as students away at college, how many members of your household, including yourself, are 18 years of age or older?

1 = Number of adults in the household - Go to LL.09, LANDSEX3

2 = Number of adults in the household - Go to LL.08, RESPSLC1

3 = Number of adults in the household - Go to LL.08, RESPSLC1

4 = Number of adults in the household - Go to LL.08, RESPSLC1

5 = Number of adults in the household - Go to LL.08, RESPSLC1

6-99 = 6 or more - Go to LL.08, RESPSLC1

Skip Question LL08, if QSTVER >= 20; or if LL.08, NUMADULT, is greater than 1

Field Size: 1

Variable Name: [RESPSLC1]

Question: LL.08 The person in your household that I need to speak with is the adult with the most recent birthday. Are you the adult with the most recent birthday?

1 = Yes - Go to Section 01.01 (Health Status) GENHLTH 2 = No – Ask for correct respondent

Skip Question LL09, if QSTVER >= 20

Field Size: 1

Variable Name: [LANDSEX3]

Question: LL.09 Are you?

1 = Male

- 2 = Female3 = Transgender, non-binary, or another gender7 = Don't know/Not Sure
- 9 = Refused

#### Skip Question LL10, if QSTVER >= 20; or if LL.09, LANDSEX3, is coded 1 or 2

Field Size: 1

Variable Name: [LNDSXBRT]

#### Question: LL.10 What was your sex at birth? Was it male or female?

1 = Male

2 = Female

7 = Don't know/Not Sure - Terminate Phone Call

9 = Refused - Terminate Phone Call

## **Screener – Cell Phone Only**

#### Skip Question CP01, if QSTVER < 20

Hello, I am calling for the Alaska Department of Health. My name is <u>(name)</u>. We are gathering information about the health of Alaska residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

Field Size: 1

Variable Name: [SAFETIME]

Question: CP.01 Is this a safe time to talk with you?

1 = Yes - Go to CP.02, CTELNUM1 2 = No - Set Appointment or Terminate Phone Call

Skip Question CP02, if QSTVER < = 20

Field Size: 1

Variable Name: [CTELNUM1]

Question: CP.02 Is this (phone number)?

1 = Yes - Go to CP.03, CELLFON5 2 = No - Terminate Phone Call

#### Skip Question CP03, if QSTVER < 20; or CP.02, CTELNUM1, is coded 2

Field Size: 1

Variable Name: [CELLFON5]

#### Question: CP.03 Is this a cell phone?

1 = Yes - Go to CP.04, CADULTI 2 = No - Terminate Phone Call

#### Skip Question CP04, if QSTVER < 20; or CP.03, CELLLFON5, is coded 2

Field Size: 1

Variable Name: [CADULT1]

Question: CP.04 Are you 18 years of age or older?

1 = Yes - Go to CP.05, CELLSEX3

2 = No - Terminate Phone Call

#### Skip Question CP05, if QSTVER < 20; or CP.04, CADULTI, is coded 2

Field Size: 1

Variable Name: [CELLSEX3]

#### Question: CP.05 Are you?

1 = Male - Go to CP.07, PVTRESD3

2 = Female - Go to CP.07, PVTRESD3

3 = Transgender, non-binary, or another gender - Go to CP.06, CELSXBRT

7 = Don't know/Not Sure - Go to CP.06, CELSXBRT

9 = Refused - Go to CP.06, CELSXBRT

#### Skip Question CP06, if QSTVER < 20; or CP.05, CELLSEX3, is coded 1 or 2

Field Size: 1

Variable Name: [CELSXBRT]

#### Question: CP.06 What was your sex at birth? Was it male or female?

Note: By private residence, we mean someplace like a house or apartment.

1 = Male - Go to CP.07, PVTRESD3

2 = Female - Go to CP.07, PVTRESD3

7 = Don't know/Not Sure - Terminate Phone Call

9 = Refused - Terminate Phone Call

#### Skip Question CP07, if QSTVER < 20; or CP.06, CELSXBRT, is coded 7 or 9

Field Size: 1

Variable Name: [PVTRESD3]

#### Question: CP.07 Do you live in a private residence?

Note: By private residence, we mean someplace like a house or apartment.

1 = Yes - Go to CP.08, CSTATE1 2 = No - Go to CP.07 CCLGHOUS

Skip Question CP08, if QSTVER < 20; or CP.07, PVTRESD3, is coded 1

Field Size: 1

Variable Name: [CCLGHOUS]

#### Question: CP.08 Do you live in college housing?

1 = Yes - Go to CP.09, CSTATE1 2 = No - Terminate Phone Call

#### Skip Question CP09, if QSTVER < 20; or CP.08, CCLGHOUS, is coded 2

Field Size: 1

Variable Name: [CSTATE1]

## Question: CP.09 Do you currently live in Alaska?

1 = Yes - Go to CP.11, LANDLINE 2 = No - Go to CP.10, RSPSTATI

#### Skip Question CP10, if QSTVER < 20; or CP.09, CSTATE1, is coded 1

Field Size: 2

Variable Name: [RSPSTAT1]

#### Question: CP.10 In what state do you currently live?

With CDC approval, Alaska changed the protocol on 07.01.20. If respondent lives in a state other than 2 (Alaska), discontinue the interview.

1 = Alabama	22 = Louisiana	41 = Oregon
2 = Alaska	23 = Maine	42 = Pennsylvania
4 = Arizona	24 = Maryland	44 = Rhode Island
5 = Arkansas	25 = Massachusetts	45 = South Carolina
6 = California	26 = Michigan	46 = South Dakota
8 = Colorado	27 = Minnesota	47 = Tennessee
9 = Connecticut	28 = Mississippi	48 = Texas
10 = Delaware	29 = Missouri	49 = Utah
11 = District of Columbia	30 = Montana	50 = Vermont
12 = Florida	31 = Nebraska	51 = Virginia
13 = Georgia	32 = Nevada	53 = Washington
15 = Hawaii	33 = New Hampshire	54 = West Virginia
16 = Idaho	34 = New Jersey	55 = Wisconsin
17 = Illinois	35 = New Mexico	56 = Wyoming
18 = Indiana	36 = New York	66 = Guam
19 = Iowa	37 = North Carolina	72 = Puerto Rico
20 = Kansas	38 = North Dakota	78 = Virgin Islands
21 = Kentucky	39 = Ohio	77 = Out of US - Terminate Call
	40 = Oklahoma	99 = Refused - Terminate Call

#### Skip Question CP11, if QSTVER < 20; or RSPSTAT1=77 or 99

Field Size: 1

Variable Name: [LANDLINE]

Question: CP.11 Do you also have a landline telephone in your home that is used to make and receive calls?

1 = Yes 2 = No Skip Question CP12, if QSTVER < 20; or CP.10, RSPSTAT1, is coded 77 or 99

Field Size: 2

Variable Name: [HHADULT]

Question: CP.12 How many members of your household, including yourself, are 18 years of age or older?

INTERVIEWER NOTE: IF CCLGHOUS=1, set HHADULT=1

1-76 = Number of adults 77 = Don't know/Not sure 99 = Refused

## **CDC Core Sections**

## **Respondent Sex**

Field Size: 1

Variable Name: [SEXVAR]

#### Sex of Respondent

1 = Male - Code=1 if LANDSEX3=1 or LNDSXBRT=1 or CELLSEX3=1 or CELSXBRT=1 2 = Female - Code=2 if LANDSEX3=1 or LNDSXBRT=1 or CELLSEX3=1 or CELSXBRT=1

### Section 1: Health Status

Field Size: 1

Variable Name: [GENHLTH]

Question: C01.01 Would you say that in general your health is:

1 = Excellent

- 2 = Very good
- 3 = Good
- 4 = Fair
- 5 = Poor
- 7 = Don't know/Not sure
- 9 = Refused

## **Section 2: Healthy Days**

Field Size: 2

Variable Name: [PHYSHLTH]

Question: CO2.01 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

01-30 = Number of days 88 = None 77 = Don't know/Not sure 99 = Refused

Field Size: 2

Variable Name: [MENTHLTH]

Question: CO2.O2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

01-30 = Number of days 88 = None 77 = Don't know/Not sure 99 = Refused

Skip Question 02.03, if Section 02.01, PHYSHLTH, is 88 and Section 2.02, MENTHLTH, is 88

Field Size: 2

Variable Name: [POORHLTH]

Question: C02.03 During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

01-30 = Number of days 88 = None 77 = Don't know/Not sure 99 = Refused

### Section 3: Health Care Access

Field Size: 2

Variable Name: [PRIMINS2]

#### Question: C03.01 What is the current primary source of your health care coverage?

NOTE: If respondent has multiple sources of insurance, ask for the one used most often. If respondents give the name of a health plan rather than the type of coverage ask whether this is insurance purchased independently, through their employer, or whether it is through Medicaid or CHIP.

