

(Q5) Please select the statement about breastfeeding or feeding pumped breast milk that best describes how you fed your child.

	%	95% CI*	
I never fed breast milk to my child	6.5	4.2	9.9
I fed breast milk to my child for less than 1 month	9.2	6.4	13.0
I fed breast milk to my child for 1 month or more	84.3	79.8	88.0

(Q5 recoded) How many months did you feed breast milk to your child?

	%	95% CI*	
Zero	6.5	4.2	9.9
<1 month	9.2	6.4	13.0
1 through 3 months	18.7	14.6	23.5
4 through 6 months	13.8	10.5	17.9
7 through 9 months	13.7	10.3	18.1
10 through 12 months	10.2	7.3	14.1
13 through 18 months	13.3	9.8	17.8
19 through 24 months	7.1	4.9	10.2
More than 24 months	7.5	5.3	10.7

(Q6) What type of milk does your child usually drink now?

	%	95% CI*	
Whole or regular milk	33.9	28.9	39.4
Reduced fat (2%) milk	38.2	32.9	43.7
Low fat (1%) or fat free (skim) milk	16.1	12.2	20.9
Soy or rice milk (includes almond & oat milk write-in responses)	4.8	2.9	7.8
Powdered or canned milk	2.1	1.3	3.5
Other	3.6	2.1	5.9
My child does not drink any type of milk	1.3	0.6	3.0

Note: if a respondent selected multiple types of milk and one was whole, 2%, 1% or skim and the second was soy or rice, or powdered or canned, she was counted in the first type selected.

*95% Confidence Interval

What is CUBS?

CUBS stands for the Childhood Understanding Behaviors Survey and is a three-year follow-up to the Alaska Pregnancy Risk Assessment Monitoring System (PRAMS). PRAMS sends a survey to approximately one of every six mothers of newborns in Alaska. CUBS attempts follow-up with all mothers living in Alaska who completed PRAMS and whose infant was living with them at that time. The purpose of CUBS is to collect information about health, behaviors, and experiences of young children and families in Alaska.

Among 1158 mothers who were sent the CUBS survey in 2009, 50% responded. Their answers were weighted to represent all mothers of 3-year-old children born in Alaska in 2006. The average child age at the time mothers responded was 38 months (range 36-42 months). Two percent of respondents said their 3-year-old child was not living with them at the time.

For more information about CUBS, visit www.epi.hss.state.ak.us/mcheppi/cubs/.

For questions or for specific data requests, contact Margaret Young, CUBS Program Coordinator, at 907-269-5657 or margaret.young@alaska.gov.

(Q7a) Yesterday, about how many cups of WATER did your child drink?

	%	95% CI*	
None	3.7	2.1	6.5
Less than one	8.0	5.6	11.3
One	16.0	12.6	20.2
Two	28.0	23.3	33.3
Three	23.3	18.8	28.5
More than three	21.0	16.6	26.2

(Q7b) Yesterday, about how many cups of MILK did your child drink?

	%	95% CI*	
None	4.5	2.7	7.6
Less than one	8.6	5.8	12.7
One	22.3	17.9	27.4
Two	38.6	33.2	44.3
Three	16.3	12.7	20.7
More than three	9.6	6.9	13.3

(Q7c) Yesterday, about how many cups of 100% FRUIT JUICE did your child drink?

	%	95% CI*	
None	20.4	16.2	25.3
Less than one	18.9	14.8	23.9
One	28.8	23.9	34.4
Two	20.9	16.7	25.9
Three	7.7	5.2	11.1
More than three	3.3	1.9	5.5

(Q7d) Yesterday, about how many cups of SODA (such as Coke or Sprite) did your child drink?

	%	95% CI*	
None	78.1	73.1	82.4
Less than one	14.1	10.5	18.7
One	4.9	3.2	7.4
Two	1.9	0.8	4.8
Three	0.5	0.2	1.5
More than three	0.4	0.1	1.4

*95% Confidence Interval

(Q7e) Yesterday, about how many cups of SWEETENED OR FRUIT DRINKS (such as Kool-Aid, Tang, or Capri Sun) did your child drink?

	%	95% CI*	
None	65.4	60.0	70.5
Less than one	12.3	8.9	16.8
One	11.3	8.1	15.6
Two	5.5	3.7	8.1
Three	3.0	1.9	4.6
More than three	2.5	1.5	4.1

(Q8a) Yesterday, about how many times (including meals and snacks) did your child eat FRESH, CANNED, FROZEN OR DRIED FRUIT?

	%	95% CI*	
None	7.0	4.7	10.2
One	30.6	25.7	36.0
Two	38.0	32.7	43.5
Three	16.4	12.6	21.1
More than three	8.0	5.5	11.6

(Q8b) Yesterday, about how many times (including meals and snacks) did your child eat FRENCH FRIES, TATOR TOTS OR POTATO CHIPS?

	%	95% CI*	
None	59.2	53.6	64.6
One	32.8	27.8	38.3
Two	5.4	3.4	8.6
Three	2.1	1.1	4.1
More than three	0.5	0.2	1.3

(Q8c) Yesterday, about how many times (including meals and snacks) did your child eat OTHER VEGETABLES OR SALAD?

	%	95% CI*	
None	14.7	11.2	19.1
One	35.0	30.0	40.5
Two	34.8	29.7	40.4
Three	11.8	8.5	16.2
More than three	3.6	1.9	6.5

*95% Confidence Interval

(Q8d) Yesterday, about how many times (including meals and snacks) did your child eat CANDY, COOKIES, OR OTHER SWEETS?

	%	95% CI*	
None	26.3	21.7	31.6
One	50.4	44.8	56.0
Two	18.9	14.9	23.7
Three	3.4	2.0	5.8
More than three	1.0	0.4	2.5

*95% Confidence Interval