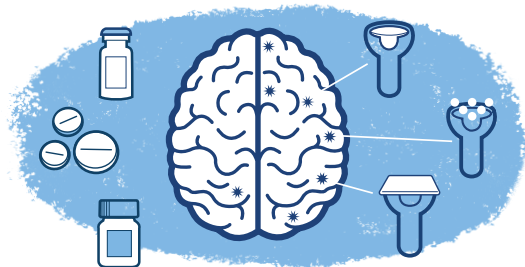


# 5

## Five things to know about Medication for Addiction Treatment (MAT)

**MAT is not trading one drug for another.**



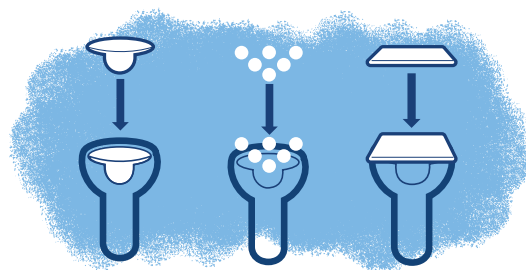
**1**

There are several medications that:

- Ease withdrawal symptoms
- Reduce cravings
- Stabilize recovery

**2**

They change how the brain reacts to opioids.



**3**

The medications can be used alone or as part of an overall treatment plan.

**4**

They support recovery for many substances including opioids, alcohol, and nicotine.



**5**

Your provider can help you find treatment options that are right for you.



[mat.alaska.gov](https://mat.alaska.gov)