Alaska (Recoded Race) High School Survey

			Н	ealth Ri	sk Beh	avior an	d Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
						er wore		le helme	et (amon	ig studei	nts who	had			
idden a	i bicycle	e during	the 121	nonths t	before th	ie survey	7)	76.0	72.5	72.3	64.3	64.6	Decreased, 2007-2015	Not available [§]	No change
QN9: F	Percenta					e survey /er wore							Decreased, 2007-2015	Not available [§]	No change
QN9: F	Percenta												Decreased, 2007-2015 No linear change	Not available [§] Not available	No change No change
QN9: F someon QN10:	Percenta e else) Percent	ge of st	idents w	/ho rarel who rod	y or nev e with a		a seat b	elt (whe 7.0 been dr	en riding 12.1	g in a car 8.7	r driven 10.1	by 9.4			

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			Н	ealth R	isk Beh	avior an	d Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
days be	Percen efore the the surv	e survey,	students among	who dro students	ove when s who ha	n drinkir 1d driver	ng alcoh n a car o	ol (one r other v	or more vehicle o	times d during th	uring the	e 30 ys			
											3.4	5.6	Increased, 2013-2015	Not available [§]	Increased
QN12:	Percen	tage of s	students	who tex	ted or e-	-mailed	while dr	iving a	car or o	ther veh	icle (on	at least			
1 day d	luring th	ie 30 day	students ys before ore the st	e the sur	ted or e- vey, am	-mailed ong stud	while dr lents wh	iving a o had d	car or o riven a o	ther veh car or ot	icle (on her vehic 34.2	at least	No linear change	Not available	No change
1 day d during QN15:	luring th the 30 d Percen	tage of s	ys before ore the so	e the sur urvey) who car	vey, am	ong stud	lents wh	o had d	riven a o	car or ot	her vehi	at least cle 35.1		Not available	No change
1 day d during QN15:	luring th the 30 d Percen	tage of s	ys before ore the so	e the sur urvey) who car	vey, am	ong stud	lents wh	o had d	riven a o	car or ot	her vehio 34.2	at least cle 35.1		Not available Not available	No change No change
1 day d during QN15: club on QN16:	luring th the 30 d Percen at least Percen	tage of s tage of s	ys before ore the so students uring the	e the sur urvey) who car e 30 day who did	vey, am ried a w vs before	ong stud reapon o e the surv	lents wh	l proper 8.4	ty (such 7.8	as a gui 5.7	her vehio 34.2 n, knife,	at least cle 35.1 or 8.2	No linear change		

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			Н	ealth R	isk Beh	avior aı	nd Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	Percent the surv		students	who we	re in a p	hysical	fight (oi	ne or mo	ore times	s during	the 12 r	nonths			
		•						29.2	27.8	23.7	22.7	20.1	Decreased, 2007-2015	Not available [§]	No change
			students ey; inju							re times	during 2.9	the 12 3.0	No linear change	Not available	
								5.5	5.0	5.0	2.9	5.0	No inical change	Not available	No change
	Percent d not wa		students	who we	ere ever	physical	ly force				urse (wh		No miear change	inot available	No change
			students	who we	ere ever	physical	ly force						No linear change	Not available	No change No change

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	Hea	lth Risk B	ehavior a	nd Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993 199	5 1997 1	.999 200	1 2003	2005	2007	2009	2011	2013	2015			
QN23: Percentage of 12 months before the intercourse when the who dated or went of the other than the	e survey, incl y did not wa	uding kissi nt to by sor	ng, touchi neone the	ng, or be y were da	ing phy ating or	sically f going o	forced to) have se	exual			
								11.4	10.1	No linear change	Not available [§]	No change
	of students w	no were bul	lied on sc	hool pro	perty (d	uring th	e 12 mo	onths bef	ore the			
	of students wi	no were bul	llied on sc	hool pro	perty (d	uring th 20.7	e 12 mo 23.0	onths bef 20.7	Fore the 22.8	No linear change	Not available	No change
survey) QN25: Percentage of	of students with	no were ele	ctronically	y bullied	(includi	20.7	23.0	20.7	22.8	No linear change	Not available	No change
QN24: Percentage of survey) QN25: Percentage of e-mail, chat rooms, i	of students with	no were ele	ctronically	y bullied	(includi	20.7	23.0	20.7	22.8	No linear change No linear change	Not available Not available	No change No change
survey) QN25: Percentage of	of students with the stant messa	no were ele ging, websi	ctronically ites, or tex	y bullied ting duri	(including the 1	20.7 ing bein 2 mont	23.0 ng bullie hs befor 15.3 2 or mor	20.7 d throug e the sur 14.7 re weeks	22.8 h tvey) 17.7			

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	nd Viole		Н	ealth R	isk Beh	avior aı	nd Perco	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	Percent the surv		tudents	who ser	iously c	considere	ed attem	pting su	icide (d	uring the	e 12 moi	nths			
berore	uie sui v	()						16.5	13.9	14.5	16.2	20.1	No linear change	Not available [§]	Increased
	Percent before			who ma	de a pla	n about	how the	y would	l attemp	t suicide	e (during	the 12			
								14.2	11.7	12.8	13.9	16.7	No linear change	Not available	No change
	Percent the surv		tudents	who atte	empted	suicide ((one or r	nore tin	nes durir	ng the 12	2 months	5			
								10.7	8.5	8.7	8.4	10.7	No linear change	Not available	No change
			tudanta	1	amntad	suicide (hat resu	lted in a	n injury	, poison	ing, or				
	Percent se that h					urse (du				ore the s	urvey)				

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obacco Use		H	ealth R	isk Beh:	avior an	d Perce	entages					Linear Change [*]	Quadratic Change*	Change from 2013-2015 †
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN31: Percenta	age of st	udents	who eve	er tried c	cigarette	smokin	g (even	one or t	wo puffs	s)				
							52.7	47.5	44.3	35.7	32.5	Decreased, 2007-2015	Not available [§]	No change
QN32: Percenta	age of st	udents	who sm	oked a v	whole cig	garette b	efore ag	ge 13 ye	ars (for	the first	time)			
							16.1	12.8	11.1	9.4	8.9	Decreased, 2007-2015	Not available	No change
		udanta	who cur	rently s	moked c	igarette	s (on at	least 1 d	lay durir	ng the 30) days			
QN33: Percenta	age of st y)	udents		-										
QN33: Percenta pefore the surve	age of st y)	udents		2			17.8	15.7		10.6	11.1	Decreased, 2007-2015	Not available	No change
QN33: Percenta before the surve QNFRCIG: Per during the 30 da	y)	of stud	ents wh			iently si	17.8	15.7	14.1			Decreased, 2007-2015	Not available	No change
before the surve	y)	of stud	ents wh			uently su	17.8	15.7	14.1			Decreased, 2007-2015 Decreased, 2007-2015	Not available Not available	No change No change
before the surve	y) centage lys befor Percenta	of stud re the su ge of stu	ents wh irvey)	o curren	ntly frequ	-	17.8 noked c 7.4	15.7 Sigaretter 5.1	14.1 s (on 20 5.2	or more 3.9	e days 3.7			

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otal obacco Use		Н	ealth Ri	isk Beh	avior ar	nd Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN34: Percent before the surve											/8			
							4.1	5.3	5.7	2.4	4.7	No linear change	Not available [§]	No change
QN36: Percent smoked cigarett	es durin	g the 12	month	s before	the surv	vey)	61.3	58.2	68.0	67.1	59.5	No linear change	Not available	No change
QN37: Percent on at least 1 day						keless to	obacco (10.4	(chewing) 13.6	g tobacc 8.4	o, snuff 9.1	, or dip 11.7	No linear change	Not available	No change
QN38: Percent least 1 day duri						cigars (ci	igars, ci	garillos,	or little	cigars o	on at			
							10.1	10.3	10.3	7.3	7.1	Decreased, 2007-2015	Not available	No change
QNTOB3: Pero least 1 day duri						cigarette	es, cigar	s, or sm	okeless	tobacco	(on at			
							26.4	28.1	22.9	19.6	20.8	Decreased, 2007-2015	Not available	No change

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	He	alth Ri	sk Beha	avior an	d Perce	ntages					Linear Change [*]	Quadratic Change*	Change from 2013-2015 [†]
1991 1993 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNTOB2: Percentage the 30 days before the		nts who	current	ly smoke	ed cigare	ettes or	cigars (o	on at lea	st 1 day	during			
ne 50 days before the	survey)					22.1	21.0	20.2	14.9	14.8	Decreased, 2007-2015	Not available ⁸	No change
QNNOTOB3: Percen	itage of stu					e cigare					Decreased, 2007-2015	Not available [§]	No change
QNNOTOB3: Percen	itage of stu					e cigare					Decreased, 2007-2015 Increased, 2007-2015	Not available [§] Not available	No change No change
QNNOTOB3: Percen obacco (on at least 1 QNNOTOB2: Percen day during the 30 day	ttage of stu day during	g the 30	days be	efore the	survey)	e cigaret 75.9	ttes, ciga 74.8	ars, or si 80.0	nokeles 82.9	81.6			

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	Healt	n Risk Beh	navior an	d Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993 1995	1997 19	99 2001	2003	2005	2007	2009	2011	2013	2015			
QN41: Percentage of st during their life)	udents who	ever drank	c alcohol	(at least	one dri	nk of al	cohol on	at least	1 day			
					73.6	66.6	65.0	58.4	54.4	Decreased, 2007-2015	Not available [§]	No change
QN42: Percentage of st few sips)	udents who	drank alco	bhol befor	re age 1	3 years	(for the	first time	e other t	han a			
					20.4	16.9	16.9	13.7	14.3	Decreased, 2007-2015	Not available	No change
QN43: Percentage of st day during the 30 days b			drank alco	ohol (at	least on	e drink	of alcoh	ol on at	least 1			
					39.7	33.2	28.6	22.5	22.0	Decreased, 2007-2015	Not available	No change
QN44: Percentage of st hours on at least 1 day d					of alcohe	ol in a ro	ow (with	in a cou	ple of			
					25.8	21.7	16.7	12.8	12.5	Decreased, 2007-2015	Not available	No change
	udents who	usually ob	tained th	e alcoho	ol they d	lrank by	someon	e giving	g it to			
QN46: Percentage of st them (among students w												

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		H	lealth Ri	sk Behavi	ior and Pero	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991 1	993 1995	5 1997	1999	2001 2	2003 2005	2007	2009	2011	2013	2015			
QN47: Pe	ercentage of	f students	who eve	r used ma	rijuana (one	or more	times du	ring the	ir life)				
						44.7	44.5	41.2	39.0	38.8	Decreased, 2007-2015	Not available [§]	No change
QN48: Pe	ercentage of	f students	who trie	d marijuai	na before age	e 13 year	s (for th	e first tii	ne)	·			
						11.9	10.0	10.4	10.4	9.9	No linear change	Not available	No change
QN49: Pe		f students	who cur	rently used	d marijuana	(one or n	nore tim	es durin	g the 30	days			
	,					20.5	22.7	21.2	19.7	19.0	No linear change	Not available	No change
	arcontago o				aine (any fo	rm of co	caine, su	ch as po	wder, ci	rack,			
	e, one or m	ore times	uuring ti	ien me)									
		ore times	uuring ti	ien me)		7.8	7.4	4.9	5.8	4.6	Decreased, 2007-2015	Not available	No change
or freebas	e, one or m	f students	who eve	r used inh	alants (sniffe	ed glue, t	oreathed	the cont	tents of a		Decreased, 2007-2015	Not available	No change

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			Н	ealth R	isk Beh	avior aı	nd Perco	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	Percent more tin				er used l	neroin (a	ulso calle	ed "sma	ck," "jur	1k," or "(China w	hite,"			
								1.6	3.3	2.4	2.2	2.2	No linear change	Not available [§]	No change
				who eve imes du			phetamii	nes (also	o called	"speed,"	"crystal	l,"			
							phetamin	nes (also 4.6	called 3.6	"speed," 3.1	"crystal 2.6	2.6	Decreased, 2007-2015	Not available	No change
Crank	" or "ice	e," one of stage of s	r more t	imes du	ring the	ir life)		4.6	3.6	3.1	2	2.6	Decreased, 2007-2015	Not available	No change
Crank	" or "ice Percent	e," one of stage of s	r more t	imes du	ring the	ir life)		4.6	3.6	3.1	2.6	2.6	Decreased, 2007-2015 Decreased, 2007-2015	Not available Not available	No change No change
Crank QN54: during QN57:	" or "ice Percent their life Percent Contin,	tage of s	r more t tudents tudents	imes du who eve	ring the er used of er took p	ir life) ecstasy (prescript	also call	4.6 led "ME 7.5 gs witho	3.6 DMA," o 7.1 ut a doct	3.1 ne or me 5.7 tor's prea	2.6 ore time	2.6 s 4.1			

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Fotal Sexual Behaviors	F	lealth R	isk Beh	avior ar	nd Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN60: Percentage of	students	who eve	er had se	exual int	ercourse	e 45.1	43.5	38.3	38.6	35.9	Decreased, 2007-2015	Not available [§]	No change
QN61: Percentage of	students	who ha	d sexual	intercou	urse befo	ore age	13 years	(for the	first tin	ne)			
						4.4	5.1	4.4	4.5	3.7	No linear change	Not available	No change
QN62: Percentage of life)	students	who ha	d sexual	intercou	urse with	n four o	r more p	ersons (during t	heir			
						13.4	11.4	9.7	10.5	8.8	Decreased, 2007-2015	Not available	No change
QN63: Percentage of one person during the					ually act	tive (sex	ual inte	rcourse	with at l	east			
						30.9	30.4	25.2	24.7	25.6	Decreased, 2007-2015	Not available	No change
QN64: Percentage of students who were cu				hol or us	sed drug	s before	last sex	ual inte	rcourse	(among			
						22.1	17.1	18.4	15.3	15.2	Decreased, 2007-2015	Not available	No change

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			Н	ealth R	isk Beh	avior aı	nd Perco	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
.991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
N65:	Percent ere curre	age of s	tudents	who use tive)	d a con	dom (du	ring las	t sexual	intercou	rse amo	ng stude	ents			
10			uuii) uu					60.8	62.2	59.6	60.4	61.9	No linear change	Not available [§]	No change
							pills (bei y active)		sexual i	ntercou	rse to pr	event			
								22.9	26.0	18.7	23.4	18.9	No linear change	Not available	No change
mplan		xplanoi	n) (befor								mplant (udents v				
mplan	on or Ne	xplanoi	n) (befor										No linear change	Not available	No change
mplan vere cu QNSHI or birth	on or Neurrently	explanor sexually Percent ring (e.	n) (befor active) age of st g., Nuva	e last se	who use	ercourse	e to prev (e.g., D	ent preg	nancy a	mong st	udents v	who 9.7 Evra),	No linear change	Not available	No change

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			Н	ealth Ri	isk Beh	avior an	nd Perce	entages					Linear Change [*]	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
batch, o	or birth (control 1	ring (bef	ore last	who use sexual i	d birth c ntercour	control p rse to pre	ills; an l event pro	UD or i egnancy	implant; among	or a sho students	ot, 5 who			
vere cu	urrently	sexually	(active)								36.3	35.1	No linear change	Not available [§]	No change
QNDU UD or	ALBC:	Percen	tage of s	tudents h, or birt	th contro	ol ring b	efore las	st sexual			36.3 ol pills; prevent	an	No linear change	Not available [§]	No change
QNDU IUD or	ALBC:	Percent t; or a sh	tage of s	tudents h, or birt	th contro	ol ring b	efore las	st sexual			ol pills;	an	No linear change	Not available ⁸ Not available	No change No change
IÙD or and pre	ALBC: implant egnancy NONE:	Percent t; or a sh among	tage of s not, patcl students tage of s	tudents h, or birt who we tudents	th contro ere curre who did	ol ring benchmarked benchmarke	efore las ually act	st sexual tive) thod to j	interco	ourse (to	ol pills; prevent	an STD 16.2			

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otal ⁷ eight Manag	gement an		·	aviors lisk Beha	avior an	nd Perco	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNOWT: Pe body mass inc														
							16.1	14.4	14.4	13.7	16.7	No linear change	Not available [¶]	No change
QNOBESE: on sex- and a									ody mas	s index,	based			
							11.0	11.9	11.5	12.4	14.0	No linear change	Not available	No change
QN69: Perce	ntage of s	tudents	who dea	scribed t	hemselv	es as sli	ightly or	very ov	verweigh	nt				
							30.7	29.3	28.9	29.0	31.9	No linear change	Not available	No change
QN71: Perce during the 7 d				l not drii	nk fruit j	uice (10	00% frui	t juices	one or n	nore tim	ies			
							21.2	22.5	20.5	26.9	28.1	Increased, 2007-2015	Not available	No change
QN72: Perce	ntage of s	tudents	who dic	l not eat	fruit (on	ne or mo	ore times	during	the 7 da	iys befoi	re the			
survey)														

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. Not enough years of data to calculate.

