# ALASKA'S NO WRONG DOOR REFERRAL GUIDEBOOK

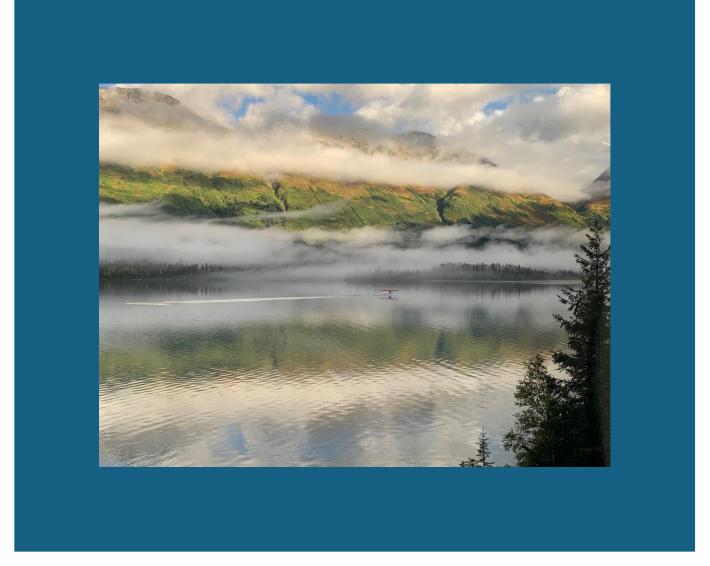


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# Understanding Alaska's No Wrong Door (NWD) Network

Alaska offers an array of services and supports for individuals with disabilities, mental health or substance use challenges, older adults, caregivers, and more. The NWD initiative is designed to assist individuals with chronic conditions or disabilities access long-term services and supports (LTSS) more easily, regardless which organization they first contact. This initiative ensures that individuals can navigate LTSS and receive care without having to reach out to multiple agencies. The NWD effort enhances staff knowledge about the various services offered across the NWD network, promoting a more cohesive support system.

This document aims to provide a detailed list of all the agencies participating in the NWD initiative and the programs they offer. The **No Wrong Door Directory** serves as an index of programs organized by agency, including an overview of each program, the target populations, programs and/or services within each program, and contact information. In addition to a comprehensive list of programs, the programs are categorized by **Agency, Target Population**, and **Service Type** with links to sections of the document that provide details about each specific program.

This guide is intended to be used by staff at NWD agencies and has links that allow staff to quickly identify programs by:

- <u>agency</u> overseeing the program,
- target population, such as older adult or individual with intellectual disabilities, or
- service type, such as case management or residential care.

# Contact Us and Feedback Form

To ensure the Alaska NWD Referral Guidebook remains updated and accurate, please utilize the "Alaska NWD Feedback Form" below to provide us with updated information, questions, and other feedback.

For more information on the Referral Guidebook or more direct questions, please send emails to <a href="mailto:aknwd@hcbs.info">aknwd@hcbs.info</a>.

Please find the feedback form here: Alaska NWD Feedback Form.

# Listing of All NWD Agencies

The NWD Directory contains resources operated by:

- Administration for Community Living
- Alaska 211
- Alaska Community Development Corporation
- Alaska Housing Finance Corporation
- Alaska Mental Health Trust
- Alaska Native Tribal Health Consortium
- Assistive Technology of Alaska
- Department of Corrections
- Department of Education and Early Development
- Department of Family and Community Services
- Department of Health
- Division of Behavioral Health
- <u>Division of Public Assistance</u>
- NeighborWorks Alaska
- RurAL CAP
- Senior and Disabilities Services
- Statewide Independent Living Council
- Veterans Affairs Healthcare System
- Vocational Rehabilitation

# Programs by Agency

- Department of Health
  - o First Episode Psychosis Program (FEP)
  - o Public Health Nursing
- Division of Behavioral Health
  - Alcohol Safety Action Program
  - o Complex Behavior Collective
  - Comprehensive Behavioral Health Treatment and Recovery
  - Division of Behavioral Health 1115 Services

- Division of Behavioral Health Autism Services
- Division of Behavioral Health Recovery Supports and Services
- Division of Behavioral Health State Plan Medicaid Provider Assistance Services
- Prevention and Early Intervention
- Residential Care for Children and Youth Grant Program (RCCY)
- Substance Use Disorder Section
- Youth Suicide Intervention Pathways to Care
- Senior and Disabilities Services
  - Adults with Physical and Developmental Disabilities
  - Alaskans Living Independently
  - o Alzheimer's Disease and Related Dementia (ADRD) Education and Support Program
  - Child with Complex Medical Conditions
  - Community First Choice
  - Consumer Directed Personal Care Services
  - Deaf Navigator Program
  - o Family Caregiver Support Program
  - General Relief Assisted Living Home Program
  - Individualized Supports Waiver
  - Infant Learning Program
  - Intellectual and Developmental Disabilities
  - Nutrition, Transportation, and Supports Services
  - Senior In-Home Services
  - Traumatic and Acquired Brain Injury (TABI) Program
- Department of Family and Community Services
  - Alaska Psychiatric Institute (API)
  - o Pioneer Homes
- Alaska Mental Health Trust
  - Behavioral Health Crisis Response
- NeighborWorks Alaska
  - NeighborWorks
- Alaska Community Development Corporation
  - Alaska Community Development Corporation

- Alaska Housing Finance Corporation
  - Mainstream Voucher Program
  - Section 811 Project-Based Rental Assistance (PRA) Program
- Rural Alaska Community Action Program (RurAL CAP)
  - o RurAL CAP
- Assistive Technology of Alaska
  - Assistive Technology of Alaska
- Department of Education and Early Development
  - Alaska State School for Deaf and Hard of Hearing
- Statewide Independent Living Council
  - Centers for Independent Living
- VA Healthcare System
  - Veterans Affairs Medical Center
  - Veterans Directed Care (VOICE)
- Division of Public Assistance
  - Chronic and Acute Medical Assistance
- Department of Corrections
  - Department of Corrections
- Alaska Native Tribal Health Consortium
  - Alaska Native Tribal Health Consortium
  - Behavioral Health Services
- Administration for Community Living
  - <u>Title VI Grantees</u>
- Alaska 211
  - o Alaska 211
- Vocational Rehabilitation
  - Vocational Rehabilitation
  - o Tribal Health Office Vocational Rehabilitation

# **Programs by Target Population**

- Adults
  - Adults with Physical and Developmental Disabilities (APDD)

- o Alaska 211
- Alcohol Safety Action Program
- Alaska Community Development Corporation (ACDC)
- Alaska Native Tribal Health Consortium (ANTHC)
- Alaska Psychiatric Institute (API)
- Alaskans Living Independently (ALI)
- Assistive Technology of Alaska (ATLA)
- Behavioral Health Crisis Response
- Behavioral Health Services
- Centers for Independent Living (CIL) Services
- Chronic and Acute Medical Assistance (CAMA)
- o Complex Behavioral Collaborative (CBC)
- Comprehensive Behavioral Health Treatment and Recovery Grant
- Consumer Directed Personal Care Services (CDPCS/PCS)
- Deaf Navigator Program
- Department of Corrections Reentry Program
- Division of Behavioral Health 1115 Services
- Division of Behavioral Health Recovery Supports and Service
- Division of Behavioral Health State Plan Medicaid
- General Relief Assisted Living Home Program
- Individualized Supports Waiver (ISW)
- Intellectual and Developmental Disabilities (IDD)
- Prevention and Early Intervention
- Public Health Nursing
- Rural Alaska Community Action Program (RurAL CAP)
- Section 811 Project-Based Rental Assistance (PRA) Program
- Substance Use Disorder (SUD)
- Traumatic and Acquired Brain Injury (TABI) Program
- Vocational Rehabilitation

#### Older Adults

- Adults with Physical and Developmental Disabilities (APDD)
- Alaska 211
- Alaska Community Development Corporation (ACDC)

