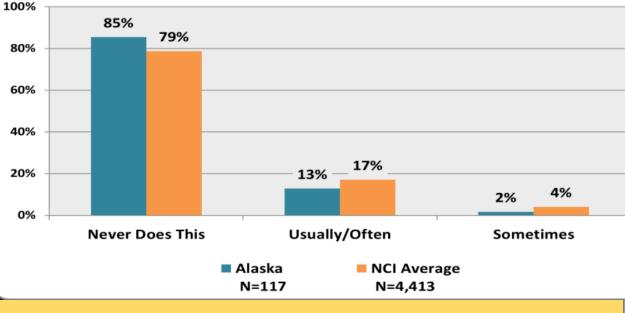
Home and Community Based Services (HCBS)

Disability Registration and Review Report 2019 (as of 6/30/2019)

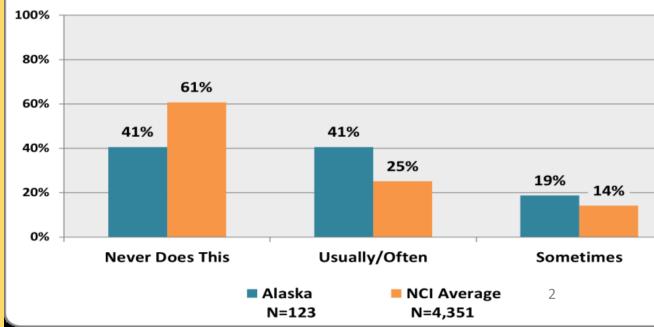
- IDD Waiver and the ISW Waiver
 - Number on DDRR: total, 652; aged 22 or younger, 426
 - Number on the list for 90 days or more: 609
 - Average length of time for people currently on DDRR: 4 years
 - Draw is fixed at 50 per year; but includes draws that replace people who have left the program
- Process and information sources
 - Developmental Disabilities Resource Connection (DDRC)
 - Aging and Disability Resources Centers (ADRC)
 - Department of Public Assistance (DPA)
 - 400 complaints to Ombudsman (2018 report): delays, lack of communication re: applications for public benefits

Family Member's Typical Day Activity: Paid Facility-based Activity



Typical Day Activity Facility-based/ Community-based

Family Member's Typical Day Activity: Unpaid Activity in the Community



Home and Community Based Services; BARRIERS

- Shortage of opportunities for exercising choice in plans, authority over service delivery
- Lack of availability; families waiting for services; shortage of rural providers and options
- Insufficient workforce; recruitment and retention obstacle
- Service caps for those on HCBS waivers
- Lack of resources for those with complex or challenging behaviors at risk of out-of-state placement, incarceration, homelessness
- Lack of available information for Recipient/Family on process, services, advocacy; delays

WORK BEING DONE BY:

- Council
- Center for Human Development
- Disability Law Center
- Alaska Association on Developmental Disabilities
- Alaska Mental Health Trust Authority
- DD Collaborative
- Stone Soup Group
- SDS
- Other

HOUSING; Barriers

Affordability

81.6 % of income spent on housing if earning minimum wage

Physical Accessibility

- AK Community Development Corp. made accessibility improvements to 196 homes in the last five years
- SAIL: HomeMap assessments

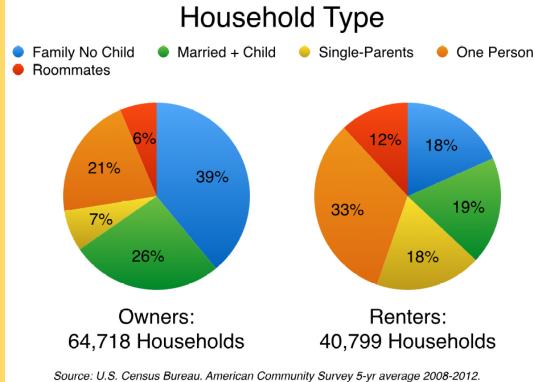
Discrimination

• Claims to Anchorage Equal Rights Commission down (2 cases in 2018) from average 6.5 cases (2007-2014)

Availability/Choice of Arrangements

- 1,897 new housing units built 2018 in state
- Vacancy rate for rentals: location, single family vs. and apartments; 5.2%-19%, average 10%

Access to Formal and Informal Supports for Independent Living



HOUSING; Programs and Services

- Alaska Housing Finance Corporation
- Alaska Legal Services: Fair Housing Initiative Program in 2014
- State Independent Living Centers
 - HOMEMap
 - Universal Design in Housing
- Alaska Mental Health Trust Authority
- Department of Health and Social Services
 - Senior and Disability Services
 - Division of Behavioral Health

RESIDENCY; Settings and Numbers 2018

Own Home: 705; Family Home: 277; Host Home, 170

Settings by size (Group Homes, Assisted Living Homes, Nursing Facilities)

