



Fairbanks Pediatric Behavioral Health

Community Health
Improvement Plan
(CHIP 2023-2025)

Foundation Health Partners

Kari Burrell, Sr. Dir. Internal/External Affairs

August 2, 2023, AK Behavioral Health Roadmap
Interior Alaska Listening Session

Dec 2022



FAIRBANKS COLLABORATIVE
**Community Health
Needs Assessment**

- Triennial community health needs assessment
 - Joint with Interior Community Health Center & Frontier Region DOH Public Health
 - Identified 4 priorities – including pediatric mental health **gaps**
 - 63% surveyed = pediatric mental health services **inaccessible**
 - FMH ED = primary resource pediatric mental health crisis
 - Lack of accessible/coordinated services for children & young adults
 - Provider licensure delays & telemedicine limitations = roadblock in continuum of care
- Children/adolescents “boarding” at Fairbanks Memorial Hospital awaiting transfer to treatment facilities

Longstanding gaps

- Over the years, many Alaskan reports regarding gaps in pediatric behavioral health system
- Two new reports = inadequacy of pediatric behavioral health services in the state
 1. DOJ Report
 - Alaska's children are not receiving services in the most integrated setting appropriate to their needs
 2. AHHA Child & Adolescent Behavioral Healthcare Improvement Project Report
 - Identified 3 key workstreams: prevention, early intervention & diversion, behavioral healthcare in emergency department and inpatient settings, and treatment and access points for discharge
- Centralizing services in South Central does not address continuum of care needs of children, youth & families across Alaska
- Goal = develop plans that work for less populated regions



Fairbanks Pediatric Behavioral Health Summit

- FHP hosted
- April 6 & 7, 2023
- Invited state level representatives and local partners



