

IMPACT OF COVID-19 ON ALASKA FAMILIES

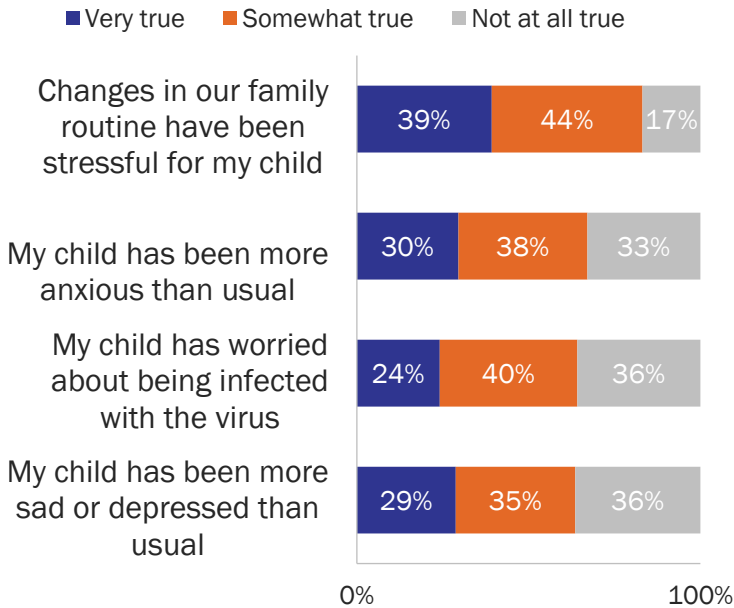
Survey 4 Result Highlights: Child Health

Survey conducted November 16 – December 7, 2020

7179 total responses; 3113 parent responses

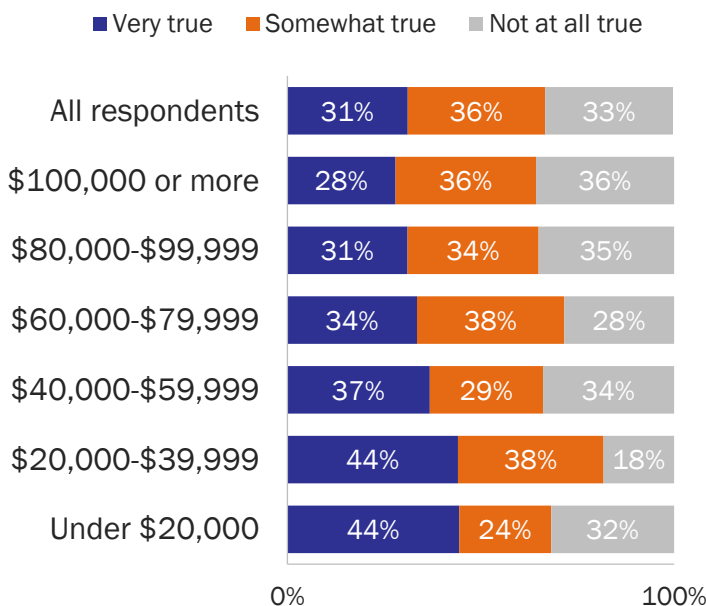
88% of parents are concerned about the impact of COVID-19 on their child's mental health.
69% of parents are concerned their child will become infected with COVID-19.

CHILD MENTAL HEALTH

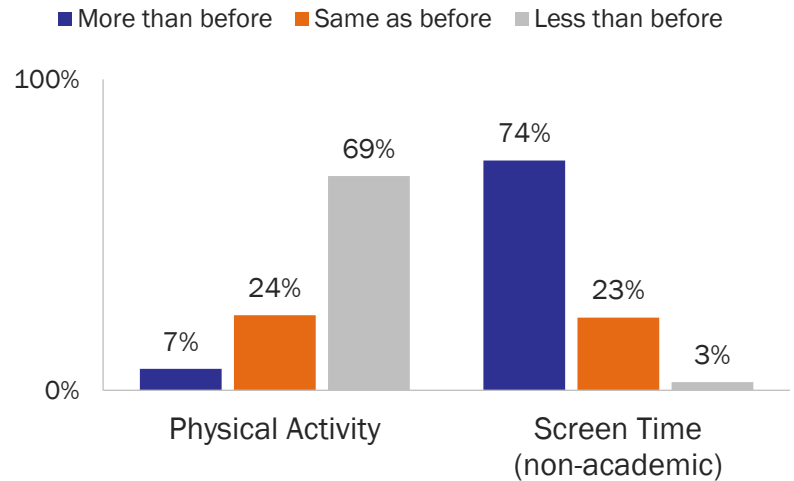


Parents with lower annual household income reported at higher rates that it was "Very true" their child had been more irritable or easily angered than usual.