- Alaskans Living Independently (ALI)
- o Alzheimer's Disease and Related Dementia (ADRD) Education and Support Program
- Assistive Technology of Alaska (ATLA)
- Behavioral Health Crisis Response
- Centers for Independent Living (CIL)
- Chronic and Acute Medical Assistance (CAMA)
- Community First Choice (CFC)
- Complex Behavior Collaborative (CBC)
- Consumer Directed Personal Care Services/Personal Care Services
- Deaf Navigator Program
- Division of Behavioral Health 1115 Services
- o Division of Behavioral Health Recovery Supports and Services
- o Division of Behavioral Health State Plan Medicaid Provider Assistance Services
- Family Caregiver Support Program
- General Relief Assisted Living Home Program
- Individualized Supports Waiver (ISW)
- Intellectual and Developmental Disabilities (IDD)
- o Mainstream Voucher Program
- Nutrition, Transportation, and Supports Services
- Pioneer Homes
- Public Health Nursing
- Rural Alaska Community Action Program (RurAL CAP)
- Senior In-Home Services
- Substance Use Disorder (SUD)

#### Children / Adolescents

- o Alaska 211
- Alaska State School for Deaf and Hard of Hearing
- Assistive Technology of Alaska (ATLA)
- Behavioral Health Crisis Response
- Child with Complex Medical Conditions (CCMC)
- Complex Behavior Collaborative (CBC)
- Comprehensive Behavioral Health Treatment and Recovery Grant
- Deaf Navigator Program

- Department of Behavioral Health Autism Services
- Department of Behavioral Health Recovery Supports and Services
- Division of Behavioral Health 1115 Services
- <u>Division of Behavioral Health State Plan Medicaid Provider Assistance Services</u>
- Family Caregiver Support Program
- First Episode Psychosis Program (FEP)
- Individualized Supports Waiver (ISW)
- Infant Learning Program
- Intellectual and Developmental Disabilities (IDD)
- Prevention and Early Intervention
- Public Health Nursing
- Residential Care for Children and Youth Grant Program (RCCY)
- Substance Use Disorder (SUD)
- Youth Suicide Intervention Pathways to Care

#### Caregivers

- o Alzheimer's Disease and Related Dementia (ADRD) Education and Support Program
- Family Caregiver Support Program
- Title VI Grantees

#### Alaska Natives

- Alaska Native Tribal Health Consortium (ANTHC)
- Behavioral Health Services
- o <u>Title VI Grantees</u>
- o Tribal Health Office Vocational Rehabilitation (TVR)

#### Veterans

- Veterans Affairs Medical Center (VAMC)
- Veterans Directed Care (VOICE)

#### People with Disabilities

- Adults with Physical and Developmental Disabilities (APDD)
- Alaska Psychiatric Institute (API)
- Alaska State School for Deaf and Hard of Hearing
- Alaskans Living Independently (ALI)
- Alcohol Safety Action Program
- Alzheimer's Disease and Related Dementia (ADRD) Education and Support Program

- Assistive Technology of Alaska (ATLA)
- o Behavioral Health Crisis Response
- Behavioral Health Services
- Centers for Independent Living
- Child with Complex Medical Conditions (CCMC)
- Chronic and Acute Medical Assistance (CAMA)
- o Comprehensive Behavioral Health Treatment and Recovery Grant
- Consumer Directed Personal Care Services/Personal Care Services
- Deaf Navigator Program
- Department of Behavioral Health Autism Services
- Department of Corrections Reentry Program
- Division of Behavioral Health 1115 Services
- Division of Behavioral Health State Plan Medicaid
- General Relief Assisted Living Home Program
- Individualized Supports Waiver (ISW)
- Intellectual and Developmental Disabilities (IDD)
- NeighborWorks Alaska
- Pioneer Homes
- Prevention and Early Intervention
- Section 811 Project-Based Rental Assistance (PRA) Program
- Substance Use Disorder (SUD)
- Traumatic and Acquired Brain Injury (TABI) Program
- Vocational Rehabilitation

# Programs by Service Type

- In-Home Support / Personal Support Services:
  - Alaskans Living Independently (ALI)
  - Community First Choice (CFC)
  - o Consumer Directed Personal Care Services / Personal Care Services (CDPCS/PCS)
  - Infant Learning Program (ILP)
  - Nutrition, Transportation, and Supports Services
  - Senior In Home Services (SIH)
  - Title VI Grantees

- Veterans Affairs Medical Center (VAMC)
- Veterans Directed Care (VOICE)
- Housing Assistance / Assisted Living Services:
  - Alaskans Living Independently (ALI)
  - DBH Recovery Supports and Services
  - General Relief Assisted Living Home Program (GRA)
  - Mainstream Voucher Program
  - NeighborWorks Alaska
  - Pioneer Homes
  - Rural Alaska Community Action Program (RurAL CAP)
  - Section 811 Project-Based Rental Assistance (PRA) Program
- Behavioral Health / Substance Use Disorder Services:
  - Alaska Native Tribal Health Consortium (ANTHC)
  - Alaska Psychiatric Institute (API)
  - o Alcohol Safety Action Program
  - Behavioral Health Crisis Response
  - Behavioral Health Services
  - Complex Behavior Collaborative (CBC)
  - Comprehensive Behavioral Health Treatment and Recovery Grant
  - Department of Corrections Reentry Program (DOC)
  - Division of Behavioral Health 1115 Services
  - o Division of Behavioral Health Autism Services
  - Division of Behavioral Health Recovery Supports and Services
  - Division of Behavioral Health State Plan Medicaid
  - First Episode Psychosis Program (FEP)
  - Prevention and Early Intervention
  - Substance Use Disorder (SUD)
  - Youth Suicide Intervention Pathways to Care
- Home Modifications / Durable Medical Equipment / Assistive Technology:
  - Adults with Physical and Developmental Disabilities (APDD)
  - Alaska Community Development Corporation (ACDC)
  - Alaskans Living Independently (ALI)
  - Assistive Technology of Alaska (ATLA)

- Centers for Independent Living (CIL)
- Child with Complex Medical Conditions (CCMC)
- Deaf Navigator Program
- Infant Learning Program (ILP)
- Intellectual and Developmental Disabilities (IDD)
- Rural Alaska Community Action Program (RurAL CAP)
- Veterans Directed Care (VOICE)
- Respite / Caregiver Support:
  - Adults with Physical and Developmental Disabilities (APDD)
  - Alaska Native Tribal Health Consortium (ANTHC)
  - Alaskans Living Independently (ALI)
  - Child with Complex Conditions (CCMC)
  - Community First Choice (CFC)
  - Family Caregiver Support Program (FCSP)
  - Individualized Supports Waiver (ISW)
  - Infant Learning Program (ILP)
  - Intellectual and Developmental Disabilities (IDD)
  - Senior In Home Services (SIH)
  - Title VI Grantees
  - Veterans Affairs Medical Center (VAMC)
  - Veterans Directed Care (VOICE)
- Case Management:
  - Adults with Physical and Developmental Disabilities (APDD)
  - Alaska Native Tribal Health Consortium
  - Alaska Psychiatric Institute (API)
  - Alaskans Living Independently (ALI)
  - Alcohol Safety Action Program (ASAP)
  - Child with Complex Medical Conditions (CCMC)
  - Community First Choice (CFC)
  - Department of Corrections Reentry Program
  - Division of Behavioral Health 1115 Services
  - <u>Division of Behavioral Health Autism Services</u>
  - Division of Behavioral Health Recovery Supports and Services

- Individualized Supports Waiver (ISW)
- Infant Learning Program (ILP)
- Intellectual and Developmental Disabilities (IDD)
- NeighborWorks Alaska
- Pioneer Homes
- Rural Alaska Community Action Program (RurAL CAP)
- Senior In Home (SIH) Services
- Substance Use Disorder Section
- Title VI Grantees
- Traumatic and Acquired Brain Injury (TABI) Program
- Tribal Health Office Vocational Rehabilitation
- Veterans Affairs Medical Center (VAMC)
- o Vocational Rehabilitation

#### Transportation:

- Adults with Physical and Developmental Disabilities (APDD)
- Alaskans Living Independently (ALI)
- Child with Complex Conditions (CCMC)
- Individualized Supports Waiver (ISW)
- Intellectual and Developmental Disabilities (IDD)
- Nutrition, Transportation, and Supports Services
- Title VI Grantees

#### Meals:

- Adults with Physical and Developmental Disabilities (APDD)
- Alaskans Living Independently (ALI)
- Child with Complex Conditions (CCMC)
- o Intellectual and Developmental Disabilities (IDD)
- o <u>Title VI Grantees</u>

# Overview of NWD Programs

# Department of Health

#### **Public Health Nursing**

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Overview: Alaska's Public Health Nursing is a network of nurses that work across the state in
 16 Public Health Centers and support more than 250 communities.