1 = A plan purchased through an employer or union (including plans purchased through another person's employer)

- 2 = A private nongovernmental plan that you or another family member buys on your own
- 3 = Medicare
- 4 = Medigap
- 5 = Medicaid
- 6 = Children´s Health Insurance Program (CHIP)
- 7 = Military related health care: TRICARE (CHAMPUS) / VA health care / CHAMP- VA
- 8 = Native Health Service or Indian Health Service

9 = State sponsored health plan
10 = Other government program
88 = No coverage of any type
77 = Don't know/Not Sure
99 = Refused

Field Size: 1

Variable Name: [PERSDOC3]

Question: C03.02 Do you have one person or a group of doctors that you think of as your personal health care provider?

NOTE: if the respondent had multiple doctor groups, then it would be more than one—but if they had more than one doctor in the same group it would be one.

1 = Yes, only one 2 = More than one 3 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [MEDCOST1]

Question: C03.03 Was there a time in the past 12 months when you needed to see a doctor but could not because you could not afford it?

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [CHECKUP1]

Question: C03.04 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

NOTE: A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

1 = Within past year (anytime less than 12 months ago)

2 = Within past 2 years (1 year but less than 2 years ago)

- 3 = Within past 5 years (2 years but less than 5 years ago)
- 4 = 5 or more years ago

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8 = Never
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- 7 = Don't know/Not sure
- 9 = Refused

## Section 4: Exercise

Field Size: 1

Variable Name: [EXERANY2]

Question: C04.01 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

NOTE: If respondent does not have a regular job or is retired, they may count any physical activity or exercise they do.

1 = Yes

2 = No - Go to Section 04.08 (Exercise (Physical Activity)) STRENGTH

7 = Don't know/Not sure - Go to Section 04.08 (Exercise (Physical Activity)) STRENGTH

9 = Refused - Go to Section 04.08 (Exercise (Physical Activity)) STRENGTH

## **Section 5: Oral Health**

Field Size: 1

Variable Name: [LASTDEN4]

Question: C05.01 Including all types of dentists, such as orthodontists, oral surgeons, and all other dental specialists, as well as dental hygienists, how long has it been since you last visited a dentist or a dental clinic for any reason?

- 1 = Within the past year (anytime<12 months ago)
- 2 = Within the past 2 years (1 year but<2 years ago)
- 3 = Within the past 5 years (2 years but<5 years ago)
- 4 = 5 or more years ago
- 7 = Don't know/Not sure
- 8 = Never
- 9 = Refused

Skip Question 05.02, if Section 05.01, BPHIGH6, is coded 2, 3, 4, 7, 9, or Missing

Field Size: 1

Variable Name: [RMVTETH4]

Question: C05.02 Not including teeth lost for injury or orthodontics, how many of your permanent teeth have been removed because of tooth decay or gum disease?

NOTE: If wisdom teeth are removed because of tooth decay or gum disease, they should be included in the count for lost teeth.

- 1 = 1 to 5
- 2 = 6 or more, but not all
- 3 = All
- 8 = None
- 7 = Don't know/Not sure
- 9 = Refused

## Section 6: Chronic Health Conditions

Has a doctor, nurse, or other health professional ever told you that you had any of the following? For each, tell me "Yes", "No", or you're "Not sure":

Field Size: 1

Variable Name: [CVDINFR4]

Question: C06.01 (Ever told) you had a heart attack, also called a myocardial infarction?

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [CVDCRHD4]

Question: C06.02 (Ever told) you had angina or coronary heart disease?

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [CVDSTRK3]

Question: C06.03 (Ever told) you had a stroke?

1 = Yes

2 = No

7 = Don't know/Not sure

9 = Refused

Field Size: 1

Variable Name: [ASTHMA3]

Question: C06.04 (Ever told) you had asthma?

1 = Yes

2 = No - Go to Section 06.06 (Chronic Health Conditions) CHCSCNCR1

7 = Don't know/Not sure - Go to Section 06.06 (Chronic Health Conditions) CHCSCNCR1

9 = Refused - Go to Section 06.06 (Chronic Health Conditions) CHCSCNCR1

Skip Question 06.05, if Section 06.04, ASTHMA3 is coded 2, 7, 9, or Missing

Field Size: 1

Variable Name: [ASTHNOW]

### Question: C06.05 Do you still have asthma?

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [CHCSCNC1]

#### Question: C06.06 (Ever told) you had skin cancer that is not melanoma?

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [CHCOCNC1]

Question: C06.07 (Ever told) you had melanoma or any other types of cancer?

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [CHCCOPD3]

Question: C06.08 (Ever told) you had C.O.P.D. (chronic obstructive pulmonary disease), emphysema or chronic bronchitis?

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [ADDEPEV3]

Question: C06.09 (Ever told) you had a depressive disorder (including depression, major depression, dysthymia, or minor depression)?

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1 = Yes
2 = No
7 = Don't know/Not sure
9 = Refused
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Variable Name: [CHCKDNY2]

# Question: C06.10 Not including kidney stones, bladder infection or incontinence, were you ever told you had kidney disease?

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [HAVARTH4]

# Question: C06.11 (Ever told) you had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

Note: Arthritis diagnoses include: rheumatism, polymyalgia rheumatica; osteoarthritis (not osteoporosis); tendonitis, bursitis, bunion, tennis elbow; carpal tunnel syndrome, tarsal tunnel syndrome; joint infection, etc.

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [DIABETE4]

### Question: CO6.12 (Ever told) you had diabetes?

NOTE: If "Yes" and respondent is female, ask "Was this only when you were pregnant?". If Respondent says pre-diabetes or borderline diabetes, use response code 4.

1 = Yes

2 = Yes, but female told only during pregnancy - Go to Section 07.01 (Demographics) AGE

3 = No - Go to Section 08.01 (Demographics) AGE

4 = No, pre-diabetes or borderline diabetes - Go to Section 07.01 (Demographics) AGE

7 = Don't know/Not sure - Go to Section 07.01 (Demographics) AGE

9 = Refused - Go to Section 08.01 (Demographics) AGE

Skip Question 06.13, if Section 06.12, DIABETE4, is coded 2, 3, 4, 7, 9, or Missing

Field Size: 2

Variable Name: [DIABAGE4]

Question: C06.13 How old were you when you were told you had diabetes?

1-97 = Age in years [97 = 97 and older] 98 = Don't know/Not sure

99 = Refused

## **Section 7: Demographics**

Field Size: 2

Variable Name: [AGE]

#### Question: C07.01 What is your age?

\_ \_ = Code age in years [97 = 97 and older]

- 07 = Don't know / Not sure
- 09 = Refused

Field Size: 1

Variable Name: [HISPANC3]

#### Question: C07.02 Are you Hispanic, Latino/a, or Spanish origin?

NOTE: One or more categories may be selected.

1 = Mexican, Mexican American, Chicano/a 2 = Puerto Rican 3 = Cuban 4 = Another Hispanic, Latino/a, or Spanish origin 5 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 2

Variable Name: [MRACE1]

### Question: C07.03 Which one or more of the following would you say is your race?

NOTE: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading. One or more categories may be selected. If respondent indicates that they are Hispanic for race, please read the race choices.

