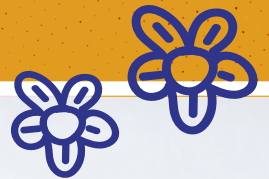




GET OUT AND PLAY, EVERY DAY

Kids feel their best when they're active throughout the day.



Being active helps little kids:

- Explore their world
- Stay focused and learn
- Grow up healthy and strong
- Sleep and nap better



Visit playeveryday.alaska.gov
to find fun ways to play.