- Target Population: Individuals and communities who need public health nursing services to promote health and cultural integrity. No one is turned away due to inability to pay, although a sliding scale may apply.
- Programs or Services Provided:
  - Community Health Assessment and Improvement: Working with local communities to identify and address community health needs, including root cause issues.
  - Emergency Preparedness: Participating in Local Emergency Preparedness Committees
     (LEPCs) to organize and plan for community emergencies.
  - Infectious Disease Investigation: Generally started by a positive lab test result for a reportable condition that can be passed on to others.
  - Health Education: Providing education on health topics important to the community including in schools and with local organizations and community groups.
  - Substance Misuse: Distributing naloxone kits and providing training, education, and resource counseling.
- Contact Information:

Website: <u>Public Health Nursing</u>

o Phone: 1-800-499-2964

### First Episode Psychosis Program (FEP)

- Overview: The First Episode Psychosis (FEP) program is an evidence-based practice to
  identify and serve individuals in their teen years or during early adulthood who have recently
  developed a psychotic disorder, or who are at high risk for a psychotic disorder and are
  experiencing possible pre-psychosis symptoms. Competent interventions will follow the
  Coordinated Specialty Care (CSC) model. The CSC model includes community outreach,
  assertive case management, individual or group psychotherapy, supported employment and
  education services, family education and support, and low doses of select antipsychotic
  agents.
- Target Population: Individuals in their teen years or during early adulthood (15-25 years of age)
   who have had or are at risk of having their first episode of a psychotic disorder.
- Programs or Services Provided:
  - Recovery-oriented treatment services
  - Family support and education
  - Resources and linkage to supported employment and supported education
  - Resources and linkage to housing to recipients who are homeless

#### Contact Information:

Website: First Episode Psychosis Program

o Phone: Sylvi Thorstenson, 907-465-4709

o Email: sylvi.thorstenson@alaska.gov

# Division of Behavioral Health

#### **Alcohol Safety Action Program**

- Overview: The Alaska Alcohol Safety Action Program (ASAP) provides substance abuse screening, case management and accountability for Operating Under the Influence (OUI), Driving Under the Influence (DUI), Refusal to Submit to Chemical Test and other alcohol/drug related misdemeanor cases. ASAP operates as a neutral link between the justice and the health care delivery systems.
- Target Population: Individuals charged with alcohol/drug-related offenses or misdemeanors or court-referred individuals.
- Programs or Services Provided:
  - Substance abuse screening
  - o Case management services to monitor compliance with court-ordered conditions
  - o Accountability and monitoring of treatment plans and other court-ordered requirements
  - Coordination / communication with justice and health systems
- Contact Information:

Website: Alcohol Safety Action Program (ASAP)

Phone: Anthony Piper, Program Manager: 907-264-0735

Email: doh.dbh.asap@alaska.gov

#### Division of Behavioral Health State Plan Medicaid Provider Assistance Services

- Overview: Behavioral health rehabilitative services are available to people eligible for Medicaid
  to help reduce the negative effects of substance use and mental health disorders. These
  services aim to maximize a person's skills and overall functioning.
- Target Population: Medicaid-eligible individuals experiencing serious mental illness, severe
  emotional disturbance, substance use disorder (SUD), co-occurring substance use and mental
  illness, and at-risk families and children that do not reside in Institution for Mental Diseases
  (IMDs), nursing facilities, or acute care facilities.
- Programs or Services Provided:
  - Therapy and therapeutic behavioral services

Medical services related to the treatment of behavioral health disorders

Medication administration services for SUD

Pharmacological management services for SUD

Medication-assisted treatment

#### Contact Information:

Website: Medicaid Provider Assistance Information

Phone: 907-269-3600

Email: mpassunit@alaska.gov

# Division of Behavioral Health Recovery Supports and Services

Overview: The Division of Behavioral Health Recovery Supports and Services team manages
grants and provides technical assistance to behavioral health providers. Grant funded
programs provide wrap-around services for individuals with complex behavioral health issues,
including those who are experiencing homelessness.

- Target Population: Individuals with complex behavioral health issues, including those who are experiencing homelessness.
- Programs or Services Provided:
  - Assertive Community Treatment (ACT): intensive, community-based treatment and support for individuals with severe mental illness to help with needs surrounding housing, employment, education, and social relationships.
  - Supported Employment: provides individuals with disabilities or mental health conditions with support to obtain and maintain competitive employment in the community. This can include job coaching, vocational rehabilitation, career counseling.
  - Supportive Housing: provides long-term, affordable housing with supportive services for individuals who have experienced homelessness.
  - Recidivism Reduction: aims to reduce the likelihood of individuals with mental illness or substance use disorders returning to jail or prison.
  - Peer Support: connects individuals with peers who have similar experiences to provide emotional support and practical guidance.

#### Contact Information:

Website: <u>Recovery Supports and Services</u>

o Phone: 1-800-478-2221

Email: <u>Alaska211@ak.org</u>

# **Comprehensive Behavioral Health Treatment and Recovery**

- Overview: The Alaska Comprehensive Behavioral Health Treatment and Recovery (CBHTR)
   Grant supports outpatient services for individuals with serious mental illness (SMI), serious
   emotional disturbance (SED), and those in psychiatric emergency services (PES). The CBTHR
   Grant program includes multiple components that are interconnected to provide a continuum of
   care for individuals with behavioral health needs.
- Target Population: Youth and adults with mental and/or emotional health issues or with substance use disorders.
- Programs or Services Provided:
  - Outpatient treatment
  - o Residential / Withdrawal Management
  - Peer and Consumer Support Services
- Contact Information:
  - Website: <u>Treatment and Recovery</u>
  - Phone and email: <u>Kathryn Chapman</u>, Community Mental Health Services Program Administrator, 907-465-4959

# Residential Care for Children and Youth Grant Program (RCCY)

- Overview: The Residential Care for Children and Youth program provides short-term, family-focused, residentially based emergent and ongoing residential care designed to provide a safe, supervised, therapeutic alternative to more restrictive levels of care, including but not limited to acute longer-term residential (psychiatric) or juvenile detention of youth with serious emotional disturbance.
- Target Population:
  - Children and youth who are in custody of Alaska Department of Health and Social Services
  - Children and youth with severe behavioral health needs
- Programs or Services:
  - Residential care
  - Behavioral health treatment
  - Educational support: assistance with educational needs including tutoring and coordination with schools
  - Life skills training
  - o Transition services: support for transitioning to less intensive care settings or back to the

#### community

#### Contact Information:

Website: Residential Care for Children and Youth (RCCY)

Phone and email: <u>Bunti Reed</u>, Program Coordinator, 907-465-2315

#### **Division of Behavioral Health 1115 Services**

- Overview: The 1115 Behavioral Health Medicaid Waiver provides Alaska with the authority
  necessary to enhance the set of behavioral health services available under Medicaid for
  individuals with serious mental illnesses, severe emotional disturbances, and/or substance use
  disorders. This waiver also aims to integrate benefits, improve access, reduce operational
  barriers, minimize administrative burden, and improve the overall effectiveness and efficiency
  of Alaska's behavioral health system.
- Target Population: Medicaid-eligible individuals experiencing serious mental illness, severe emotional disturbance, substance use disorder (SUD), co-occurring substance use and mental illness, and at-risk families and children.
- Programs or Services Provided: The waiver provides flexibility to offer a broad range of substance use disorder and behavioral health services and reduce Alaska's reliance on crisis services.