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eight]	Manage	ment ar	nd Dieta H	•		avior ar	nd Perco	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	0: Perce the surv		f studen	ts who d	lid not e	at fruit c	or drink	100% fr	uit juice	s (durin	g the 7 c	lays			
								6.0	5.0	4.8	5.7	5.3	No linear change	Not available [§]	No change
			f studen ore the su		te fruit o	or drank	100% f	ruit juic	es one o	r more t	imes per	r day			
								58.4	59.5	60.9	61.8	56.4	No linear change	Not available	Decreased
			f studen ore the su		te fruit	or drank	100% f	ruit juic	es two o	r more t	imes pe	r day			
								26.9	27.5	32.0	29.3	28.6	No linear change	Not available	No change
QNFR during	3: Perce g the 7 d	entage of ays befo	f studen ore the su	ts who a urvey)	te fruit	or drank	100% f	ruit juic	es three	or more	times p	er day			
								15.2	16.1	21.3	18.4	17.3	No linear change	Not available	No change
											-				
QN73:	Percen	tage of s	students	who did	l not eat	salad (d	luring th	e 7 days	s before	the surv	ey)				

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_	Manage			·		avior ar	nd Perco	entages					Linear Change [*]	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN74:	Percent	tage of s	tudents	who did	l not eat	potatoe	s (during	g the 7 d	lays befo	ore the s	urvey)				
								34.6	31.9	32.0	34.2	33.9	No linear change	Not available [§]	No change
QN75:	Percent	tage of s	tudents	who did	l not eat	carrots	(during	the 7 da	ys befor	e the su	rvey)				
								42.5	42.5	40.0	41.4	43.7	No linear change	Not available	No change
QN76:	Percent	tage of s	students	who did	l not eat	other ve	getable	s (during	g the 7 d	lays bef	ore the s	urvey)			
								13.8	16.1	15.2	14.6	14.9	No linear change	Not available	No change
	fries, fr					t eat veg arrots, or							No linear change	Not available	No change

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			H	ealth Ri	isk Beh	avior an	d Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
potatoe	s [exclu		ench frie	ents who es, fried							en salad, etables, d	luring			
			•					61.0	63.9	65.9	63.4	63.7	No linear change	Not available [§]	No change
ootatoe	s [exclu	ding Fre	ench frie	ents who es, fried							en salad, etables, d				
potatoe	s [exclu		ench frie								tables, d		Increased, 2007-2015	Not available	No change
potatoe the 7 da QNVE potatoe	s [exclu ays befo G3: Per s [exclu	ding Fre ore the su	ench frie irvey) of stude ench frie	es, fried performed to the second sec	potatoes	etables t	to chips	23.4 more tir	26.0	29.9 day (gre	tables, d	luring 28.3 I,	Increased, 2007-2015	Not available	No change
potatoe the 7 da QNVE potatoe	s [exclu ays befo G3: Per s [exclu	ding Fre re the su centage ding Fre	ench frie irvey) of stude ench frie	es, fried performed to the second sec	potatoes	etables t	to chips	23.4 more tir	26.0	29.9 day (gre	30.7 een salad	luring 28.3 I,	Increased, 2007-2015	Not available Not available	No change No change
potatoe the 7 da QNVE potatoe the 7 da QN77:	s [exclu ays befo G3: Per s [exclu ays befo Percent	ding Fra ore the su ccentage ding Fra ore the su tage of s	of stude arvey) of stude ench frie arvey)	es, fried	o ate veg potatoes	etables t , or pota	to chips hree or to chips	23.4 more tir 5], carrot 10.0	26.0 nes per ts, or oth 13.2	29.9 day (gre her vege 15.1	30.7 30.7 een salad tables, d	luring 28.3 I, luring 14.2			

Alaska (Recoded Race) High School Survey

			Н	ealth R	isk Beha	avior an	d Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
						t a can, t					ne or mo	ore			
imes p	er day (not inclu	laing ai	et soda (or diet po	op, durir	ig the /	days be	fore the	survey)					
								21.8	20.1	17.6	15.8	18.8	Decreased, 2007-2015	Not available [§]	No change
						a can, t op, durir		r glass o	f soda o	or pop tw			Decreased, 2007-2015	Not available [§]	No change
								r glass o	f soda o	or pop tw			Decreased, 2007-2015 Decreased, 2007-2015	Not available [§]	No change No change
imes p	er day (DA3: P	not inclu	uding die ge of stue	et soda o dents wł	or diet po		ng the 7	r glass o days be 15.2 r glass o	f soda o fore the 13.0 f soda o	or pop tw survey) 10.4 or pop th	70 or mc	pre 13.1			

Alaska (Recoded Race) High School Survey

Trend Analysis Report

			Н	lealth R	isk Beh	avior aı	d Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
ays (d	loing an	tage of s y kind o ne durin	f physic	al activi	ty that ii	ncreased	tive at le their he	east 60 n eart rate	ninutes p and mad	per day de them	on 5 or 1 breathe	nore hard			
	i the th		5 110 7 0	lays serv	sie die s	ui (ey)				45.3	44.9	44.2	No linear change	Not available [§]	No change
)NPA	0DAY.	Percent	age of s	tudents	who did	not part	icinate i	n at leas	st 60 mi	nutes of	physical				
ctivity	on at le		y (doing	g any kir	nd of phy	ysical ac	tivity th	at incre	ased the	nutes of eir heart 12.6			Increased, 2011-2015	Not available	No change
Activity hem b	7 on at le reathe h 7DAY: loing an	east 1 da ard som	y (doing e of the age of s f physic	g any kin time dun tudents v al activi	nd of phy ring the who wer ty that in	ysical ac 7 days b re physic ncreased	tivity the fore the cally act	at incre e survey	ased the 7) ast 60 m	ir heart	15.3	made 16.1 on all 7	Increased, 2011-2015	Not available	No change
Activity hem b	7 on at le reathe h 7DAY: loing an	east 1 da ard som Percent y kind o	y (doing e of the age of s f physic	g any kin time dun tudents v al activi	nd of phy ring the who wer ty that in	ysical ac 7 days b re physic ncreased	tivity the fore the cally act	at incre e survey	ased the 7) ast 60 m	2 ir heart 12.6	15.3	made 16.1 on all 7	Increased, 2011-2015 No linear change	Not available Not available	No change No change
QNPA avs (d some o	7 on at le reathe h 7DAY: loing an f the tin	east 1 da ard som Percent y kind o ne (durin	y (doing e of the age of s f physic ng the 7	g any kin time dur tudents al activi days bet	nd of phy ring the who wer ty that in fore the	ysical ac 7 days b re physic ncreasec survey)	etivity the efore the cally act	at incre e survey	ased the y) ast 60 m and mad	22.6 12.6 ninutes p de them	rate and 15.3 per day c breathe 20.9	made 16.1 on all 7 hard 20.9			

Alaska (Recoded Race) High School Survey

			Н	ealth R	isk Beh	avior ar	nd Perco	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
		tage of s									er 3 or n	nore			
								23.4	23.6	29.8	33.5	34.3	Increased, 2007-2015	Not available [§]	No change
NI83.	Dorcon	tage of a	tudante	who att	anded n	bysical	ducatio	n classo	on 1 o	r mora d	ove (in a				
		tage of s when the				hysical e	educatio	n classes 47.0	s on 1 or 45.8	r more d 46.8	ays (in a 42.9	an 43.2	Decreased, 2007-2015	Not available	No change
	e week v YPE: P		ey were i ge of stud	in schoo dents wl	ho attend	_		47.0	45.8	46.8	42.9	43.2	Decreased, 2007-2015	Not available	No change
	e week v YPE: P	when the	ey were i ge of stud	in schoo dents wl	ho attend	_		47.0	45.8	46.8	42.9 lays (in a	43.2	Decreased, 2007-2015 No linear change	Not available Not available	No change No change
QNDL QNDL average QN84:	e week v YPE: P e week v Percen	when the	ge of students	in schoo dents wl in schoo who pla	ho attend ho attend	ded phys	sical edu	47.0 acation o 17.7	45.8 classes o 17.7	46.8 on all 5 d 17.4	42.9 lays (in a 16.0	43.2 an			

Alaska (Recoded Race) High School Survey

her			Н	ealth R	isk Beh	avior ar	nd Perco	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
									-	-					
QN87:	Percent	tage of s	students	who had	l ever be	een told	by a doo	ctor or n	urse tha	t they ha	ad asthm	ia			
QN87:	Percent	tage of s	students	who had	l ever be	een told	by a doo	ctor or n 18.2	urse tha 18.5	t they ha 22.1	ad asthm 19.0	na 19.4	No linear change	Not available [§]	No change
	Percent		students				-	18.2	18.5	22.1	19.0	19.4	No linear change	Not available [§]	No change

Alaska (Recoded Race) High School Survey

Trend Analysis Report

te-Added		He	alth Ri	sk Beha	avior an	d Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN91: Percenta least 1 day durii						cco, snu	ff, or dij	p on sch	ool prop	erty (on	n at			
							6.0	6.7	4.3	7.1	8.6	No linear change	Not available [§]	No change
QN92: Percent days)										4.9	5.6	No linear change	Not available	No change
QN93: Percentaduring the past			vho use	d Iqmik	or blac	cbull on	school	property	v (on at l	east 1 d 3.7	ay 4.7	No linear change	Not available	No change
									wee em	king				
QN94: Percenta cigarettes (on at						om wit	h someo	ne who	was sine	JKIIIg				
						oom wit	h someo 46.1	one who 39.7	35.6	31.1	32.8	Decreased, 2007-2015	Not available	No change
	t least 1	day duri	ng the p	bast 7 da	e greatly	y risk ha	46.1 arming t	39.7	35.6	31.1		Decreased, 2007-2015	Not available	No change

Alaska (Recoded Race) High School Survey

			Н	lealth R	isk Beh	avior aı	nd Perco	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN96: other w	Percen vays) if t	tage of s they hav	students e five of	who thi r more d	nk peop rinks of	le greatl an alcol	y risk ha holic bev	arming t verage o	hemselv once or t	ves (phys wice a w	sically o veek	r in			
											38.9	29.6	Decreased, 2013-2015	Not available [§]	Decreased
QN98: other w	Percen vays) if t	tage of s they smo	students oke mari	who thi ijuana o	nk peop nce or tv	le greatl vice a w	y risk ha eek	arming t	hemselv	ves (phys	sically o	r in			
QN98: other w	Percen vays) if t	tage of s they smo	students oke mari	who thi ijuana o	nk peop nce or ty	le greatl vice a w	y risk ha eek	arming t	hemselv	ves (phys	sically o 17.2	r in 16.6	No linear change	Not available	No change
Other w QN99: (such a	Percen s OxyCo	tage of s they smo tage of s ontin, Pe lays befo	students	ijuana or who cur Vicodin	rrently to	vice a w	eek	on drug v	without	a doctor	17.2	16.6	No linear change	Not available	No change
Other w QN99: (such a	Percen s OxyCo	they smo	students	ijuana or who cur Vicodin	rrently to	vice a w	eek	on drug v	without	a doctor	17.2	16.6	No linear change No linear change	Not available Not available	No change No change
QN99: (such a during QN109	Percen s OxyCe the 30 d	they smo	students students ercocet, ore the s	who cur Vicodin urvey)	rrently to , codein	ook a pr e, Adde	eek escriptic rall, Rita	on drug v alin, or 2	without Xanax, c	a doctor one or m 6.9	17.2 's prescr ore time 7.1	16.6 iption ss 6.4			

Alaska (Recoded Race) High School Survey

Trend Analysis Report

otal ite-Add	ed		н	ealth R	isk Beh	avior ar	d Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
		ntage of hool abc			o not ha	ve one o	f their p	arents ta	alk with	them ab	out wha	at they			
								55.0	58.8	60.5	59.3	60.4	Increased, 2007-2015	Not available [§]	No change
		ntage of a lot of e			rongly a	igree or	agree th	at their	teachers	really c	are abou	ut them			
								56.1	59.4	56.7	64.1	62.1	Increased, 2007-2015	Not available	No change
						el comfo uestion				n one or	more ad	lults			
								87.0	83.3	85.0	85.1	85.7	No linear change	Not available	No change
ON113	: Perce	ntage of	student	s who de	o not sp	end any	hours he	elping o	r volunt	eering a	t school	or in			
the com	lping; n	nentorin	g; or hel	ping ou	t at loca	bors; wa l program during a	ns, heal	th clinic	s, faith						

Alaska (Recoded Race) High School Survey

Trend Analysis Report

otal ite-Add	ed		н	lealth R	lisk Beh	avior a	nd Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
activitie	es on an	y days (such as	school o	clubs; co	ke part in ommunit activitie	y center	groups;	music,	art, or d					
								44.5	46.4	44.0	46.6	45.1	No linear change	Not available [§]	No change
	. D	ntaga of	- 4					_							
QN115	: Percei	intage of	student	s who d	isagree	or strong	gly disag	tree that 65.2	they fee 66.0	el alone 63.2	in their l 60.5	ife 55.0	Decreased, 2007-2015	Not available	Decreased
QN116		ntage of				or strong		65.2	66.0	63.2	60.5	55.0	Decreased, 2007-2015	Not available	Decreased
QN116	: Perce	ntage of						65.2	66.0	63.2 nunity th	60.5	55.0 like	Decreased, 2007-2015 No linear change	Not available Not available	Decreased No change
QN116 they ma	: Percentiater to p	ntage of beople	student	s who st	trongly		agree th	65.2 at in the 50.6	66.0 ir comm 54.0	63.2 nunity th 54.6	60.5 hey feel 1 54.6	55.0 like 52.7			
QN116 they ma	: Percentiater to p	ntage of beople	student	s who st	trongly	agree or	agree th	65.2 at in the 50.6	66.0 ir comm 54.0	63.2 nunity th 54.6	60.5 hey feel 1 54.6	55.0 like 52.7			
QN116 they ma QN117 consequ	: Percentiater to p : Percentiances f	ntage of people ntage of or behav	student student /ior student	s who st	trongly a	agree or	agree th	65.2 at in the 50.6 at their : 57.0	66.0 ir comm 54.0 school h 63.6	63.2 nunity th 54.6 as clear 67.7	60.5 hey feel l 54.6 rules an 66.3	55.0 like 52.7 d 66.1	No linear change	Not available	No change

Alaska (Recoded Race) High School Survey

	ed		Н	ealth R	isk Beh	avior an	nd Perco	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN119	: Percei	ntage of	students	s who th	ink thei	r parents beverag	s feel it	would b	e wrong	or very	wrong f	for			
			5 di iliko	or an a	conone	beverag	c nearry	everye	iay		80.1	82.4	No linear change	Not available [§]	No change
		ntage of cigarette		s who th	ink thei	r parents	s feel it	would b	e wrong	or very	wrong f	for			
											90.2	89.8	No linear change	Not available	No change
ON122	: Percei they wo	ntage of ould be s	students een as c	s who th ool if th	ink ther	e is som ked cigar	e chanc rettes	e, pretty	good cl	hance, o	r very g	bod			
chance										14.3	10.5	10.2	Decreased, 2011-2015	Not available	No change
chance															
2N123						e is som n drinkii						bod			

Alaska (Recoded Race) High School Survey

Total Site-Added		H	lealth R	isk Beh	avior ar	nd Perco	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN124: Perce chance they we	ntage of ould be s	student seen as c	ts who th cool if th	nink ther ney smol	e is som ked mari	e chanc juana	e, pretty	good c	hance, o	r very g	ood			
2				Ĵ		5			29.1	30.7	26.9	No linear change	Not available ⁸	No change

Alaska (Recoded Race) High School Survey

Male Injury a	nd Viole	ence	н	lealth R	isk Beh	avior a	nd Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	Percenta a bicycle							le helm	et (amoi	ng stude	nts who	had			
								78.2	76.7	72.3	68.4	70.6	Decreased, 2007-2015	Not available [§]	No change
	Percenta ne else)	ge of st	udents v	who rare	ly or ne	ver wore	e a seat ł	oelt (wh	en riding	g in a ca	r driven	by			
								8.8	13.4	10.0	11.8	10.2	No linear change	Not available	No change
	Percent ehicle of								rinking	alcohol	(in a car	or			
								21.5	19.7	18.9	13.5	13.3	Decreased, 2007-2015	Not available	No change
days b	Percent efore the the surv	survey													
501510		- , /									3.2	5.7	No linear change	Not available	No change