My child has been more irritable or easily angered than usual

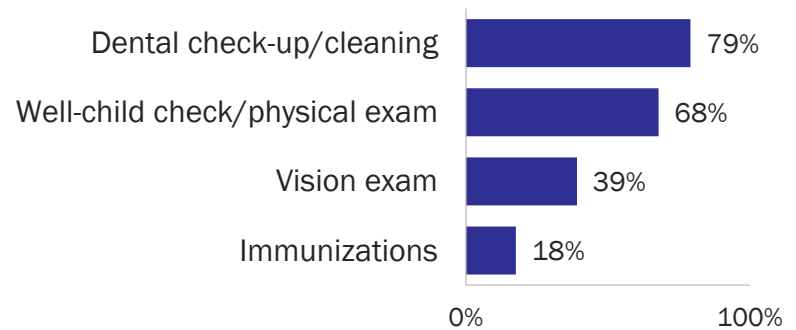


CHILD PHYSICAL ACTIVITY AND SCREEN TIME



SKIPPED PREVENTIVE HEALTH CARE

44% of parents reported their child missed or skipped a preventive check-up. Among these parents, missing a dental check-up or cleaning was most common.



Top 3 causes contributing to missing preventive check-ups:

Among those who missed check-up (n=1360)

1. Health care provider's location open but had limited appointments (52%)
2. Concern about going to health care provider's location due to pandemic (41%)
3. Health care provider's location closed due to pandemic (37%)



For more information, visit <http://dhss.alaska.gov/dph/wcfh/Pages/mcepi>

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Survey 4 Result Highlights: School and Childcare

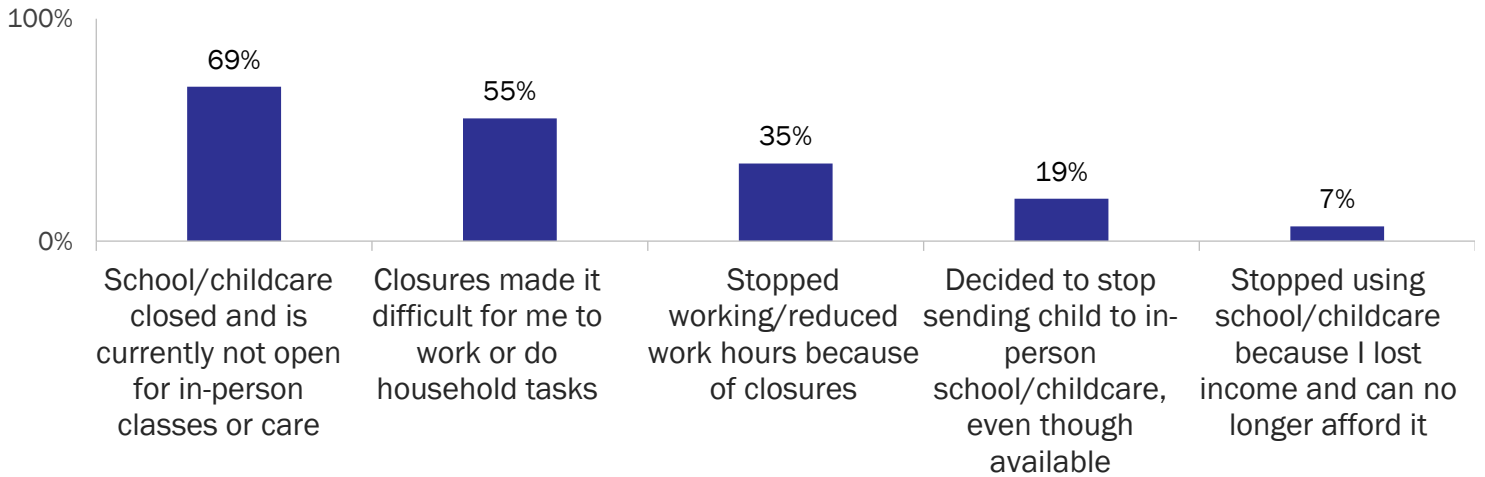
Survey conducted November 16 – December 7, 2020

7179 total responses; 3113 parent responses

80% of parents are concerned about the impact of COVID-19 on their child's education.