#### Contact Information:

o Website: 1115 Behavioral Health Medicaid Waiver

o Phone: 907-269-3600

o Email: mpassunit@alaska.gov, Brad.Lentz@alaska.gov

# **Substance Use Disorder**

- Overview: The Substance Use Disorder Section directs treatment and recovery programs that
  address substance use disorders (SUD). Its core functions include developing a system of
  care for Alaskans that serves to prevent and reduce drug and alcohol dependency and
  promote recovery.
- Target Population: Individuals of any age seeking support for substance use disorders (SUD).
- Programs or Services Provided:
  - Treatment resources and referral services
  - Naloxone Opioid Overdose Response Kits
    - Nextdistro.org
- Contact Information:

o Website: Substance Use Disorder Services and Resources

o Phone: 907-269-3600, 1-877-662-4357 (HELP)

o Email: Alaska211@ak.org, Carelinealaska.com

# **Prevention and Early Intervention**

- Overview: The goal of the Prevention and Early Intervention team is to develop a clear, coordinated and comprehensive approach to the promotion of healthy individuals, prevention of behavioral health problems, and earlier intervention when a problem is recognized.
- Target Population: Individuals of any age who are facing mental health or substance use disorder challenges or are at risk of suicide.
- Programs or Services Provided:
  - 988 Suicide & Crisis Lifeline
  - Suicide prevention
  - Substance abuse prevention / Partners for Success
  - Fetal alcohol spectrum disorders
  - Alcohol Safety Action Program
  - Tobacco enforcement and vendor / youth education
  - Alcohol and Drug Information Schools
- Contact Information:
  - Website: <u>Prevention and Early Intervention</u>
  - Phone and email:
    - Genevieve Casey, Program Coordinator, 907-465-4984
    - Tony Piper, Program Manager, 907-264-0500
    - Michael Powell, Health Program Manager, 907-269-3795

# **Youth Suicide Intervention Pathways to Care**

- Overview: The Youth Suicide Intervention Pathways to Care program aims to provide
  comprehensive suicide prevention and intervention services for youth across the state. The
  Zero Suicide initiative is a systemic framework intended to create assiduous care pathways for
  those youth at risk of suicide, including screening, risk assessments, safety planning, and
  transitions to care.
- Target Population: Youth and young adults ages 10 to 24.
- Programs or Services Provided: screening, risk assessments, safety planning, and transitions to care.

#### Contact Information:

Website: <u>Treatment and Recovery: Youth Services</u>

o **Phone:** 1-800-478-2221

Email: doh.dbh@alaska.gov

# Division of Behavioral Health (DBH) - Autism Services

 Overview: DBH Autism Services provide behavioral identification assessment, adaptive behavior treatment by protocol (individual or group), and family adaptive behavior treatment quidance.

- Target Population: Individuals under 21 years of age on the autism spectrum and need behavioral services.
- Programs or Services Provided:
  - Behavioral identification assessment
  - Adaptive behavior treatment by protocol (individual or group)
  - o Family adaptive behavior treatment guidance
- Contact Information:

Website: <u>Alaska Autism Resources</u>

o Phone: 907-334-1300

# **Complex Behavior Collaborative (CBC)**

- Overview: The Complex Behavior Collaborative (CBC) is a program offered by the State of Alaska to help Medicaid and Non-Medicaid clients with complex needs who are often aggressive, assaultive and difficult to support. The CBC provides consultation, training and technical assistance to providers serving these clients and their natural supports, such as family members and school teams. The goal is to help clients live as independently as possible and avoid institutionalization, incarceration, emergency rooms or out-of-state care. Agencies must refer clients to the CBC and obtain the consent of the legal guardian and the commitment of the Alaska service provider. Clients must have housing and direct care staff as appropriate.
- Target Population: Medicaid clients of any age with complex needs who are facing difficulty receiving support due to complex behavior, such as being aggressive or assaultive.
- Programs or Services Provided:
  - o Consultation, training and technical assistance to agencies and providers
  - Consultation and training to natural supports of clients
- Contact Information:

Website: Complex Behavior Collaborative (alaska.gov)

o Phone and email: Eric Talbert, Health Program Manager, 907-269-3626

#### Senior and Disabilities Services

# **Adults with Physical and Developmental Disabilities (APDD)**

- Overview: The APDD Waiver program offers Medicaid-eligible individuals at least 21 years old
  with intellectual or developmental disabilities and physical disabilities or functional needs
  associated with aging, who otherwise might reside in a skilled nursing facility for more than 30
  days per year, the option to receive care in the home or community instead of in an institution.
- Target Population: individuals aged 21 and over who have been determined to be
  Developmentally Disabled through an assessment process conducted by the SDS Intellectual
  and Developmental Disabilities Unit, but who have nursing needs that would otherwise be
  provided in a nursing facility.
- Programs or Services Provided:
  - Adult day services
  - o Care coordination
  - Day habilitation
  - Employment services
  - Residential habilitation
  - Respite
  - Environmental modifications
  - Intensive active treatment
  - Meals
  - Residential supported living services
  - Specialized medical equipment
  - Specialized private day nursing
  - Transportation
- Contact Information:

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Website: <u>Home and Community Based Waiver Programs</u>

o Phone: 907-269-3666, 1-800-478-9996

# Alaskans Living Independently (ALI)

 Overview: The ALI waiver offers Medicaid-eligible individuals at least 21 years old with physical disabilities or functional needs associated with aging, who otherwise might reside in a skilled

nursing facility for more than 30 days per year, the option of remaining in their homes or communities.

- Target Population: Individuals who are 21 years and older with physical disabilities.
- Programs or Services Provided:
  - Adult day services
  - o Care coordination
  - Respite
  - o Environmental modifications
  - Meals
  - Residential supported living services
  - Specialized medical equipment
  - Specialized private duty nursing
  - Transportation
- Contact Information:
  - Website: <u>Home and Community Based Waiver Programs</u>
  - o Phone: 907-269-3666, 1-800-478-9996

# Alzheimer's Disease and Related Dementia (ADRD) Education and Support Program

- Overview: The Alzheimer's Disease and Related Dementia (ADRD) Education and Support
  Program aims to improve the quality of life for individuals with ADRD by offering educational
  resources, support services, and community outreach. It also seeks to enhance public
  awareness and understanding of dementia-related conditions.
- Target Population: Individuals diagnosed with Alzheimer's disease or related dementias, family
  members and caregivers of those affected by ADRD, healthcare professionals and service
  providers working with the ADRD population, and the general public, to increase awareness
  and understanding of dementia.
- Programs or Services Provided:
  - Education and Training: Workshops, webinars, and training sessions for caregivers, healthcare professionals, and the general public.
  - Support Services: Support groups, counseling, and consultation services for individuals with ADRD and their caregivers.
  - Community Outreach: Initiatives to raise awareness about ADRD and promote early diagnosis and intervention.
  - o Resource Coordination: Assistance in navigating available resources and services,

including care coordination and referrals.