Alaska (Recoded Race) High School Survey

Trend Analysis Report

ale jury and Violence	Не	ealth Ris	sk Beha	vior an	d Perce	entages					Linear Change [*]	Quadratic Change*	Change from 2013-2015 [†]
1991 1993 1995	5 1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN12: Percentage of 1 day during the 30 d during the 30 days be	lays before	the surv	ed or e- vey, amo	mailed v	while dr ents wh	iving a to had di	car or of riven a c	ther vehi car or oth	icle (on her vehi	at least cle			
		•							32.2	33.0	No linear change	Not available [§]	No change
Dub on at least 1 day	f students v	30 days	s before	the surv	vey)	12.7 se they f	12.3 Telt unsa	8.0	9.1	11.3	No linear change	Not available	No change
club on at least 1 day QN16: Percentage of	f students v	30 days	s before	the surv	vey)	12.7 se they f	12.3 Telt unsa	8.0	9.1	11.3	No linear change No linear change	Not available Not available	No change Increased
QN15: Percentage of club on at least 1 day QN16: Percentage of way to or from school QN18: Percentage of before the survey)	f students v ol (on at lea	30 days who did st 1 day	not go t	the surv o school the 30 d	vey) l becaus lays befo	12.7 se they f ore the s 5.2	12.3 Felt unsa survey) 5.4	8.0 fe at sch 4.4	9.1 nool or o 5.0	11.3 n their 8.2			
Club on at least 1 day QN16: Percentage of way to or from schoo QN18: Percentage of	f students v ol (on at lea	30 days who did st 1 day	not go t	the surv o school the 30 d	vey) l becaus lays befo	12.7 se they f ore the s 5.2	12.3 Felt unsa survey) 5.4	8.0 fe at sch 4.4	9.1 1000 or 0 5.0 the 12 r	11.3 n their 8.2 nonths			
QN16: Percentage of way to or from school QN18: Percentage of	f students v f students v ol (on at lea	vho did st 1 day who wer	not go t during re in a ph re injurea	o school the 30 d hysical f	vey) l becaus lays befo fight (or hysical f	12.7 se they f ore the s 5.2 ne or mo 37.4	12.3 Felt unsa survey) 5.4 Tore times 34.1	8.0 fe at sch 4.4 s during 29.0	9.1 1000 or o 5.0 the 12 r 27.6	11.3 n their 8.2 nonths 24.9	No linear change	Not available	Increased

Alaska (Recoded Race) High School Survey

jury and V i	iolence	H	lealth R	isk Beh	avior ar	nd Perce	entages					Linear Change [*]	Quadratic Change*	Change from 2013-2015 [†]
1991 199	3 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN21: Perc they did not		students	who we	ere ever	physical	ly force	d to have	e sexual	l interco	urse (wh	nen			
							7.2	6.1	7.2	5.3	4.0	Decreased, 2007-2015	Not available [§]	No change
QN22: Perc the 12 month	hs before t	the surve	y, inclue	ding bei	ng hit, sl	ammed	into son	nething	, or inju	ed with	an			
QN22: Perc the 12 mont object or we dated or wer	hs before t apon on p	he surve: urpose b	y, inclue y somec	ding bei one they	ng hit, sl were da	ammed ting or g	into son going ou	nething t with a	, or inju	ed with	an	No linear change	Not available	No change
the 12 month object or we dated or wer QN23: Perc 12 months b intercourse	hs before t apon on p nt out with rentage of efore the s when they	the surve urpose b someon students survey, in did not	y, includy y somed e during who exp ncluding want to l	ding bei one they g the 12 perience g kissing by some	ng hit, sl were da months l ed sexual g, touchin cone they	ammed ting or g before th dating ng, or be	into son going ou ne surve violence ing phy ating or	nething t with a y) e (one or sically t going o	, or injunumong st	ed with udents v 6.2 mes dur have se	an vho 8.2 ring the exual	No linear change	Not available	No change
the 12 month object or we dated or wer QN23: Perc 12 months b intercourse	hs before t apon on p nt out with rentage of efore the s when they	the surve urpose b someon students survey, in did not	y, includy y somed e during who exp ncluding want to l	ding bei one they g the 12 perience g kissing by some	ng hit, sl were da months l ed sexual g, touchin cone they	ammed ting or g before th dating ng, or be	into son going ou ne surve violence ing phy ating or	nething t with a y) e (one or sically t going o	, or injunumong st	ed with udents v 6.2 mes dur have se	an vho 8.2 ring the exual	No linear change No linear change	Not available Not available	No change No change
the 12 montl object or we	hs before t apon on p nt out with rentage of efore the s when they r went out	students survey, i did not	y, includ y somec e during who exp ncluding want to l neone d	ding bei one they the 12 perience kissing by some uring th	ng hit, sl were da months l ed sexual g, touchin one they e 12 mor	ammed ting or g before th dating ' ig, or be were da nths befo	violence ing phy taing or ore the s	nething t with a y) e (one o sically t going c survey)	, or injur imong st r more ti forced to but with a	red with udents v 6.2 mes dur b have se among s 5.7	an vho 8.2 ing the exual tudents 5.2			

Alaska (Recoded Race) High School Survey

			Н	ealth Ri	isk Beh	avior ar	nd Perco	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
										g bullied 1s before					
										10.2	10.1	12.6	No linear change	Not available [§]	No change
)N26:	Percen	tage of s	students	who felt	sador	hopeless	s (almos	t everv (day for 2	or mor	e weeks	in a			
										2 or more ore the su 19.4		in a 25.0	No linear change	Not available	Increased
row so QN27:	that the	y stoppe	ed doing	some us	sual acti	vities du	iring the	12 mor 19.2	17.2	ore the su	urvey) 19.0	25.0		Not available	Increased
row so QN27:	that the Percen	y stoppe	ed doing	some us	sual acti	vities du	iring the	12 mor 19.2	17.2	ore the su 19.4	urvey) 19.0	25.0		Not available Not available	Increased
QN27: before QN28:	Percen Percen Percen	y stoppe tage of s ey)	ed doing students students	some us	iously c	vities du onsidere	aring the	12 mor 19.2 pting su 12.1	17.2 icide (dr 8.3	19.4 uring the	urvey) 19.0 e 12 moi 10.9	25.0 nths 17.0	No linear change		

Alaska (Recoded Race) High School Survey

	Н	ealth Ri	sk Beha	avior an	d Perce	entages					Linear Change [*]	Quadratic Change*	Change from 2013-2015 [†]
991 1993 199	5 1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	f students	who atte	empted s	suicide (one or n	nore tim	es durin	g the 12	months	5			
	f students	who atte	empted s	suicide (one or n	nore tim 8.3	es durin 5.1		2 months 7.4	3 10.4	No linear change	Not available [§]	No change
2N29: Percentage o before the survey) 2N30: Percentage o werdose that had to	f students	who atte	empted s	uicide t	hat resul	8.3 Ited in a	5.1 n injury	7.4	7.4		No linear change	Not available ⁸	No change

Alaska (Recoded Race) High School Survey

obacco Use		Heal	th Risl	k Beha	ivior an	d Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	1995 1	997 1	999 2	2001	2003	2005	2007	2009	2011	2013	2015			
QN31: Percenta	ige of stu	lents wh	o ever	tried ci	igarette	smokin	g (even	one or t	wo puffs)				
							51.1	46.8	46.1	35.9	36.0	Decreased, 2007-2015	Not available [§]	No change
QN32: Percenta	ige of stu	lents wh	o smoł	ced a w	hole cig	garette b	before ag	ge 13 ye	ars (for	he first	time)			
							17.4	13.6	11.7	9.2	9.7	Decreased, 2007-2015	Not available	No change
QN33: Percenta		lents wh	o curre	ently sn	noked c	igarette	s (on at	least 1 d	ay durir	g the 30) days			
before the surve	<i>y)</i>													
before the surve	<i>y</i>)						15.9	14.2	13.5	12.5	13.3	Decreased, 2007-2015	Not available	No change
Defore the surve QNFRCIG: Per during the 30 da	centage o			current	tly frequ	iently si						Decreased, 2007-2015	Not available	No change
QNFRCIG: Per	centage o			current	tly frequ	iently si			s (on 20			Decreased, 2007-2015 No linear change	Not available Not available	No change No change
QNFRCIG: Per	centage o ys before Percentage	the surv	rey)				noked c 5.6	igarette: 4.4	s (on 20 5.3	or more 4.2	days 4.6			

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lale obacco Use		Н	ealth R	isk Beh	avior aı	nd Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN37: Percenta on at least 1 day						keless t	obacco (chewing	g tobacc	o, snuff,	, or dip			
							13.5	19.3	12.1	12.7	14.7	No linear change	Not available [§]	No change
QN38: Percenta least 1 day durin QNTOB3: Perc	ng the 3	0 days b	before th	he surve	y)		13.6	13.7	14.2	9.2	9.9	Decreased, 2007-2015	Not available	No change
least 1 day durir						eigaretta	27.2	32.1	26.2	23.7	26.1	Decreased, 2007-2015	Not available	No change
QNTOB2: Perc the 30 days befo			ents who	current	ly smok	ed cigar	rettes or	cigars (o	on at lea	st 1 day	during			
							22.4	22.5	22.1	17.6	18.8	Decreased, 2007-2015	Not available	No change
QNNOTOB3: I tobacco (on at le	Percenta east 1 da	age of st ay durin	udents y	who did) days b	not curr efore the	ently us survey	e cigare	ttes, cig	ars, or s	mokeles	s			
		-	-	-		5	75.1	71.4	78.1	79.0	76.8	Increased, 2007-2015	Not available	No change

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/Iale Tobacco T	Use		Н	lealth R	tisk Beh	avior ar	nd Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNNO day dur					who did ey)	not curr	ently sn	noke cig 79.0	arettes of 79.8	or cigars 80.9	(on at le 84.0	east 1 82.6	Increased, 2007-2015	Not available [§]	No change

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cohol and Other Drug U	Health R	isk Beha	avior an	d Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991 1993 1995 19	97 1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN41: Percentage of stud during their life)	ents who ev	er drank	alcohol	(at least	t one dri	nk of al	cohol or	n at least	t 1 day			
					73.4	65.4	62.0	56.7	50.4	Decreased, 2007-2015	Not available [§]	No change
QN42: Percentage of stud few sips)	ents who dra	ank alcol	nol befor	e age 1	3 years	(for the	first tim	e other t	than a			
					24.0	17.6	19.1	14.6	17.4	Decreased, 2007-2015	Not available	No change
QN43: Percentage of stud day during the 30 days bef			rank alco	ohol (at	least on	e drink	of alcoh	ol on at	least 1			
					40.0	33.5	26.2	22.0	20.5	Decreased, 2007-2015	Not available	No change
QN44: Percentage of stud nours on at least 1 day dur	ents who dra ing the 30 d	ank five ays befor	or more or the sur	drinks o vey)	of alcohe	ol in a ro	ow (with	in a cou	ple of			
					27.3	23.3	16.7	12.9	12.9	Decreased, 2007-2015	Not available	No change
QN46: Percentage of stud hem (among students who				e alcoho	ol they d	rank by	someor	e giving	g it to			
	•							22.9	28.0	No linear change	Not available	No change

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	H	Iealth Ri	isk Beha	vior and	Percer	ntages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993 199	95 1997	1999	2001	2003 2	2005	2007	2009	2011	2013	2015			
QN47: Percentage	of students	who eve	er used m	narijuana ((one or	more t	imes du	ring the	ir life)				
						44.9	49.1	42.1	39.5	41.8	Decreased, 2007-2015	Not available [§]	No change
QN48: Percentage	of students	who trie	d mariju	ana before	e age 1	3 years	(for the	e first tii	me)				
						14.1	10.3	11.9	10.5	13.1	No linear change	Not available	No change
QN49: Percentage	of students	who cur	rontly us	ad mariju	iana (or	e or m	ore tim	es durin	g the 30	davs			
before the survey)	of students	will cui	rentry us	eu mariju	ialia (01			es durin	5 20				
	of students	s who cur	rentry us	sed mariju	iana (Oi	22.0	26.0	23.5	21.2	21.3	No linear change	Not available	No change
QN50: Percentage	of students	who eve	er used co			22.0	26.0	23.5	21.2	21.3	No linear change	Not available	No change
	of students	who eve	er used co			22.0	26.0	23.5	21.2	21.3	No linear change No linear change	Not available Not available	No change No change
before the survey) QN50: Percentage	of students more times of students	who eve during th who eve	er used co heir life) er used in	ocaine (an	ny form	22.0 of coc 8.7 glue, b	26.0 aine, su 7.4 reathed	23.5 Ich as po 4.8 the cont	21.2 owder, cr 6.0 tents of a	21.3 rack, 6.0			

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			Н	ealth R	isk Beh	avior a	nd Perco	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
			tudents ng their		er used l	heroin (a	also calle	ed "sma	ck," "jur	1k," or "(China w	hite,"			
								2.4	3.6	3.0	2.8	2.9	No linear change	Not available [§]	No change
				who eve imes du		methamp ar life)	phetami	nes (also	called	"speed,"	"crystal	,"			
								4.9	3.8	3.6	2.8	3.1	Decreased, 2007-2015	Not available	No change
								4.9	5.0	5.0	2.0	5.1	Decreased, 2007-2015	Not available	No change
	Percent their life		tudents	who eve	er used o	ecstasy (also cal						Decreased, 2007-2015		No change
			tudents	who eve	er used o	ecstasy (also cal						No linear change	Not available	No change
uring (N57:	their life Percent Contin,	e) tage of s	tudents	who eve	er took j	ecstasy (prescript derall, R	tion drug	led "ME 7.1 gs witho	DMA," o 7.3 ut a doct	ne or mo 7.3 tor's pres	ore time 6.3 scriptior	s 5.5			

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/lale exual Behavi	ors	E	Iealth R	isk Beh	avior ar	nd Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	3 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN60: Perc	entage of	students	who ev	er had so	exual int	ercourse	e 43.9	44.0	39.3	37.7	36.7	Decreased, 2007-2015	Not available [§]	No change
QN61: Perc	entage of	students	who ha	d sexual	intercou	urse befo	ore age	13 years	(for the	first tin	ne)			
							5.1	7.1	6.2	5.8	5.2	No linear change	Not available	No change
QN62: Perc life)	entage of	students	who ha	d sexual	intercou	irse with	n four oi	r more p	ersons (during t	heir			
							13.2	12.1	11.8	11.8	10.4	No linear change	Not available	No change
QN63: Perc one person d						ually act	tive (sex	ual inte	rcourse	with at l	east			
							27.3	29.6	24.2	22.4	24.5	No linear change	Not available	No change
QN64: Perc students who					hol or us	sed drug	s before	last sex	ual inte	rcourse	(among			
							22.9	18.6	21.0	16.6	15.6	No linear change	Not available	No change

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			Н	ealth R	isk Beh	avior aı	nd Perco	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
N65:	Percent	tage of s ently sex	students	who use	ed a con	dom (du	ring las	t sexual	intercou	irse amo	ng stude	ents			
no we		chtry sez	daily ac	(IVC)				63.3	68.9	64.0	61.9	69.8	No linear change	Not available [§]	No change
N66:	Percent	tage of s	students	who use	ed birth (control j	oills (be	fore last	sexual i	intercou	rse to pr	event			
		tage of song stude							sexual i 23.3		-	event 14.4	No linear change	Not available	No change
NIUE NIUE	DIMP: H	Percenta	ents who ge of stu n) (befor	o were c idents w re last se	urrently ho used	sexually	y active)) 18.1 //	23.3 r ParaGa	16.1 ard) or ii	-	14.4 e.g.,	No linear change	Not available	No change
NIUE	DIMP: H	Percenta explano	ents who ge of stu n) (befor	o were c idents w re last se	urrently ho used	sexually	y active)) 18.1 //	23.3 r ParaGa	16.1 ard) or ii	25.1	14.4 e.g.,	No linear change No linear change	Not available Not available	No change No change
NIUE NIUE mplan vere cu NSHI vr birth	DIMP: Fon or No prently PARG:	Percenta explano sexually Percent	ge of stu n) (befor active) age of st g., Nuva	o were c adents w re last se	urrently who used exual int	an IUD ercourse	y active) (e.g., N e to prev (e.g., D) 18.1 Airena o vent preg epo-Pro	23.3 r ParaGa gnancy a vera), pa	16.1 ard) or in mong st	25.1 mplant (udents v	14.4 e.g., who 6.7 Evra),			

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			Н	ealth Ri	isk Beh	avior ar	nd Perce	entages					Linear Change [*]	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
oatch, o	or birth o	Percent control 1	ing (bef	udents v ore last	who use sexual i	d birth c ntercour	ontrol presse to pre	ills; an I event pro	UD or i egnancy	mplant; among	or a sho students	t, who			
vere cu	urrently	sexually	active)								35.3	29.5	No linear change	Not available [§]	No change
QNDU UD or	ALBC:	Percent t; or a sh among	age of s	n, or birt	h contro	ol ring b	efore las	st sexual			ol pills;	an	No linear change	Not available [§]	No change
QNDU IUD or	ALBC:	Percent t; or a sh	age of s	n, or birt	h contro	ol ring b	efore las	st sexual			ol pills;	an	No linear change	Not available [§] Not available	No change No change
IUD or and pre	ALBC: implant gnancy NONE:	Percent t; or a sh	age of s tot, patcl students	n, or birt who we	h contro re curre who did	ol ring b ntly sex	efore las ually act any met	t sexual tive)	interco	urse (to	ol pills; prevent 15.1	an STD 14.2			

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<i>.</i>	gement aı		•		avior an	ıd Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNOWT: Pe body mass inc														
							17.5	13.6	14.1	14.7	15.5	No linear change	Not available [¶]	No change
QNOBESE: on sex- and a									ody mas	s index,	based			
							12.4	13.8	1/1	12.4	1 < 0			
							12.4	13.0	14.1	13.4	16.9	No linear change	Not available	No change
QN69: Perce	ntage of s	students	who de	scribed t	hemselv	es as sli	-				16.9	No linear change	Not available	No change
QN69: Perce	ntage of s	students	who des	scribed t	hemselv	es as sli	-		verweigh		26.3	No linear change	Not available	No change No change
QN69: Perce QN71: Perce during the 7 d	ntage of s	students	who did				ghtly or 23.1	very ov 23.6	verweigh 22.3	nt 23.2	26.3			
QN71: Perce	ntage of s	students	who did				ghtly or 23.1	very ov 23.6	verweigh 22.3	nt 23.2	26.3			
QN71: Perce	ntage of s lays befor	students re the su	who dic rvey)	l not drii	nk fruit j	uice (10	ghtly or 23.1 00% frui 20.6	very ov 23.6 t juices 23.1	verweigh 22.3 one or r 20.4	nt 23.2 more tim 24.2	26.3 les 26.2	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. Not enough years of data to calculate.

