Dear Parent or Guardian,

Many children in Alaska missed well-child visits and vaccinations over the past few years. Now is a great time to get kids caught up on vaccinations. Making sure your child sees their health care provider for well-child visits is one of the best things you can do to protect your child and the community. Even if you're a little behind it's easy to get caught up – call us today to schedule a visit!

Prevention is our best protection. Children need important vaccines that protect them against serious diseases. Some diseases spread easily and quickly and can cause death or serious health problems. Set them up for a long and healthy life by staying up to date on their vaccines.

If you have questions, that's a good thing. As parents, determining how best to protect your children can be overwhelming and confusing. Vaccines are recommended for use only after careful and detailed reviews by scientists, doctors, and other health care professionals. The Food and Drug Administration (FDA) continue to monitor vaccine safety and effectiveness after they are recommended for use. Here are some resources where you can find more information on vaccines:

- All About the Recommended Immunization Schedules from the American Academy of Pediatrics
- Common questions about vaccines from the Centers for Disease Control and Prevention
- Vaccine Information for Parents from the State of Alaska Immunization Program

Talk with your child's health care provider to find out which vaccines they need. To keep track of your child's vaccination history you can request a copy of their vaccination record from their health care provider. You may also use the Docket app to access your and your family's vaccine records on a smartphone or computer. Learn more at vaccinationrecords.alaska.gov.

Questions about immunizations? You can reach us at [INSERT CLINIC PHONE #/EMAIL] for help or more information. You may also call the Alaska Immunization Helpline: Anchorage: 907-269-8088; Toll Free: 1-888-430-4321

Sincerely,

[CLINIC NAME]