

Questions Commonly Asked About CUBS

What is CUBS?

CUBS stands for the Childhood Understanding Behaviors Survey. CUBS is a research project sponsored by the Alaska Division of Public Health. CUBS asks questions about the health, behaviors, and experiences of young children in Alaska.

Why did I receive this survey?

Shortly after your child was born, you completed a PRAMS survey about your life before, during, and after pregnancy. CUBS is a follow-up to PRAMS. All people who returned a PRAMS survey are sent a CUBS survey shortly after their child's third birthday. You are one of a small number of people who were chosen to help us in this study.

What does CUBS do with the information?

1. Provides information to develop and evaluate health programs for families and children in Alaska.
2. Guides better use of resources.
3. Helps families learn more about being healthy and safe.
4. Helps doctors, nurses, and health care workers improve care.

Are my answers important?

YES! Because of the small number of people who are getting this survey, it is important to have everyone's answers. You and your child's experiences are unique and important. Your help is voluntary. Your answers will help us improve the health of mothers and young children in Alaska.

Are my answers kept private?

YES! No one outside the CUBS staff will know your name or address. Your survey gets a random number code. Answers are not linked to your name or contact information. This helps to ensure privacy.

Want to know more?

If you have questions, or if you would like to answer the survey by phone, call, toll-free, at 1-888-269-3470, or you can send an email to mch-epi@alaska.gov.

