

## Eligibility

To access one of these Developmental Disability waiver programs, a person must:

- 1. Meet Medicaid eligibility requirements** for income and resource limits. This is determined through an interview and application process with the Division of Public Assistance (DPA).
- 2. Meet level of care requirements** assessed and determined by an assessor from the IDD unit.
- 3. Qualifying diagnosis.**

## Assessment

Assessors from the IDD unit conduct an assessment by interviewing people in person, phone or through videoconferencing. Each applicant or participant gets a copy of the results and the assessment.

## Where to start?

First, call or visit an *Aging and Disability Resource Center (ADRC)* or a *Developmental Disabilities Resource Connection (DDRC)*. They can help you find out which programs you might qualify for. If you have an intellectual or developmental disability, the DDRC can help you get on a waiting list for waiver services. If it looks like you qualify, you'll get a list of care coordinators who can help you apply for a waiver.

Alaska's ADRCs connect seniors, people with disabilities, and caregivers with long-term services and supports of their choice.

The DDRC program assists individuals with intellectual and developmental disabilities and their families with accessing supports and services. The DDRC Program is the point of entry for accessing State of Alaska developmental disabilities waivers and other services.

## CONTACT INFORMATION:

### Division of Senior & Disabilities Services (SDS)

1835 Bragaw Street, Suite 350  
Anchorage, AK 99508-3487  
1-907-269-3666  
1-800-478-9996 (toll-free)  
Visit: <http://health.alaska.gov/dsdsPages/default.aspx>

### Aging & Disability Resource Centers (ADRC)

1-855-565-2017 (toll-free)  
Visit: <https://health.alaska.gov/en/services/aging-and-disability-resource-centers-adrc/>

### Developmental Disabilities Resource Connection (DDRC)

1-855-565-2017 (toll-free)  
Visit: <https://health.alaska.gov/en/services/developmental-disabilities-resource-connection/>



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Alaska's Home and  
Community-Based  
Developmental Disability

# MEDICAID WAIVERS



Developmental Disability  
Waiver programs help people  
who need a high level of  
care get that care at home  
or in their community  
instead of having to live in  
an institution.

# INTERMEDIATE CARE FACILITY FOR INDIVIDUALS WITH INTELLECTUAL DISABILITIES

Two waiver programs help people who need the same care as people living in an intermediate care facility for individuals with intellectual disabilities (ICF/IID).

## The Intellectual and Developmental Disabilities (IDD) Waiver:

**Waiver:** Every year, 50 people are taken off the waitlist and given a chance to apply for the IDD Waiver.

### Services available

Provides care coordination, day habilitation, employment services, residential habilitation, respite, environmental modifications, intensive active treatment, meals, nursing oversight and care management, specialized medical equipment, specialized private duty nursing, and transportation services to:

- individuals with autism
- developmental disabilities, or intellectual disabilities
- ages 0 or older who meet an ICF/IID level of care.

**The Individualized Supports Waiver (ISW):** Each person must agree to a total cost limit for waiver services to be on the ISW. Once the ISW reaches its approved limit of participants, there will be a waitlist for services.

### Services available

Provides care coordination, day habilitation, employment services, residential habilitation, respite, adult host home care, intensive active treatment, and transportation services to:

- individuals with autism
- developmental disabilities, or intellectual disabilities
- ages 0 or older who meet an ICF/IID level of care.