- 10 = White
- 20 = Black or African American
- 30 = American Indian or Alaska Native
- 40 = Asian
- 41 = Asian Indian
- 42 = Chinese
- 43 = Filipino
- 44 = Japanese
- 45 = Korean
- 46 = Vietnamese
- 47 = Other Asian
- 50 = Pacific Islander
- 51 = Native Hawaiian 52 = Guamanian or Chamorro
- 52 = 33 Samoan
- 54 = Other Pacific Islander
- 60 = Other
- 1020-6054535251 = Multiple responses
- 88 = No additional choices
- 77 = Don't know/Not Sure

Variable Name: [MARITAL]

#### Question: C07.04 Are you.....

1 = Married

- 2 = Divorced
- 3 = Widowed
- 4 = Separated
- 5 = Never married
- 6 = A member of an unmarried couple
- 9 = Refused

Field Size: 1

Variable Name: [EDUCA]

#### Question: C07.05 What is the highest grade or year of school you completed?

1 = Never attended school or only kindergarten

- 2 = Grades 1 through 8 (Elementary)
- 3 = Grades 9 through 11 (Some high school)
- 4 = Grade 12 or GED (High school graduate)
- 5 = College 1 year to 3 years (Some college or technical school)
- 6 = College 4 years or more (College graduate)
- 9 = Refused

Field Size: 1

Variable Name: [RENTHOM1]

#### Question: C07.06 Do you own or rent your home?

1 = Own

- 2 = Rent
- 3 = Other arrangement
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 3

Variable Name: [CTYCODE2]

#### Question: C08.07 In what county do you currently live?

Not asked of Alaska residents: Alaska obtained approval in previous survey years to remove this question. Alaska does not have traditional counties, so this question would not make sense to survey respondents.

\_ = ANSI county code (formerly FIPS code)
778-887 = ANSI county code (formerly FIPS code)
888 = County from another state (cell phone data only)
777 = Don't know/Not sure
999 = Refused

Variable Name: [ZIPCODE1]

## Question: C07.08 What is the ZIP Code where you currently live?

1001-77776 = Zipcode 77778-99950 = Zipcode 77777 = Don't know/Not Sure 99999 = Refused

Skip Question 07.09, if QSTVER >= 20

Field Size: 1

Variable Name: [NUMHHOL4]

Question: C07.09 Not including cell phones or numbers used for computers, fax machines or security systems, do you have more than one landline telephone number in your household?

1 = Yes

2 = No - Go to Section 07.11 (Demographics) CPDEMOIC

7 = Don't know / Not sure - Go to Section 07.11 (Demographics) CPDEMOIC

9 = Refused - Go to Section 07.11 (Demographics) CPDEMOIC

Skip Question 07.10, if Section 07.09, NUMHHOL4, is coded 2, 7, 9, or Missing; or QSTVER >= 20

Field Size: 1

Variable Name: [NUMPHON4]

Question: C07.10 How many of these landline telephone numbers are residential numbers?

1-5 = Residential telephone number(s)

6 = Residential telephone numbers [6 = 6 or more]

8 = None

7 = Don't know/Not sure

9 = Refused

Field Size: 1

Variable Name: [CPDEMO1C]

### Question: C07.11 How many cell phones do you have for personal use?

INTERVIEWER NOTE: Read if necessary. Include cell phones used for both business and personal use. Last question needed for partial complete.

1-5 = Enter number (1-5) 6 = Six or more 8 = None 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [VETERAN3]

Question: C07.12 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [EMPLOY1]

#### Question: C07.13 Are you currently ...?

NOTE: If more than one, say select the category which best describes you.

1 = Employed for wages
 2 = Self-employed
 3 = Out of work for 1 year or more
 4 = Out of work for less than 1 year
 5 = A homemaker
 6 = A student
 7 = Retired
 8 = Unable to work
 9 = Refused

Field Size: 2

Variable Name: [CHILDREN]

#### Question: C07.14 How many children less than 18 years of age live in your household?

1-87 = Number of children 88 = None 99 = Refused

Field Size: 2

Variable Name: [INCOME3]

#### Question: C07.15 Is your annual household income from all sources:

NOTE: If respondent refuses at any income level, code "Refused." Expanded income options were added for the Alaska BRFSS with CDC approval (see Alaska State Added Questions section).

01 = Less than \$10,000?

- 02 = Less than \$15,000? (\$10,000 to less than \$15,000)
- 03 = Less than \$20,000? (\$15,000 to less than \$20,000)
- 04 = Less than \$25,000
- 05 = Less than \$35,000 If (\$25,000 to less than \$35,000)
- 06 = Less than \$50,000 If (\$35,000 to less than \$50,000)
- 07 = Less than \$75,000? (\$50,000 to less than \$75,000)
- 08 = Less than \$100,000? (\$75,000 to less than \$100,000)
- 09 = Less than \$150,000? (\$100,000 to less than \$150,000)?
- 10 = Less than \$200,000? (\$150,000 to less than \$200,000)

11 = \$200,000 or more

77 = Don't know / Not sure 99 = Refused

Skip Question 07.16, if respondent sex, SEXVAR, is coded 1; or AGE is greater than 49

Field Size: 1

Variable Name: [PREGNANT]

#### Question: C07.16 To your knowledge, are you now pregnant?

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 4

Variable Name: [WEIGHT2]

Question: C07.17 About how much do you weigh without shoes? NOTE: If respondent answers in metrics, put a 9 in the first column.

50-999 = Weight (pounds) 9000-9998 = Weight (kilograms) 7777 = Don't know/Not sure 9999 = Refused

Field Size: 4

Variable Name: [HEIGHT3]

#### Question: C07.18 About how tall are you without shoes?

Round fractions down. NOTE: If respondent answers in metrics, put a 9 in the first column. \_\_/\_\_ = Height (ft / inches/meters/centimeters) 7777 = Don't know / Not sure

9999 = Refused

### **Section 8: Disability**

Field Size: 1

Variable Name: [DEAF]

Question: C08.01 Some people who are deaf or have serious difficulty hearing use assistive devices to communicate by phone. Are you deaf or do you have serious difficulty hearing?

1 = Yes 2 = No 7 = Don't know/Not sure

9 = Refused

Variable Name: [BLIND]

Question: C08.02 Are you blind or do you have serious difficulty seeing, even when wearing glasses?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [DECIDE]

Question: C08.03 Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [DIFFWALK]

Question: C08.04 Do you have serious difficulty walking or climbing stairs?

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [DIFFDRES]

Question: C08.04 Do you have difficulty dressing or bathing?

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Field Size: 1

Variable Name: [DIFFALON]

Question: C08.06 Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?

1 = Yes 2 = No

## Section 9: Breast and Cervical Cancer Screening

Skip Question 09.01, if respondent sex, SEXVAR, is coded 1;

Field Size: 1

Variable Name: [HADMAM]

# Question: C9.01 The next questions are about breast and cervical cancer. Have you ever had a mammogram?

NOTE: A mammogram is an x-ray of each breast to look for breast cancer.

1 = Yes

2 = No - Go to Section 09.03 (Breast and Cervical Cancer Screening) CERVSCRN

7 = Don't know/Not sure - Go to Section 09.03 (Breast and Cervical Cancer Screening) CERVSCRN

9 = Refused - Go to Section 09.03 (Breast and Cervical Cancer Screening) CERVSCRN

Skip Question 09.02, if respondent sex, SEXVAR, is coded 1; or Section 09.01, HADMAM, is coded 2, 7, 9, or Missing

Field Size: 1

Variable Name: [HOWLONG]

#### Question: C09.02 How long has it been since you had your last mammogram?

1 = Within the past year (anytime less than 12 months ago)

- 2 = Within the past 2 years (1 year but less than 2 years ago)
- 3 = Within the past 3 years (2 years but less than 3 years ago)
- 4 = Within the past 5 years (3 years but less than 5 years ago)
- 5 = 5 or more years ago
- 7 = Don't know/Not sure
- 9 = Refused

Skip Question 09.03, if respondent sex, SEXVAR, is coded 1;

Field Size: 1

Variable Name: [CERVSCRN]

Question: C9.03 There are two different kinds of tests to check for cervical cancer. One is a Pap smear or Pap test and the other is the HPV or Human Papillomavirus test. Have you ever had a cervical cancer screening test?

NOTE: Read if necessary. These are routine tests for women in which a doctor or other health professional takes a sample from the cervix with a swab or brush and sends it to the lab.

1 = Yes

2 = No - Go to Section 09.07 (Breast and Cervical Cancer Screening) HADHYST2

7 = Don't know/Not Sure - Go to Section 09.07 (Breast and Cervical Cancer Screening) HADHYST2

9 = Refused - Go to Section 09.07 (Breast and Cervical Cancer Screening) HADHYST2

Skip Question 09.04, if respondent sex, SEXVAR, is coded 1; or Section 09.03, CERVSCRN, is coded 2, 7, 9 or Missing;

Field Size: 1 Variable Name: [CRVCLCNC] Question: C9.04 How long has it been since you had your last cervical cancer screening test?

