#### **ALASKA COMMISSION ON AGING**

# Draft Rural Outreach Board Meeting Agenda: September 12 – 15, and September 18, 2018 XYZ Senior Center

#### 104 Division Street, Nome, Alaska

#### Wednesday, September 12, 2018

The Alaska Commission on Aging board meeting will be accessible by teleconference. We thank senior centers and the Ketchikan Pioneer Home for hosting the teleconference group meeting sites.

#### **Group Teleconference Sites**

- Anchorage Senior Activities Center, 1300 East 19<sup>th</sup> Ave. (907-758-7823)
- Fairbanks, North Star Council on Aging Senior Center, 1424 Moore Street (907-452-1735)
- Ketchikan, Pioneer Home, 141 Bryant Street (907-225-4111)
- Mat-Su Senior Services, 1132 South Chugach, Palmer (907-745-5454)
- Soldotna Senior Center, 197 W. Park Ave Phone (907-262-2322)
- Chugiak-Eagle River Senior Center, 22424 N Birchwood Loop (907-688-2674)

For public members living outside of these communities, please call in using the toll-free number 1-800-315-6338, pass code 53250#. PUBLIC COMMENT is scheduled Thursday, September 13 at 1:30 p.m.

1:00 p.m. Call to Order. Roll Call, Announcements, and Introductions

Welcome Rosemary Hagevig, New ACoA Commissioner and Pioneer Home Advisory Board (PHAB) Chair

Welcome Bob Sivertsen, Returning ACoA Commissioner

ACTION: Adoption of the Agenda: September 12-15 and September 18, 2018

**ACTION: Adoption of Minutes, May 1, 2018** 

**Ethics Disclosures** 

"Safety Moment" and "Teleconference/Meeting Etiquette:" Mary Shields

1:05 p.m. Chair Report: Gordon Glaser

**Vice Chair Report: Mary Shields** 

- 1:20 p.m. Executive Director and Staff Report
- 1:40 p.m. ACTION: Request action on FY19/FY20 ACoA Committee Assignments

ACTION: Request action to change "Older Workers Recognition Committee" to

**Outstanding Alaskans Age 60+ Committee** 

**ACoA Committee & Representational Reports** 

- Executive Committee: Gordon Glaser, Board Chair
- Planning Committee: Mary Shields, Committee Co-Chair
- Legislative Advocacy Committee Report: Mary Shields, Committee Co-Chair
- Pioneer Home Advisory Board Report: Rosemary Hagevig, PHAB Chair
- Governor's Council on Disabilities and Special Education: Banarsi Lal

- 2:15 p.m. Office of Long-Term Care Ombudsman's Report Teresa Holt, Long-Term Care Ombudsman
- 2:40 p.m. ACTION: Request changes approval to change the December 2018 meeting date from December 12 to December 6.

#### **FY2019 ACoA Upcoming Meeting Dates**

- Thursday, December 6, 2018 (video and teleconference)
- Monday, February 11 through Wednesday, February 13, 2019 (Juneau legislative advocacy meeting, pending available funds or alternative February 13 by video and teleconference)
- Wednesday, May 1, 2019 (video and teleconference)
- 2:50 p.m. Review of Meeting Activities
  - Nome Elder-Senior Listening Forum, Thursday, September 13 from 10:00 a.m. to 2:00 p.m. at the XYZ Senior Center
  - Rural Outreach Visits in Nome and Shishmaref
- 3:00 p.m. Recess to Thursday, September 13, 2018

# ALASKA COMMISSION ON AGING Nome Sound Rural Outreach Meeting XYZ Senior Center 104 Division Street, Nome, Alaska

#### Thursday, September 13, 2018:

#### NOME LISTENING SESSION ON ELDER-SENIOR ISSUES

The toll-free number is 1-800-315-6338, code 53250#. Coffee and refreshments will be provided.

10:00 a.m. Good Morning and Welcome to the Nome Listening Session! All are invited!

Introductions by all

12:00 p.m. Lunch Break

ACoA Commissioners and staff are encouraged to enjoy lunch with the Elders at the

**XYZ Senior Center** 

12:30 p.m. Resume Listening Session

1:15 p.m. Break

1:25 p.m. Call to Order. Roll Call

1:30 p.m. PUBLIC COMMENT: The public is invited to provide public comment in person or

call 1-800-315-6338, pass code 3250#.

2:00 p.m. Alaska Mental Health Trust Authority

Mike Abbott, CEO and Kelda Barstad, Program Officer

2:30 p.m. Division of Senior and Disabilities Services

**Duane Mayes, Director** 

3:00 p.m. Recess to Tuesday, September 18, 2018 at 9:00 a.m.

Site Visit Scheduled:

3:30 p.m. Nome Community Center

505 West 3rd Ave.

Contact: Rhonda Schneider, Executive Director, 907-443-5259

The Center operates seven programs for elders, families, and youth in Nome. The Center also offers services to the surrounding villages such as coordinating family visitations with parents of children in custody, parenting classes (contingent on funding availability) and food box distribution during emergency situations. The Nome Community Center opened

in 1910.

#### NORTON SOUND RURAL OUTREACH VISITS

Friday, September 14, 2018

Group 1 Nome: ACoA Members include David Blacketer, Mary Shields, Banarsi Lal, Linda Combs, Rosemary Hagevig, Mary Jo Robinson, Lesley Thompson, and Rita Gray, Mature Alaskans Seeking Skills Training Program

9:00 a.m. Norton Sound Health Corporation (NSHC) Hospital

1000 Greg Kruschek Ave.

Contact: Christine Schultz, Director of Patient Support Services, 907-443-4541

Tribally owned and operated, NSHC offers full service inpatient and outpatient/primary

health care, behavioral health, and dental services for the region with clinics operating in the Norton Sound, Seward Peninsula, and St Lawrence Island region. The clinics are staffed

with community health practitioners, health aides and dental health aide therapists.

