

What is **Medication for Addiction Treatment (MAT)** and how does it work?

MAT helps people recover from opioid or alcohol use.

It uses medicine + support to:

- Lower cravings
- Ease withdrawal symptoms
- Support long-term recovery

Who can try MAT?

Most adults—and some teens—can use MAT for **opioids, alcohol, or nicotine**.

Your provider will check if it's right and safe for you.

MAT IS NOT replacing one drug with another.

They **balance the brain, reduce cravings,** and **prevent overdose.**

MAT is **real medical care** that helps people feel stable and rebuild their lives.



mat.alaska.gov