



**Accepted Cardiopulmonary Resuscitation & First Aid Training Courses
for Personal Care Services and Home & Community-Based Waiver Programs**

Requirements for CPR and First Aid training courses:

- First aid training must be taught by an individual certified by the American Red Cross, the American Heart Association, or an equivalent organization approved by the department; their First Aid training and certification must have occurred within the previous two years
- CPR training must be taught by an individual who holds a valid CPR instructor credentialed in accordance with 7 AAC 26.985, their CPR training and certification must have occurred within the previous two years.
- An on-line CPR class must be combined with a hands-on skills check. No CPR classes that are taught exclusively on-line will be accepted; all classes must have a hands-on component. All students must have successfully demonstrated skills, as observed by a qualified instructor.

The courses listed below are acceptable provided that the licensing/certifying agency is identified on the training care. Besides those listed below, there are other organizations with courses potentially meeting the regulatory requirements of 7 AAC 125.090(d)(1)-(2) and HCB Waiver Prover Conditions of Participation.

Senior and Disabilities Services must pre-approve any training provided by an agency NOT listed below to ensure the training meets SDS requirements. For questions about inclusion on this list, contact SDS at HSS.DSDS.Policy@alaska.gov. This list will be updated periodically and posted to the [Approved Forms page](#) Forms page.

Accepted Courses	Primary Location	CPR	FA
Alaska Crossings Wilderness Course (through SE Region EMS)	Wrangell	X	X
American Heart Association First Aid, CPR (http://heart.org)	Anchorage	X	X
American Red Cross centers First Aid, CPR (http://www.redcross.org/ux/take-a-class)	Anchorage, Fairbanks, Juneau, Wasilla	X	X
Emergency Care & Safety Institute (AAOS Endorsed) First Aid, CPR (http://ecsinstitute.org)	Statewide	X	X
EMS Safety CPR/AED, First Aid (https://access.emssafety.com/about-ems-classes)	Statewide by request	X	X
Emergency University First Aid, CPR (http://www.vipalaska.com/)	Kenai	X	X
Environmental Management, Inc. CPR, First Aid (American Heart Association classes) (http://emi-alaska.com/trainingservices)	Anchorage	X	X
Health Safety Institute (HIS) All courses by the Health Safety Institute are accepted (http://www.hsi.com/about-hsi/our-brands/medic-first-aid)	Statewide	X	X

Accepted Courses	Primary Location	CPR	FA
Interior Region EMS Council CPR, First Aid (American Heart association; CPR skills check) (http://iremsc.org/AHA/cpr_initial_and_renewal)	Fairbanks and on-line	X	X
Hero for Life CPR/AED, First Aid (American Heart Association classes) (http://www.heroforlife.com/classes)	Anchorage area	X	X
Medic First Aid BasicPlus, First Aid Advanced (https://www.hsi.com/)	Statewide		X
National Safety Council Standard First Aid, CPR/AED (http://nsc.org/learn/Safety-Training/Pages/first-aid-training)	Statewide		X
Respond Systems CPR classes in various locations (http://cprcertificationonlinehq.com/cpr-classes-and-traing-alaska)	Statewide	X	
Sitka Fire Department, SE Regional EMS Council CPR, First Aid (American Heart Association through SE EMS)	Sitka	X	X
Sothern Region EMS Council First Aid, CPR (American Heart Association) (https://sremsc.enrollware.com/schedule)	Anchorage and on-line	X	X
Team One Heartsaver First Aid/CPR Combination (AHA)	Anchorage	X	X