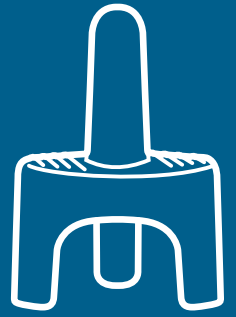


# OPIOID OVERDOSE



KNOW THE SIGNS AND HOW TO RESPOND

## SIGNS



### FACE

is clammy to touch and has lost color. Has trouble speaking. Center part of their eye very small, sometimes called "pinpoint pupils."



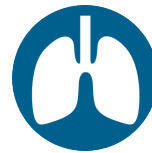
### BODY

is limp. Fingernails or lips are turning blue or purple.



### SLEEP

is deep and person cannot be woken. Will not respond to your voice or touch.



### BREATHING

is slow or has stopped.



### HEART

is slow or has stopped.

## RESPONSE

AN OVERDOSE IS AN EMERGENCY. RESPOND QUICKLY.



1

### SHOUT & SHAKE

their name and their shoulders



2

### CALL 911

if unresponsive



3

### GIVE NALOXONE

1 spray into nostril and if you are trained, begin CPR.



4

### IS IT WORKING?

If no improvement after 2-3 minutes, administer 2nd dose and continue CPR.

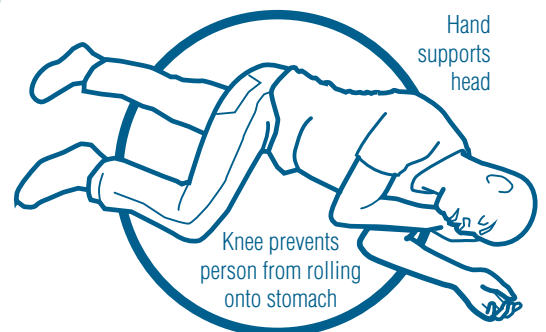


5

### PLACE IN RECOVERY POSITION

if responsive. Stay with them.

Give Naloxone even if you aren't sure it is an overdose. There are no harmful side effects if overdose is not the cause.



Hand supports head

Knee prevents person from rolling onto stomach

Place in recovery position to prevent choking if vomiting.



opioids.alaska.gov



# STOP AN OVERDOSE WITH NALOXONE NASAL SPRAY

# NALOXONE

## WHAT IS NALOXONE?

Naloxone ( or brand names Narcan or Kloxxado) is an easy-to-use medication used to stop an opioid overdose, allowing the person to breathe normally again. Sometimes, this is only temporary, but it gives extra time for emergency medical help to arrive. Use it on anyone who is showing signs of an overdose.

### NALOXONE IS EFFECTIVE AGAINST OPIOIDS SUCH AS:

- Heroin
- Fentanyl
- Methadone
- OxyContin
- Percocet
- Codeine
- Vicodin

**Administering naloxone to someone who is not experiencing an overdose WILL NOT HARM THEM. If you think they might be overdosing, it is better to be safe and administer the naloxone.**

## WHERE TO GET NALOXONE



To get a free naloxone kit, contact any of our distribution partners.

[health.alaska.gov/osmap/Documents/ProjectHOPEcontacts.pdf](http://health.alaska.gov/osmap/Documents/ProjectHOPEcontacts.pdf)



*Keep it with you.*

## WHO SHOULD CARRY NALOXONE? EVERYONE

Fentanyl has been found in fake pills and other drugs. It is recommended that naloxone be a part of everyone's emergency response kit. Keep it with you where you work, where you live and when you travel.



[opioids.alaska.gov](http://opioids.alaska.gov)