## **Dupixent®** (dupilumab)

## FDA INDICATIONS AND USAGE<sup>1</sup>

Dupixent® is an interleukin-4 receptor alpha antagonist indicated:

- <u>Atopic Dermatitis</u>-for the treatment of adult and pediatric patients aged 6 months and older with moderate-to-severe AD whose disease is not adequately controlled with topical prescription therapies or when these therapies are not advisable. Dupixent can be used with or without topical corticosteroids.
- <u>Asthma</u>-as an add-on maintenance treatment of adult and pediatric patients aged 6 years and older with moderate-to-severe asthma characterized by an eosinophilic phenotype or wit horal corticosteroid dependent asthma
  - o Limitations of Use-Not for the relief of acute bronchospasm or status asthmaticus.
- <u>Chronic Rhinosinusitis with Nasal Polyps</u>-as an add-on maintenance treatment in adult and pediatric patients aged 12 years and older with inadequately controlled chronic rhinosinusitis wit nasal polyps (CRSwNP).
- <u>Eosinophilic Esophagitis</u>-for the treatment of adult and pediatric patients aged 1 year and older, weighing at least 15 kg, with eosinophilic esophagitis (EoE).
- Prurigo Nodularis-for the treatment of adult patients with prurigo nodularis (PN).
- <u>Chronic Obstructive Pulmonary Disease</u>-as an add-on maintenance treatment of adult patients with inadequately controlled chronic obstructive pulmonary disease (COPD) and an eosinophilic phenotype.
  - o Limitations of Use-Not for the relief of acute bronchospasm.
- <u>Chronic Spontaneous Urticaria</u>-for the treatment of adult and pediatric patients aged 12 years and older with chronic spontaneous urticaria (CSU) who remain symptomatic despite H1 anti-histamine treatment.
  - o Limitations of Use-Not indicated for other forms of urticaria.
- <u>Bullous Pemphigoid</u>-for the treatment of adult patients with bullous pemphigoid (BP).

## **APPROVAL CRITERIA**1,2,3,4,5,6,7,8

## **Atopic Dermatitis (AD)**

- 1. Patient meets FDA labeled age AND;
- 2. Prescribed by or in consultation with an allergist, immunologist, or dermatologist AND;
- 3. Documentation of the affected baseline body surface area affected and severity of symptoms **AND**;
- 4. Must have tried and failed or has a contraindication to at least two of the following for a period of 30 days:
  - a. > 18 years of age a medium to high potency topical corticosteroid or <18 years of age a low potency topical corticosteroid
  - b. Topical calcineurin inhibitor
  - c. Phosphodiesterase 4 inhibitor

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#### **Moderate to Severe Asthma**

- 1. Patient meets FDA labeled age AND;
- 2. Prescribed by or in consultation with an allergist, immunologist, or pulmonologist AND;
- 3. Patients has eosinophilic phenotype with an eosinophil count  $\geq 150$  cells/mcL **OR**;
- 4. Patient has ongoing symptoms of asthma with a minimum 3 month trial of a combination inhaled corticosteroid plus a long acting beta agonist AND;
- 5. Not being used for relief of acute bronchospasms or status asthmaticus.

## **Chronic Rhinosinusitis with Nasal Polyposis (CRSwNP)**

- 1. Patient meets FDA labeled age AND;
- 2. Prescribed by or in consultation with an allergist, immunologist, or ENT specialist AND;
- 3. Patient has had inadequate response, intolerance, or contraindication to a 3-month trial of TWO nasal corticosteroid sprays with different active ingredients AND;
- 4. Will be used as an add on maintenance therapy.

## **Eosinophilic Esophagitis (EoE)**

- 1. Patient meets FDA labeled age AND;
- 2. Prescribed by or in consultation with an allergist, immunologist, or ENT specialist AND;
- 3. Patient has  $\geq 15$  intraepithelial eosinophils per high-power field (eos/hpf) AND;
- 4. Patient has symptoms of dysphagia (e.g., pain while swallowing, drooling, sensation of food getting stuck in the throat or chest) AND;
- 5. Patients weight is  $\geq 15$  kg.