- Partnership programs:
  - Alaska Dementia Action Collaborative
  - Alzheimer's Resource of Alaska
- Contact Information:
  - Website: Dementia Education and Prevention Program
  - Phone and Email: <u>Stephanie Smith</u>, Dementia Education and Prevention Program Manager, 907-269-8449

# **Child with Complex Medical Conditions (CCMC)**

- Overview: The CCMC Waiver Program ensures that Medicaid-eligible children under 22 years
  old with serious medical conditions who otherwise might reside in a skilled nursing facility for
  more than 30 days per year have the option of remaining in their homes or communities.
- Target Population: Children and young adults under the age of 22 years who experience medical fragility and are often dependent on frequent life-saving treatments or interventions and/or are dependent on medical technology.
- Programs or Services Provided:
  - Care coordination
  - Day habilitation
  - Employment services
  - Residential habilitation
  - Respite
  - Environmental modifications
  - Meals
  - Nursing oversight and care management
  - Specialized medical equipment
  - Transportation
- Contact Information:
  - Website: Home and Community Based Waiver Programs
  - o Phone: 907-269-3666, 1-800-478-9996

#### **Community First Choice (CFC)**

 Overview: CFC offers an array of long-term services and supports for elderly and disabled individuals who require care equivalent of that which is provided in a nursing home. It was

intended to prevent and delay unnecessary nursing facility admissions. This program offers participants autonomy in managing their care and allows the State to receive a higher percentage of federal financing for that care.

- Target Population: Individuals meeting an institutional level of care.
- Programs or Services Provided:
  - Case management
  - o Personal care services including supervision and safety and skills training
  - Training on worker supervision
  - A Personal Emergency Response System (PERS)
- Contact Information:
  - Website: <u>Senior and Disabilities Services Community First Choice</u>
  - o Phone: 907-269-3666 or 800-478-9996

# Consumer Directed Personal Care Services (CDPCS) / Personal Care Services (PCS)

- Overview: Personal Care Services Program provides support for approximately 2,000 seniors and individuals with disabilities living in Alaska. PCS provide support related to an individual's activities of daily living (i.e. bathing, dressing, eating) as well as instrumental activities of daily living (i.e. shopping, laundry, light housework). PCS is provided statewide in Alaska through private agencies.
- Target Population: Individuals needing assistance with a minimum of one ADL or IADL
- Programs or Services Provided:
  - Agency-based PCS Program: Consumers may receive services through an agency that oversees, manages and supervises their care.
  - Consumer-directed PCS Program: Each consumer may manage his or her own care by selecting, hiring, firing and supervising their own personal care assistant. This agency provides administrative support to the consumer and the personal care assistant.
- Contact Information:
  - o Website: Personal Care Services Program (alaska.gov)
  - Phone and email:
    - Rodney George, Consumer Assessment Tool Review Unit Manager, 907-269-3453
    - <u>Jerry Fromm</u>, Supervisor, PCA/CFC Service Level Authorization Review, <u>907</u>-754-34<u>58</u>

#### **Deaf Navigator Program**

- Overview: The Deaf Navigator program offers comprehensive support to deaf and hard of hearing individuals, helping them navigate various community resources, health and social services, employment opportunities, and housing options. The program is dedicated to fostering successful community involvement and ensuring that individuals are recognized and valued for their unique abilities.
- Target Population: Deaf and hard of hearing individuals in Alaska and those who support and assist them.
- Programs or Services Provided:
  - Navigation and coordination of community resources: assistance with accessing and utilizing various community resources across the state
    - Health and social services
    - Employment services, including job placement assistance and career counseling
    - Housing services: help in finding and securing appropriate and accessible housing options
  - Training Sessions: training to employers and service providers to educate them on the specific needs and best practices for working with the deaf and hard of hearing communities
  - Free Public Access: free public access to a computer, videophone, caption phone, and
     TTY, ensuring people have the necessary tools for communication and connectivity
  - Outreach and marketing Efforts: outreach and support in rural communities

#### Contact Information:

Website: <u>Deaf Navigator Program</u>

o Phone: 907-561-5335, 1-800-478-0078

Email: deafsupports@hopealaska.org; info@hopealaska.org

# **Family Caregiver Support Program**

- Overview: Alaska's Family Caregiver Support Program provides assistance to caregivers of any age caring for someone 60 and over and to grandparents 55 and over raising their grandchildren. These programs are operated statewide.
- Target Population:
  - Adult family members or other informal caregivers aged 18 and older providing care to individuals 60 years of age and older
  - Adult family members or other informal caregivers aged 18 and older providing care to

- individuals of any age with Alzheimer's disease and related disorders
- Older relatives (not parents) age 55 and older providing care to children under the age of 18
- Older relatives, including parents, age 55 and older providing care to adults ages 18-59 with disabilities
- Programs or Services Provided:
  - Information and assistance accessing services
  - o Respite
  - Caregiver support groups
  - Caregiver training
  - Supplemental services
- Contact Information:
  - Website: <u>Caregiver Support (alaska.gov)</u>
  - o Provider list phone numbers by community and grantee: Provider list

# General Relief Assisted Living Home Program (GRA)

- Overview: The General Relief Assisted Living Home Program provides temporary financial
  assistance for assisted living home placement to eligible adults who require the protective
  oversight of an assisted living home. General Relief services include supportive and protective
  services in the activities of daily living and in the instrumental activities of daily living but do not
  include nursing or medical care. The financial assistance provided by this program includes a
  financial contribution by the participant towards the care provided based on the participant's
  countable income.
- Target Population: Eligible adults are Alaska state residents aged 18 and older who are at risk
  of abuse, neglect and exploitation by others. Applicants must meet income and resource limits
  and must apply for alternative financial assistance, including Medicaid and Adult Public
  Assistance. They must also meet one or more of the following criteria:
  - A disability that is attributable to a severe and persistent mental illness, intellectual disability, or developmental disability that includes a significant deficit in the daily living skill necessary to function without supervision or support;
  - A hearing, speech, visual, orthopedic or other major health impairment that significantly impedes participation in the activities generally available to non-impaired peers in the community;
  - o A significant deficit in adaptive behaviors in self-care, communication of basic needs,

mobility, or independent living.

- Programs or Services Provided:
  - Temporary financial assistance for assisted living home placement
- Contact Information:
  - Website: Alaska Adult Protective Services General Relief (GRA)
  - Phone: John Sutton, Health Program Manager, 907-334-0888
  - o Email: <u>General.Relief@hss.soa.directak.net</u>

# Individualized Supports Waiver (ISW)

- Overview: This waiver is for a child or adult with intellectual and developmental disabilities that
  meets an ICF/IDD level of care who can be supported safely in a non-residential community
  setting with less intensive supports than those offered under the IDD waiver. See FAQ sheet
  for differences between ISW and IDD.
- Target Population: Individuals with Intellectual Disability, Developmental Disability, or Autism
- Programs or Services Provided:
  - Day Habilitation
  - Intensive Active Treatment for Adults
  - Non-Medical Transportation
  - In-home supports for ages under 18
  - o Supported living for ages 18 and older
  - Respite
  - Supported employment (including pre-employment activities)
- Contact Information:
  - Website: IDD unit: ISW
  - Phone: Anchorage: 1-800-478-9996, 907-269-3666; Fairbanks: 1-800-770-1672, 907-451-5045

# Infant Learning Program (ILP)

- Overview: The Alaska Infant Learning Program (ILP) is a statewide system of professionals dedicated to serving all Alaskan families with children who are at risk for or experience developmental delays. ILP contracts with agency grantees statewide to ensure services are available across Alaska.
- Target Population: Any child under the age of 3 years showing at least a 50% delay in one or more of the following developmental areas:

