

IMPACT OF COVID-19 ON ALASKA FAMILIES

Survey 4 Result Highlights: Medical & Financial

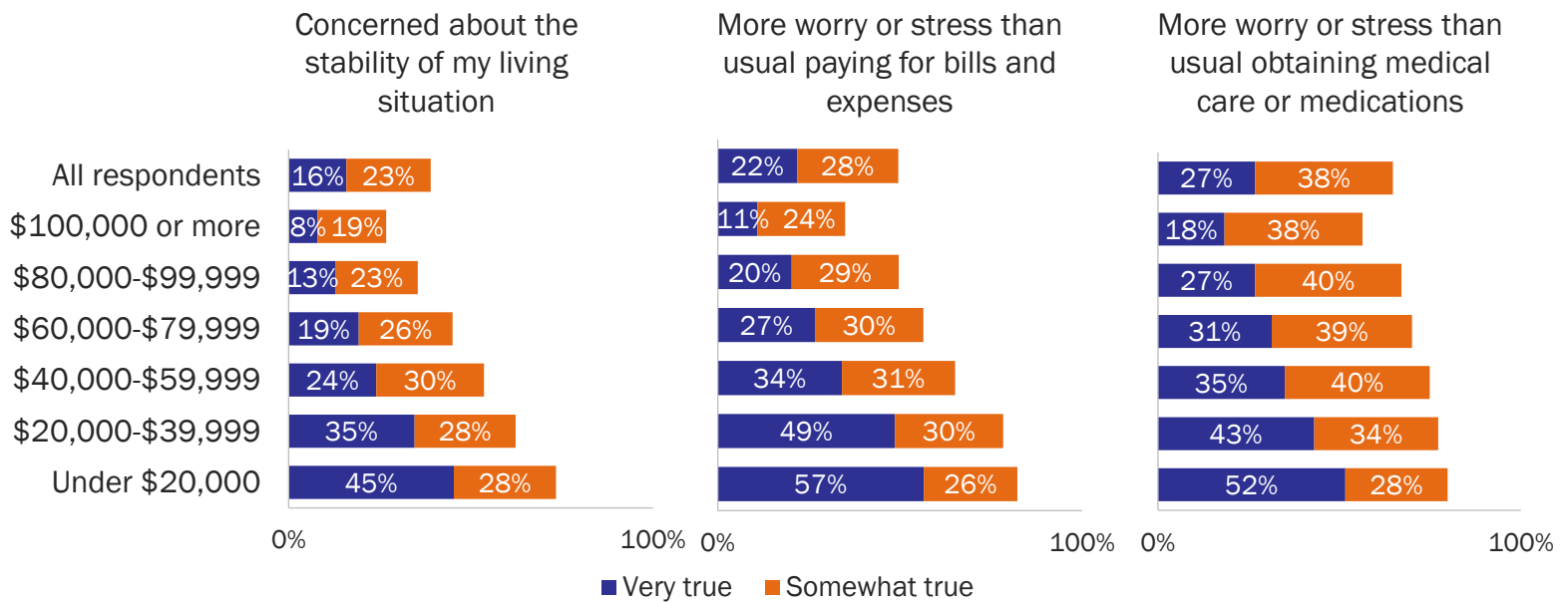
Survey conducted November 16 – December 7, 2020

7179 total responses

79% of respondents have been very or somewhat worried about being infected with the coronavirus.
62% of respondents have discussed an emergency plan in case a household member becomes seriously ill.
11% of respondents reported that they or a household member has tested positive for the novel coronavirus.