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lale /eight N	/Ianage	ment ai		ary Beha lealth R		avior aı	nd Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			2013-2013
QNFR(before t			f studen	ts who d	lid not e	at fruit c	or drink	100% fr	uit juice	s (durin	g the 7 c	days			
								6.1	5.6	6.5	7.5	5.7	No linear change	Not available [§]	No change
			f studen ore the s		te fruit	or drank	100% f	ruit juic	es one o	r more t	imes pe	r day			
								59.2	59.7	60.6	62.9	57.6	No linear change	Not available	No change
			f studen		te fruit	or drank	100% f	ruit juic	es two o	r more t	imes pe	r day			
								30.2	27.4	32.9	30.8	30.3	No linear change	Not available	No change
			f studen		te fruit	or drank	100% f	ruit juic	es three	or more	times p	er day			
								17.1	16.3	23.6	19.6	18.6	No linear change	Not available	No change
QN73:	Percen	tage of	students	who dic	l not eat	salad (d	luring th	e 7 days	s before	the surv	ey)				
								39.1	38.7	39.0	41.1	43.6	No linear change	Not available	No change

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			Н	ealth R	isk Beh	avior ar	nd Perce	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN74:	Percent	tage of s	tudents	who did	l not eat	potatoe	s (during	g the 7 d	lays befo	ore the s	urvey)				
								33.1	31.3	30.9	32.7	32.7	No linear change	Not available [§]	No change
QN75:	Percent	tage of s	tudents	who did	l not eat	carrots	(during	the 7 da	ys befor	e the su	rvey)				
								47.1	40.6	42.2	41.8	45.5	No linear change	Not available	No change
QN76:	Percent	age of s	tudents	who did	l not eat	other ve	egetables	s (during	g the 7 d	lays befo	ore the s	urvey)			
								14.6	18.0	18.4	16.0	15.7	No linear change	Not available	No change
	G0: Per fries, fri														
survey)														

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			Н	ealth Ri	isk Beh	avior ar	d Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
potatoe	s [exclu		ench frie	ents who es, fried							en salad, etables, d	luring			
								60.1	63.4	65.2	63.4	62.7	No linear change	Not available [§]	No change
											en salad, etables, d				
potatoe	s [exclu		ench frie								tables, d	luring	Increased, 2007-2015	Not available	No change
potatoe the 7 da QNVE	s [exclu ays befo G3: Per s [exclu	ding Fre re the su	ench frie irvey) of stude ench frie	es, fried performed performance of the second	potatoes	etables	to chips	22.4 more tir	26.8 nes per	30.9 day (gre	tables, d	luring 27.9 I,		Not available	No change
potatoe the 7 da QNVE	s [exclu ays befo G3: Per s [exclu	ding Fre re the su centage ding Fre	ench frie irvey) of stude ench frie	es, fried performed performance of the second	potatoes	etables	to chips	22.4 more tir	26.8 nes per	30.9 day (gre	31.1 een salac tables, d	luring 27.9 I, luring		Not available Not available	No change No change
potatoe the 7 da QNVE potatoe the 7 da QN77:	s [exclu ays befo G3: Per s [exclu ays befo Percent	ding Fra re the su rcentage ding Fra re the su tage of s	of stude ench frie urvey) of stude ench frie urvey)	es, fried	o ate veg potatoes	etables to pota	three or three or to chips	22.4 more tir 5], carrot 9.6	26.8 nes per ts, or oth 13.9	30.9 day (grener vege 15.5	atables, d 31.1 een salad stables, d	luring 27.9 I, luring 13.2	Increased, 2007-2015		

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			Н	ealth Ri	isk Beha	avior an	d Perce	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
		ercentag									e or mo	re			
mes p	er uay (not men	iung die	si soua c	л ulet po	op, uum	ig the /	uays be	iore me	survey)					
								25.1	20.4	22.0	20.2	22.6	N. L'accasheres	N-4 :1-1-1-8	Na ahaa aa
								25.1	20.4	23.0	20.2	22.6	No linear change	Not available [§]	No change
		ercentag not inclu						r glass o	f soda o	r pop tw			No linear change	Not available ⁸	No change
								r glass o	f soda o fore the	r pop tw survey)	o or mo		No linear change No linear change	Not available ⁸ Not available	No change No change
imes p	er day (not inclu	iding die	et soda o	or diet po	op, durir	ng the 7	r glass o days be 16.8	f soda o fore the 13.1	r pop tw survey) 13.8	70 or mo 14.1	re 15.2			
imes p	er day (DA3: P		uding die ge of stue	et soda o dents wł	or diet po	op, durir	ng the 7	r glass o days be 16.8 r glass o	f soda o fore the 13.1 f soda o	r pop tw survey) 13.8 r pop th	70 or mo 14.1	re 15.2			

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			Н	lealth R	isk Beh	avior ar	d Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
lays (c	loing an	y kind o	f physic	who we al activi lays befo	ty that ii	ncreased	tive at le their he	east 60 n eart rate	ninutes p and mad	per day o de them	on 5 or r breathe	nore hard			
	i the th		g uie / c	uys oon	sie die s	ur (cy)				52.3	52.1	49.3	No linear change	Not available [§]	No change
ctivity	/ on at le	east 1 da	y (doing		nd of phy	ysical ac	tivity th	at incre	ased the	nutes of air heart					
ctivity	on at le	east 1 da	y (doing	g any kii	nd of phy	ysical ac	tivity th	at incre	ased the				No linear change	Not available	No change
ectivity hem b	7 on at le reathe h 7DAY: loing an	east 1 da aard som Percent	y (doing e of the age of s f physic	g any kin time dur	nd of phy ring the who wer ty that in	ysical ac 7 days b re physic ncreased	etivity the efore the cally action	at incre- e survey	ased the 7) ast 60 m	ir heart	13.6	made 14.0 m all 7	No linear change	Not available	No change
ectivity hem b	7 on at le reathe h 7DAY: loing an	east 1 da aard som Percent	y (doing e of the age of s f physic	g any kin time dur tudents al activi	nd of phy ring the who wer ty that in	ysical ac 7 days b re physic ncreased	etivity the efore the cally action	at incre- e survey	ased the 7) ast 60 m	ir heart 1 10.8	13.6	made 14.0 m all 7	No linear change No linear change	Not available Not available	No change No change
Activity hem b QNPA lays (c some c	7 on at le reathe h 7DAY: loing an f the tim	east 1 da aard som Percent y kind o ne (durin	y (doing e of the age of s f physic ng the 7	g any kin time dur tudents v al activi days bet	nd of phy ring the who wer ty that in fore the	ysical ac 7 days b re physic ncreased survey)	efore the cally action their he	at incre e survey ive at le eart rate	ased the y) ast 60 m and mad	ir heart n 10.8 ninutes p de them	13.6 Der day o breathe 27.7	made 14.0 n all 7 hard 24.7			

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			H	ealth Ri	isk Beh	avior aı	nd Perce	entages					Linear Change [*]	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
		tage of s for some								compute ay)	er 3 or n	nore			
								29.1	28.8	34.8	35.2	35.4	Increased, 2007-2015	Not available [§]	No change
				<u> </u>											
N83: verage	Percent e week v	tage of s when the	tudents ey were i	who atte n schoo	ended pl l)	nysical e	education	n classes 54.2	s on 1 or 53.2	r more d 55.3		an 51.1	No linear change	Not available	No change
	e week v	when the	ey were i	dents wh	l)			54.2	53.2		50.0	51.1	No linear change	Not available	No change
verage	e week v	when the	ey were i	dents wh	l)			54.2	53.2	55.3	50.0	51.1	No linear change No linear change	Not available Not available	No change No change
QNDL QNDL average QN84:	YPE: P week v Percent	when the ercentag when the	ey were i ge of stud ey were i students	dents which a schoo	1) no attend 1) yed on a	ded phys	sical edu	54.2 cation c 22.9	53.2 classes o 21.8	55.3 on all 5 d	50.0 lays (in a 20.3	51.1 an			

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ther		Н	lealth Ri	isk Beh	avior ar	nd Perce	entages					Linear Change*	Quadratic Change*	Change from
							U							2013-2015 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN87: Percer	ntage of	students	who had	l ever be	een told	by a doo	ctor or n	urse tha	t they ha	ıd asthm	a			
							17.7	17.2	22.4	19.7	18.3	No linear change	Not available [§]	No change

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lale ite-Added		Health	Risk Beh	avior ar	d Perco	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	1995 1	997 1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN91: Percentage least 1 day during					cco, snu	ff, or di	p on sch	ool prop	perty (or	ı at			
						8.9	9.6	6.9	9.3	10.1	No linear change	Not available [§]	No change
QN92: Percenta days)	ge of stud	lents who u	sed Iqmil	c or blac	kbull (o	n at leas	t 1 day o	during th	he past 3	6.6	No linear change	Not available	No change
									4.0	0.0	No mear change		i to change
QN93: Percentage during the past 3		lents who u	sed Iqmil	c or blac	kbull on	school	property	(on at l	least 1 d	ay			
	5 /								4.0	5.1	No linear change	Not available	No change
QN94: Percenta cigarettes (on at 1					oom wit	h somec	ne who	was sm	oking				
U ()						40.8	37.0	32.3	31.6	33.1	Decreased, 2007-2015	Not available	No change
						40.0	57.0						i to change
QN95: Percenta other ways) if the	ge of stuc ey smoke	lents who the one or more	nink peop re packs o	le greatl f cigaret	y risk ha tes per o	arming t		ves (phys	sically o	or in	· · · · · · · · · · · · · · · · · · ·		

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			Н	ealth R	isk Beh	avior ar	d Perce	entages					Linear Change [*]	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN96: other v	Percen vays) if t	tage of s they hav	tudents e five o	who thi r more d	nk peop rinks of	le greatl an alcol	y risk ha 10lic bev	urming t verage o	hemselv nce or t	ves (phys wice a w	sically o veek	r in			
											36.7	26.5	Decreased, 2013-2015	Not available [§]	Decreased
QN98:	Percen	tage of s	tudents	who thi	nk peop	le greatl	y risk ha	urming t	hemselv	ves (phys	sically o	r in			
other v	(uy 5) II (meg sinc	ne man	juana oi			CUK								
otner v	(uy3) II (ince muri	ijualia Ol			CCK				15.3	14.8	No linear change	Not available	No change
QN99: (such a	Percen s OxyC	tage of s	tudents ercocet,	who cui Vicodin	rrently to	ook a pro	escriptio	n drug v lin, or X	without Kanax, c	a doctor one or m	15.3 's prescr ore time	iption	No linear change	Not available	No change
QN99: (such a	Percen s OxyC	tage of s	tudents ercocet,	who cui Vicodin	rrently to	ook a pro	escriptio	n drug v llin, or Σ	without Kanax, c	a doctor one or m 6.8	's prescr	iption	No linear change	Not available Not available	No change No change
QN99: (such a during QN109	Percen s OxyC the 30 d	tage of s ontin, Pe lays befo	tudents ercocet, ore the s student	who cur Vicodin urvey) s who m	rrently to , codein	ook a pro e, Adde	escriptic rall, Rita	llin, or >	Kanax, o	one or m 6.8	's prescr ore time	iption s 6.6			

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te-Added			Н	ealth R	isk Beh	avior ai	nd Perc	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	199	95	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN110: Perc are doing in s					o not ha	ve one o	of their p	parents t	alk with	them al	oout wha	at they			
								55.1	61.0	63.2	63.0	63.1	Increased, 2007-2015	Not available [§]	No change
QN111: Perc and give then	centage n a lot	e of s of en	students acourag	s who s gement	trongly	agree or	agree th			-			Increased 2007 2015	Not available	No shanga
QN111: Perc and give then	entage n a lot	e of s of en	students acourag	s who s gement	trongly	agree or	agree th	58.6	59.6	57.3	care abou 65.3	1t them 63.8	Increased, 2007-2015	Not available	No change
and give then QN112: Perc	n a lot	of en	tudents	gement s who w	vould fe	el comfo	ortable se	58.6 eeking h	59.6	57.3	65.3	63.8	Increased, 2007-2015	Not available	No change
QN111: Perc and give then QN112: Perc besides their	n a lot	of en	tudents	gement s who w	vould fe	el comfo	ortable se	58.6 eeking h	59.6	57.3	65.3 more ad	63.8	Increased, 2007-2015 No linear change	Not available Not available	No change No change
and give then QN112: Perc	entage parents centage centage ty (suc mento	of en e of s s if th e of s h as pring;	tudents students hey had students helping ; or hel	gement s who w d an imp s who d g elders ping ou	o not sp or neigit at loca	el comfo luestion end any hbors; w l progra	hours hours head	58.6 eeking h g their l 86.0 elping o young c th clinic	59.6 telp from ife 83.1 r volunt children; cs, faith	57.3 n one or 82.4 eering a teachin	65.3 more ac 83.0 t school g or tuto	63.8 lults 82.1 or in pring;			

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ite-Add	ed		H	lealth R	lisk Beh	avior ar	nd Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
activiti	es on an	y days (such as	school o	clubs; co	ke part in ommunit activities	y center	groups;	music,	art, or d					
								48.9	49.9	49.6	50.1	49.5	No linear change	Not available [§]	No change
QN115	: Perce	ntage of	student	s who d	isagree	or strong	gly disag	ree that	they fee	el alone	in their l	life			
								68.5	69.2	64.0	63.0	56.8	Decreased, 2007-2015	Not available	Decreased
	: Perce		student	s who st	trongly a	agree or	agree th						Decreased, 2007-2015	Not available	Decreased
			student	s who st	trongly a	agree or	agree th				ney feel		Decreased, 2007-2015 Increased, 2007-2015	Not available Not available	Decreased No change
they m QN117	atter to p	people	student			agree or		at in the 53.1	ir comm 56.8	nunity th 53.2	ney feel	like 58.0			
they m QN117	atter to p	people ntage of	student					at in the 53.1	ir comm 56.8	nunity th 53.2	ney feel	like 58.0			
QN117 Conseq QN118	: Perce: uences f	ntage of or beha	student vior student	s who st	trongly a		agree th	at in the 53.1 at their s 58.0	ir comn 56.8 school h 62.6	nunity th 53.2 has clear 68.1	ey feel 1 60.5 rules an 69.6	like 58.0 nd 68.1	Increased, 2007-2015	Not available	No change

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			Не	ealth Ri	isk Beha	avior ar	d Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
			students o drinks							or very	wrong f	òr			
	nave of		0 utiliks	of all al	conone	Deverag	enearry	every	ay		75.8	78.1	No linear change	Not available [§]	No change
			students	who th	ink their	r parents	s feel it v	would b	e wrong	or very	wrong f	or			
hem to	smoke	cigarette	es								88.2	88.2	No linear change	Not available	No change
			students	who th	ink ther	e is som	e chance	e, pretty	good cl	hance, or	r very go	bod			
QN122 hance	: Perceithey wo	ntage of ould be s	een as co	ool if th	ey smok	ced cigai	rettes								
QN122 chance	: Perces they wo	ould be s	een as co	ool if th	ey smok	ted cigai	ienes			14.1	9.2	10.5	No linear change	Not available	No change
N123	they we	ntage of	students	who th	ink ther	e is som	e chance			hance, or	r very go		No linear change	Not available	No change

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Male Site-Adde	ed		Н	ealth R	isk Beh	avior ar	ıd Perco	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN124: chance t								e, pretty	good cl	nance, o	r very g	ood			
					.,		,			27.9	27.1	25.9	No linear change	Not available [§]	No change