SCHOOL AND CHILDCARE USE

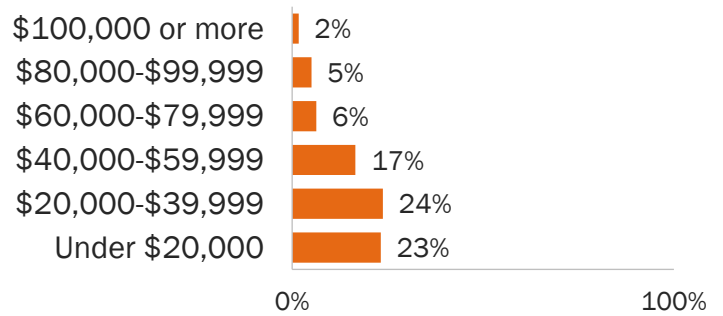
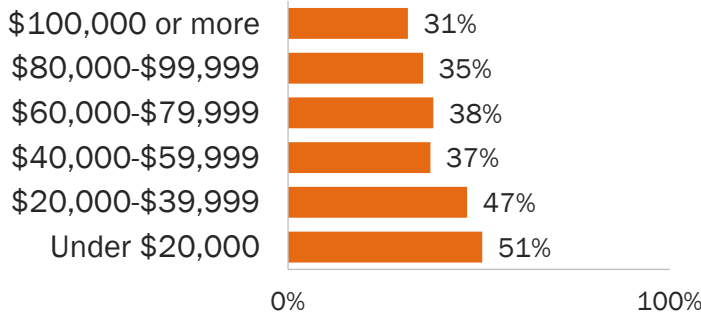
Among 2512 parents that regularly used school or childcare prior to the pandemic



SCHOOL AND CHILDCARE USE BY ANNUAL HOUSEHOLD INCOME

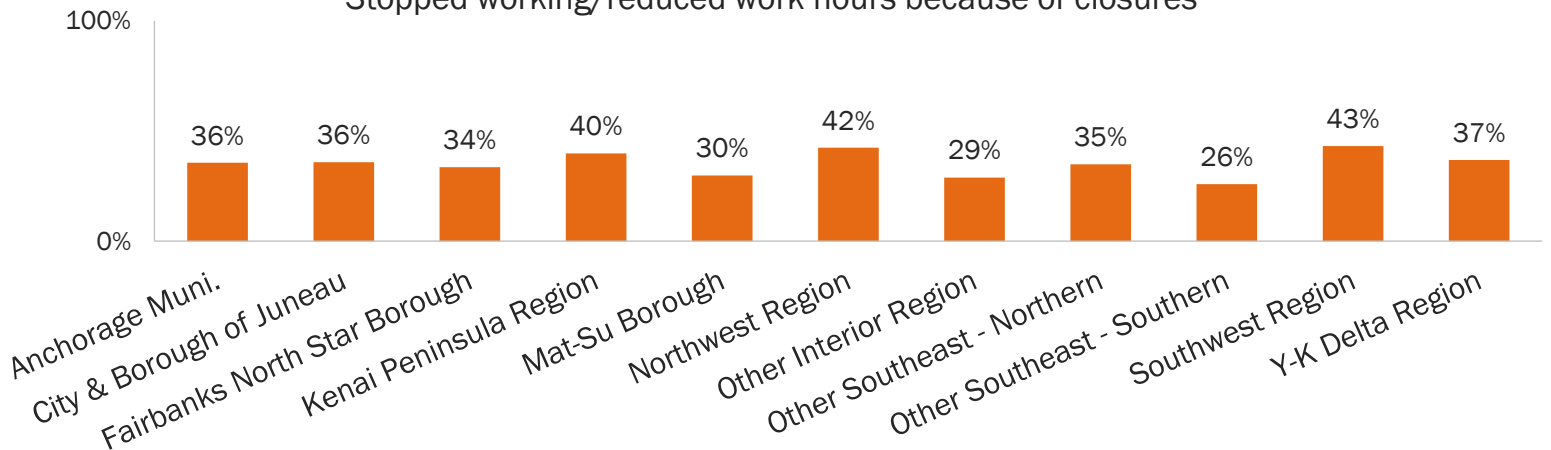
Stopped working/reduced work hours because of closures

Stopped using school/childcare because I lost income and can no longer afford it



SCHOOL AND CHILDCARE USE BY REGION

Stopped working/reduced work hours because of closures



For more information, visit <http://dhss.alaska.gov/dph/wcfh/Pages/mchepi>

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Survey 4 Result Highlights

Thank you to the over 7,000 Alaskans who responded to the COVID-19 Winter survey! This survey was conducted by DHSS November 16 through December 7, 2020.