- 1 = Within the past year (anytime less than 12 months ago)
- 2 = Within the past 2 years (1 year but less than 2 years ago)
- 3 = Within the past 3 years (2 years but less than 3 years ago)
- 4 = Within the past 5 years (3 years but less than 5 years ago)
- 5 = 5 or more years ago
- 7 = Don't know/Not sure
- 9 = Refused

Skip Question 09.05, if respondent sex, SEXVAR, is coded 1; or Section 09.03, CERVSCRN, is coded 2, 7, 9 or Missing;

#### Field Size: 1

Variable Name: [CRVCLPAP]

Question: C9.05 At your most recent cervical cancer screening, did you have a Pap test?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Skip Question 09.06, if respondent sex, SEXVAR, is coded 1; or Section 09.03, CERVSCRN, is coded 2, 7, 9 or Missing;

Field Size: 1

Variable Name: [CRVCLHPV]

#### Question: C9.06 At your most recent cervical cancer screening, did you have an H.P.V. test?

NOTE: H.P.V. stands for Human papillomarvirus (pap-uh loh-muh virus)

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

Skip Question 09.07, if respondent sex, SEXVAR, is coded 1; or Section 09.03, CERVSCRN, is coded 2, 7, 9 or Missing;

Field Size: 1 Variable Name: [HADHYST2]

#### Question: C9.07 Have you had a hysterectomy?

NOTE: A hysterectomy is an operation to remove the uterus (womb).

1 = Yes 2 = No 7 = Don't know/Not sure 9 = Refused

## Section 10: Colorectal Cancer Screening

Skip Question 10.01, if Section 07.01, AGE, is less than 45;

Field Size: 1

Variable Name: [HADSIGM4]

# Question: C10.01 Colonoscopy and sigmoidoscopy are exams to check for colon cancer. Have you ever had either of these exams?

NOTE: A sigmoidoscopy checks part of the colon and you are fully awake. A colonoscopy checks the entire colon. You are usually given medication through a needle in your arm to make you sleepy and told to have someone else drive you home after the test.

1 = Yes

- 2 = No Go to Section 10.06 (Colorectal Cancer Screening) COLNCNCR
- 7 = Don't know/Not Sure Go to Section 10.06 (Colorectal Cancer Screening) COLNCNCR
- 9 = Refused Go to Section 10.06 (Colorectal Cancer Screening) COLNCNCR

Skip Question 10.02, if Section 07.01, AGE, is less than 45; or Section 10.01, HADSIGM4, is coded 2, 7, 9 or Missing

Field Size: 1

Variable Name: [COLNSIGM]

#### Question: C10.02 Have you had a colonoscopy, a sigmoidoscopy, or both?

1 = Colonoscopy

2 = Sigmoidoscopy - Go to Section 10.04 (Colorectal Cancer Screening) SIGMTES1

3 = Both

- 7 = Don't know/Not Sure Go to Section 10.05 (Colorectal Cancer Screening) LASTSIG4
- 9 = Refused Go to Section 10.06 (Colorectal Cancer Screening) COLNCNCR

## Skip Question 10.03, if Section 07.01, AGE, is less than 45; or Section 10.01, HADSIGM4, is coded 2, 7, 9 or Missing; or Section 10.02, COLNSIGM, is coded 2, 7, 9 or Missing

Field Size: 1

Variable Name: [COLNTES1]

#### Question: C10.03 How long has it been since your most recent colonoscopy?

1 = Colonoscopy

2 = Sigmoidoscopy - Go to Section 10.04 (Colorectal Cancer Screening) SIGMTES1

3 = Both

- 7 = Don't know/Not Sure Go to Section 10.05 (Colorectal Cancer Screening) LASTSIG4
- 9 = Refused Go to Section 10.06 (Colorectal Cancer Screening) COLNCNCR

## Skip Question 10.04, if Section 07.01, AGE, is less than 45; or Section 10.01, HADSIGM4, is coded 2, 7, 9 or Missing; or Section 10.02, COLNSIGM, is coded 2, 7, 9 or Missing

Field Size: 1

Variable Name: [SIGMTES1]

#### Question: C10.04 How long has it been since your most recent sigmoidoscopy?

1 = Within the past year (anytime less than 12 months ago) - Go to Section 10.06 (Colorectal Cancer Screening) COLNCNCR

2 = Within the past 2 years (1 year but less than 2 years ago) - Go to Section 10.06 (Colorectal Cancer Screening) COLNCNCR

- 3 = Within the past 5 years (2 years but less than 5 years ago) Go to Section 10.06 (Colorectal Cancer Screening) COLNCNCR
- 4 = Within the past 10 years (5 years but less than 10 years ago) Go to Section 10.06 (Colorectal Cancer Screening) COLNCNCR
- 5 = 10 or more years ago Go to Section 10.06 (Colorectal Cancer Screening) COLNCNCR
- 7 = Don't know/Not sure Go to Section 10.06 (Colorectal Cancer Screening) COLNCNCR
- 9 = Refused Go to Section 10.06 (Colorectal Cancer Screening) COLNCNCR

Skip Question 10.05, if Section 07.01, AGE, is less than 45; or Section 10.01, HADSIGM4, is coded 2, 7, 9 or Missing; or Section 10.02, COLNSIGM, is not coded 7; or Section 10.04, SIGMTES1, is not missing;

Field Size: 1

Variable Name: [LASTSIG4]

Question: C10.05 How long has it been since your most recent colonoscopy or sigmoidoscopy?

- 1 = Within the past year (anytime less than 12 months ago)
- 2 = Within the past 2 years (1 year but less than 2 years ago)
- 3 = Within the past 5 years (2 years but less than 5 years ago)
- 4 = Within the past 10 years (5 years but less than 10 years ago)
- 5 = 10 or more years ago
- 7 = Don't know/Not sure
- 9 = Refused

Skip Question 10.06, if Section 07.01, AGE, is less than 45

Field Size: 1

Variable Name: [COLNCNCR]

Question: C10.06 Have you ever had any other kind of test for colorectal cancer, such as virtual colonoscopy, CT colonography, blood stool test, FIT DNA, or Cologuard test?

1 = Yes

2 = No - Go to Next Section

7 = Don't know/Not Sure - Go to Next Section

9 = Refused - Go to Next Section

Skip Question 10.07, if Section 07.01, AGE, is less than 45; or Section 10.06, COLNCNCR, is coded 2, 7, 9 or Missing;

Field Size: 1

Variable Name: [VIRCOLO1]

Question: C10.07 A virtual colonoscopy uses a series of X-rays to take pictures of inside the colon. Have you ever had a virtual colonoscopy?

1 = Yes

2 = No - Go to Section 10.09 (Colorectal Cancer Screening) SMALSTOL

7 = Don't know/Not Sure - Go to Section 10.09 (Colorectal Cancer Screening) SMALSTOL

9 = Refused - Go to Section 10.09 (Colorectal Cancer Screening) SMALSTOL

Skip Question 10.08, if Section 07.01, AGE, is less than 45; or Section 10.06, COLNCNCR, is coded 2, 7, 9 or Missing; or Section 10.07, VIRCOLO1, is coded 2, 7, 9 or Missing;

Field Size: 1

Variable Name: [EVCLNTES2]

#### Question: C10.08 When was your most recent CT colonography or virtual colonoscopy?

- 1 = Within the past year (anytime less than 12 months ago)
- 2 = Within the past 2 years (1 year but less than 2 years ago)
- 3 = Within the past 5 years (2 years but less than 5 years ago)
- 4 = Within the past 10 years (5 years but less than 10 years ago)
- 5 = 10 or more years ago
- 7 = Don't know/Not sure

9 = Refused

Skip Question 10.09, if Section 07.01, AGE, is less than 45; or Section 10.06, COLNCNCR, is coded 2, 7, 9 or Missing;

Field Size: 1

Variable Name: [SMALSTOL]

# Question: C10.09 One stool test uses a special kit to obtain a small amount of stool at home and returns the kit to the doctor or the lab. Have you ever had this test?

NOTE: The blood stool or occult blood test, fecal immunochemical or FIT test determine whether you have blood in your stool or bowel movement and can be done at home using a kit. You use a stick or brush to obtain a small amount of stool at home and send it back to the doctor or lab.

