

Percentage of adults who report binge drinking

Source: Behavioral Risk Factor Surveillence System

Binge drinking is defined as drinking five or more drinks on one occasion for men, or four or more drinks on one occasion for women.

The Alaska Behavioral Risk Factor Surveillance System (BRFSS) assesses the prevalence of diseases and risk factors (indicators) in adults (individuals of 18 years of age and older) statewide through an on-going telephone survey.

