

Conflict-Free Case Management

March 24, 2015

The Arc of Anchorage Gym 6:00 pm -8:00 pm

2211 Arca Drive, Anchorage 99508

The Home and Community Based Waiver (the Waiver) helps you do things you need to do every day. This could be:

A ride to where you need to go in your community.

Something built into your home like a ramp or a stair-glide.

Something you need to help you each day, like a lift-chair.

A person who helps you take care of yourself or does these things for you.

A person who takes care of cleaning or cooking for you at home.

A person who helps you at your job or in your community.

Another person who helps you is your **Care Coordinator**. This person helps you choose which services you want to help you and where you could get them.

You will still have a Care Coordinator. You can still choose your Care Coordinator and the agencies that give you help that is approved in your waiver. Your Care Coordinator will still help you with your waiver.

Centers for Medicare and Medicaid Services (CMS) makes the rules (laws) about the waiver. Alaska must follow those rules, like all other states.

Senior and Disabilities Services (SDS) helps Alaska follow these rules. SDS also helps people at agencies who give different kinds of help using the Waiver.

There is a new rule from CMS.

The new rule says you are at the center of your plan of care. You get to decide about the help you get.

The new rule says you should not feel like you have to choose help only from the place your Care Coordinator works. You should feel like you can choose help from any agency.

It says that Care Coordinators can work at an agency that only does Care Coordination.

This is because you may not feel like you could choose other kinds of help from other agencies if your Care Coordinator's agency also gives this help.

It says that if there isn't any other way to have a Care Coordinator depending only on where you live, there may be an exception.

You could live in a place (rural Alaska) where there are no other Care Coordinators except at an agency that does other kinds of help too.

In order to follow this rule Alaska has to make some changes.

Senior and Disabilities Services and others who help them asked for ideas about what might work best.

They asked people who experience disabilities, people who help those with disabilities, elders, and other government agencies to think of ideas.

They asked for what people thought of each idea.

A team worked on collecting all the ideas and writing them down. The team's name is Agnew:Beck. Another team helped them. This team is called The Alaska Mental Health Trust Authority.

First they saw that most people thought Care Coordinators might need help organizing a business because of this change.

Agnew:Beck saw that there were 4 main ideas.

Here are the 4 ideas and what most people thought about them.



1



2



3



4



1

1. Care Coordinators could work for themselves, or for agencies that only do Care Coordination.

a. Most people liked this idea because it is something that is already done now and we know it works.



b. Some people did not like this idea because there might not be enough help for all Care Coordinators to organize a business.



2

2. Make agencies in different places (regions) in Alaska. Care Coordinators would need to join a regional agency.

a. Some people liked this idea because it could help Care Coordinators organize a business.



b. Most people did not like this idea because it could be too much change and Care Coordinators could not work for themselves.





3

3. Make an agency that only helps Care Coordinators organize a business.

a. Some people liked this idea because it could help **new** Care Coordinators organize a business.



b. Most people did not like this idea because it might not help **today's** Care Coordinators organize a business.



4

4. Make agencies that help Care Coordinators organize a business in different places (regions) in Alaska.

a. Most people liked this idea because it might help Care Coordinators now, and new Care Coordinators organize a business. Care Coordinators could still work for themselves or for an agency.



b. Some people did not like this idea because it might not help Care Coordinators who don't have enough people to help depending on where they work in Alaska.



Most people liked:



1

Idea #1



4

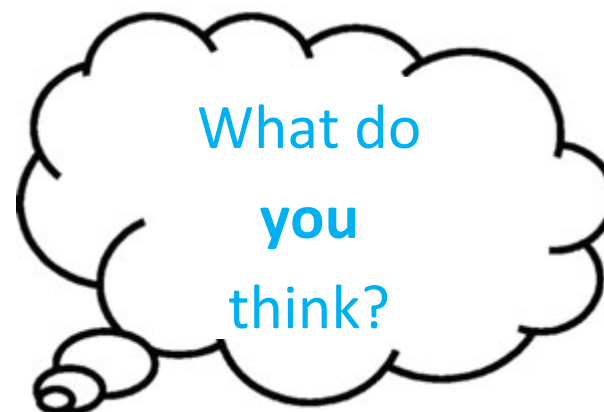
and

Idea #4



Senior and Disabilities Services (SDS) also likes Idea #1 and Idea #4.

SDS would like to use both Idea #1 and Idea #4.



We need to know more about what you think.

Please tell us. You could tell us in a meeting.

You could email us: Angela.Salerno@alaska.gov

You could call us: (907)-269-3666 or (800)-478-9996

Your Care Coordinator could help you tell us.