1-3 beds = **450**

4-6 beds = **150**

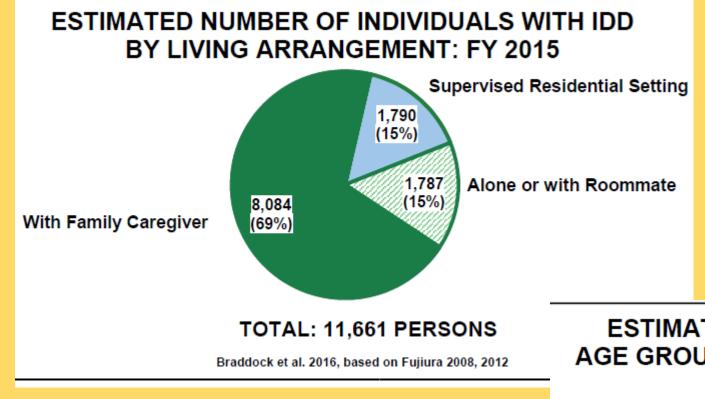
7-15 beds = 34

Outside Alaska in Residential Institutions (ICF/ID) = approx. 122 at any given time

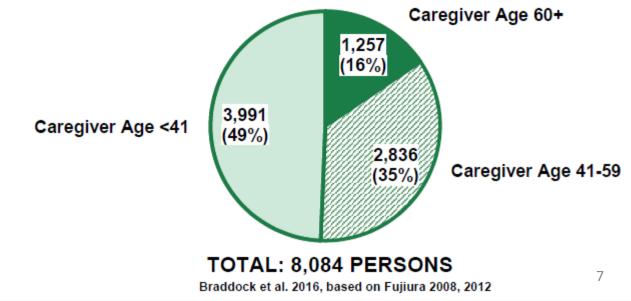
Corrections Facilities: 2014 Trust Beneficiaries report

Residential Care Facilities (and Residential Child Care Facilities, Therapeutic Foster Care, Residential Psychiatric Treatment Facilities) 20% of RPTF residents also have a DD

Homeless/Unsheltered



ESTIMATED NUMBER OF INDIVIDUALS WITH IDD BY AGE GROUP LIVING WITH FAMILY CAREGIVERS: FY 2015



RESIDENCY; Concerns

- Monitoring/Compliance/Quality Assurance
 - Adult Protective Services/Quality Assurance (one portal)
 - Residential Licensing
 - Disability Law Center
 - Long-Term Care Ombudsman
- Least-Restrictive Alternatives/Choice
 - Settings rules
 - Children's in-state residential settings continuum
- Return from out-of-state residential settings
 - School District responsibility for returning IEP and services
 - Family in-home support for transition: 28% need extensive support (NCI 2016)
 - Continuity of healthcare and treatment

References

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Alaska's Rental Market, Alaska Economic Trends; Alaska Department of Labor and Workforce Development, August 2019: <u>https://laborstats.alaska.gov/trends/aug19art1.pdf</u>

Alaska Department of Health and Social Services, Division of Behavioral Health; <u>http://dhss.alaska.gov/dbh/Pages/default.aspx</u>

Housing Barriers Report 2015; GCDSE, Stone Soup Group (baseline comparison)

Caring for Alaska's Children and Youth in Out-of-Home Behavioral Health Care: <u>https://alaskamentalhealthtrust.org/wp-content/uploads/2019/04/DBH-Conference-Presentation_FINAL-2019-03-19.pdf</u>

State Independent Living Center State Plan 2017-2019: <u>https://www.alaskasilc.org/documents</u>

Anchorage Equal Rights Commission Annual Report 2018: <u>https://www.muni.org/Departments/AERC/Documents/ERC%201002_2018%20%28002%29.pdf</u>

Alaska Scorecard 2019, Alaska Mental Health Trust Authority: http://dhss.alaska.gov/dph/HealthPlanning/Documents/scorecard/2019%20Trust%20Scorecard_full.pdf

Alaska Housing Finance Corporation: <u>https://www.ahfc.us/publichousing/rental-programs/seniordisabled-housing</u>

Housing as Health Care: A Road Map for States, National Governors Association Center for Best Practices, September, 2016

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DD Vision Annual Report FY18: https://alaskamentalhealthtrust.org/wp-content/uploads/2018/07/FY18-Shared-Vision-for-Developmental-Disabilities-Final-Report-July-2018.pdf

MHDD Needs Assessment: Results for State of Alaska, Center Human Development (2020)

Healthy Alaska Dashboard, State of Alaska DHSS: http://dhss.alaska.gov/HealthyAlaska/Pages/dashboard.aspx

Alaska State Profile, State of the States; Coleman Institute and Department of Psychiatry, University of Colorado, 2017: <u>http://stateofthestates.org</u>

National Core Indicators,

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Alaska Department of Health and Social Services, Division of Behavioral Health (DBH); http://dhss.alaska.gov/dbh/Pages/default.aspx

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