Alaska (Recoded Race) High School Survey

			Н	ealth R	isk Beh	avior aı	nd Perc	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
						ver wore ne surve		le helm	et (amor	ng stude	nts who	had			
								73.1	66.9	72.4	59.2	57.3	Decreased, 2007-2015	Not available [§]	No change
JNO.	Darcanta	and of st	udonte u	vho roro											
	Percenta ne else)	ige of st	udents v	vho rare	ly or ne	ver wore	a seat t	5.0	10.7	7.2	8.2	8.5	No linear change	Not available	No change
QN10:	ne else)	tage of s	tudents	who roc	le with a	a driver	who had	5.0 I been di	10.7	-	8.2	8.5	No linear change	Not available	No change
QN10:	ne else)	tage of s	tudents	who roc	le with a		who had	5.0 I been di	10.7	7.2	8.2	8.5	No linear change Decreased, 2007-2015	Not available Not available	No change No change
QN10: other v QN11: days be	Percent Percent Percent	tage of s ne or mo tage of s survey,	tudents ore time:	who roc s during who dro	le with a the 30 o	a driver days bef	who had ore the s	5.0 I been di survey) 25.4 ol (one	10.7 rinking a 22.7 or more	7.2 alcohol (8.2 (in a car 12.3 uring the	8.5 or 15.2 e 30			

Alaska (Recoded Race) High School Survey

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			Н	ealth Ri	isk Beha	avior an	d Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
1 day d	luring th	ne 30 day	students ys before ore the s	e the sur											
											35.5	37.1	No linear change	Not available [§]	No change
		tage of s t 1 dav d						propert	ty (such	as a gur	i, knife,	or			
club or QN16:	at least	t 1 day d	students luring the students (on at lea	e 30 day who did	not go	to schoo	vey)	3.6 se they f	2.8 elt unsa	3.3	2.9	4.2	No linear change	Not available	No change
club or QN16:	at least	t 1 day d	uring the	e 30 day who did	not go	to schoo	vey)	3.6 se they f	2.8 elt unsa	3.3	2.9	4.2	No linear change No linear change	Not available Not available	No change No change
QN16: way to QN18:	Percent or from	t 1 day d tage of s school	uring the	e 30 day who did ast 1 day	not go during	to schoo the 30 d	vey) l becaus lays befo	3.6 The they fore the solution 5.6	2.8 elt unsat survey) 6.5	3.3 fe at sch 4.8	2.9 1001 or 01 6.5	4.2 n their 9.0			
QN16: way to QN18:	Percent Percent Percent	t 1 day d tage of s school	students (on at lea	e 30 day who did ast 1 day	not go during	to schoo the 30 d	vey) l becaus lays befo	3.6 The they fore the solution 5.6	2.8 elt unsat survey) 6.5	3.3 fe at sch 4.8	2.9 1001 or 01 6.5	4.2 n their 9.0			
QN16: way to QN18: before QN19:	Percent Percent Percent the surv Percent	t I day d tage of s school tage of s 'ey)	students (on at lea	e 30 day who did ast 1 day who we who we	not go l during re in a p re injure	to schoo the 30 d hysical f	vey) l becaus lays befo fight (or hysical f	3.6 e they f pre the s 5.6 te or mo 20.2	2.8 elt unsat urvey) 6.5 re times 21.0 e or mo	3.3 fe at sch 4.8 during 18.0	2.9 000 or or 6.5 the 12 n 17.0	4.2 n their 9.0 nonths 14.8	No linear change	Not available	No change

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		Health R	isk Beh	avior an	d Perce	ntages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
1991 1993 1	995 199	7 1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN21: Percentag they did not want		ts who we	ere ever j	physicall	y forced	l to have	e sexual	interco	urse (wh	en			
						11.2	14.3	11.3	13.2	11.3	No linear change	Not available [§]	No change
the 12 months bef object or weapon	ore the sur on purpose	vey, inclu by somed	ding beii one they	ng hit, sla were dat	ammed i ting or g	into son oing ou	nething, t with a	, or injui	ed with udents w	an vho	No linear change	Not available	No change
the 12 months bef object or weapon	ore the sur on purpose	vey, inclu by somed	ding beii one they	ng hit, sla were dat	ammed i ting or g	into son oing ou	nething, t with a	, or injui	red with	an			
the 12 months bef object or weapon dated or went out QN23: Percentag	ore the sur on purpose with some e of studen	vey, inclue by some one during ts who ex	ding bein one they g the 12 n perience	ng hit, sla were dat months b d sexual	ammed i ting or g before th dating v	into son oing ou e surve	nething, t with a y)	, or injui mong st	ted with udents w 11.3	an vho 10.5 ing the	No linear change	Not available	No change
the 12 months bef object or weapon dated or went out QN23: Percentag 12 months before intercourse when	e of studen the survey	ts who ex including t want to	ding bein one they g the 12 n perience g kissing by some	ng hit, sla were dat months b d sexual , touchin one they	ammed i ting or g before th dating v ag, or bei were da	into son oing ou e surve violence ing phy ating or	nething, t with a y) e (one or sically f going o	, or injur mong st r more ti forced to	red with udents w 11.3 imes dur have se	an vho 10.5 ing the exual	No linear change	Not available	No change
the 12 months bef object or weapon dated or went out QN23: Percentag 12 months before intercourse when	e of studen the survey	ts who ex including t want to	ding bein one they g the 12 n perience g kissing by some	ng hit, sla were dat months b d sexual , touchin one they	ammed i ting or g before th dating v ag, or bei were da	into son oing ou e surve violence ing phy ating or	nething, t with a y) e (one or sically f going o	, or injur mong st r more ti forced to	red with udents w 11.3 imes dur have se	an vho 10.5 ing the exual	No linear change No linear change	Not available Not available	No change No change
QN22: Percentag the 12 months bef object or weapon dated or went out QN23: Percentag 12 months before intercourse when who dated or went QN24: Percentag survey)	e of studen the survey they did not t out with s	ts who ex including t want to omeone d	ding bein one they g the 12 r perience g kissing by some uuring the	ng hit, sla were dat months b d sexual , touchin one they e 12 mor	ammed i ting or g before th dating v g, or bei were da ths befo	into son oing ou e surve violence ing phy tting or ore the s	nething, t with a y) e (one or sically f going o survey)	, or injur mong st r more ti forced to ut with a	red with udents w 11.3 imes dur have se among s 16.6	an vho 10.5 ing the xual tudents 14.9			

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			Н	ealth Ri	isk Beha	avior ar	nd Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
				who we ssaging,											
										20.5	19.5	22.9	No linear change	Not available [§]	No change
											17.00	,	i to initial thange		e
															6
				who felf some us							e weeks				
											e weeks		Increased, 2007-2015	Not available	Increased
20W SO	that the	y stoppe	ed doing		sual activ	vities du	iring the	12 mor 34.5	33.5	ore the su 32.8	e weeks urvey) 35.7	in a 42.7		Not available	Increased
QN27:	that the Percent	y stoppe	ed doing	some us	sual activ	vities du	iring the	12 mor 34.5	33.5	ore the su 32.8	e weeks urvey) 35.7	in a 42.7		Not available Not available	Increased
QN27: before QN28:	Percent the surv	y stoppe tage of s ey)	ed doing students students	some us	iously co	vities du onsidere	aring the	12 mor 34.5 pting su 20.9	33.5 icide (du 19.5	32.8 uring the 16.8	e weeks urvey) 35.7 e 12 mor 21.7	in a 42.7 nths 23.3	Increased, 2007-2015		

Alaska (Recoded Race) High School Survey

		Н	ealth Ri	sk Beha	avior an	d Perce	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
N29: Percent		students	who atte	mpted s	suicide (one or r	nore tim	es durin	g the 12	months	6			
efore the surve	ey)						12.7	11.5	9.9	8.8	11.0	No linear change	Not available [§]	No change

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	Н	ealth R	isk Beh	avior an	d Perce	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
1991 1993 199	5 1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN31: Percentage	of students	who eve	er tried c	cigarette	smokin	g (even	one or t	wo puffs	5)				
						54.0	48.1	42.4	35.4	28.5	Decreased, 2007-2015	Not available [§]	Decreased
QN32: Percentage	of students	who sm	oked a v	whole ci	garette ł		•	ars (for 1 10.2			D 1 2007 2015		
						14.3	11.6	10.2	9.1	7.8	Decreased, 2007-2015	Not available	No change
	of students	who cur	rently s	moked c	igarette						Decreased, 2007-2015	Not available	No change
QN33: Percentage (before the survey)	of students	who cur	rently s	moked c	igarette						Decreased, 2007-2015 Decreased, 2007-2015	Not available	No change No change
	age of stud	lents wh	-			s (on at 19.7	least 1 d 17.1	ay durir 14.7	ng the 30 8.2) days 8.4			
before the survey) QNFRCIG: Percent	age of stud	lents wh	-			s (on at 19.7	least 1 d 17.1	ay durir 14.7	ng the 30 8.2) days 8.4			
before the survey) QNFRCIG: Percent	age of stud efore the s	lents wh urvey)	o curren	ntly frequ	iently si	s (on at 19.7 moked c 9.1	least 1 d 17.1 igarettes 5.7	ay durin 14.7 s (on 20 4.9	ng the 30 8.2 or more 3.7) days 8.4 days 2.6	Decreased, 2007-2015	Not available	No change

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obacco Use		He	alth Ri	sk Beh	avior ar	nd Perce	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 †
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN37: Percenta on at least 1 day						keless to	obacco (chewing	g tobacc	o, snuff,	or dip			
							7.3	7.4	4.3	5.0	8.2	No linear change	Not available [§]	No change
QN38: Percenta least 1 day durin QNTOB3: Perc least 1 day durin	entage of	days be	efore th	e survey	y) ly used (6.1	6.2	6.1	4.6	3.7	No linear change	Not available	No change
-	-	-		-			25.4	23.3	19.3	14.6	14.7	Decreased, 2007-2015	Not available	No change
QNTOB2: Perc the 30 days befo			its who	current	ly smok	ed cigar	ettes or	cigars (c	on at lea	st 1 day	during			
			its who	current	ly smok	ed cigar	ettes or 21.6	cigars (c 18.9	on at leas 18.2	st 1 day 11.3	during 10.1	Decreased, 2007-2015	Not available	No change
	Percenta	rvey)	idents v	vho did	not curr	rently us	21.6 e cigare	18.9	18.2	11.3	10.1	Decreased, 2007-2015	Not available	No change

Alaska (Recoded Race) High School Survey

emale obacco \	Use		H	lealth R	isk Beh	avior ar	nd Perco	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNNOT day duri						not curi	ently sn	noke cig	arettes o	or cigars	(on at l	east 1			
								78.8	81.5	82.9	89.9	90.4	Increased, 2007-2015	Not available [§]	No change

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Health Risk Behavior and Perce	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
1991 1993 1995 1997 1999 2001 2003 2005	2007	2009	2011	2013	2015			
QN41: Percentage of students who ever drank alcohol (at least during their life)	t one dri	nk of al	cohol on	at least	1 day			
	73.9	67.8	68.2	60.2	58.4	Decreased, 2007-2015	Not available [§]	No change
QN42: Percentage of students who drank alcohol before age 1 few sips)	3 years	(for the	first time	e other t	han a			
	16.3	16.0	14.4	12.2	10.8	Decreased, 2007-2015	Not available	No change
QN43: Percentage of students who currently drank alcohol (at day during the 30 days before the survey)	least on	e drink	of alcoh	ol on at	least 1			
	39.2	32.9	31.0	22.8	23.6	Decreased, 2007-2015	Not available	No change
QN44: Percentage of students who drank five or more drinks of hours on at least 1 day during the 30 days before the survey)	of alcohe	ol in a ro	ow (with	in a cou	ple of			
	23.9	19.9	16.7	12.4	12.0	Decreased, 2007-2015	Not available	No change
QN46: Percentage of students who usually obtained the alcohot them (among students who currently drank alcohol)	ol they d	rank by	someon	e giving	g it to			
				34.7	40.5	No linear change	Not available	No change

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	Hea	lth Risk Be	ehavior ar	d Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991 1993 1995	1997 1	.999 2001	1 2003	2005	2007	2009	2011	2013	2015			
QN47: Percentage of st	udents wl	no ever used	l marijuan	a (one o	r more t	imes du	ring the	ir life)				
					44.4	39.5	40.2	38.1	35.4	Decreased, 2007-2015	Not available [§]	No change
QN48: Percentage of st	udents wl	no tried mai	rijuana bef	ore age	13 years	s (for the	e first tii	ne)				
					9.5	8.9	8.7	9.9	6.1	No linear change	Not available	No change
QN49: Percentage of st	udents wl	no currently	used mar	ijuana (c	one or m	ore tim	es durin	g the 30	days			
before the survey)												
before the survey)					18.9	19.0	18.7	17.7	16.5	No linear change	Not available	No change
Defore the survey) QN50: Percentage of st or freebase, one or more				any form						No linear change	Not available	No change
QN50: Percentage of st				any forr						No linear change Decreased, 2007-2015	Not available Not available	No change No change
QN50: Percentage of st	times du	ring their li	fe)	(sniffec	n of coc 6.6 l glue, b	zaine, su 7.1 reathed	5.0	owder, c 4.9 tents of	rack, 2.5			

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			Н	ealth R	isk Beh	avior aı	nd Perco	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	Percent more tin				er used l	heroin (a	ulso calle	ed "sma	ck," "jur	1k," or "(China w	hite,"			
								0.9	2.3	1.6	1.2	1.0	No linear change	Not available [§]	No change
				who eve times du			phetamin	nes (also	called	"speed,"	"crystal	l,"			
							ohetamii	nes (also 4.3	called 2.8	"speed," 2.5	"crystal 1.8	l," 1.6	Decreased, 2007-2015	Not available	No change
"crank,	" or "ice	e," one of stage of s	or more t	imes du	ring the	ir life)		4.3	2.8	2.5	2	1.6	Decreased, 2007-2015	Not available	No change
"crank,	" or "ice Percent	e," one of stage of s	or more t	imes du	ring the	ir life)		4.3	2.8	2.5	1.8	1.6	Decreased, 2007-2015 Decreased, 2007-2015	Not available Not available	No change Decreased
Crank QN54: during QN57:	" or "ice Percent their life Percent Contin,	tage of s tage of s	students	who ever who ever	ring the er used o er took j	ir life)	also call	4.3 led "ME 8.0 gs witho	2.8 DMA," o 6.3 ut a doct	2.5 ne or me 4.1 tor's prea	1.8 ore times	1.6 s 2.1			

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Trend Analysis Report

		H	ealth R	isk Beh	avior an	d Perce	ntages					Linear Change [*]	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN60: Percent	age of st	udents	who eve	er had se	exual into	ercourse		-	-					
							46.4	42.9	37.3	39.5	35.0	Decreased, 2007-2015	Not available [§]	No change
QN61: Percent	age of st	udents	who had	d sexual	intercou	irse befo	re age 1	3 years	(for the	first tin	ne)			
							3.6	2.6	2.4	3.1	2.0	No linear change	Not available	No change
	age of st	udents	who had	d sexual	intercou	rse with	four or	more p	ersons (during t	heir			
	age of st	udents	who had	d sexual	intercou	urse with	four or 13.7	- more p 10.7	ersons (7.5	during th 9.1	heir 7.0	Decreased, 2007-2015	Not available	No change
QN62: Percent life) QN63: Percent one person duri	age of st	udents	who we	re curre	ntly sexu		13.7	10.7	7.5	9.1	7.0	Decreased, 2007-2015	Not available	No change
life) QN63: Percent	age of st	udents	who we	re curre	ntly sexu		13.7	10.7	7.5	9.1 with at 1	7.0	Decreased, 2007-2015 Decreased, 2007-2015	Not available Not available	No change No change
life) QN63: Percent	age of st ng the 3	udents months udents	who we before who dra	re curre the surv	ntly sexu vey)	ually acti	13.7 ve (sex 34.8	10.7 ual inter 31.1	7.5 rcourse 26.2	9.1 with at 1 26.8	7.0 east 26.5			

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	chavioi	S	Н	lealth R	isk Beh	avior ar	nd Perco	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
			students cually ac		ed a con	dom (du	ring last	sexual	intercou	irse amo	ng stude	ents			
								58.9	55.9	55.3	59.6	54.1	No linear change	Not available [§]	No change
N66: Pregna	Percent ncy amo	tage of s	students ents who	who use o were c	ed birth ourrently	control j sexuall	oills (bei y active)	ore last	sexual	intercou	rse to pr	event			
								26.8	28.9	21.2	21.3	23.4	No linear change	Not available	No change
) NIUI	DIMP: I	explanoi	nge of stu n) (befor y active)	re last se	vho used exual int	an IUD ercourse	(e.g., N e to prev	lirena o ent preg	r ParaGa gnancy a	ard) or in mong st	mplant (udents v	e.g., who			
mplan															
mplan											5.9	12.0	Increased, 2013-2015	Not available	Increased
nplan vere cu NSH	PARG:	Percent	.g., Nuva	tudents aRing) (a	who use during la	d a shot ast sexua	(e.g., Dal interc	epo-Pro ourse ar	vera), pa nong stu	atch (e.g idents w	., Ortho	Evra),	Increased, 2013-2015	Not available	Increased