1 = Yes

2 = No - Go to Section 10.11 (Colorectal Cancer Screening) STOOLDN1

7 = Don't know/Not Sure - Go to Section 10.11 (Colorectal Cancer Screening) STOOLDN1

9 = Refused - Go to Section 10.11 (Colorectal Cancer Screening) STOOLDN1

Skip Question 10.10, if Section 07.01, AGE, is less than 45; or Section 10.06, COLNCNCR, is coded 2, 7, 9 or Missing; or Section 10.09, SMALSTOL, is coded 2, 7, 9 or Missing

Field Size: 1

Variable Name: [STOLTEST]

#### Question: C10.10 How long has it been since you had this test?

1 = Within the past year (anytime less than 12 months ago)

2 = Within the past 2 years (1 year but less than 2 years ago)

3 = Within the past 3 years (2 years but less than 3 years ago)

- 4 = Within the past 5 years (3 years but less than 5 years ago)
- 5 = 5 or more years ago
- 7 = Don't know/Not sure
- 9 = Refused

Skip Question 10.11, if Section 07.01, AGE, is less than 45; or Section 10.06, COLNCNCR, is coded 2, 7, 9 or Missing;

Field Size: 1

Variable Name: [STOOLDN2]

Question: C10.11 Another stool test uses a special kit to obtain an entire bowel movement at home and returns the kit to a lab. Have you ever had this test?

1 = Within the past year (anytime less than 12 months ago)

2 = Within the past 2 years (1 year but less than 2 years ago)

- 3 = Within the past 3 years (2 years but less than 3 years ago)
- 4 = Within the past 5 years (3 years but less than 5 years ago)
- 5 = 5 or more years ago
- 7 = Don't know/Not sure
- 9 = Refused

Skip Question 10.12, if Section 07.01, AGE, is less than 45; or Section 10.06, COLNCNCR, is coded 2, 7, 9 or Missing; or Section 10.11, STOOLDN2, is coded 2, 7, 9 or Missing;

Field Size: 1

Variable Name: [BLDSTFIT]

# Question: C10.12 Was the blood stool or FIT (you reported earlier) conducted as part of a Cologuard test?

NOTE: Cologuard is a new type of stool test for colon cancer. Unlike other stool tests, Cologuard looks for changes in DNA in addition to checking for blood in your stool. The Cologuard test is shipped to your home in a box that includes a container for your stool sample.

- 1 = Yes
- 2 = No
- 7 = Don't know/Not Sure
- 9 = Refused

## Skip Question 10.13, if Section 07.01, AGE, is less than 45; or Section 10.06, COLNCNCR, is coded 2, 7, 9 or Missing; or Section 10.11, STOOLDN2, is coded 2, 7, 9 or Missing

Field Size: 1

Variable Name: [SDNATES1]

#### Question: C10.13 How long has it been since you had this test?

NOTE: Cologuard is a new type of stool test for colon cancer. Unlike other stool tests, Cologuard looks for changes in DNA in addition to checking for blood in your stool. The Cologuard test is shipped to your home in a box that includes a container for your stool sample.

- 1 = Within the past year (anytime less than 12 months ago)
- 2 = Within the past 2 years (1 year but less than 2 years ago)
- 3 = Within the past 3 years (2 years but less than 3 years ago)
- 4 = Within the past 5 years (3 years but less than 5 years ago)
- 5 = 5 or more years ago
- 7 = Don't know/Not sure
- 9 = Refused

## Section 11: Tobacco Use

Field Size: 1

Variable Name: [SMOKE100]

#### Question: C11.01 Have you smoked at least 100 cigarettes in your entire life?

1 = Yes

2 = No - Go to Section 12.03 (Tobacco Use) USENOW3

7 = Don't know/Not Sure - Go to Section 12.03 (Tobacco Use) USENOW3

9 = Refused - Go to Section 12.03 (Tobacco Use) USENOW3

Skip Question 11.02, if Section 11.01, SMOKE100, is coded 2, 7, 9, or Missing

Field Size: 1

Variable Name: [SMOKDAY2]

Question: C11.02 Do you now smoke cigarettes every day, some days, or not at all?

1 = Every day 2 = Some days

3 = Not at all

Variable Name: [USENOW3]

## Question: C11.03 Do you currently use chewing tobacco, snuff, or snus or iq'mik every day, some

#### days, or not at all?

Note: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum. Iq'mik (also known as blackbull) is a form of smokeless tobacco that is chewed. It is made by mixing fire-cured tobacco leaves and "punk ash," which is the ash generated by burning a fungus that grows on birch trees.

1 = Every day

2 = Some days

3 = Not at all

7 = Don't know / Not sure

9 = Refused

Field Size: 1

Variable Name: [ECIGNOW3]

Question: C11.04 Would you say you have never used e-cigarettes or other electronic vaping products in your entire life or now use them every day, use them some days, or used them in the past but do not currently use them at all?

1 = Never used e-cigarettes in your entire life

2 = Use them every day

3 = Use them some days

- 4 = Used them in the past but do not currently use them at all
- 7 = Don't know / Not sure
- 9 = Refused

## Section 12: Lung Cancer Screening

Skip Question 12.01, if Section 11.01, SMOKE100, is coded 2, 7, 9, or Missing; or Section 11.02, SMOKDAY2, is coded 7, 9, or Missing;

You've told us that you have smoked in the past or are currently smoking. The next questions are about screening for lung cancer.

Field Size: 3

Variable Name: [LCSFIRST]

Question: C12.01 How old were you when you first started to smoke cigarettes regularly?

1-100 = Age in Years 888 = Never smoked cigarettes regularly - Go to Section 12.04 (Lung Cancer Screening) LCSCTSC1 777 = Don't know/Not Sure 999 = Refused Skip Question 12.02, if Section 11.01, SMOKE100, is coded 2, 7, 9, or Missing; or Section 11.02, SMOKDAY2, is coded 1; or Section 12.01, LCSFIRST, is coded 888 or Missing

Field Size: 3

Variable Name: [LCSLAST]

#### Question: C12.02 How old were you when you last smoked cigarettes regularly?

\_ \_ \_ = Age in Years (001 – 100) 777 = Don't know/Not sure 999 = Refused

## Skip Question 12.03, if Section 11.01, SMOKE100, is coded 2, 7, 9, or Missing; or Section 11.02, SMOKDAY2, is coded 7, 9, or Missing; or Section 12.01, LCSFIRST, is coded 888 or Missing

Field Size: 3

Variable Name: [LCSNUMCG]

# Question: C12.03 On average, when you [smoke/ smoked] regularly, about how many cigarettes {do/did} you usually smoke each day?

NOTE: Regularly is at least one cigarette or more on days that a respondent smokes (either every day or some days) or smoked (not at all). Respondents may answer in packs instead of number of cigarettes. Below is a conversion table: 0.5 pack = 10 cigarettes/ 1.75 pack = 35 cigarettes/ 0.75 pack = 15 cigarettes/ 2 packs = 40 cigarettes/ 1 pack = 20 cigarettes/ 2.5 packs= 50 cigarettes/ 1.25 pack = 25 cigarettes/ 3 packs= 60 cigarettes/ 1.5 pack = 30 cigarettes.

\_ \_ \_ = Number of cigarettes 777 = Don't know/Not sure 999 = Refused

Field Size: 1

Variable Name: [LCSCTSC1]

Question: C12.04 The next question is about CT or CAT scans of your chest area. During this test, you lie flat on your back and are moved through an open, donut shaped x-ray machine. Have you ever had a CT or CAT scan of your chest area?

1 = Yes

2 = No - Go to Section 13.01 (Alcohol Consumption) ALCDAY4

7 = Don't know/not sure - Go to Section 13.01 (Alcohol Consumption) ALCDAY4

9 = Refused - Go to Section 13.01 (Alcohol Consumption) ALCDAY4

Skip Question 12.05, if Section 12.04, LCSTSC1, is coded 2, 7, 9 or missing

Field Size: 1

Variable Name: [LCSSCNCR]

Question: C12.05 Were any of the CT or CAT scans of your chest area done mainly to check or screen for lung cancer?

1 = Yes

2 = No - Go to Section 13.01 (Alcohol Consumption) ALCDAY4

7 = Don't know/not sure - Go to Section 34.01 (Alcohol Consumption) ALCDAY4

9 = Refused - Go to Section 13.01 (Alcohol Consumption) ALCDAY4

Skip Question 12.06, if Section 12.04, LCSTSC1, is coded 2, 7, 9 or Missing; or Section 12.05, LCSSCNCR, is coded 2, 7, 9 or Missing Field Size: 1

Variable Name: [LCSCTWHN]

# Question: C12.06 When did you have your most recent CT or CAT scan of your chest area mainly to check or screen for lung cancer?

