# ALASKA MEDICAID Prior Authorization Criteria

# Kerendia® (finerenone)

# FDA INDICATIONS AND USAGE<sup>1</sup>

Kerendia® is a non-steroidal mineralocorticoid receptor antagonist (MRA) indicated to reduce the risk of:

- sustained eGFR decline, end stage kidney disease, cardiovascular death, non-fatal myocardial infarction, and hospitalization for heart failure in adult patients with chronic kidney disease (CKD) associated with type 2 diabetes (T2DM).
- cardiovascular death, hospitalization for heart failure, and urgent heart failure visits in adult patients with heart failure with left ventricular ejection fraction (LVEF)  $\geq 40\%$ .

### APPROVAL CRITERIA 1,2,3,4,5

- 1. Patient is 18 years of age or older **AND**;
- 2. Prescribed by or in consultation with a cardiologist or nephrologist AND;
- 3. Chart notes have been submitted with baseline labs showing all of the following:
  - Estimated glomerular filtration rate ≥ 25 mL/min/1.73 m2
  - Urine albumin-to-creatinine ratio  $\geq 30 \text{ mg/g}$
  - Serum potassium level  $\leq 5.0$  mEq/L **AND**;
- 4. Patient has the diagnosis of chronic kidney disease and type 2 diabetes and the following applies:
  - Patient is currently taking a maximally tolerated angiotensin converting enzyme (ACE) inhibitor or angiotensin receptor blocker (ARB) AND a preferred sodium glucose transport protein 2 (SGLT2) inhibitor or has a documented contraindication or intolerance to the above drug classes **OR**:
- 5. Patient has the diagnosis of heart failure with LVEF  $\geq$  40% and the following applies:
  - Pt is currently receiving a sodium-glucose cotransporter-2 (SGLT2) inhibitor or has a documented clinical contraindication to these agents.

#### **DENIAL CRITERIA**<sup>1</sup>

- 1. Failure to meet approval criteria **OR**;
- 2. Patient is taking strong CYP3A4 inhibitors concomitantly **OR**;
- 3. Patient has adrenal insufficiency **OR**:
- 4. Patient has severe hepatic impairment (Child Pugh C).

#### **CAUTIONS**<sup>1</sup>

- Patients with decreased kidney function and higher baseline potassium levels are at increased risk. Monitor serum potassium levels and adjust dose as needed.
- Patients should avoid concomitant use of grapefruit or grapefruit juice.
- May cause hyperkalemia, hypotension, and hyponatremia.

Kerendia® Criteria Version: 2 Original: 9/23/2021 Effective: 01/1/2024 Updated: 11/21/2025

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#### **DURATION OF APPROVAL**

- Initial Approval: up to 3 months
- Reauthorization Approval: up to 6 months if:
  - Patient has disease improvement and/or stabilization OR improvement in the slope of decline (based on UACR or eGFR) and the patient has not developed hyperkalemia.

#### **OUANTITY LIMIT**

• 30 tablets per 30 days (10mg and 20mg strengths)

#### **REFERENCES / FOOTNOTES:**

- 1. Kerendia®. Prescribing Information. Whippany, NJ; Bayer; August 2025
- 2. Efficacy and safety of finerenone in in subjects with type 2 diabetes and diabetic kidney disease (FIDELIO-DKD). Available at: https://clinicaltrials.gov/ct2/show/NCT02540993. Accessed September 23, 2021.
- 3. Bakris GL, Agarwal R, Anker SD, et al. Effect of finerenone on chronic kidney disease outcomes in type 2 diabetes. N Engl J Med. 2020; 383(23): 2219-2229. DOI: 10.1056/NEJMoa2025845.
- 4. Kidney Disease: Improving Global Outcomes (KDIGO) Diabetes Work Group. KDIGO 2020 Clinical Practice Guideline for Diabetes Management in Chronic Kidney Disease. Kidney Int. 2020 Oct;98(4S):S1-S115.
- 5. Heidenreich PA, Bozkurt B, Aguilar D, et al. 2022 AHA/ACC/HFSA guideline for the management of heart failure: a report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. Circulation. 2022 May 3;145(18):e876-e894.

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