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			Н	ealth Ri	isk Beh	avior an	nd Perce	entages					Linear Change [*]	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
oatch, o	or birth o		ing (bef								or a sho students				
vere ci															
vere cu	intentity	Sexually	active)								36.4	40.2	No linear change	Not available [§]	No change
NDU UD or	ALBC: implant	Percent t; or a sh	age of s	h, or birt	th contro		efore las	st sexual			36.4 ol pills; prevent	an	No linear change	Not available [§]	No change
QNDU UD or	ALBC: implant	Percent t; or a sh	age of s	h, or birt	th contro	ol ring b	efore las	st sexual			ol pills;	an	No linear change	Not available ⁸	No change No change
QNDU UD or and pre	ALBC: implant gnancy NONE:	Percent t; or a sh among s	age of s tot, patcl students	n, or birt who we	th contro ere curre who did	ol ring b ently sex	efore las ually act	t sexual tive)	interco	urse (to	ol pills; prevent	an STD 17.6			

Alaska (Recoded Race) High School Survey

Trend Analysis Report

emale Veight Management and Dietary Behaviors Health Risk Be	havior and Percentages	5				Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993 1995 1997 1999 2001	2003 2005 2007	2009	2011	2013	2015			
QNOWT: Percentage of students who were of body mass index, based on sex- and age-spec								
	14.6	15.2	14.7	12.7	18.1	No linear change	Not available [¶]	Increased
QNOBESE: Percentage of students who wer on sex- and age-specific reference data from	re obese (>= 95th percent the 2000 CDC growth ch	ile for b	ody mas	s index,	based			
	9.6	9.9	8.8	11.4	10.9	No linear change	Not available	No change
QN69: Percentage of students who described	themselves as slightly of	or very o	verweigl	nt				
	38.9	35.5	35.7	34.8	37.9	No linear change	Not available	No change
QN71: Percentage of students who did not d during the 7 days before the survey)	rink fruit juice (100% fru	iit juices	one or r	nore tim	ies			
	21.5	22.0	20.5	29.8	30.3	Increased, 2007-2015	Not available	No change
QN72: Percentage of students who did not easurvey)	at fruit (one or more time	es during	the 7 da	iys befoi	re the			
•	12.4	10.2	7.4	8.2	8.9	Decreased, 2007-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

^sOverweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. Not enough years of data to calculate.

Alaska (Recoded Race) High School Survey

Trend Analysis Report

emale /eight N	/lanage	ment aı		ary Beha lealth R		avior ar	nd Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNFR(before t			f studen	ts who d	lid not e	at fruit c	or drink	100% fr	uit juice	s (durin	g the 7 c	days			
								5.8	4.3	2.8	3.9	5.0	No linear change	Not available [§]	No change
			f studen ore the s		te fruit	or drank	100% f	ruit juic	es one o	r more t	imes per	r day			
(uuring	uie / u	ujs sere	ie the s	ui (ey)				57.8	59.3	61.4	60.5	55.2	No linear change	Not available	No change
			f studen		te fruit	or drank	100% f	ruit juic	es two o	r more t	imes pe	r day			
(8								23.2	28.0	31.0	27.6	26.8	No linear change	Not available	No change
			f studen		te fruit	or drank	100% f	ruit juic	es three	or more	times p	er day			
` <i>0</i>		,		57				12.9	15.9	18.8	17.0	15.9	No linear change	Not available	No change
QN73:	Percen	tage of a	students	who dic	l not eat	salad (d	luring th	e 7 days	s before	the surv	ey)				
								32.0	35.3	31.0	33.8	37.1	No linear change	Not available	No change

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Trend Analysis Report

			Н	ealth R	isk Beh	avior aı	nd Perce	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
2N74:	Percen	tage of s	tudents	who did	l not eat	potatoe	s (during	g the 7 d	lays befo	ore the s	urvey)				
								35.6	32.4	33.3	36.1	35.5	No linear change	Not available [§]	No change
QN75:	Percen	tage of s	tudents	who did	l not eat	carrots	(during	the 7 da 37.4	ys befor 44.4		rvey) 41.2	42.1	No linear change	Not available	No change
QN76:	Percen	tage of s	tudents	who did	l not eat	other ve	egetable	s (during	g the 7 d	lays befo	ore the s	urvey)			
								13.0	13.9	11.9	13.2	13.9	No linear change	Not available	No change
	G0: Per					t eat veg									
	fries, fr	ied pota	loes, or	polato c	mpsj, ca	arrots, or	ouler v	egetable	, aann	5					

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Alaska (Recoded Race) High School Survey

Trend Analysis Report

			Н	ealth Ri	isk Beha	avior ar	nd Perce	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
otatoe	es [exclu										n salad, tables, d	luring			
			•					62.3	64.5	66.7	63.1	64.3	No linear change	Not available [§]	No change
			of stude ench frie									luring			
otatoe	s [exclu		ench frie								en salad, tables, d 29.5	luring 28.5	Increased, 2007-2015	Not available	No change
ootatoe he 7 da QNVE	es [exclu ays befo G3: Per es [exclu	ding Fre ore the su	ench frie urvey) of stude ench frie	ents who	potatoes	, or pota	three or	24.6	25.3	28.9 day (gre	tables, d	28.5 I,	Increased, 2007-2015	Not available	No change
Dotatoe he 7 da QNVE	es [exclu ays befo G3: Per es [exclu	ding Fre ore the su ccentage ding Fre	ench frie urvey) of stude ench frie	ents who	potatoes	, or pota	three or	24.6	25.3	28.9 day (gre	29.5 29.s	28.5 I,	Increased, 2007-2015 Increased, 2007-2015	Not available Not available	No change
QNVE Dotatoe Dotatoe he 7 da	es [exclu ays befo G3: Per es [exclu ays befo Percen	ding Fre ore the su ccentage ding Fre ore the su tage of s	of stude arvey) of stude ench frie arvey)	ents who ents who who did	ate veg potatoes	, or pota etables i , or pota	three or ato chips	24.6 more tir], carrot 10.5	25.3 nes per (s, or oth 12.5	day (gre 14.7	29.5 29.5 een salad tables, d	28.5 l, luring 15.0			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Alaska (Recoded Race) High School Survey

		Н	ealth Ri	sk Beha	avior an	d Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	3 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNSODA1:										e or mo	re			
times per day	y (not me	luang ai	et soua c	or thet po	sp, durm	ig the 7	-							
							18.3	19.8	11.9	10.9	14.5	Decreased, 2007-2015	Not available [§]	No change
QNSODA2: times per day										o or mo	ore			
							13.5	12.7	6.9	6.9	10.8	Decreased, 2007-2015	Not available	Increased

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iysical	·	-	H	lealth R	isk Beh	avior ar	d Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
days (d	loing any	y kind o	f physic	who we al activi lays befo	ty that in	ncreased	tive at le their he	east 60 r eart rate	ninutes and ma	per day de them	on 5 or 1 breathe	nore hard			
Joine e	i the th		5 the 7 t	ujs sen	ore the s	ui (ey)				38.2	38.0	38.8	No linear change	Not available [§]	No change
activity	/ on at le	east 1 da	y (doing	tudents g any kir time du	nd of ph	ysical ac	tivity th	at incre	ased the	nutes of air heart	physical rate and	l made			
activity	/ on at le	east 1 da	y (doing	g any kir	nd of ph	ysical ac	tivity th	at incre	ased the	nutes of eir heart	physical rate and 17.4	l made 18.4	No linear change	Not available	No change
activity them b QNPA days (c	7 on at le reathe h 7DAY: loing any	east 1 da ard som Percent y kind o	y (doing e of the age of s f physic	g any kin time dur tudents al activi	nd of ph ring the who wer ty that in	ysical ac 7 days b re physic ncreased	etivity the efore the cally action	at incre e survey	ased the y) ast 60 m	ir heart	17.4	made 18.4 on all 7	No linear change	Not available	No change
activity them b QNPA days (c	7 on at le reathe h 7DAY: loing any	east 1 da ard som Percent y kind o	y (doing e of the age of s f physic	g any kin time dur	nd of ph ring the who wer ty that in	ysical ac 7 days b re physic ncreased	etivity the efore the cally action	at incre e survey	ased the y) ast 60 m	ir heart 14.3	17.4	made 18.4 on all 7	No linear change No linear change	Not available Not available	No change No change
activity them b QNPA days (c some c	7 on at le reathe h 7DAY: loing any f the tim	Percent y kind o ne (durin	ay (doing e of the age of s f physic ng the 7	g any kin time dur tudents al activi days bet	nd of ph ring the who wer ty that in fore the	ysical ac 7 days b re physic ncreased survey)	efore the cally action their he	at incre e survey ive at le eart rate	ased the y) ast 60 m and ma	tir heart i 14.3 ninutes p de them	17.4 Der day o breathe 14.2	made 18.4 on all 7 hard 17.0			

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			H	ealth Ri	isk Beh	avior ar	nd Perce	entages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
						eo or co ol work					er 3 or n	nore			
								17.6	18.3	24.8	31.6	32.8	Increased, 2007-2015	Not available [§]	No change
N83·	Percent	tage of s	tudents	who atte	ended pl	uvsical e	ducatio	n classe	s on 1 or	r more d	avs (in a				
			tudents ey were i			hysical e	ducation	n classes 39.5	s on 1 or 37.7		ays (in a 34.8	an 34.9	Decreased, 2007-2015	Not available	No change
	e week v	when the	ey were i	dents wh	l)	hysical e ded phys		39.5	37.7	37.8	34.8	34.9	Decreased, 2007-2015	Not available	No change
verage 2NDL	e week v	when the	ey were i	dents wh	l)	_		39.5 Ication c	37.7 classes o	37.8	34.8 ays (in a	34.9 an	Decreased, 2007-2015 No linear change	Not available Not available	No change No change
QNDL average QN84:	YPE: Port of the week week week week week week week we	when the ercentag when the tage of s	ey were i ge of stud ey were i students	dents who pla	1) no attend 1) yed on a	_	sical edu	39.5 acation c 12.4	37.7 classes o 13.3	37.8 on all 5 d 12.8	34.8 ays (in a 11.7	34.9 an			

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			H	ealth Ri	isk Beha	avior ar	d Perce	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN87:	Percent	tage of s	students	who hac	l ever be	een told	by a doc	ctor or n	urse tha	t they ha	nd asthm	a			
QN87:	Percent	tage of s	students	who had	l ever be	een told	by a doc	ctor or n 18.1	urse tha	t they ha 21.7	ud asthm 18.2	a 20.6	No linear change	Not available [§]	No change
	Percent		students				-	18.1	19.7	21.7	18.2	20.6	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	ed		Н	ealth Ri	isk Beh	avior ar	nd Perco	entages					Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	Percent day duri						cco, snu	ff, or dij	p on sch	ool prop	erty (on	ı at			
								2.8	3.5	1.5	4.1	6.5	No linear change	Not available [§]	No change
lays)										luring th	4.5	4.5	No linear change	Not available	No change
QN93: luring	Percent the past	age of s 30 days	tudents)	who use	ed Iqmik	or blac	kbull on	i school	property	v (on at l	east 1 d 3.1	ay 4.1	No linear change	Not available	No change
		<u> </u>	tudents	who we	re in the	same re	oom wit	h somec	ne who	was smo	oking				
	Percent tes (on a					ays)									
						ays)		51.7	42.6	39.1	30.0	32.1	Decreased, 2007-2015	Not available	No change
QN95:	tes (on a	t least 1	day dur	who thing	past 7 da	le greatl		arming t		39.1 res (phys			Decreased, 2007-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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			Н	ealth R	isk Beh	avior ar	d Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN96: other v	Percen vays) if t	tage of s they hav	tudents e five oi	who thi r more d	nk peop rinks of	le greatl an alcol	y risk ha olic bev	urming t verage o	hemselv nce or t	ves (phys wice a w	sically o veek	r in			
											41.4	32.6	Decreased, 2013-2015	Not available [§]	Decreased
QN98:	Percen	tage of s	tudents	who thi	nk peop	le greatl	y risk ha	rming t	hemselv	ves (phys	sically o	r in			
other v	vays) if t	they smo	oke mari	ijuana oi	nce or tv	vice a w	eek	U			, , .				
other v	vays) if t	they smo	oke mari	juana oi	nce or tv	vice a w	eek	U		(1-)	19.4	18.7	No linear change	Not available	No change
QN99: (such a	Percen s OxyC	tage of s	tudents ercocet,	ijuana or who cur Vicodin	rrently to	vice a w	eek	n drug v	without	a doctor one or m	19.4 's prescr	18.7	No linear change	Not available	No change
QN99: (such a	Percen s OxyC	tage of s	tudents ercocet,	ijuana or who cur Vicodin	rrently to	vice a w	eek	n drug v	without	a doctor	19.4 's prescr	18.7	No linear change	Not available Not available	No change No change
QN99: Such a Juring	Percen ls OxyC the 30 d	tage of s ontin, Pe lays befo	tudents ercocet, ore the s student	who cur Vicodin urvey) s who m	rrently to , codein	vice a w pok a pro e, Adde	eek escriptic call, Rita	n drug v llin, or 2	without Kanax, c	a doctor one or m	19.4 's prescr ore time 5.9	18.7 iption s 5.8			

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Trend Analysis Report

Yemale Site-Added		Н	ealth R	isk Beh	avior ar	nd Perce	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
2N110: Percentage of students who do not have one of their parents talk with them about what they are doing in school about every day														
							54.5	56.2	57.8	55.4	57.4	No linear change	Not available [§]	No change
QN111: Percent and give them a				rongly a	agree or	agree th	at their	teachers	really c	are abou	ut them			
							53.5	59.3	56.2	63.0	60.0	Increased, 2007-2015	Not available	No change
QN112: Percent besides their par									n one or	more ad	lults			
							88.3	83.4	87.8	87.0	89.6	No linear change	Not available	No change
QN113: Percent the community (peer helping; me organizations, or	(such as entoring	s helping g; or hel	g elders ping out	or neigh t at loca	nbors; w l prograi	atching ms, heal	young c th clinic	hildren; s, faith	teachin	g or tuto	oring;			
							43.8	43.0	43.5	41.0	39.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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ite-Add	ed		н	lealth R	isk Beh	avior ar	nd Perce	entages		Linear Change*	Quadratic Change*	Change from 2013-2015 [†]			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
activiti	es on an	y days (such as	school c	clubs; co	ce part ir mmunit activities	y center	groups;	music,	art, or d	g, or wee ance les	ekend sons;			
								39.6	42.4	38.1	43.3	40.3	No linear change	Not available [§]	No change
QN115	: Perce	ntage of	student	s who d	isagree (or strong	ly disag		•						
								62.1	62.8	62.5	58.2	53.4	Decreased, 2007-2015	Not available	No change
	: Perce atter to p		student	s who st	trongly a	agree or	agree th	at in the	ir comn	nunity th	ey feel l	like			
			student	s who st	trongly a	agree or	agree th	at in the 48.0	ir comm 50.9		ey feel 1 48.5	like 47.1	No linear change	Not available	No change
they m QN117	atter to p	people	student			agree or		48.0	50.9	56.2	48.5	47.1	No linear change	Not available	No change
they m QN117	atter to p	ntage of	student					48.0	50.9	56.2	48.5	47.1	No linear change Increased, 2007-2015	Not available Not available	No change No change
they m QN117 conseq QN118	atter to p ': Perce uences f 3: Perce	ntage of or behav	student vior student	s who st	trongly a		agree th	48.0 at their s 56.0	50.9 school h 64.6	56.2 as clear 67.3	48.5 rules an 63.1	47.1 d 64.0			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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ite-Addo	Health Risk Behavior and Percentages											Linear Change*	Quadratic Change [*]	Change from 2013-2015 [†]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN119:	: Percer	ntage of	students o drinks	s who th	ink thei	r parent	s feel it	would b	e wrong	or very	wrong	for			
	nave O		o urmks	of all al		Deverag	e nearly	every	iay		85.0	86.9	No linear change	Not available [§]	No change
QN120 ⁻	: Perce	ntage of	students	who th	ink thei	r parent	s feel it	would b	e wrong	or very	wrong	for			
		cigarette									C C				
											927	919	No linear change	Not available	No change
											92.7	91.9	No linear change	Not available	No change
QN122: chance	: Percent they wo	ntage of ould be s	students een as c	who th ool if th	ink ther	e is som	e chanc rettes	e, pretty	good cl	hance, o			No linear change	Not available	No change
QN122: chance	: Percer they wo	ntage of buld be s	students een as c	s who th ool if th	nink ther and smol	re is som ked ciga	e chanc rettes	e, pretty	good cl	hance, o 14.2			No linear change Decreased, 2011-2015	Not available Not available	No change No change
QN123:	they wo	ntage of	students een as c students een as c	ool if th	ey smol	ked ciga	rettes	e, pretty	good cl	14.2	r very g 11.4 r very g	ood 9.6			