1 = Within the past year (anytime less than 12 months ago)

- 2 = Within the past 2 years (1 year but less than 2 years)
- 3 = Within the past 3 years (2 years but less than 3 years)
- 4 = Within the past 5 years (3 years but less than 5 years)
- 5 = Within the past 10 years (5 years but less than 10 years ago)
- 6 = 10 or more years ago
- 7 = Don't know / Not sure
- 9 = Refused

## Section 13: Alcohol Consumption

The next questions concern alcohol consumption. One drink of alcohol is equivalent to a 12-ounce beer, a 5ounce glass of wine, or a drink with one shot of liquor.

Field Size: 3

Variable Name: [ALCDAY4]

Question: C13.01 During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage?

1 \_ \_ = Days per week 2 \_ \_ = Days in past 30 days 888 = No drinks in past 30 days - Go to Section 14.01 (Immunization) FLUSHOT7 777 = Don't know/Not sure - Go to Section 14.01 (Immunization) FLUSHOT7

999 = Refused - Go to Section 14.01 (Immunization) FLUSHOT7

Skip Question 13.02, if Section 13.01, ALCDAY4, is coded 888, 777, or 999;

Field Size: 2

Variable Name: [AVEDRNK3]

# Question: C13.02 During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

Note: A 40-ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

1-76 = Number of drinks 78-87 = Number of drinks 89-98 = Number of drinks 88 = None 77 = Don't know / Not sure 99 = Refused

Variable Name: [DRNK3GE5]

Question: C13.03 Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks for men or 4 or more drinks for women on an occasion?

\_ \_ = Number of times 77 = Don't know / Not sure 88 = no days 99 = Refused

Skip Question 13.04, if Section 13.01, ALCDAY4, is coded 888, 777, or 999;

Field Size: 2

Variable Name: [MAXDRNKS]

Question: C13.04 During the past 30 days, what is the largest number of drinks you had on any occasion?

\_ \_ = Number of drinks 77 = Don't know / Not sure 99 = Refused

### Section 14: Immunization

Field Size: 1

Variable Name: [FLUSHOT7]

Question: C13.01 During the past 12 months, have you had either flu vaccine that was sprayed in your nose or flu shot injected into your arm?

NOTE: Read if necessary. A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.

1 = Yes

2 = No - Go to Section 14.03 (Immunization) PNEUVAC4

7 = Don't know/Not sure - Go to Section 14.03 (Immunization) PNEUVAC4

9 = Refused - Go to Section 14.03 (Immunization) PNEUVAC4

Skip Question 14.02, if Section 14.01, FLUSHOT7, is coded 2, 7, or 9

Field Size: 6

Variable Name: [FLSHTMY3]

Question: C14.02 During what month and year did you receive your most recent flu vaccine that was sprayed in your nose or flu shot injected into your arm?

\_\_/ \_\_\_ = Month / Year 777777 = Don't know / Not sure 099999 = Refused

#### Skip Question 14.03, if Section 14.01, FLUSHOT7, is coded 2, 7, or 9;

Field Size: 1

Variable Name: [IMFVPLA5]

#### Question: C14.03 At what kind of place did you get your last flu shot or vaccine?

NOTE: Read if necessary: How would you describe the place where you went to get your most recent flu vaccine? If the respondent indicates that it was a drive through immunization site, ask the location of the site. If the respondent remembers only that it was drive through and cannot identify the location, code 12

- 1 = A doctor's office or health maintenance organization (HMO)
- 2 = A health department
- 3 = Another type of clinic or health center (a community health center)
- 4 = A senior, recreation, or community center
- 5 = A store (supermarket, drug store)
- 6 = A hospital (inpatient or outpatient)
- 7 = An emergency room
- 8 = Workplace
- 9 = Some other kind of place
- 10 = Received vaccination in Canada/Mexico
- 11 = A school
- 12 = A drive though location at some other place than listed above
- 77 = Don't know / Not sure
- 99 = Refused

Field Size: 1

Variable Name: [PNEUVAC4]

Question: C14.04 Have you ever had a pneumonia shot also known as a pneumococcal vaccine?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

## Section 15: HIV/AIDS

Field Size: 1

Variable Name: [HIVTST7]

Question: C15.01 Including fluid testing from your mouth, but not including tests you may have had for blood donation, have you ever been tested for H.I.V?

NOTE: Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

1 = Yes

2 = No - Go to Section 15.01 (Seatbelt Use and Drinking and Driving) SEATBELT

- 7 = Don't know/Not sure Go to Section 15.01 (Seatbelt Use and Drinking and Driving) SEATBELT
- 9 = Refused Go to Section 15.01 (Seatbelt Use and Drinking and Driving) SEATBELT

Variable Name: [HIVTSTD3]

### Question: C15.02 Not including blood donations, in what month and year was your last H.I.V. test?

NOTE: If response is before January 1985, code "777777". If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

11985-122024 = Code month and year 771985-772024 = Unknown month and known year 777777 = Don't know/Not sure 999999 = Refused

## **Alaska Selected CDC Modules**

## **Module 1: Pre-Diabetes**

Skip Question M02.01, if Section 07.12, DIABETE4, is coded 2, 3, 4, 7, 9, or Missing

Field Size: 1

Variable Name: [PDIABTS1]

MO1.01 When was the last time you had a blood test for high blood sugar or diabetes by a doctor, nurse, or other health professional?

- 1 = Within the past year (anytime less than 12 months ago)
- 2 = Within the past 2 years (1 year but less than 2 years)
- 3 = Within the past 3 years (2 years but less than 3 years)
- 4 = Within the past 5 years (3 to 4 years but less than 5 years ago)
- 5 = Within the past 10 years (5 to 9 years but less than 10 years ago)
- 6 = 10 or more years ago
- 7 = Don't know / Not sure
- 8 = Never
- 9 = Refused

Skip Question M01.02, if Section 06.12, DIABETE4, is coded 1; If Section 06.12, DIABETE4, is coded 4 automatically code Module 01.02, PREDIAB2, equal to 1 (yes);

Field Size: 1

Variable Name: [PREDIAB2]

M01.02 Has a doctor or other health professional ever told you that you had prediabetes or borderline diabetes?

1 = Yes 2 = Yes, during pregnancy 3 = No 7 = Don't know/Not sure

9 = Refused

## Module 24: Sexual Orientation and Gender Identity (SOGI)

#### Skip Question M24.01, if respondent sex, SEXVAR, is coded 2;

#### The next two questions are about sexual orientation and gender identity.

Field Size: 1

Variable Name: [SOMALE]

#### Question: M24.01 Which of the following best represents how you think of yourself?

- 1 = Gay 2 = Straight, that is, not gay 3 = Bisexual 4 = Something else 7 = I don't know the answer
- 9 = Refused

Skip Question M24.01, if respondent sex, SEXVAR, is coded 1;

Field Size: 1

Variable Name: [SOFEMALE]

#### Question: M24.02 Which of the following best represents how you think of yourself?

1 = Lesbian or Gay
2 = Straight, that is, not gay
3 = Bisexual
4 = Something else
7 = I don't know the answer
9 = Refused

Field Size: 1

Variable Name: [TRNSGNDR]

#### Question: M24.03 Do you consider yourself to be transgender?

Note: If yes, ask "Do you consider yourself to be male-to-female, female-to-male, or gender non-conforming?

- 1 = Yes, Transgender, male-to-female
- 2 = Yes, Transgender, female to male
- 3 = Yes, Transgender, gender nonconforming
- 4 = No
- 7 = Don't know/not sure
- 9 = Refused

## Module 18: Sugar Sweetened Beverages

Field Size: 3

Variable Name: [SSBSUGR2]

Question: M18.01 During the past 30 days, how often did you drink regular soda or pop that contains sugar? Do not include diet soda or diet pop. You can answer times per day, week, or month: for example, twice a day, once a week, and so forth.