- Moving (gross motor)
- Using hands (fine motor)
- Thinking / learning (cognitive)
- Understanding / talking (communication / language)
- Getting along with others (social / emotional)
- Doing things for him / herself (adaptive)
- Have a diagnosed condition that may lead to a significant delay or are at risk for a developmental delay
- Programs or Services Provided:
  - Developmental screening and evaluation
  - An Individualized Family Services Plan (IFSP) to outline goals and services families want for their children
  - Information for families to better understand their child's developmental strengths and needs
  - o Home visits to help the family or caregivers guide their children in learning new skills
  - Physical, occupational or speech therapy to help families support their child with daily activities
  - Specialized equipment and resources to promote development
  - Assistance in getting other specialized services and care families need
- Contact Information:
  - Website: Early Intervention/Infant Learning Program
  - Phone: 1-877-HSS-FMLY (477-3659) or 907-269-8442
  - Email: <u>Susan Kessler</u>, Infant Learning Program Unit Manager

## Intellectual and Developmental Disabilities (IDD)

- Overview: The IDD Waiver ensures that, statewide, Medicaid eligible individuals of any age, who otherwise might reside in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) for more than 30 days per year, have the option of remaining in their homes or communities. See FAQ sheet for differences between ISW and IDD Waivers.
- Target Population: Individuals with an intellectual disability, developmental disability, or autism that meet ICF/IID level of care.
- Programs or Services Provided:
  - Care coordination
  - Day habilitation

- Employment services
- Residential habilitation
- o Respite
- Environmental modifications
- Intensive active treatment
- Meals
- Nursing oversight and care management
- Specialized medical equipment
- Specialized private duty nursing
- Transportation

#### Contact Information:

- o Website: The Intellectual & Developmental Disabilities Unit
- Phone: Anchorage office: 1-800-478-9996, 907-269-3666; Fairbanks office: 1-800-770-1672, 907-451-5045

# **Nutrition, Transportation, and Supports Services**

- Overview: The Alaska Nutrition, Transportation, and Support Services (NTS) program provides
  essential services such as nutrition, transportation, and support to older Alaskans to promote
  their health, independence, and well-being. These services are funded through grants provided
  to non-profit agencies, which then deliver the services to the community.
- Target Population: Older adults who are vulnerable or have limited access to resources or who require assistance to maintain their mobility, independence, and overall quality of life.
- Programs or Services Provided:
  - Nutrition services: congregate meals, home-delivered meals, nutrition education and counseling
  - Transportation services: assisted and unassisted transportation
  - Support services: homemaker services, outreach and information assistance, as well as legal assistance, media programs, and volunteer programs
- Contact Information:

Website: <u>Nutrition</u>, <u>Transportation</u>, and <u>Support Services</u>

o Phone: 907-465-4786

Email: Kristin Cox, ND, Health Program Manager

#### Senior In Home (SIH) Services

- Overview: The Senior In-Home Services grant program offers older individuals, 60 years of age or older, who have low income and need assistance with activities of daily living (ADLs) or instrumental activities of daily living (IADLs), a menu of services to best meet their needs.
   Services include case management, chore assistance, respite care, extended respite and supplemental services.
- Target Population: Low-income individuals aged 60 or older who need assistance with Activities of Daily Living (ADLs) or Instrumental Activities of Daily Living (IADLs).
- Programs or Services Provided: case management, chore, brief respite, extended respite, and supplemental services.
- Contact Information:

Website: Senior In-Home Services

o Phone: 907-465-5810

Email: <u>Jessica Spurrier</u>, Health Program Manager

# Traumatic and Acquired Brain Injury (TABI) Program

- Overview: The Traumatic and Acquired Brain Injury (TABI) Program supports Alaskans who have experienced a Traumatic or Acquired Brain Injury in a variety of circumstances.
- Target Population: Alaskans of all ages with traumatic or acquired brain injuries.
- Programs or Services Provided:
  - Assistance getting TABI diagnosis
  - Care plan development
  - Independent living skills education
  - Resource referral
  - Peer support connections (virtual and in-person)
  - Advocacy and outreach
- Contact Information:
  - o Website: <u>Traumatic and Acquired Brain Injury (TABI) Program</u>
  - Phone and Email: <u>Ariel Berg</u>, Health Program Manager, 907-419-4372, 1-800-478-9996
  - Resource Locator: <u>Alaska TBI Resource Locator</u>

# Department of Family and Community Services

# Alaska Psychiatric Institute (API)

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• Overview: API is the state psychiatric institution which is located in Anchorage.

- Target Population: Adolescents and adults facing mental health challenges or court-order for competency to stand trial evaluations.
- Programs or Services Provided: acute, inpatient mental health services for individuals requiring hospitalization for a psychiatric crisis.
- Contact Information:

Website: <u>Alaska Psychiatric Institute</u>

o Phone: 907-269-7100

Email: Pat Reynaga, Director of Clinical Support

#### **Pioneer Homes**

- Overview: Alaska Pioneer Homes are a network of licensed assisted living facilities that
  provide long-term care assisted living services for those 60 years and older and living with a
  physical disability. Residences in 6 areas across the state are in Anchorage, Palmer,
  Fairbanks, Juneau, Sitka and Ketchikan.
- Target Population: Individuals 60 years and older with a physical disability.
- Programs or Services Provided: Assisted living services which includes:
  - Meal preparation
  - Dietary assessment; medically prescribed diets
  - Laundry/housekeeping
  - Emergency call systems/assistance
  - Assistance with ADLs
  - Assistance with medications
  - Health assessment
  - Nursing services
  - Recreational opportunities/programs
  - Social work services
  - Opportunities for spiritual devotion
  - Care during periods of illness not requiring hospitalization
  - Care especially suited to the needs of persons with Alzheimer's disease or related dementia
  - Pharmacy services
- Contact Information:
  - Website: <u>Division of Alaska Pioneer Homes</u>
  - o Phone: Central Office Contact Information, 907-465-4416

Email: alaskapioneerhomes@alaska.gov

#### Alaska Mental Health Trust

## **Behavioral Health Crisis Response**

- Overview: The Behavioral Health Crisis Response system implements the Crisis Now model which includes a regional or statewide crisis call center that coordinates in real-time with the other components; centrally-deployed, 24/7 mobile crisis teams (ideally, a clinician and a peer) to respond in person to individuals in crisis; 23-hour and short-term stabilization, which may be operated separately or jointly, offering a safe, supportive and appropriate behavioral health crisis placement for those who cannot be stabilized by call center clinicians or mobile crisis team response.
- Target Population: Individuals experiencing a behavioral health crisis, which may include those with mental health issues, substance use disorders, or related challenges.
- Programs or Services Provided:
  - Regional or statewide crisis call center
  - Centrally deployed, 24/7 mobile crisis teams (ideally, a clinician and a peer) to respond in person to individuals in crisis
  - 23-hour and short-term stabilization, which may be operated separately or jointly,
     offering a safe, supportive and appropriate behavioral health crisis placement for those
     who cannot be stabilized by call center clinicians or mobile crisis team
  - Stakeholder Engagement and Planning
- Contact Information:
  - Website: <u>Behavioral Health Crisis Response</u>
  - o Email: Katie Baldwin, Chief Operating Officer; Eric Boyer, Senior Program Officer

# NeighborWorks Alaska

# NeighborWorks Alaska

- Overview: NeighborWorks Alaska is a 501(c)3 nonprofit dedicated to improving the quality of life for families and individuals by preserving homes, creating new housing opportunities and strengthening neighborhoods.
- Targeted Populations: Chronically ill and homeless individuals living with disabilities.
- Programs or Services Provided:
  - Supportive housing
  - Homeownership resources: Homeownership education and Home Modification and

Accessibility grant program

- Community engagement and resident services: neighborhood revitalization, leadership development and community building efforts
- Paint the Town: Paint the Town is a cherished program dedicated to serving our community's seniors, veterans, and disabled neighbors. Volunteer teams generously donate their time to paint homes for these deserving individuals.