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Female Site-Added		н	lealth R	isk Beh	avior ar	nd Perco	entages					Linear Change*	Quadratic Change*	Change from 2013-2015 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN124: Perce chance they w	entage of ould be	f student seen as c	s who th cool if th	nink then nev smol	e is som ked mari	e chanc juana	e, pretty	good cl	hance, o	r very g	ood			
						J			30.4	34.2	27.5	No linear change	Not available [§]	Decreased

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Trend Analysis Report

		ence	Н	ealth Ri	isk Beh	avior ar	d Perce	entages					Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
		ige of str e during						le helme	et (amor	ig studei	nts who	had			
								68.7	61.1	62.7	52.5	50.6	Decreased, 2007-2015	Not available [¶]	No change
	ne else)	ige of st			-			5.1	8.1	5.3	5.0	4.7	No linear change	Not available	No change
				1 1	e with a	، driver	who had		rinking a	alcohol (in a car	or			
		tage of s					ore the s	survey)							
							ore the s	urvey) 24.5	21.8	16.8	11.8	12.2	Decreased, 2007-2015	Not available	No change

Alaska (Recoded Race) High School Survey

Trend Analysis Report

'hite* ijury and	d Viole	ence	Н	ealth R	isk Beh	avior aı	nd Perce	entages					Linear Change [†]	Quadratic Change †	Change from 2013-2015 [§]
1991 1	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN12: F 1 day dui during th	ring the	e 30 day	s before	e the sur											
C		-		•							41.3	40.5	No linear change	Not available [¶]	No change
ON15: F	Percent	age of s	students	who car	ried a w	veapon o	n schoo	l proper	ty (such	as a gui	n. knife.	or			
QN16: F	at least Percent	1 day d	uring the	e 30 day who did	s before	to schoo	vey)	9.6 se they f	9.3 elt unsa	5.9	7.3	9.0	No linear change	Not available	No change
QN16: F	at least Percent	1 day d	uring the	e 30 day who did	s before	to schoo	vey)	9.6 se they f	9.3 elt unsa	5.9	7.3	9.0	No linear change No linear change	Not available Not available	No change Increased
QN16: F way to or QN18: F	et least Percent or from Percent	1 day d rage of s school	uring the students (on at lea	e 30 day who did ast 1 day	vs before I not go y during	to schoo the 30 o	vey) ol becaus days bef	9.6 se they f ore the s 3.6	9.3 elt unsa survey) 5.6	5.9 fe at sch 2.6	7.3 nool or o 3.7	9.0 n their 6.8			
QN15: F club on a QN16: F way to or QN18: F before th	et least Percent or from Percent	1 day d rage of s school	uring the students (on at lea	e 30 day who did ast 1 day	vs before I not go y during	to schoo the 30 o	vey) ol becaus days bef	9.6 se they f ore the s 3.6	9.3 elt unsa survey) 5.6	5.9 fe at sch 2.6	7.3 nool or o 3.7	9.0 n their 6.8			
QN16: F way to or QN18: F	Percent Percent Percent ne surve	1 day d age of s school age of s ey)	uring the students (on at les students	e 30 day who did ast 1 day who we	I not go y during re in a p re injure	to schoo the 30 o ohysical	vey) ol becaus days bef fight (or hysical f	9.6 se they f ore the s 3.6 ne or mo 27.5 fight (or	9.3 elt unsa survey) 5.6 ore times 27.4 e or mo	5.9 fe at sch 2.6 s during 22.1	7.3 1000 or o 3.7 1001 the 12 n 22.6	9.0 n their 6.8 nonths 17.6	No linear change	Not available	Increased

Alaska (Recoded Race) High School Survey

Trend Analysis Report

	I	Iealth R	isk Beh	avior an	nd Perce	ntages					Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991 1993 19	95 1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN21: Percentage they did not want to		s who we	ere ever j	physical	ly forced	l to hav	e sexual	interco	urse (wh	nen			
						9.3	10.0	8.5	7.0	6.6	Decreased, 2007-2015	Not available [¶]	No change
the 12 months befo object or weapon of	re the surv n purpose l	ey, inclue by some	ding bein one they	ng hit, sl were da	ammed it ing or g	into sor oing ou	nething, t with a	or injur	ed with	an			
the 12 months befo object or weapon of	re the surv n purpose l	ey, inclue by some	ding bein one they	ng hit, sl were da	ammed it ing or g	into sor oing ou	nething, t with a	or injur	ed with	an	No linear change	Not available	No change
the 12 months befo object or weapon of dated or went out w QN23: Percentage 12 months before th	of students	ey, includ by someone during s who exp including	ting bein one they the 12 n perience	ng hit, sl were da months b d sexual , touchir	ammed i ting or g before th dating v	into sor oing ou e surve violence ing phy	nething, t with an y) e (one or sically f	or injur mong st	7.1 mes dur	an who 8.4 ring the exual	No linear change	Not available	No change
the 12 months befo object or weapon of dated or went out w QN23: Percentage 12 months before the intercourse when the	of students ne survey, i	ey, includ by someo ne during s who exp including want to l	the 12 perience s kissing	ng hit, sl were da months b d sexual , touchir one they	dammed i ting or g before th dating v ng, or beit	into sor oing ou e surve violence ing phy ating or	nething, t with an y) e (one or sically f	or injur mong st	7.1 mes dur	an who 8.4 ring the exual	No linear change	Not available	No change
the 12 months befo object or weapon of dated or went out w QN23: Percentage 12 months before the intercourse when the	of students ne survey, i	ey, includ by someo ne during s who exp including want to l	the 12 perience s kissing	ng hit, sl were da months b d sexual , touchir one they	dammed i ting or g before th dating v ng, or beit	into sor oing ou e surve violence ing phy ating or	nething, t with an y) e (one or sically f	or injur mong st	7.1 mes dur have se	an who 8.4 ring the exual	No linear change No linear change	Not available Not available	No change No change
QN22: Percentage the 12 months befo object or weapon of dated or went out w QN23: Percentage 12 months before the intercourse when the who dated or went of QN24: Percentage survey)	of students e survey, j ey did not out with so	ey, includ by someone a during s who exp ncluding want to l meone d	ding bein one they the 12 r perience kissing by some uring the	ng hit, sl were da months b d sexual , touchir one they e 12 mor	ammed i ting or g before th dating v ng, or bei were da nths befo	violence ing phy ting or ore the s	nething, t with ar y) c (one or sically f going or survey)	or injur mong st more ti orced to ut with a	red with udents v 7.1 mes dur have se among s 8.8	an vho 8.4 ring the exual students 10.5			

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Trend Analysis Report

White* injury a	nd Viol	ence	E	lealth R	lisk Beh	avior ar	nd Perce	entages					Linear Change [†]	Quadratic Change †	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	Percen														
										16.3	15.0	18.8	No linear change	Not available [¶]	No change
QN26: row so	Percen that the	tage of s y stoppe	students ed doing	who fel some u	t sad or sual acti	hopeless vities du	s (almos uring the	t every o 12 mor	day for 2 ths befo	2 or mor ore the s	e weeks urvey)	in a			
								24.4	24.0	25.5	24.3	35.1	Increased, 2007-2015	Not available	Increased
	Percen the surv		students	who ser	riously c	onsidere	ed attem	pting su	icide (d	uring the	e 12 moi	nths			
								13.9	12.5	13.8	13.4	17.6	No linear change	Not available	No change
	Percen s before			who ma	ade a pla	in about	how the	y would	l attemp	t suicide	e (during	the 12			
								12.2	10.6	12.0	11.2	14.6	No linear change	Not available	No change

Alaska (Recoded Race) High School Survey

		Н	ealth R	isk Beh	avior an	nd Perce	entages					Linear Change [†]	Quadratic Change †	Change from 2013-2015 [§]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
N29: Perce		students	who atte	empted s	suicide (one or n	nore tim	es durin	ng the 12	2 months	8			
efore the sur	vey)													

Alaska (Recoded Race) High School Survey

Trend Analysis Report

		He	alth Ri	sk Beha	avior ar	nd Perce	entages					Linear Change †	Quadratic Change †	Change from 2013-2015 §
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN31: Percent	age of st	udents v	vho eve	r tried c	igarette	smokin	g (even	one or t	wo puffs	5)				
							47.9	39.2	36.0	27.7	22.2	Decreased, 2007-2015	Not available [¶]	No change
QN32: Percent	age of st	udents v	vho sm	oked a v	whole ci	garette b	efore ag	ge 13 ye	ars (for	the first	time)			
							12.7	8.7	7.0	6.8	4.7	Decreased, 2007-2015	Not available	No change
QN33: Percent		udents v	vho cur	rently si	noked c	igarette	s (on at	least 1 d	lay durir	ng the 30) days			
before the surve							14.5	13.9	10.8	8.0	6.8	Decreased, 2007-2015	Not available	No change
before the surve														C
QNFRCIG: Per	rcentage			o curren	tly freq	uently si			s (on 20	or more	e days			
QNFRCIG: Per during the 30 da	rcentage			o curren	tly freq	uently si			s (on 20 3.3	or more 3.3	e days 1.9	Decreased, 2007-2015	Not available	No change
QNFRCIG: Per	rcentage ays befor Percentag	e the su	rvey)			-	noked c 5.7	igarettes 4.7	3.3	3.3	1.9	Decreased, 2007-2015	Not available	No change

Alaska (Recoded Race) High School Survey

Trend Analysis Report

'hite* bbacco Use		Не	alth Ri	isk Beh	avior ar	nd Perce	entages					Linear Change [†]	Quadratic Change †	Change from 2013-2015 [§]
1991 1993 1	1995 1	.997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN37: Percentag on at least 1 day						keless t	obacco (chewing	g tobacc	o, snuff,	, or dip			
							8.2	10.5	6.0	4.5	5.3	Decreased, 2007-2015	Not available [¶]	No change
QN38: Percentag least 1 day during QNTOB3: Perce	g the 30	days be	efore th	current	y) ly used (11.6	11.4	9.3	8.7	6.9	Decreased, 2007-2015	Not available	No change
east 1 day during	g the 30	days be	efore th	e surve	y)		22.6	24.1	18.0	15.5	13.8	Decreased, 2007-2015	Not available	No change
QNTOB2: Perce the 30 days befor			nts who	current	ly smok	ed cigar	ettes or	cigars (o	on at lea	st 1 day	during			
							19.4	19.8	16.1	13.6	11.2	Decreased, 2007-2015	Not available	No change
QNNOTOB3: Pettobacco (on at lea								ttes, cig	ars, or si	mokeles	S			
			,				, 78.7	78.6	83.1	86.0	87.0	Increased, 2007-2015	Not available	No change

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1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015					rcentages					Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 §
	91 1993 1	1995 1997	1999 2001	2003 200	5 2007	2009	2011	2013	2015			
QNNOTOB2: Percentage of students who did not currently smoke cigarettes or cigars (on at least 1 day during the 30 days before the survey)							-					

Alaska (Recoded Race) High School Survey

Trend Analysis Report

lcohol a	and Oth	ner Dru	0	lealth R	isk Beh	avior ar	nd Perce	entages					Linear Change †	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN41: during t			students	who eve	er drank	alcohol	(at least	t one dri	nk of al	cohol or	ı at least	: 1 day			
								77.5	69.9	66.5	60.8	58.5	Decreased, 2007-2015	Not available [¶]	No change
QN42: few sips		tage of s	students	who dra	ink alco	hol befo	re age 1	3 years	(for the	first tim	e other t	han a			
								21.3	17.4	15.2	13.1	13.9	Decreased, 2007-2015	Not available	No change
				who curve		rank alc	ohol (at	least on	e drink	of alcoh	ol on at	least 1			
								42.5	35.5	31.2	26.2	24.2	Decreased, 2007-2015	Not available	No change
				who dra the 30 da				of alcoh	ol in a ro	ow (with	in a cou	ple of			
								27.2	24.2	19.7	13.6	14.0	Decreased, 2007-2015	Not available	No change
				who usu rently di			e alcoho	ol they d	rank by	someon	e giving	g it to			
	Ũ			-							27.7	34.0	No linear change	Not available	No change

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Health Risk Behavior and Perce	entages					Linear Change †	Quadratic Change [†]	Change from 2013-2015 §
1991 1993 1995 1997 1999 2001 2003 2005	2007	2009	2011	2013	2015			
QN47: Percentage of students who ever used marijuana (one of	or more t	times du	ring the	ir life)				
	39.8	39.5	36.6	33.2	31.3	Decreased, 2007-2015	Not available [¶]	No change
QN48: Percentage of students who tried marijuana before age	13 years	s (for the	e first tir	ne)				
	8.6	8.2	6.4	8.0	5.1	No linear change	Not available	No change
QN49: Percentage of students who currently used marijuana (before the survey)	one or m	ore time	es during	g the 30	days			
	17.4	19.9	19.8	17.0	15.3	No linear change	Not available	No change
			ah as no	wder ci	ack			
QN50: Percentage of students who ever used cocaine (any for or freebase, one or more times during their life)	m of coc	caine, su	en as po	wuci, ci	dek,			
	m of coc 8.1	caine, su 7.9	4.9	4.5	3.4	Decreased, 2007-2015	Not available	No change
	8.1 d glue, b	7.9	4.9 the cont	4.5	3.4	Decreased, 2007-2015	Not available	No change

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Trend Analysis Report

	and Oth		-	lealth R	isk Beh	avior a	nd Perce	entages					Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	Percen more tin				er used I	heroin (a	lso calle	ed "sma	ck," "jur	1k," or "(China w	hite,"			
								1.6	2.9	2.5	1.4	1.7	No linear change	Not available [¶]	No change
		tage of s	tudents	who ev	er used i	metham	hetami	nes (also	called '	'speed "	"crysta				
				times du			jiiotuiiii	4.6	3.7	3.1	1.9	1.2	Decreased, 2007-2015	Not available	No change
Crank	" or "ice	e," one c	or more	times du	ring the			4.6	3.7	3.1	1.9	1.2	Decreased, 2007-2015	Not available	No change
QN54:	" or "ice Percen	e," one c	or more	times du	ring the	eir life)		4.6	3.7	3.1	1.9	1.2	Decreased, 2007-2015 Decreased, 2007-2015	Not available Not available	No change No change

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	ehavior	2	H	lealth R	isk Beh	avior aı	nd Perco	entages					Linear Change [†]	Quadratic Change †	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN60:	Percen	tage of	students	who eve	er had se	exual int	ercourse	e							
								45.2	41.3	35.9	35.7	31.8	Decreased, 2007-2015	Not available [¶]	No change
21101	I creen	tage of	students	who ha	a sexual	merco	urse ber	4.0	2.9	3.5	3.1	1.9	No linear change	Not available	No change
	Percen	tage of	students	who ha	d sexual	intercou	urse with	n four o	more p	ersons (during t				
	Percen	tage of	students	who had	d sexual	intercou	urse with	n four or 11.6	more p 9.5		during th 9.8		No linear change	Not available	No change
life) QN63:	Percen	tage of	students	who had who we s before	re curre	ntly sex		11.6	9.5	8.6	9.8	heir 7.3			
life) QN63:	Percen	tage of	students	who we	re curre	ntly sex		11.6	9.5	8.6	9.8	heir 7.3			
life) QN633 one pe QN643	Percen rson dur Percen	tage of a tage of a tage of a	students 3 month students	who we	the surv	ntly sex /ey)	ually act	11.6 ive (sex 30.4	9.5 Tual inter 30.6	8.6 rcourse 25.9	9.8 with at 1 22.5	heir 7.3 east 24.8	No linear change	Not available	No change

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			Н	ealth R	isk Beh	avior ar	d Perco	entages					Linear Change [†]	Quadratic Change †	Change from 2013-2015 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	Percent ere curre				ed a con	dom (du	ring last	t sexual	intercou	irse amo	ong stude	ents			
		2	2	,				60.0	64.7	54.0	60.2	58.4	No linear change	Not available [¶]	No change
	Percent ncy amo								sexual i	intercou	rse to pr	event			
								30.1	34.2	24.5	34.4	28.2	No linear change	Not available	No change
Implan	DIMP: I on or Ne urrently	explanoi	i) (befor	re last se											
											4.2	7.9	No linear change	Not available	No change
	PARG:									atch (e.g idents w					
or birth	i control ly sexua														

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			Н	ealth R	isk Beh	avior an	nd Perce	entages					Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
batch, o	or birth o		ring (bef	ore last							or a sho students				
vere cu	mentry	Sexually	(active)								48.3	42.5	No linear change	Not available [¶]	No change
NDU UD or	ALBC: implant	Percent	age of s	tudents h, or birt	th contro	ol ring b	efore las	st sexual			48.3 ol pills; prevent	an	No linear change	Not available¶	No change
QNDU UD or	ALBC: implant	Percent t; or a sh	age of s	tudents h, or birt	th contro	ol ring b	efore las	st sexual			ol pills;	an	No linear change	Not available [¶]	No change
2NDU UD or nd pre	ALBC: implant gnancy NONE:	Percent t; or a sh among s	age of s tot, patcl students rage of s	tudents h, or birt who we tudents	th contro ere curre who did	ol ring b ently sex	efore las ually act any met	t sexual tive)	interco	ourse (to	ol pills; prevent	an STD 19.9			

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/hite* /eight Management and Dietary Behaviors Health Risk Behavior and Per	centages					Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991 1993 1995 1997 1999 2001 2003 2005	5 2007	2009	2011	2013	2015			
QNOWT: Percentage of students who were overweight (>= body mass index, based on sex- and age-specific reference dates are approximately								
	13.8	12.6	11.7	13.4	15.4	No linear change	Not available**	No change
QNOBESE: Percentage of students who were obese (>= 95t on sex- and age-specific reference data from the 2000 CDC g			ody mas	s index,	based			
	10.0	11.0	9.9	9.6	11.3	No linear change	Not available	No change
QN69: Percentage of students who described themselves as	slightly or	very ov	verweigh	nt				
	27.5	27.0	27.9	25.2	33.9	No linear change	Not available	Increased
QN71: Percentage of students who did not drink fruit juice (during the 7 days before the survey)	100% frui	it juices	one or n	nore tim	es			
	19.8	19.7	18.9	26.1	26.3	Increased, 2007-2015	Not available	No change
QN72: Percentage of students who did not eat fruit (one or n survey)	nore times	s during	the 7 da	ys befor	e the			
	10.4	9.4	9.9	7.8	7.6	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

¹Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. **Not enough years of data to calculate.