Results Highlights

- 63% said their overall emotional health has gotten worse since the pandemic began. 38% said that it is very true that they've been more anxious than usual due to the pandemic, 29% have been more sad or depressed, and 28% have been more irritable or easily angered.
 - Among all parents, 88% said it was very true or somewhat true that they were concerned about the impact of the pandemic on their child's mental health
- 39% of all respondents said it was very true or somewhat true that they have been worried about the stability of their living situation due to the pandemic.
- 32% said the amount of alcohol consumed in their household is now more than before the pandemic.
- About 75% of respondents have shown resiliency by saying that it was very true or somewhat true that they had found new ways to connect with family and friends, had the emotional connections they need, and helped others with financial or practical support since the pandemic began.
- 73% missed or skipped a preventive health care visit because of the pandemic.
 - 44% of parents said their child had missed or skipped preventive care
- 80% of parents were concerned about the impact of the pandemic on their child's education.

Limitations

Although a large number of people responded to the survey, the results should not be interpreted as completely representative of all Alaskans. Residents of the Municipality of Anchorage, the Kenai Peninsula, and Juneau were overrepresented, as well as people who identified as White, and had an annual household income over \$80,000. Please see the link below for documents on demographics and the full questionnaire.



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Survey 4 Questions: Child Health & Education

Child's Physical Activity and Screen Time

- The amount of physical activity my child now gets on an average day is...
 - less than before the pandemic, the same as before the pandemic, more than before the pandemic
- The amount of non-academic screen time my child now gets on an average day is...
 - less than before the pandemic, the same as before the pandemic, more than before the pandemic

Child's Mental and Emotional Health

- I am concerned about the impact of the COVID-19 pandemic on my child's mental health.
 - Very True, Somewhat true, Not at all true

To what extent are the following statements true for your child?

- Due to the COVID-19 pandemic ... CHOICES: Very true, Somewhat true, Not at all true
 - My child has worried about being infected with the virus
 - Changes in our family routine have been stressful for my child
 - My child has been more irritable or more easily angered than usual
 - My child has been more sad or depressed than usual
 - My child has been more anxious than usual

Child's Physical Health and Health Care Access

- I am concerned my child will become infected with COVID-19.
 - Very True, Somewhat true, Not at all true
- Did your child miss or skip any PREVENTIVE check-ups because of the COVID-19 pandemic?
 - Yes, No

Preventive Check-ups

- What type of PREVENTIVE check-up(s) did your child miss because of the COVID-19 pandemic? Check all that apply.
 - Well child check or physical exam, Dental check-up or cleaning, Vision exam, Immunizations
- Did any of the following reasons contribute to your child missing any PREVENTIVE check-ups?
 - Health care provider's location was closed due to the COVID-19 pandemic
 - Health care provider's location was open but had limited appointments due to the Coronavirus pandemic
 - Parent, adult caregiver, or child was concerned about going to the health care provider's location due to the COVID-19 pandemic
 - My child no longer had health insurance or had a change in health insurance
 - Someone in the household was ill
 - Someone in the household had been in contact with someone who was ill
 - Other



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Survey 4 Questions: Child Health & Education, cont.

Education and childcare

- I am concerned about the impact of the COVID-19 pandemic on my child's education.
 - Very True, Somewhat true, Not at all true
- Before the COVID-19 pandemic began, did your child regularly attend school or any type of childcare, such as preschool, daycare, Head Start, or in-home care by relatives or friends?
 - Yes, No

Changes to school and childcare

To what extent are the following statements true for you?

- Due to the COVID-19 pandemic ... CHOICES: True, False, Not applicable to me or my child
 - My child's school or childcare closed or stopped offering care and is currently not open for in-person classes or care
 - I, or another caregiver in my home, stopped working or reduced work hours because of school or childcare closures
 - I stopped using school or childcare because I lost income and no longer afford it
 - I decided to stop sending my child to in-person school or childcare, even though it is available
 - School or childcare closures made it difficult for me to work or do other household tasks
 - Yes, No