1 \_ Times per day (RANGE 101-199)

2 \_ Times per week (RANGE 201-299)

3 \_ Times per month (RANGE 301-399) [NUMBER BOX]

DO NOT READ: 888 = None 777 = Don't Know / Not Sure 999 = Refused

Field Size: 3

Variable Name: [SSBFRUT3]

Question: M18.02 During the past 30 days, how often did you drink sugar-sweetened fruit drinks (such as Kool-aid<sup>™</sup> and lemonade), sweet tea, and sports or energy drinks (such as Gatorade<sup>™</sup> and Red Bull<sup>™</sup>)? Do not include 100% fruit juice, diet drinks, or artificially sweetened drinks. You can answer times per day, week, or month: for example, twice a day, once a week, and so forth.

1 \_ Times per day (RANGE 101-199)

2 \_ Times per week (RANGE 201-299)

3 \_ Times per month (RANGE 301-399) [NUMBER BOX]

DO NOT READ: 888 = None 777 = Don't Know/Not Sure 999 = Refused

## Module 11: Cognitive Decline

#### Skip M11.01 C07.01 < 45 or Missing

The next few questions ask about difficulties in thinking or memory that can make a big difference in everyday activities. We want to know how these difficulties may have impacted you.

Field Size: 1

Variable Name: [SSBSUGR2]

Question: M11.01 During the past 12 months, have you experienced difficulties with thinking or memory that are happening more often or are getting worse?

1 = Yes

2 = No - Go to next module

7 = Don't know/Not Sure - Go to next module

9 = Refused - Go to next module

Variable Name: [CDWORRY]

### Question: M11.02 Are you worried about these difficulties with thinking or memory?

1 = Yes 2 = No 7 = Don't know/Not Sure 9 = Refused

Skip M11.02 if M11.01=2, 7, 9 or Missing; or C07.01 < 45 or Missing.

Field Size: 1

Variable Name: [CDDISCUT]

Question: M11.03 Have you or anyone else discussed your difficulties with thinking or memory with a health care provider?

1 = Yes 2 = No 7 = Don't know/Not Sure 9 = Refused

Skip M11.02 if M11.01=2, 7, 9 or Missing; or C07.01 < 45 or Missing.

Field Size: 1

Variable Name: [CDHOUS1]

Question: M11.04 During the past 12 months, have your difficulties with thinking or memory interfered with day-to-day activities, such as managing medications, paying bills, or keeping track of appointments?

1 = Yes 2 = No 7 = Don't know/Not Sure 9 = Refused

Skip M11.02 if M11.01=2, 7, 9 or Missing; or C07.01 < 45 or Missing.

Field Size: 1

Variable Name: [CDSOCA1]

Question: M11.05 During the past 12 months, have your difficulties with thinking or memory interfered with your ability to work or volunteer?

1 = Yes

2 = No

7 = Don't know/Not Sure

9 = Refused

## Module 14: Social Determinants and Health Equity

Field Size: 1

Variable Name: [LSATISFY]

#### Question: M14.01 In general, how satisfied are you with your life?

- 1 = Very satisfied
- 2 = Satisfied
- 3 = Dissatisfied
- 4 = Very dissatisfied
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [EMTSUPRT]

Question: M14.02 How often do you get the social and emotional support you need? NOTE: If asked, say "please include support from any source."

- 1 = Always
- 2 = Usually
- 3 = Sometimes
- 4 = Rarely
- 5 = Never
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [SDLONELY]

#### Question: M14.03 How often do you feel lonely? Is it...

NOTE: If asked, say "please include support from any source."

- 1 = Always
- 2 = Usually
- 3 = Sometimes
- 4 = Rarely
- 5 = Never
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [SDHEMPLY]

#### Question: M14.04 In the past 12 months have you lost employment or had hours reduced?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not Sure
- 9 = Refused

Variable Name: [FOODSTMP]

Question: M14.05 During the past 12 months, have you received food stamps, also called SNAP, the Supplemental Nutrition Assistance Program on an EBT card?

1 = Yes 2 = No 7 = Don't Know/ Not sure 9 = Refused

Field Size: 1

Variable Name: [SDHFOOD1]

Question: M14.06 During the past 12 months how often did the food that you bought not last, and you didn't have money to get more? Was that...

1 = Always 2 = Usually 3 = Sometimes 4 = Rarely 5 = Never

7 = Don't know/not sure 9 = Refused

Field Size: 1

Variable Name: [SDHBILLS]

Question: M14.07 During the last 12 months, was there a time when you were not able to pay your mortgage, rent or utility bills?

1 = Yes 2 = No 7 = Don't Know/ Not sure 9 = Refused

Field Size: 1

Variable Name: [SDHUTILS]

Question: M14.08 During the last 12 months was there a time when an electric, gas, oil, or water company threatened to shut off services?

1 = Yes 2 = No 7 = Don't Know/ Not sure

9 = Refused

Field Size: 1

Variable Name: [SDHTRNSP]

Question: M14.09 During the past 12 months has a lack of reliable transportation kept you from medical appointments, meetings, work, or from getting things needed for daily living?

1 = Yes 2 = No 7 = Don't Know/ Not sure 9 = Refused

Field Size: 1

Variable Name: [HOWSAFE1]

Question: M14.10 How safe from crime do you consider your neighborhood to be?

1 = Extremely safe 2 = Safe 3 = Unsafe 4 = Extremely unsafe 5 = Never 7 = Don't know/Not sure 9 = Refused

## Module 25: Family Planning

Skip Question M25.01, if Section 07.01, AGE, is greater than 49; or Section 08.16, PREGNANT, is coded 1; or Section 10.07, HADHYST2, is coded 1; or SEXVAR is coded 1, or BIRTHSEX is coded 1;

The next set of questions asks you about your experiences preventing pregnancy and using birth control, also known as family planning. Questions that ask about sexual intercourse are referring to sex where a penis is inserted into the vagina.

Field Size: 1

Variable Name: [HADSEX]

Question: M25.01 In the past 12 months, did you have sexual intercourse?

1 = Yes

2 = No - Go to next module

7 = Don't know/Not Sure - Go to next module

9 = Refused - Go to next module

Skip Question M25.04, if Section 07.01, AGE, is greater than 49; or Section 08.16, PREGNANT, is coded 1; or Section 10.07, HADHYST2, is coded 1; or SEXVAR is coded 1, or Module 25.01, HADSEX, is coded 2, 7, 9 or Missing; or Module 25.03, TYPCNTR9, is not missing; or Module 25.02, PFPPRVN4, is coded 7, 9, or Missing;

Some things people do to keep from getting pregnant include not having sex at certain times of the month, pulling out, using birth control methods such as the pill, implant, shots, condoms, or IUD, having their tubes tied, or having a vasectomy.

Field Size: 1 Variable Name: [PFPPRVN4] Question: M25.02 The last time you had sexual intercourse, did you or your partner do anything to keep you from getting pregnant?

1 = Yes

2 = No - Go to Module 25.04 (Family Planning) NOBCUSE8

7 = Don't know/Not Sure - Go to next module

9 = Refused - Go to next module

Skip Question M25.03, if Section 07.01, AGE, is greater than 49; or Section 08.16, PREGNANT, is coded 1; or Section 10.07, HADHYST2, is coded 1; or SEXVAR is coded 1; or Module 25.01, HADSEX, is coded 2, 7, 9 or Missing; or Module 25.02, PFPPRVN4, is coded 2, 7, 9, or Missing;

Field Size: 2

Variable Name: [TYPCNTR9]

# Question: M25.03 The last time you had sexual intercourse, what did you or your partner do to keep you from getting pregnant?

NOTE: If respondent reports using two methods, please code the method that occurs first on the list. If respondent reports 'other method, ask respondent to 'please be specific' and ensure that their response does not fit into another category. If response does fit into another category, please mark appropriately.

- 1 = Female sterilization (Tubal ligation, Essure, or Adiana) Go to next module
- 2 = Male sterilization (vasectomy) Go to next module
- 3 = Contraceptive implant Go to next module
- 4 = Intrauterine device or IUD (Mirena, Levonorgestrel, ParaGard) Go to next module
- 5 = Shots (Depo-Provera) Go to next module
- 6 = Birth control pills, Contraceptive Ring (NuvaRing), Contraceptive patch (Ortho Evra) Go to next module
- 7 = Condoms (male or female) Go to next module
- 8 = Diaphragm, cervical cap, sponge, foam, jelly, film, or cream Go to next module
- 9 = Had sex at a time when less likely to get pregnant (rhythm or natural family planning) Go to next module
- 10 = Withdrawal or pulling out Go to next module
- 11 = Emergency contraception or the morning after pill (Plan B or ella) Go to next module
- 12 = Other method Go to next module
- 77 = Don't know/Not sure Go to next module
- 99 = Refused Go to next module

Skip Question M25.04, if Section 07.01, AGE, is greater than 49; or Section 08.16, PREGNANT, is coded 1; or Section 10.07, HADHYST2, is coded 1; or SEXVAR is coded 1; or Module 25.01, HADSEX, is coded 2, 7, 9 or Missing; or Module 25.03, TYPCNTR9, is not missing; or Module 25.02, PFPPRVN4, is coded 7, 9, or Missing;

Some reasons people might not do anything to keep from getting pregnant might include wanting a pregnancy, not being able to pay for birth control, or not thinking that they can get pregnant.