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			Н	ealth R	isk Beh	avior aı	nd Perco	entages					Linear Change [†]	Quadratic Change †	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	0: Perce the surv		f studen	ts who c	lid not e	at fruit o	or drink	100% fr	uit juice	s (durin	g the 7 d	lays			
								4.8	4.3	4.0	3.7	4.1	No linear change	Not available [¶]	No change
	1: Perce g the 7 d				te fruit	or drank	: 100% f	ruit juic	es one o	r more t	imes pei	day			
								63.0	63.2	63.4	65.5	61.8	No linear change	Not available	No change
	2: Perce g the 7 d				te fruit	or drank	: 100% f	ruit juic	es two o	r more t	imes per	day			
								28.6	28.8	33.7	29.5	32.1	No linear change	Not available	No change
		entage o ays befo			te fruit	or drank	100% f	ruit juic	es three	or more	times p	er day			
	g the 7 th							15.1	15.1	21.4	18.2	16.5	No linear change	Not available	No change
	g the 7 d														
during		tage of s	students	who dia	l not eat	salad (d	luring th	e 7 days	s before	the surv	ey)				

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	8			ry Beha ealth R		avior ar	nd Perco	entages					Linear Change †	Quadratic Change †	Change from 2013-2015 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN74:	Percent	tage of s	tudents	who did	l not eat	potatoe	s (during	g the 7 d	lays befo	ore the s	urvey)				
								30.7	27.3	27.7	29.1	30.7	No linear change	Not available [¶]	No change
QN75:	Percent	age of s	tudents	who did	l not eat	carrots	(during		-		-				
								40.3	39.7	37.2	37.2	40.4	No linear change	Not available	No change
QN76:	Percent	age of s	tudents	who did	l not eat	other ve	egetable	s (during	g the 7 d	lays befo	ore the s	urvey)			
								11.3	12.2	12.8	12.2	10.5	No linear change	Not available	No change
	G0: Per									tatoes [e g the 7 c					
		icu pota		pound c				0	,	0	2				

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			Н	ealth R	isk Beha	avior ar	d Perce	entages					Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
ootatoe	s [exclu	rcentage uding Fro	ench frie												
								67.2	71.3	70.8	69.5	67.6	No linear change	Not available [¶]	No change
		rcentage iding Fr													
otatoe	s [exclu		ench frie										Increased, 2007-2015	Not available	No change
potatoe the 7 da QNVE potatoe	s [exclu ays befo G3: Per s [exclu	uding Ēr	ench frie urvey) of stude ench frie	es, fried	potatoes	, or pota	to chips], carrot 26.8 more tir	29.1 nes per	32.8 day (gre	tables, d 33.7 en salad	luring 30.8 I,	Increased, 2007-2015	Not available	No change
potatoe the 7 da QNVE potatoe	s [exclu ays befo G3: Per s [exclu	iding Fro ore the su rcentage iding Fro	ench frie urvey) of stude ench frie	es, fried	potatoes	, or pota	to chips], carrot 26.8 more tir	29.1 nes per	32.8 day (gre	tables, d 33.7 en salad	luring 30.8 I, luring	Increased, 2007-2015 Increased, 2007-2015	Not available Not available	No change
potatoe the 7 da QNVE potatoe the 7 da	s [exclu ays befo G3: Per s [exclu ays befo Percent	iding Fro ore the su rcentage iding Fro	of stude arvey) of stude arvey)	es, fried ents who es, fried who did	potatoes	, or pota etables t , or pota	three or three or to chips], carrot 26.8 more tir], carrot 9.8	29.1 nes per oth 13.3	32.8 day (gre her vege 15.1	tables, d 33.7 een salad tables, d 16.1	luring 30.8 l, luring 12.8			

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			Н	ealth Ri	isk Beh	avior ar	nd Perco	entages					Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
										or pop or survey)		ore			
innes p	ci uay (not men	ung un	l soua c	n uiet p	op, uum	ig the 7	uays oc	iore the	survey)					
								18.5	14.0	13.9	11.9	12.6	Decreased, 2007-2015	Not available [¶]	No change
								r glass o	f soda o	13.9 or pop tw survey)	o or mo		Decreased, 2007-2015	Not available¶	No change
								r glass o	f soda o	or pop tw	o or mo		Decreased, 2007-2015 Decreased, 2007-2015	Not available [¶]	No change No change
times p	er day (not incli	iding die	et soda o	or diet p	op, durii	ng the 7	r glass o days be 11.8	f soda o fore the 7.1	or pop tw survey) 6.7	6.6	ore 7.6			
imes p	er day (1	not inclu	iding die ge of stue	et soda o dents wł	or diet po	op, durin	ng the 7	r glass o days be 11.8 r glass o	f soda c fore the 7.1 f soda c	or pop tw survey)	70 or mo 6.6 ree or m	ore 7.6			

Alaska (Recoded Race) High School Survey

Trend Analysis Report

			Н	ealth R	isk Beh	avior ar	d Perce	entages					Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
ays (do	ing any	v kind o	f physic		ty that in	ncreased				per day de them					
onie or		e during	5 110 7 0	.uys 0010	ore the s	ur (ey)				48.6	48.0	48.5	No linear change	Not available [¶]	No change
	DAV.	Porcont	ane of s	tudents	who did	not part	icinate i	n at leas	t 60 mi	nutes of	nhysica	1			-
activity of	on at le	ast 1 da	y (doing	g any kir	nd of phy	ysical ac	tivity th	at incre	ased the				No linear change	Not available	No change
QNPA7I days (do	on at le eathe ha DAY:	ast 1 da ard some Percent 7 kind o	y (doing e of the age of s f physic	g any kir time dur tudents v al activi	nd of phy ring the who wer ty that in	ysical ac 7 days b re physic ncreased	tivity the efore the cally action	at incre e survey	ased the 7) ast 60 m	ir heart i 11.7	rate and 13.1 Der day o	made 11.9 on all 7	No linear change	Not available	No change
QNPA7I days (do	on at le eathe ha DAY:	ast 1 da ard some Percent 7 kind o	y (doing e of the age of s f physic	g any kir time dur tudents v al activi	nd of phy ring the who wer ty that in	ysical ac 7 days b re physic ncreased	tivity the efore the cally action	at incre e survey	ased the 7) ast 60 m	ir heart i 11.7	rate and 13.1 Der day o	made 11.9 on all 7	No linear change	Not available Not available	No change No change
QNPA0I activity of them bre QNPA7I days (do some of QN81: I day)	on at le athe ha DAY: ing any the tim	ast 1 da ard some Percent v kind o e (durin	y (doing e of the age of s f physic ag the 7	g any kir time dur tudents v al activi days bef	nd of phyring the who wer ty that in fore the	ysical ac 7 days b re physic ncreased survey)	efore the cally action their he	at incre e survey ive at le eart rate	ased the 7) ast 60 m and mad	tir heart f 11.7 ninutes p de them 20.9	rate and 13.1 per day c breathe 22.7	made 11.9 on all 7 hard 21.2			

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			Н	ealth R	isk Beh	avior aı	nd Perco	entages					Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
		tage of s for some									er 3 or n	nore			
								23.4	24.2	29.1	28.8	34.0	Increased, 2007-2015	Not available [¶]	No change
	D	-													
		tage of s when the				hysical e	ducatio	n classes 43.3	s on 1 or 44.3		ays (in a 37.7		Decreased, 2007-2015	Not available	No change
	e week v		ey were i	in schoo dents wl	ho atten	_		43.3	44.3	37.8	37.7	36.3	Decreased, 2007-2015	Not available	No change
	e week v	when the	ey were i	in schoo dents wl	ho atten	_		43.3	44.3 classes o	37.8 on all 5 d	37.7 lays (in a	36.3	Decreased, 2007-2015 No linear change	Not available Not available	No change No change
QNDL QNDL averag	YPE: P week v Percent	when the	ey were i ge of stud ey were i	in schoo dents wl in schoo who pla	l) ho attend l)	ded phys	sical edu	43.3 acation c 16.2	44.3 classes o 15.8	37.8 on all 5 d 14.7	37.7 lays (in a 13.9	36.3 an			

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ler			Н	ealth R	isk Beh	avior ar	nd Perce	entages					Linear Change †	Quadratic Change †	Change from 2013-2015 [§]
991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
N87:	Percent	tage of s	students	who had	l ever be	een told	by a doo	ctor or n	urse tha	t they ha	ad asthm	ia			
N87:	Percent	tage of s	students	who had	l ever be	een told	by a doo	ctor or n 17.2	urse tha 18.9	t they ha 21.0	ad asthm 18.2	na 21.3	No linear change	Not available [¶]	No change
а 	Percent					een told tly A's or		17.2	18.9	21.0	18.2	21.3	No linear change	Not available¶	No change

Alaska (Recoded Race) High School Survey

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			H	ealth Ri	isk Beh:	avior an	nd Perco	entages					Linear Change †	Quadratic Change †	Change from 2013-2015 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
				who use before th		ing tobac y)	cco, snu	ff, or dij	p on sch	ool prop	erty (on	at			
								4.6	5.5	2.8	2.9	3.1	Decreased, 2007-2015	Not available [¶]	No change
lays)		age of s	tudents			or black			-		0.8	1.0	No linear change	Not available	No change
	the past	30 days)								0.3	0.9	No linear change	Not available	No change
during t QN94:	the past Percent	age of s	tudents	who we		e same ro	oom wit	h someo	one who	was smo		0.9	No linear change	Not available	No change
during t QN94:	the past Percent	age of s	tudents				oom wit	h someo 47.7	one who 42.8	was sm(35.4		0.9	No linear change Decreased, 2007-2015	Not available Not available	No change
QN94: cigarett	Percentes (on a	age of s t least 1	tudents day dur tudents	ing the p	past 7 da		y risk ha	47.7 arming t	42.8	35.4	oking 31.3	31.9			

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Trend Analysis Report

Vhite* ite-Add	ed		H	lealth R	isk Beh	avior ar	nd Perce	entages					Linear Change [†]	Quadratic Change †	Change from 2013-2015 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN96: other w	Percent vays) if t	tage of s hey hav	students e five o	who thi r more d	nk peop rinks of	le greatl an alcol	y risk ha 10lic be	arming t verage c	hemselv once or t	ves (phy wice a v	sically o week	r in			
											41.2	28.8	Decreased, 2013-2015	Not available [¶]	Decreased
				who thi ijuana oi				arming t	hemselv	ves (phy	sically o	r in			
											18.9	18.2	No linear change	Not available	No change
(such a	s OxyCo		ercocet,	who cu Vicodin survey)											
Ū				•						6.8	5.8	5.6	No linear change	Not available	No change
				s who m the surv		asses or	school	without	permiss	ion (on o	one or m	iore			
										27.9	19.9	21.9	Decreased, 2011-2015	Not available	No change

Alaska (Recoded Race) High School Survey

Trend Analysis Report

Vhite* Site-Addo	hite* te-Added Health Risk Behavior and Percentages												Linear Change ⁺	Quadratic Change †	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN110: are doin				s who d y day	o not ha	ve one o	of their p	parents t	alk with	them at	oout wha	at they			
								45.4	46.1	51.2	51.4	50.7	Increased, 2007-2015	Not available [¶]	No change
QN111: and give				s who st gement	trongly a	igree or	agree th	at their	teachers	really c	are abou	ut them			
								59.2	60.4	56.6	62.6	60.0	No linear change	Not available	No change
				s who w d an imp						n one or	more ac	lults			
								88.5	87.4	86.7	88.2	88.7	No linear change	Not available	No change
the com	imunity lping; n	(such a nentorin	s helpin g; or he	s who d g elders lping ou al organi	or neigh t at loca	ibors; w l prograi	atching ms, heal	young c th clinic	hildren; s, faith	teachin	g or tute	oring;			
								51.1	46.9	47.2	47.8	46.7	No linear change	Not available	No change

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Trend Analysis Report

hite* te-Added Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
activiti	es on an	y days (such as	school o	clubs; co	ke part in ommunit activities	y center	groups;	music,	art, or d	g, or wee ance les	ekend sons;			
								41.7	41.3	38.5	41.7	40.8	No linear change	Not available [¶]	No change
ON115	: Perce	ntage of	student	ts who d	isagree	or strong	lv disag	ree that	they fee	lalone	in their l	life			
~					U		,	68.0	69.0	64.5		57.6	Decreased, 2007-2015	Not available	Decreased
QN116	: Perce	ntage of	student	ts who s		agree or		68.0	69.0	64.5	64.4	57.6	Decreased, 2007-2015	Not available	Decreased
QN116	: Perce atter to j	ntage of people	student	ts who s				68.0	69.0	64.5 nunity th	64.4	57.6	Decreased, 2007-2015 No linear change	Not available Not available	Decreased
QN116 they m	atter to p	people	student	-	trongly		agree th	68.0 at in the 53.0	69.0 ir comm 56.6	64.5 nunity th 56.2	64.4 ney feel 1 57.8	57.6 like 50.9			
QN116 they m	atter to p	people ntage of	student	-	trongly	agree or	agree th	68.0 at in the 53.0	69.0 ir comm 56.6	64.5 nunity th 56.2	64.4 ney feel 1 57.8	57.6 like 50.9			
QN116 they m QN117 conseq QN118	: Perce uences f	ntage of	student vior	ts who s	trongly a	agree or	agree th	68.0 at in the 53.0 at their : 62.3	69.0 iir comm 56.6 school h 65.3	64.5 nunity th 56.2 as clear 67.3	64.4 hey feel 1 57.8 rules an 65.7	57.6 like 50.9 d 63.8	No linear change	Not available	Decreased

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e-Added Health Risk Behavior and Percentages													Linear Change ⁺	Quadratic Change †	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
		ntage of ne or two								g or very	wrong	for			
	nave of	ne or two	o urinka		conone	Deverag		everye	lay		82.3	85.9	No linear change	Not available [¶]	No change
				s who th	ink thei	r parent	s feel it	would b	e wrong	g or very	wrong	or			
		ntage of cigarette		s who th	iink thei	r parent	s feel it	would b	e wrong	g or very	wrong f 94.1	For 93.8	No linear change	Not available	No change
them to QN122	smoke	cigarette	es student	s who th	ink the	re is som	ne chanc		-		94.1	93.8	No linear change	Not available	No change
hem to	smoke	cigarette	es student	s who th	ink the	re is som	ne chanc		-		94.1	93.8	No linear change Decreased, 2011-2015	Not available Not available	No change No change
QN122 Chance QN123	: Percent they wo	cigarette	student een as c student	s who the	ink ther ey smol	re is som ked ciga re is som	ne chanc rettes ne chanc	e, pretty e, pretty	y good c	hance, o 15.3 hance, o	94.1 r very g 9.6 r very g	93.8 ood 9.3			

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White* Site-Add	White* Site-Added Health Risk Behavior and Percentages												Linear Change [†]	Quadratic Change †	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
	QN124: Percentage of students who think there is some chance, pretty good chance, or very good chance they would be seen as cool if they smoked marijuana														
	5				,		5			32.6	32.9	30.7	No linear change	Not available [¶]	No change