

#### What kind of services does Alaska's Infant Learning Program Offer?

- Developmental screening and evaluation
- Hearing and vision screening
- Family service coordination
- Early educational services
- Support or play groups and social services
- Developmental Services: developmental therapies, physical occupational and speech language therapy

### ILP will assist you and your family

Through age three, ILP will assist you and your family access resources through the local school district, Head Start, child care or other available services. If your child is over the age of three, please contact your local school district.

Remember every child learns and grows differently. Some children may need a little extra help to develop certain skills

#### How do I contact ILP?

For a list of Alaska's Infant Learning Programs statewide, log on to: dhss.alaska.gov/dsds/Pages/infantlearning/default.aspx

> or call toll free in Alaska: 1 (877) HSS-FMLY (477-3659) in Anchorage 269-8442

For additional information about other family services in Alaska, call 211 or 1 (800) 478-2221 or visit the Alaska 2-1-1 website: www.alaska211.org



Alaska Early Intervention Infant Learning Program Parents are often

are often the first to know

their baby needs ... a helping hand

If you are concerned about your child's development contact Alaska's Infant Learning Program for help.

State of Alaska Department of Health & Social Services Senior and Disabilities Services Alaska Early Intervention • Infant Learning Program

## Your Child's Development

### Why should I get help for my child?

The early years of a child's life are the most important. From ages birth to 3, rapid learning and brain development takes place.

Some children need a little extra help to develop certain skills.

#### What help is there?

Alaska's Infant Learning Program (ILP) is a program that provides specialized services for children who have developmental delays and/or disabilities. The services are for children birth to 3 years of age and will provide extra help for your child's development.

#### Who will help my family?

An Infant Learning Program provider will assist you with the screening and evaluation. An ILP provider will help you and your family develop an individual plan of services for your child.

#### What is the cost?

No family will be denied services due to inability to pay. Medicaid, Denali KidCare, private insurance and family co-pay are accepted.

## 🧏 3 months—does your child ...

- YES NO
- Make eye contactFollow moving objects with eyes
- □ □ Seem suprised by loud noises
- □ □ Turn head to inspect surroundings
- □ □ Make cooing sounds like "ooh" or "aah"
- □ □ Lift head and chest while laying on tummy



YES NO
Recognize familiar faces
Turn head towards sounds
Laugh
Look for fallen objects
Transfer toys from hand to hand
Roll from back to tummy

## 9 months—does your child...

YES NO

- □ □ Use gestures like pointing or reaching
- □ □ Enjoy games like "peek-a-boo"
- □ □ Shake head for no
- $\Box$   $\Box$  Sit without support
- □ □ Get into a sitting position without help
- □ □ Crawl on hands and knees

12 months—does your child ...

- YES NO
- □ □ Wave "hi" or "bye-bye"
- $\Box$   $\Box$  Understand simple directions
- □ □ Understand 4-5 words
- □ □ Tighten grasp when object is pulled
- □ □ Pick up small things with thumb and one finger
- □ □ Look for hidden objects
- □ □ Walk holding onto furniture or with hand held

18 months—does your child ... YES NO

- □ □ Follow simple directions like "bring the ball"
- □ □ Use 20-30 words
- □ □ Insist on doing things by self
- Point and name a few pictures in books
- □ □ Hold and drink from a cup
- □ □ Stack 4 blocks or objects
- □ □ Walk well alone pulling/carrying toys

# 24 months—does your child ...

YES NO

- □ □ Understand/respond to simple questions
- □ □ Use more than 50 words
- □ □ Put two words together like "more juice"
- □ □ Eat with a fork and a spoon
- □ □ Put together three simple shapes in a puzzle
- □ □ Run smoothly and easily



YES NO

- Understand many descriptive words like hot/cold, big/little, high/low, hard/soft
- □ □ Use 3-5 word sentences
- □ □ Match colors and shapes
- $\hfill\square$   $\hfill\square$  Dress and undress self
- □ □ Stack ten blocks
- □ □ Walk up/down stairs (foot over foot)

If you checked "No" to any of these skills, or if you have questions about your child's development, please call the Early Intervention Infant Learning Program in your community.