

Become a Personal Care Assistant (PCA)!

Alaskans need compassionate and dedicated individuals to help them with their hands-on care needs.



If you are committed to providing exceptional support to Alaskans, we encourage you to apply with a Home and Community Based Waiver Agency today and be a part of our impactful and fulfilling journey!



Are you ready to make a difference in someone's life while building a rewarding career?





This field has flexible hours to meet your schedule. You can start a journey in the healthcare or special education fields. You can feel great about the help you give to other Alaskans!

To be a PCA, you must meet the following requirements:

- Must be 18 years or older.
- Successfully pass a background check.
- Be hired by a Personal Care Services agency. The agency will help you:
 - o Complete agency training requirements (examples include but not limited to Critical Incident Report, CPR & First Aid, Assistance with Self Administration of Medications (ASAM), and Safe Transfer techniques.)
 - o Enroll as a Medicaid Provider.
 - o Follow all rules on delivering and documenting services.

What kind of things does a PCA do?

PCAs go to Alaskans' homes and help with:

- Activities of Daily Living (ADLs)
 - o Eating
 - o Personal Hygiene (Bathing, Dressing, Hair, Shaving)
 - o Toileting
 - o Transfers (Example: from bed to a wheelchair)
 - o Locomotion (moving around)
- Instrumental Activities of Daily Living (IADLs)
 - o Light Meal or Main Meal prep
 - o Shopping
 - o Light housework
 - o Laundry