#### Contact Information:

Website: <u>NeighborWorks Alaska</u>

o Phone: 907-677-8490

Email: info@nwalaska.org

# Alaska Community Development Corporation

# Alaska Community Development Corporation (Alaska CDC)

- Overview: Alaska CDC is a non-profit corporation dedicated to improving the lives of Alaskans by working with communities, individuals, and other organizations to improve housing and conserve energy, and to further economic development throughout the state.
- Target Population: Alaskans of all ages to improve housing and conserve energy.
- Programs or Services Provided:
  - Housing Accessibility Improvement Program
  - Weatherization Assistance Program
  - Enhanced Weatherization
  - Home Opportunity Program
  - Self-Help Housing Program
  - Housing Accessibility Improvement Program

#### Contact Information:

Website: <u>AlaskaCDC - Home</u>

o Phone: 907-746-5680 or 1-800-478-8080

Contact Us link: Contact Alaska CDC

# Alaska Housing Finance Corporation

#### **Mainstream Voucher Program**

 Overview: The Mainstream Voucher Program provides vouchers for individuals with disabilities transitioning from homelessness to institutional settings, brought forth by the partnership between the DOH and the Alaska Housing Finance Corporation (AHFC).

- Target Population: To be eligible for this program, a person must meet the following criteria:
  - Meet the U.S. Department of Housing and Urban Development's definition of a nonelderly disabled family (24 CFR 5.403) or be an Alaska Mental Health Trust Authority beneficiary; AND
  - Demonstrate qualification as low-income, defined as less than 50 percent of Area
     Median Income; AND
  - Be eligible for community-based, long-term services as provided through Medicaid waivers, Medicaid state plan options, state funded services, or other appropriate services related to the target population [i.e. Division of Behavioral Health (DBH) funded Community Behavioral Health Services Provider, or Senior and Disabilities Services (SDS) funded provider]; AND
  - Be currently homeless, be at risk of homelessness, transitioning from an institutional setting, or at risk of institutionalization.
- Programs or Services Provided: Housing vouchers
- Contact Information:
  - Website: <u>Recovery Supports & Services: Mainstream Voucher Program</u>
  - Phone and email: <u>Crystal Smith</u>, Behavioral Health Specialist, 907-269-8867; <u>Maria</u>
     <u>"Jae" Bautista</u>, Project Assistant, 907-269-4202

#### Section 811 Project-Based Rental Assistance (PRA) Program

- Overview: The Section 811 Project-Based Rental Assistance (PRA) program is a partnership between the State of Alaska and the Alaska Housing Finance Corporation (AHFC) and is partially funded by the Department of Housing and Urban Development (HUD). This is a Permanent Supportive Housing program to provide participants with safe and affordable housing and the necessary services and supports to ensure participants maintain independent community living.
- Target Population:
  - Individuals residing in an Assisted Living Facility, funded in part by the State of Alaska General Relief (GR) program
  - Individuals re-entering the community from institutional care or other separated settings including:
    - those discharged (within the last 12 months) from an inpatient psychiatric setting,
       jail or prison
    - those discharged from a residential treatment facility including long-term (more

than 60 days) drug or alcohol treatment or long-term (over 6 months) nursing home stay

- Individuals at risk of institutionalization or deferred from institutionalization through a therapeutic program (e.g. Wellness Court)
- Individuals who are homeless, at risk of homelessness or exiting from another permanent supportive housing program that required homeless or chronic homeless status at entry
- A youth who is aging out of foster care, an institutional setting, or transitioning from the adolescent service system to the adult service system
- Programs or Services Provided:
  - o Supportive housing to help participants maintain independent community living
  - Support services through sponsoring agencies which help with application processes,
     verification and linking to necessary services
- Contact Information:

Website: <u>Section 811 PRA Program</u>

Phone: Lisa Rosay, 907-269-3600, 800-770-3930

Email: <u>dbhrecovery@alaska.gov</u>

#### RurAL CAP

# Rural Alaska Community Action Program (RurAL CAP)

- Overview: The Rural Alaska Community Action Program, Inc. (RurAL CAP) is a private, statewide, nonprofit organization working to improve the quality of life for low-income Alaskans.
- Target Population: Low-income Alaskans.
- Programs or Services Provided:
  - Early education resources
  - o Housing resources: Supportive housing, home improvements, Senior Access Program
  - Health and wellness services
- Contact Information:

o Website: RurAL CAP | The Rural Alaska Community Action Program, Inc.

o Phone: 907-279-2511

o Email: info@ruralcap.org

# Assistive Technology of Alaska

# Assistive Technology of Alaska (ATLA)

Overview: Assistive Technology of Alaska (ATLA) is the only private non-profit, statewide,
 comprehensive, resource center serving Alaskans of any age to make informed decisions

about assistive technology that meets their needs at work, school, home and in the community.

- Target Population: Individuals of all ages with disabilities.
- Programs or Services Provided:
  - o Services: Understanding, determining, accessing, and training of assistive technology
  - Programs: Alaska Can Connect, Alaska Relay, AT Acquisition Assistance, ReUse, and
     Tech Access for Literacy & Learning, TechAbility, plus additional partnering programs
- Contact Information:

Website: <u>Assistive Technology of Alaska</u>

Phone: 907-563-2599Email: atla@atlaak.org

# Department of Education and Early Development

# Alaska State School for Deaf and Hard of Hearing

- Overview: The Alaska State School for Deaf and Hard of Hearing provides Pre-K through 12th
  grade educational options for deaf and hard of hearing students that fosters and supports the
  development of both American Sign Language and English. The Student Life Program at
  AKSDHH provides a supportive residential environment for students who are deaf or hard of
  hearing. The program aims to foster independence, social skills, and academic success
  through a structured living arrangement.
- Target Population: Students in Pre-K through 12th grade who are deaf or hard of hearing.
- Programs or Services Provided:
  - Academic services
  - American Sign Language development and support
  - Audiology
  - Biztown (high school students)
  - Counseling
  - Interpreting services
  - Listening and spoken language development and support
  - Speech-language therapy
  - Social opportunities
  - Transition readiness
  - Vocational options
  - Support for staff and other professionals

Support for families

#### Contact Information:

Website: <u>Alaska State School for the Deaf and Hard of Hearing</u>

o Phone: 907-742-4283

# Statewide Independent Living Council

# Centers for Independent Living (CIL)

- Overview: Centers on Independent Living provide a variety of services that promote the total integration of people who experience a disability and senior Alaskans to live independently in the community of their choice. There are several CIL locations across Alaska: Anchorage, Rural office, Mat-Su, Fairbanks, Kenai, Nome, Homer, Soldotna, Seward, Kodiak, Angoon, Haines, Ketchikan, Sitka, Juneau and Klawock/Prince of Wales.
- Target Population: Individuals with disabilities.
- Programs or Services Provided:
  - Information and referral
  - Peer support
  - Independent living skills training
  - Individual and systems advocacy
  - Deinstitutionalization and transitions
  - Consumer directed personal care
  - Durable medical equipment loan closet

#### Contact Information:

Websites: <u>Centers for Independent Living</u>

o Phone: 907-263-2011

Contact Us page: Contact SILC Of Alaska page

# Veterans Affairs Healthcare System

# **Veterans Affairs Medical Center (VAMC)**

- Overview: VA funds homemaker & home health aide care; skilled home health care; home based primary care; veteran-directed care; adult day health care; respite care; telehealth; palliative care; and hospice care.
- Target Population: Veterans with disabilities.
- Programs or Services Provided:
  - Homemaker & home health aide care

- Skilled home health care
- Home-based primary care
- Veteran-directed care
- Adult day health care
- Respite care
- Telehealth
- Palliative care
- Hospice care
- Contact Information:
  - Website: VA Alaska Heath Care
  - o Phone: 800-698-2411, 1-888-353-7574

#### **Veterans Directed Care / VOICE**

- Overview: VOICE provides a self-directed budget to veterans needing Long Term Services and Supports (LTSS).
- Target Population: Veterans with LTSS needs.
- Services Provided:
  - o Personal care services through workers hired by the veteran or representative
  - Home modifications, bathroom and other safety equipment
  - Light housework, meal preparation, and chores
  - Respite for family members
- Contact Information:
  - Website: <u>www.peninsulailc.org/VOICE</u>
  - Phone: Anchorage 907-257-3728; Kodiak 907-486-0409; Seward 907-224-8711;
     Soldotna 907-262-6333; Homer 907-235-7911

