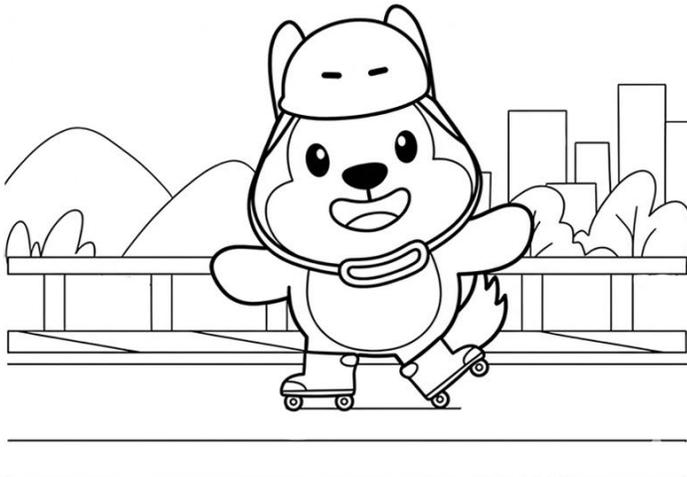
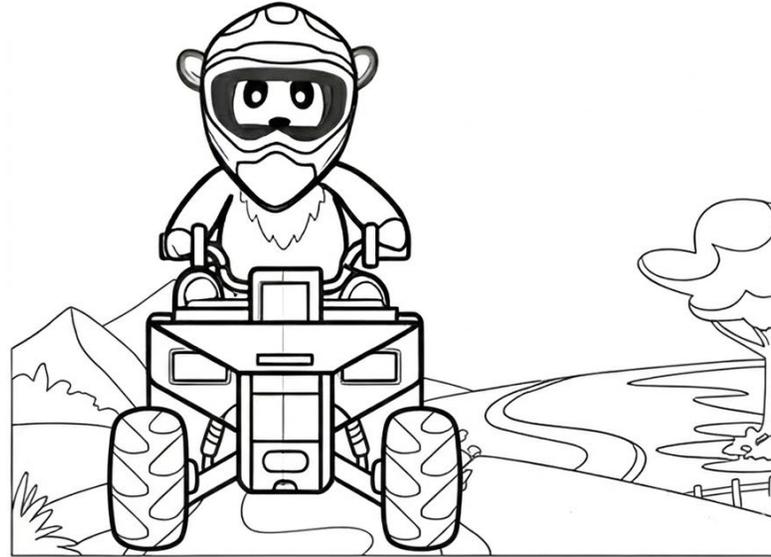


STAY SAFE WITH HELMETS!

Whether you're riding an ATV, skiing down snowy slopes, or biking through trails, wearing a helmet keeps your head safe. Helmets are like a super shield for your head. They help protect your brain if you fall or bump into something.



Before heading out, make sure your helmet fits snugly and is buckled up tight. Staying safe means you can keep having adventures all year!



STAY SAFE WITH HELMETS!

Design by drawing, coloring, or
adding stickers on your helmet!



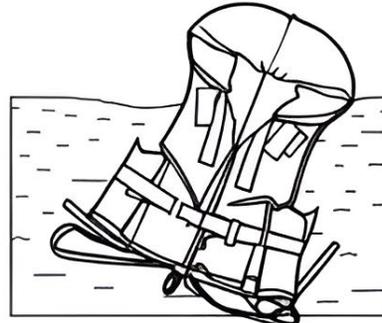
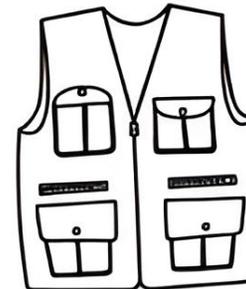
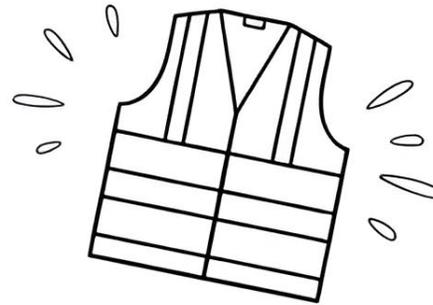
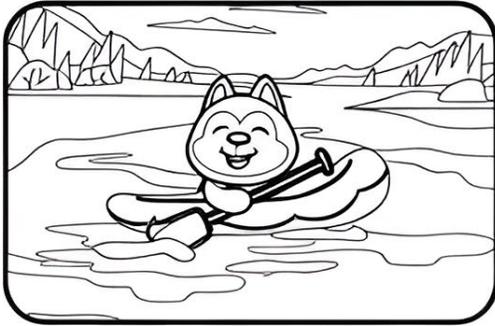
WHY WEAR A SAFETY VEST?

