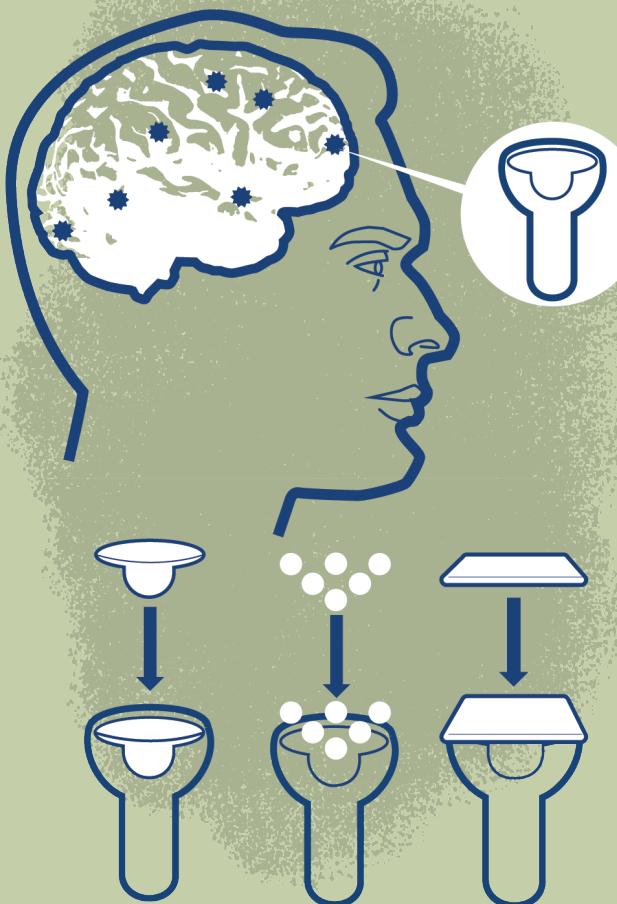


# What is Medication for Addiction Treatment (MAT) and how does it work?



**MAT helps people recover from opioid or alcohol use.**

It uses medicine + support to:

- Lower cravings
- Ease withdrawal symptoms
- Support long-term recovery

## **Who can try MAT?**

Most adults—and some teens—can use MAT for **opioids, alcohol, or nicotine**.

Your provider will check if it's right and safe for you.

**MAT IS NOT replacing one drug with another.**

They **balance the brain, reduce cravings, and prevent overdose**.

MAT is **real medical care** that helps people feel stable and rebuild their lives.



**mat.alaska.gov**