#### Division of Public Assistance

#### **Chronic and Acute Medical Assistance (CAMA)**

- Overview: The CAMA program is a state funded program designed to help needy Alaskans age 21 to 65 who have specific illnesses get the medical care they need to manage those illnesses. This program is primarily for people who do not qualify for Medicaid benefits, have very little income, and have inadequate or no health insurance. CAMA provides emergency medical coverage for individuals who do not qualify for Medicaid.
- Target Population: Alaskans who:
  - o have a covered medical condition (e.g., a terminal illness, cancer requiring

chemotherapy, chronic diabetes or diabetes insipidus, chronic seizure disorder, chronic mental illness, chronic hypertension)

- o have no third-party resources to cover treatment of that medical condition
- have very limited financial resources
- are a U.S. Citizen or legal alien.
- Programs or Services Provided:
  - Prescription drugs limited to 3 prescriptions per month and no more than a 30-day supply of any drug
  - o Limited medical supplies necessary for monitoring or treating a CAMA-covered medical condition (does not cover durable medical equipment such as wheelchairs and walkers)
  - Physician services which are directly related to the medical condition that qualifies a person for CAMA
  - Chemotherapy and radiation services for a recipient with cancer requiring
- 1. chemotherapy if provided in an outpatient setting
  - Outpatient laboratory and X-ray services
- Contact Information:

Website: <u>Division of Public Assistance</u>
 Phone: 1-800-780-9972, 907-465-2680
 Email: hss.dpa.offices@alaska.gov

# **Department of Corrections**

# **Department of Corrections Reentry Program**

- Overview: Reentry program, Institutional Discharge Program (IDP) was created as a way to provide intensive case management to the hardest to serve individuals being released from Alaska Psychiatric Institute or Department of Corrections facilities.
- Target Population: Individuals with disabilities who are being discharged.
- Programs or Services Provided:
  - o Referrals to programming and case management
- Contact Information:

Website: <u>Alaska Department of Corrections</u>

o Phone: 907-269-5299

Email: doc.reentry@alaska.gov

#### Alaska Native Tribal Health Consortium

#### Alaska Native Tribal Health Consortium

- Overview: The Alaska Native Tribal Health Consortium (ANTHC) is a non-profit Tribal health
  organization designed to meet the unique health needs of Alaska Native and American Indian
  people living in Alaska. The Tribal health organizations of the Alaska Tribal Health System and
  ANTHC provides comprehensive medical services at the Alaska Native Medical Center,
  wellness programs, disease research and prevention, rural provider training and rural water
  and sanitation systems construction.
- Target Population: Alaska Native and American Indian people living in Alaska.
- Programs or Services Provided:
  - Comprehensive primary and specialty care through a network of health clinics and regional hospitals
  - o Wellness, prevention, and education programs
  - o Dental, vision, and behavioral health services
  - o Emergency medical services and transportation for patients requiring urgent care
  - o Substance abuse treatment and behavioral and mental health support services
  - Community outreach and health advocacy
- Contact Information:

Website: <u>www.anthc.org</u>Phone: 907-563-2662

Email: anthcwebsite@anthc.org

#### **Behavioral Health Services**

- Overview: Behavioral Health Services offer several different programs to adult tribal health beneficiaries and providers across Alaska.
- Target Population: Alaska Natives or American Indians, 18 years or older, with behavioral health needs.
- Programs or Services Provided:
  - o Addiction Medicine ECHO
  - o Alaska Blanket Exercise
  - o Behavioral Health Aide Program
  - o Behavioral Health Wellness Clinic: a telehealth clinic for behavioral health needs
  - o Community Reinforcement Approach and Family Training (CRAFT) therapy approach
  - o Domestic and Sexual Violence Resources
  - o Domestic Violence Prevention
  - o Substance Misuse Prevention
  - Suicide Prevention
- Contact Information:

Website: <u>Behavioral Health</u>

o Phone: 907-729-1900

o Email: anthcwebsite@anthc.org

# Administration for Community Living

#### Title VI Grantees

- Overview: Under Title VI of the Older Americans Act (OAA), the Administration for Community
  Living (ACL) funds various programs to support Alaska Natives and Native Hawaiians. Some of these
  programs consist of nutrition and support services, as well as caregiver support for older adults.
  Additionally, some Tribal organizations are eligible to receive home and community-based services for
  elderly members, alongside support for their caregivers. To obtain this funding, federally recognized
  Tribal organizations must represent 50 or more Native American elders aged 60 or older.
- Target Population: The target population includes Alaska and Hawaii Natives aged 60 and older.
- Programs or Services Provided:
  - o Congregate Nutrition Services: Provides meals to Native American elders in community-based settings, increasing the opportunities for socialization and participation in activities.
  - Information, Referral, and Outreach Services: Provides outreach and information on available services and programs to Native American elders and their families.
  - o Transportation Services: Provides transportation to meal sites, medical appointments, pharmacies, and to other necessary daily activity locations.
  - o Home-Delivered Nutrition Services: Provides meals to home-bound Native American elders and critical contacts to reduce the risk of isolation and depression.
  - o Caregiver Counseling and Support Group Services: Provides counseling and support group services to caregivers of elders or grandparents caring for their grandchildren.
  - o Caregiver Respite Services: Provides respite services to Native American caregivers of caring for elders or grandparents caring for their grandchildren.
  - o In-Home Services: Provides various services including personal care and chore assistance to assist Native American elders.
- Contact Information:
  - Website: <u>Services for Native Americans (OAA Title VI) | ACL Administration for Community Living</u>
  - o Phone: 907-269-0852
  - Email: Robespierre Howard, Title VI and ADA Coordinator

#### Alaska 211

#### Alaska 211

- Overview: Alaska 2-1-1 is a one-stop resource for connecting with a wide variety of services in the community including emergency food and shelter, educational opportunities, alcohol and drug treatment programs, senior services, childcare, and more.
- Target Population: The general public in Alaska.
- Programs or Services Provided:
  - o Information and referrals on available programs and services in the community
- Contact Information:

Website: alaska211.org

o Phone: 2-1-1 or 1-800-478-2221

o Email: Alaska211@ak.org

#### Vocational Rehabilitation

#### **Vocational Rehabilitation**

- Overview: The Vocational Rehabilitation program helps eligible individuals seeking employment set career goals and choose services and providers to help achieve these goals.
- Target Population: Individuals that are having trouble finding or keeping a job due to mental or physical reasons and need services to prepare for or get a job.
- Programs or Services Provided:
  - Medical or mental health exam related to a person's disability
  - Vocational rehabilitation counseling
  - Job search and placement services
  - Referrals to other agencies
  - Skills assessment tests
  - Short-term job try-out referred to as a "Community Assessment"
  - On-the-job training
  - Interpreter, reader, and tutoring services
- Contact Information:
  - Website: <u>Vocational Rehabilitation Program</u>
  - o Phone: 907-465-2814, 800-478-2815
  - Email: dol.dvr.info@alaska.gov

#### **Tribal Health Office Vocational Rehabilitation**

- Overview: Tribal Vocational Rehabilitation (TVR) helps Alaska Natives and American Indians with disabilities obtain and maintain jobs and learn skills needed to work.
- Target Population: Alaska Natives and American Indians with physical or mental health disabilities that limit a person's ability to work or function.
- Programs or Services Provided: Services may differ depending on the specific Alaska Native tribal affiliation and/or program, however examples of services include vocational and prevocational counseling and guidance, referral services, work-related supports including assistive technology and licensing assistance.
- Contact Information:
  - Phone: 1-800-344-1432 ext. 7393

o Contact list page: TVR Contact List