Shelley Ebenal
FHP CEO



Dr. Laura Brunner
FMH Pediatric
Medical Director

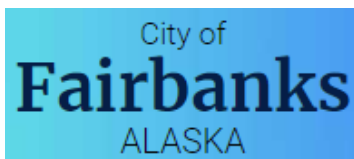


Sarah Martin
FMH Chief
Nursing Officer

Good Participation – 56 Attendees



TANANA VALLEY CLINIC
FAIRBANKS MEMORIAL HOSPITAL
DENALI CENTER



Bassett Army Community Hospital



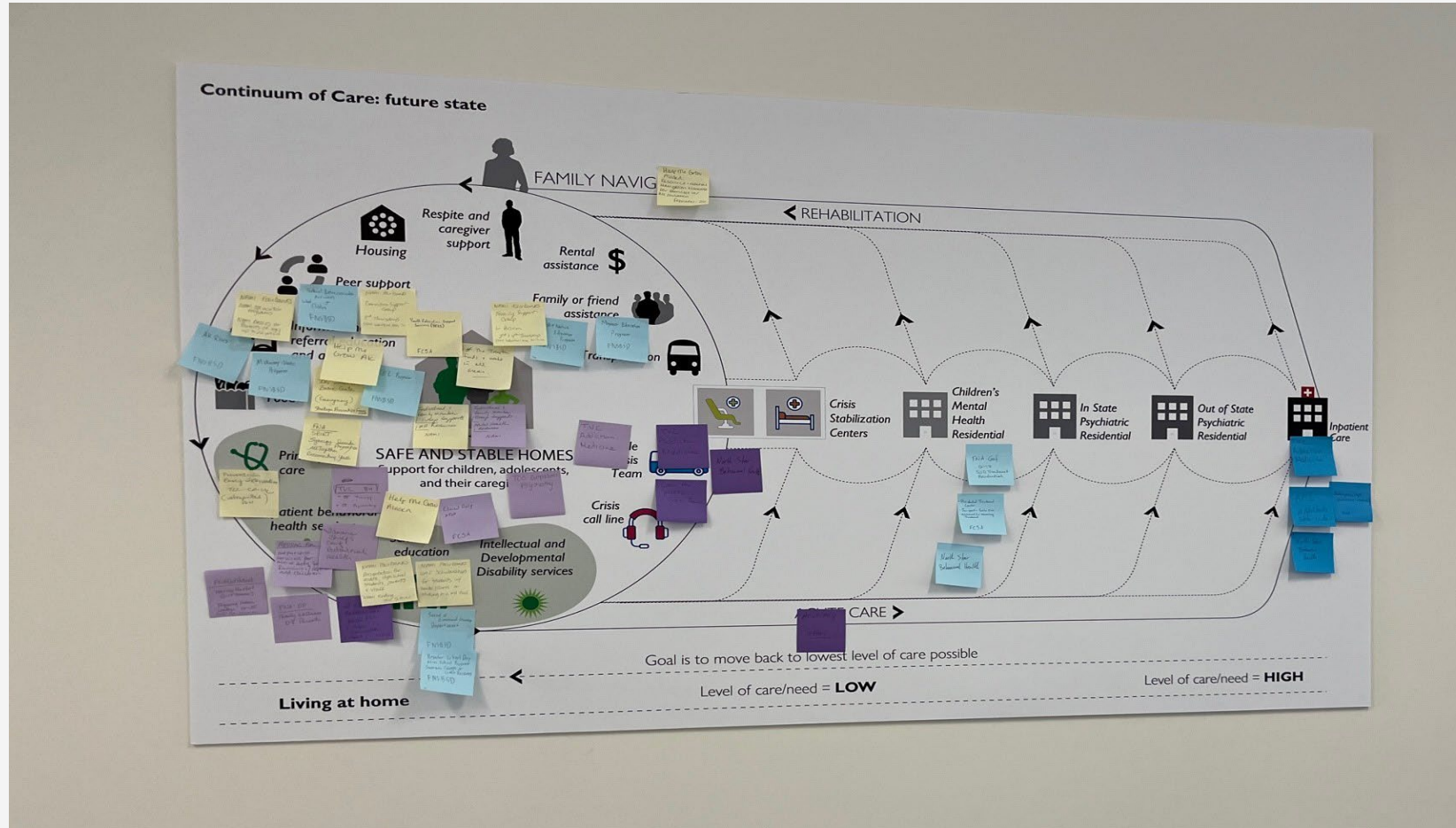


Fairbanks Pediatric Behavioral Health Summit

Agenda

- Review history and current state
- Review system gap **reports**
 - DJJ, AHHA, CHNA
- **Local** partner services descriptions
- **State** partner services descriptions
- **Continuum of Care** framework exercise
- Identify **priorities** for active workgroups

Visualizing Gaps in Our Continuum of Care





Fairbanks Pediatric Behavioral Health Summit

Identified 4 Fairbanks Workstreams

1. Workforce

- Increase behavioral health workforce to support community needs

2. Medicaid

- Educate patients and providers on Medicaid to increase enrollment and access to care

3. Prevention and Outpatient

- Increase awareness of pediatric behavioral health resources in the community
- Increase training for direct service professionals (teachers, primary care providers, etc.)

4. Crisis and Inpatient

- Increase crisis and inpatient services in Interior Alaska
- Increase communication between care facilities on discharged patients

Summit Participant Commitments

• **Foundation Health Partners**

- Explore crisis stabilization/inpatient unit
 - Need capital
- Lead post-summit plan meetings
 - 4 teams – monthly

• **AK Behavioral Health**

- Explore partial hospitalization program in Fbx
 - Need facility

• **Tanana Chiefs Conference**

- Meet with community outpatient and crisis providers to define continuum of care resources

• **Dept. of Family & Community Services**

- Timely patient transition
- Explore complex care team as resource for partners - placements

Summit Participant Commitments Continued

- **A2P2 and Help Me Grow**

- Coordinate provider meeting to update resources
- Grow case management staffing to meet needs

- **NAMI**

- Help with awareness and support for programs that are needed for families

- **Dept of Health, DBH**

- Convene providers to educate and grow programs specific to Medicaid and 1115 waiver
- Solution seeking – barriers to Medicaid enrollment
- Engage with FHP, AKBH, PHP, FCSA programs and developments

Community Health Improvement Plan: Pediatric Behavioral Health



- Stellar Group = Facilitation
 - Monthly work team meetings – beginning in July
 - Fall 2023 combined meeting
- Community Health Improvement Plan
 - Goals
 - Strategies
 - Measures

Further information: contact
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