

## APPENDIX F: YEAR 2000 HEALTH OBJECTIVES

The U.S. Department of Health and Human Services published *Healthy People 2000: National Health Promotion and Disease Prevention Objectives*<sup>1</sup> to comprehensively address health promotion and disease prevention opportunities in order to allow local communities and states to choose from among its recommendations in addressing their own highest priority needs. The table below provides a brief comparison of some of these objectives compared with Alaska vital statistics from 1993 through 1995.

TABLE F.1 YEAR 2000 HEALTH OBJECTIVES

HEALTH INDICATOR	ALASKA STATISTICS			YEAR 2000 OBJECTIVE
	1993	1994	1995	
Cancer Death Rate*	132.6	127.5	122.7	130.0
Accident and Adverse Effect Death Rate	51.3	55.0	55.7	29.3
Suicide Death Rate	24.1	26.0	19.5	10.5
Cerebrovascular Disease Death Rate	25.7	26.8	29.7	20.0
Chronic Obstructive Pulmonary Disease Death Rate	24.0	23.5	24.0	25.0
Diabetes Mellitus Death Rate	14.7	11.1	11.9	34.0
Chronic Liver Disease & Cirrhosis Death Rate	11.3	8.0	11.2	6.0
Infant Mortality Rate**	9.1	8.8	8.3	7.0
Neonatal Infant Mortality Rate	4.3	4.0	4.0	4.5
Postneonatal Infant Mortality Rate	4.8	4.8	4.3	2.5
Low Birth Weight (<2500 grams) Percent***	4.9%	4.9%	5.0%	5.0%
Very Low Birth Weight (<1500 grams) Percent	0.9%	0.9%	0.9%	<1%
Mothers Abstaining from Tobacco Use During Pregnancy	75.2%	78.2%	80.5%	90%
Mothers Who Receive Prenatal Care During Their First Trimester	82.7%	83.8%	82.5%	90%

\* All death rates are per 100,000 population, age adjusted to the 1940 standard million population.

\*\* All Alaska infant mortality rates are five-year (1989-1993; 1990-1994, 1991-1995) averages per 1,000 live births. The Year 2000 objective is a single year rate per 1,000 live births.

\*\*\* Low and very low birth weight rates are five-year percentages of live births.

1 Public Health Service, U.S. Department of Health and Human Services, *Healthy People 2000: National Health Promotion and Disease Prevention Objectives*, DHHS Pub. No. PHS 91-50212. Washington, D.C. 1991.