

MPOX



Mpox is a viral infection that can be transmitted through close, personal contact with mpox rash, scabs or body fluids from a person with mpox. A rash that may be painful and itchy and look like pimples or blisters may appear near the genitals or anus, or on the hands, feet, chest, face or mouth.

AVOID

- Skin-to-skin contact with mpox rash, scabs or lesions
- Respiratory secretions from prolonged, face-to-face contact with an infected person (i.e. from kissing)
- Prolonged contact with items such as clothing or linens, that previously were in contact with an infectious rash

SYMPTOMS

- Headache
- Fever
- Swollen lymph nodes
- Muscle aches and backache
- Rash and blisters
- Respiratory symptoms (sore throat, congestion, or cough)

PREVENTION

- Vaccine can help prevent mpox in those who are exposed to the virus
- For those who have been infected with the virus and are at risk for severe disease, antiviral medication may be recommended

INFORMATION

DOH

health.alaska.gov/dph/Epi/id/Pages/Mpox.aspx



CDC

cdc.gov/mpox

