

# Become a Direct Service Provider (DSP)!

Alaskans who experience intellectual and developmental disabilities need compassionate and dedicated staff to help with everyday life skills.



If you are committed to providing exceptional support to Alaskans, we encourage you to apply with a Home and Community Based Waiver Agency today and be a part of our impactful and fulfilling journey!



Are you ready to make a difference in someone's life while building a rewarding career?



# This field has flexible hours to meet your schedule. You can start a journey in the healthcare or special education fields. You can feel great about the help you give to other Alaskans!

## To be a DSP, you must meet the following requirements:

- Must be 18 years or older.
- Successfully pass a background check.
- Be hired by a provider agency. The agency will help you:
  - o Complete agency training requirements (examples include but are not limited to Critical Incident Report, CPR & First Aid, National Certification in Employment Services (NCES), and Restrictive Intervention)
  - o Follow all rules on delivering and documenting services.

## What does a DSP do?

DSPs help Alaskans in their homes, community, and at their jobs. DSPs help people meet their specific goals on topics like:

- Mobility/Motor Skills
- Self-Care/Personal Living
- Communication
- Learning
- Self-Direction/Social Skills
- Economic Self-Sufficiency
- Vocational Skills
- Living Skills/Community Living

## Sometimes this work requires helping with Activities of Daily Living (ADLs)

- Activities of Daily Living (ADLs)
  - o Eating
  - o Personal Hygiene (Bathing, Dressing, Hair, Shaving)
  - o Toileting
  - o Transfers (Example: from bed to a wheelchair)
  - o Locomotion (moving around)