Field Size: 2

Variable Name: [NOBCUSE8]

# Question: M25.04 The last time you had sexual intercourse, what did you or your partner do to keep you from getting pregnant?

NOTE: If respondent reports using two methods, please code the method that occurs first on the list. If respondent reports 'other method, ask respondent to 'please be specific' and ensure that their response does not fit into another category. If response does fit into another category, please mark appropriately.

- 1 = You didn't think you were going to have sex/no regular partner
- 2 = You just didn´t think about it
- 3 = You wanted a pregnancy

- 4 = You didn´t care if you got pregnant
- 5 = You or your partner didn't want to use birth control (side effects, don't like birth control)
- 6 = You had trouble getting or paying for birth control
- 7 = You didn't trust giving out your personal information to medical personnel
- 8 = Didn´t think you or your partner could get pregnant (infertile or too old)
- 9 = You were using withdrawal or "pulling out"
- 10 = You had your tubes tied (sterilization)
- 11 = Your partner had a vasectomy (sterilization)
- 12 = You were breast-feeding or you just had a baby
- 13 = You were assigned male at birth

14 = Other reasons

- 77 = Don't know/Not sure
- 99 = Refused

## **Alaska State Added Sections**

#### **AK State Added Section 1: Health Care Access**

Inserted into Core Section 3: Healthcare Access after 03.04

Skip Question AK01.01, if Section 03.04 is coded 1. If Section 03.04 is coded 1, autofill AK01.01 as 1.

Field Size: 1

Variable Name: [GETCARE]

Question: AK01.01. During the past 12 months, have you seen a doctor, nurse, or other health professional to get ANY kind of care for yourself?

1 = Yes 2 = No 7 = Don't know/ Not sure 9 = Refused

## **AK State Added Section 2: Hypertension**

Inserted into Core Section 6: Chronic Health Conditions

Field Size: 1

Variable Name: [BPHIGH6]

#### Question: AK02.01. (Ever told) you had high blood pressure?

1 = Yes

- 2 = Yes, but female told only during pregnancy
- 3 = No
- 4 = Told borderline high or pre-hypertensive or elevated blood pressure
- 7 = Don't know/ Not sure
- 9 = Refused

## **AK State Added Section 3: Borough**

Inserted into Core Section 7: Demographics after 07.08

Skip question AK03.01 if 07.08 not in 77777, 99999, or Missing;

Field Size: 2, 35

Variable Name: [AKCENSUS] [AKCENTXT]

#### Question: AK03.01 In which borough, census area, or municipality do you currently live?

Note: Text answer is coded into Alaska geographic regions (public health, behavioral health system, and tribal health organization)

01 = Response\_\_\_\_\_ [TEXT BOX] 77 = Don't know/ Not sure 99 = Refused

## AK State Added Section 4: Income

Inserted into Core Section 7: Demographics in 07.15

Field Size: 2

Variable Name: [INCOME200]

#### Question: AK04.01 Is your annual household income from all sources:

NOTE: If respondent refuses at any income level, code "Refused."

[Alaska obtained approval to expand answer options for this core CDC question. The modification to this question's response set allows us to better estimate poverty levels for large households with higher incomes.]

1 = Less than \$10,000
2 = Less than \$15,000 (\$10,000 to less than \$15,000)
3 = Less than \$20,000 (\$15,000 to less than \$20,000)
4 = Less than \$25,000 (\$20,000 to less than \$20,000)
5 = Less than \$35,000 (\$25,000 to less than \$35,000)
6 = Less than \$50,000 (\$35,000 to less than \$35,000)
6 = Less than \$75,000 (\$50,000 to less than \$50,000)
7 = Less than \$75,000 (\$50,000 to less than \$75,000)
8 = Less than \$85,000 (\$75,000 to less than \$75,000)
9 = Less than \$100,000 (\$85,000 to less than \$100,000)
10 = Less than \$150,000? (\$100,000 to less than \$150,000)?
11 = Less than \$200,000? (\$150,000 to less than \$200,000)
12 = \$200,000 or more
77 = Don't know/Not sure

99 = Refused

## **AK State Added Section 5: Tobacco**

Inserted into Core Section 11: Tobacco Use

Variable Name: [LASTSMK6]

Question: AK05.01. About how long has it been since you last smoked cigarettes regularly? Was that...

6 = 10 years or more
5 = At least 5 years but less than 10 years ago
4 = More than a year ago (but less than 5 years ago)
3 = About 1 year ago
2 = At least 3 months but less than 1 year ago
1 = Less than 3 months ago
7 = Don't know/ Not sure
9 = Refused

Field Size: 1

Variable Name: [STOPSMK2]

Question: AK05.02. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

1 = Yes 2 = No 7 = Don't know/ Not sure 9 = Refused

Skip Question AK05.03, if Section 11.02 is coded 3, 7, 9, or Missing, or if Question AK01.02 is coded 2, 7, 9 or Missing

Field Size: 1

Variable Name: [QUITSMOK]

Question: AK05.03 In the past 12 months, has a doctor, nurse, or other health professional advised you to quit smoking?

1 = Yes 2 = No 7 = Don't know/ Not sure 9 = Refused

Skip Question AK05.04c, if Section 11.03 is coded 3, 7, 9, or Missing

Field Size: 1

Variable Name: [IQMKNOW]

Question: AK05.04c. (Do you currently use...) Iq'mik or blackbull?

1 = Yes 2 = No 7 = Don't know/ Not sure

## **AK State Added Section 6: Self-Monitored Blood Pressure**

Field Size: 1

Variable Name: [HOMBPCHK]

Question: AK06.01. Has your doctor nurse or other health professional recommended you check your blood pressure outside of the office or at home?

1 = Yes 2 = No 7 = Don't know/ Not sure 9 = Refused

Field Size: 1

Variable Name: [HOMBPCHK]

Question: AK06.02. Do you regularly check your blood pressure outside of your healthcare professional's office or at home?

1 = Yes 2 = No 7 = Don't know/ Not sure 9 = Refused

Skip Question 06.03, if AK 06.02 is coded 2, 7, 9.

Field Size: 1

Variable Name: [WHEREBP]

Question: AK06.03. Do you take it mostly at home or on a machine at a pharmacy, grocery or similar location?

1 = Yes 2 = No 7 = Don't know/ Not sure 9 = Refused

Skip Question 06.0, if AK 06.02 is coded 2, 7, 9.

Field Size: 1

Variable Name: [SHAREBP]

Question: AK06.04. How do you share your blood pressure numbers that you collected with your health professional? Is it mostly by telephone, other methods such as emails, internet portal or fax, or in person?

1 = Telephone

- 2 = Other methods such as email, internet portal, or fax
- 3 = In person
- 4 = Do not share information
- 7 = Don't know/ Not sure
- 9 = Refused

### **AK State Added Section 7: Reactions to Race**

Inserted after Social Determinants of Health and Health Equity Module

Field Size: 2

Variable Name: [RTORACE]

Question: AK07.01 Earlier I asked you to self-identify your race. Now I will ask, how do other people usually classify your race in this country. Would you say: White, Black or African American, Hispanic or Latino, Asian, Native Hawaiian or Other Pacific Islander, Alaska Native or American Indian, or some other group?

NOTE: If the respondent requests clarification of this question, say: "We want to know how OTHER people usually classify you in this country, which might be different from how you classify yourself."

01 = White 02 = Black or African American 03 = Hispanic or Latino 04 = Asian 05 = Native Hawaiian or Other Pacific Islander 06 = Alaska Native or American Indian 08 = Some other group 77 = Don't know/ Not sure 99 = Refused

## **Closing Statement**

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in this state. Thank you very much for your time and cooperation.