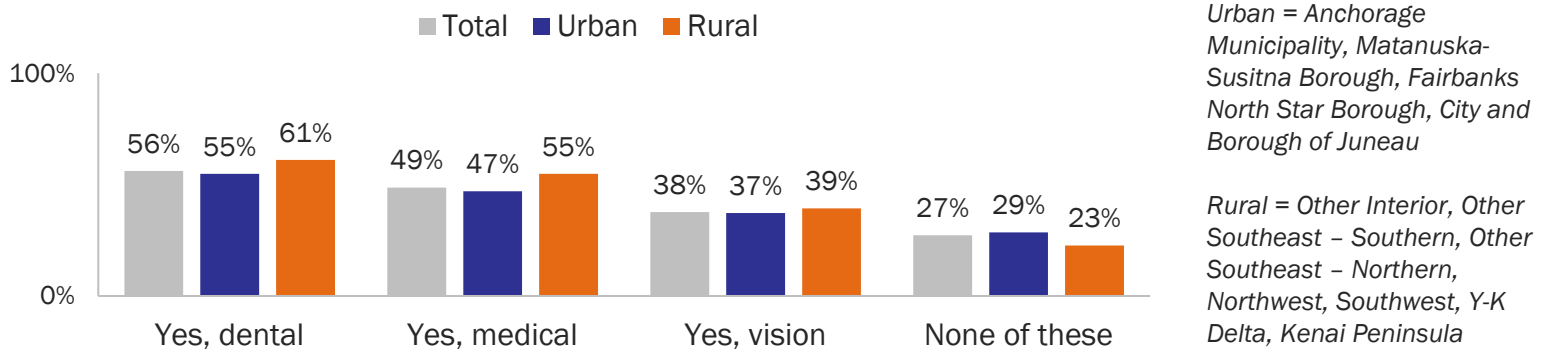
CONCERNS BY ANNUAL HOUSEHOLD INCOME

Respondents with lower annual household incomes reported: 1) greater concern for their living situation stability, 2) more stress paying for bills & expenses, and 3) more stress obtaining medical care or medications.



SKIPPED PREVENTIVE HEALTH CARE

73% of respondents reported they had skipped preventive care due to COVID-19.



SPECIAL HEALTH CARE NEEDS

Top 3 concerns about in-home nursing or nursing aide providers:

Among those who use services (n=211)

1. Increased risk by different providers coming into my home on a regular basis (32%)
2. Providers working while potentially ill (15%)
3. Needed in-home nursing care services not available (12%)



For more information, visit <http://dhss.alaska.gov/dph/wcfh/Pages/mchepi>

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Survey 4 Result Highlights

Thank you to the over 7,000 Alaskans who responded to the COVID-19 Winter survey! This survey was conducted by DHSS November 16 through December 7, 2020.

Results Highlights

- 63% said their overall emotional health has gotten worse since the pandemic began. 38% said that it is very true that they've been more anxious than usual due to the pandemic, 29% have been more sad or depressed, and 28% have been more irritable or easily angered.
 - Among all parents, 88% said it was very true or somewhat true that they were concerned about the impact of the pandemic on their child's mental health
- 39% of all respondents said it was very true or somewhat true that they have been worried about the stability of their living situation due to the pandemic.
- 32% said the amount of alcohol consumed in their household is now more than before the pandemic.
- About 75% of respondents have shown resiliency by saying that it was very true or somewhat true that they had found new ways to connect with family and friends, had the emotional connections they need, and helped others with financial or practical support since the pandemic began.
- 73% missed or skipped a preventive health care visit because of the pandemic.
 - 44% of parents said their child had missed or skipped preventive care
- 80% of parents were concerned about the impact of the pandemic on their child's education.

Limitations

Although a large number of people responded to the survey, the results should not be interpreted as completely representative of all Alaskans. Residents of the Municipality of Anchorage, the Kenai Peninsula, and Juneau were overrepresented, as well as people who identified as White, and had an annual household income over \$80,000. Please see the link below for documents on demographics and the full questionnaire.



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Survey 4 Questions: Medical & Financial

Overall Concerns

- Due to the COVID-19 pandemic, I worried about or experienced more stress than usual paying for bills and expenses.
 - Very True, Somewhat true, Not at all true
- Due to the COVID-19 pandemic, I worried about or experienced more stress than usual obtaining medical care or medications for myself or a household member.
 - Very True, Somewhat true, Not at all true

Physical Health

- Have you missed or skipped any of the following PREVENTIVE care check-ups for yourself because of the COVID-19 pandemic?
 - Yes medical, Yes dental, Yes vision, No
- Since the COVID-19 pandemic began, I discussed an emergency plan with other members of my household (or with other family, close friends or neighbors) in case I or another person in my home becomes seriously ill.
 - Very True, Somewhat true, Not at all true
- Since the COVID-19 pandemic began, I or someone in my household has tested positive for the virus?
 - Yes, No
- Does anyone in your household need or use in-home care from nursing or nursing aide providers due to special health care needs?
 - Yes, child(ren) less than age 18, Yes, adult(s), No

In-Home Care

Among those who have a household member that needs or uses in-home care:

- What is your greatest concern now about in-home nursing or nursing aide providers?
 - Needed in-home nursing care services are unavailable
 - Providers not following recommended protection guidelines (for example, wearing a face mask)
 - Providers working while potentially ill
 - Increased risk by having different providers coming in to my home on a regular basis
 - No concerns
 - Other: (please tell us)