ON LAND - Reflective safety vests help others see you, especially in low light, like early mornings, evenings, or cloudy weather. Bright colors with reflective strips make sure you're visible to cars, snowmachines, and others.

ON WATER -Life vests, also called personal flotation devices (PFDs), keep you safe in case you fall into a lake, river, or ocean. They help you float and stay above the water until you can get to safety.

MATCH THE ADVENTURE TO THE VEST:

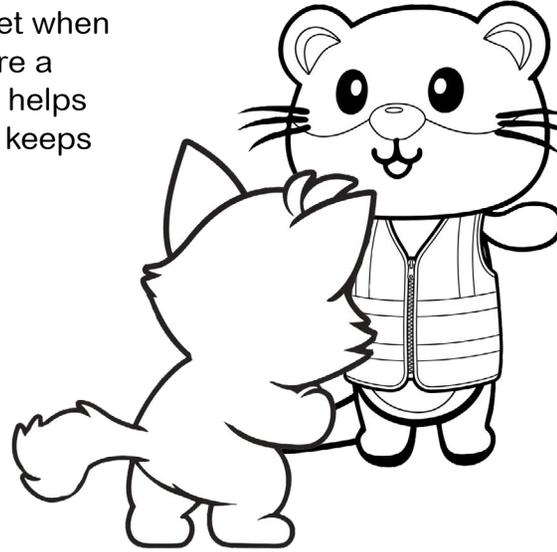
Hope the Husky has three adventures planned! Draw a line from Hope's activity to the vest she needs to keep her safe.



TEAM UP FOR SAFETY!



1. Always wear a helmet when doing any activity where a helmet is needed. This helps protect your head and keeps you safe.



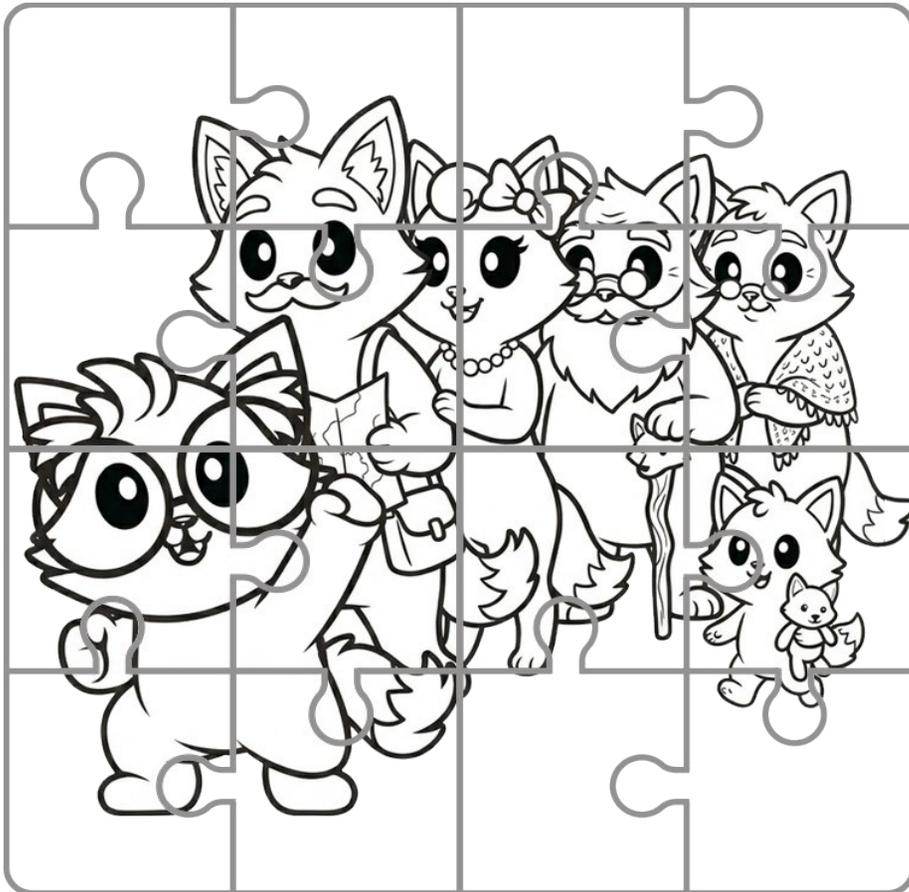
2. Always wear a safety vest in places where it is required to stay visible and safe.



3. Always wear your boots when you go to places that need them to keep your feet safe.



4. Always have a first aid kit ready in case someone gets hurt.



Color and ask your parent or guardian to help you cut out the pieces by following the lines provided. Once the pieces are cut, you can put them together to form the picture like a jigsaw puzzle. Have fun!