### Prurigo Nodularis (PN)

- 1. Patient meets FDA labeled age AND;
- 2. Prescribed by or in consultation with an allergist, immunologist, or dermatologist AND;
- 3. Documentation of the affected baseline body surface area affected and severity of symptoms AND;
- 4. Must have tried and failed or has a contraindication to a high potency corticosteroid for a minimum period of 30 days

#### **Chronic Obstructive Pulmonary Disease (COPD)**

- 1. Patient meets FDA labeled age AND;
- 2. Prescribed by or in consultation with a pulmonologist **AND**;
- 3. Patient has had an inadequate response to triple therapy (long-acting beta agonist + inhaled corticosteroid + long-acting muscarinic antagonist) for a minimum of three consecutive months of use AND;
- 4. Patient has demonstrated all of the following:
  - a.  $\geq 2$  moderate or  $\geq 1$  severe exacerbations within the year prior to screening including ≥1 exacerbation while patient receiving above triple therapy regimen within the past year
  - b. Patient post-bronchodilator FEV1/FVC ratio <0.7 and post-bronchodilator FEV1 of 30% to 70% predicted

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Effective: 11/1/2025

c. Patient has an eosinophil count  $\geq 300$  cells/ $\mu$ L within the last 60 days

## **Chronic Spontaneous Urticaria (CSU)**

- 1. Patient meets FDA labeled age AND;
- 2. Prescribed by or in consultation with an allergist, immunologist, or dermatologist AND;
- 3. Patient has had urticaria for at least 6 weeks with symptoms present on 3 or more days a week while taking a non-sedating antihistamine titrated to a maximum dose **AND**;
- 4. Patient has tried and failed or has a documented contraindication to a non-sedating antihistamine at maximum dose for a minimum of 60 days.

## **Bullous Pemphigoid (BP)**

- 1. Patient meets FDA labeled age AND;
- 2. Prescribed by or in consultation with an allergist, immunologist, or dermatologist AND;
- 3. Patient has a diagnosis of bullous pemphigoid, confirmed by serology or biopsy
- 4. At baseline, patient demonstrates both a Bullous Pemphigoid Disease Area Index (BPDAI) activity score ≥ 24 and an average weekly Peak Pruritus NRS score ≥ 4 AND;
- 5. Patient has tried and failed a minimum of two standard therapies (e.g. topical or oral corticosteroid, methotrexate, azathioprine, etc.) with different mechanisms of action for a minimum of one month each **AND**;
- 6. Dupilumab will initially be used in combination with a tapering course of oral corticosteroids until disease control has been achieved.

### **DENIAL CRITERIA**

- 1. Failure to meet approval criteria **OR**;
- 2. Being used in conjunction with another biologic medication (I.E. Enbrel, Xolair, Remicade, etc.)

#### **CAUTIONS**<sup>1</sup>

- Monitor for hypersensitivity reactions after administration.
- Patient should be monitored for new or worsening eye symptoms.
- Corticosteroids should not be discontinued abruptly upon initiation of therapy.
- Monitor patients for vasculitic rash, worsening pulmonary symptoms, or neuropathies.

#### **DURATION OF APPROVAL**

• Approval: Up to 3 months

• Reauthorization: Up to 12 months

#### **OUANTITY LIMITS**

• Initial Dose up to 600mg

• Subsequent doses up to 300mg per week

Dupixent® Criteria Version: 3 Original: 02/28/2020

Original: 02/28/2020 Updated: 09/19/2025 Effective: 11/1/2025

#### **REFERENCES / FOOTNOTES:**

- 1. Dupixent® subcutaneous injection [prescribing information]. Bridgewater, NJ: Regeneron Pharmaceuticals, Inc.; September 2024.
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- 3. Eichenfield LF, Tom WL, Berger TG, et al. Guidelines of care for the management of atopic dermatitis. Section 2: management and treatment of atopic dermatitis with topical therapies. Journal American Academy Dermatology. 2014;71(1):116-132.
- 4. Wenzel S, Castro M, Corren J, et al. Dupilumab efficacy and safety in adults with uncontrolled persistent asthma despite use of medium-to-high-dose inhaled corticosteroids plus a long-acting beta-2 agonist: a randomized double-blind placebo-controlled pivotal phase 2b dose-ranging trial. Lancet. 2016;388:31-44.
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- 6. Bachert C, Mannent L, Naclerio RM, et al. Effect of subcutaneous dupilumab on nasal polyp burden in patients with chronic sinusitis and nasal polyposis: a randomized clinical trial. JAMA. 2016;315(5):469-479.
- 7. Bhatt S, Rabe K, Hanania N, et al. Dupilumab for COPD with Type 2 inflammation Indicated by Eosinophil Counts. New England Journal of Medicine 2023;389:205-214
- 8. The International EAACI/GA<sup>2</sup>LEN/EuroGuiDerm/APAAACI guideline for the definition, classification, diagnosis, and management of urticaria. Allergy. 2022 Mar;77(3):734-766

Dupixent® Criteria Version: 3 Original: 02/28/2020

Updated: 09/19/2025 Effective: 11/1/2025