9:45 a.m. NSHC Quyanna Care Center

1000 Greg Kruschek Ave.

Contact: Gwen Minners, Director of Nursing for Quyanna Care, 907-443-3357

This is an 18-bed long-term care facility owned and operated by the NSHC and co-located

within the hospital.

10:30 a.m. NSHC Dental Services

1000 Greg Kruschek Ave. (located within hospital)

Contacts: Dr. Chris Miller, Dentist, (907-443-3311) and Mark Kelso, Director of Dental

Services, 907-443-3291.

11:00 a.m. NSHC Behavioral Health Services

**607 Division Street** 

Contact: Lance Johnson, Director of Behavioral Health Services, 907-443-3344

12:00 p.m. Lunch on Your Own

1:00 p.m. XYZ Senior Center and Munageri Adult Day Services

**104 Division Street** 

Contacts: Pat Ward, Executive Director, 907-443-5238 and Jessica Russell, Program

**Assistant** 

The XYZ Senior Center provides meals, rides, shower facilities, laundry, and special services such as vaccination clinics and nutritional seminars. The Munaqsri Adult Day Services, located at the Senior Center, provides age-appropriate activities, meals, and support for

Elders and their family caregivers.

#### 1:45 p.m. ResCare Home Care

Contact: Priscilla Hurley, Owner, and meet at XYZ Senior Center.

ResCare serves people of all ages with in-home personal care attendants, chore, and respite, supported employment, and day habilitation to promote independent living in the community.

#### 2:30 p.m. Kawerak Community Services

500 Seppala Dr, Nome, AK 99762

Contact: Carol Piscoya, Vice President of Kawerak Community Services, 907-443-4245. This organization provides several services including Wellness for Children and Family, Transportation, Village Public Safety Officer (VPSO) program, Economic Development, and Community, Planning and Development, among others. Many of these services provide support to Elders living in Nome.

#### 3:30 p.m. Munagsri Senior Apartments

515 Steadman Street

Contact: Greg Davis, Resident Manager, 443-5220

Affordable and independent tax credit senior housing that includes 17 one-bedroom apartments for those age 62+ or disabled.

#### 4:30 p.m. Bering Straits Regional Housing Authority (BSRHA), Senior Housing

415 East 3rd Ave.

Contact: Mat Michaels, 907-443-5256

BSRHA provides seventeen one- and two-bedroom apartments for modest income Alaska Native renters, age 62 and older. Rents are based on income.

Group 2 Shishmaref: ACoA Members include Gordon Glaser, Duane Mayes, Bob Sivertsen, Denise Daniello and Kelda Barstad, Alaska Mental Health Trust Authority Program Officer 7:45 a.m. Check in with Raven Air for Nome flight. Leave Nome at 8:45 a.m. and arrive at approximately 9:30 a.m. Dennis Sinnok is the airline village agent for Raven and Bering Air (907-649-4211).

9:30 a.m. Arrive to Shishmaref. Former ACoA Commissioner Albert Ninguelook will meet us.

# 10:00 a.m. Meet with the Joint Coalition of the Shishmaref City Council, IRA Traditional Council, the

**Elders Committee, and the Shishmaref Village Corporation.** 

Contacts: Stanley Tocktoo, President Shishmaref Village Corporation (907-649-3751); Annie Weyiouanna, IRA Traditional Council Village Planner, (907-649-6752), and Albert

Ningeulook, 907-649-6784

Meeting will be held at the Shishmaref Community Hall.

#### 12:00 p.m. Break for Lunch

1:00 p.m. Shishmaref Clinic

"Katherine Olanna Memorial Clinic"
Provides primary health care services.
Next door to Shishmaref Community Clinic

Contact: Jeanette Iyatunguk, Tribal Specialist, 907-649-2127

2:00 p.m. Shishmaref Behavioral Health Clinic

**Contact Donna Barr, Village Counselor** 

Located in the basement of the Shishmaref Lutheran Church

907-649-2150

3:00 p.m. Explore Shishmaref. Visit the tannery, village store, and town.

5:45 p.m. Raven Agent will contact the group when the airplane is about 15 minutes from landing.

Shishmaref plane will arrive in Nome around 6:45 p.m.

### Saturday, September 15, 2018

9:00 a.m. Good Morning! Call to Order. Roll Call

9:05 a.m. ACoA Commissioner debrief of Nome meeting and rural visits.

9:45 a.m. Meet with Denice Gilroy, Executive Director for Arctic Access

10:30 a.m. Mature Alaskans Seeking Skills Training (MASST) Report

Rita Bowen, Program Coordinator

10:45 a.m. Leave for airport to check-in for flight that leaves at 12:37 p.m.

Recess to Tuesday, September 18 at 9:00 a.m.

## Tuesday, September 18 – Partner Reports

9:00 a.m. Good Morning! Call to Order. Roll Call, announcements.

Meeting to be held by teleconference/video-conference

9:05 a.m. Division of Public Health, Chronic Disease Prevention and Health Promotion, Injury

Prevention

Dawn Groth, RN, Senior Fall Prevention Program Coordinator

9:30 a.m. AHFC Senior Housing Report

Jim McCall, Senior Housing Officer

10:00 a.m. Partner Advocacy Reports

AgeNet, Rebecca Parker, President

10:15 a.m. Wrap-Up and Closing Comments

10:30 a.m. Adjourn

Next meeting: Thursday, December 6, 2018 (by video- and teleconference)