

Department of Health and Social Services

DIVISION OF HEALTH CARE SERVICES Health Facilities Licensing & Certification

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Sections 1819(h)(2)(B)(ii)(IV)(ff) and 1919(h)(3)(C)(ii)(IV)(ff) of the Social Security Act incorporate specific provisions of the Patient Protection and Affordable Care Act pertaining to the collection and uses of CMP's imposed by CMS when nursing home do not meet requirements for Long Term Care Facilities. The Act provides that collected CMP funds may be used to support activities which benefit residents, projects that support resident and family councils and other consumer involvement in assuring quality care in facilities, and facility improvement initiatives.

The State of Alaska Health Facilities Licensing and Certification may award several, up to \$10,000, scholarships to long term care facilities which complete the application process and are approved by CMS.

Long Term Care (LTC) Scholarship Areas

The scholarship should relate to at least one of the following areas:

- Culture Change is the common name given to the national movement for the transformation of older
 adults services, based on person-directed values and practices where the voices of elders and those
 working with them are considered and respected. Core person-directed values are choice, dignity,
 respect, self-determination and purposeful living. CMP funds may be used to promote culture change in
 projects that involve multiple nursing homes.
- **Resident or Family Councils**: CMP funds may be used for projects by not-for-profit resident advocacy organizations that, assist in the development of new independent family council, assist resident and family councils in effective advocacy on their family members' behalf, or develop materials and training sessions for resident and family councils on state implementation of new federal or state legislation;
- **Direct Improvements to Quality of Care**: CMP funds may be used for projects designed to directly improve care processes for nursing home residents of multiple nursing homes.
- **Consumer Information**: CMP funds may be used to develop and disseminate information that is directly useful to nursing home residents and their families in becoming knowledgeable about their rights, nursing home care processes, and other information useful to a resident.
- Resident Transition due to Facility Closure or Downsizing: CMP funds may be considered for use for
 the temporary support and/or protection of residents of a facility that closes or is decertified (including
 offsetting costs of relocating residents to home and community-based settings or another facility), or to
 transition residents to alternate settings for a facility downsizing that requires a reduction in facility
 census.
- Transition Preparation: CMP funds may be considered for use to fund an initial home visit for a nursing home resident to help him or her evaluate the appropriateness of a potential transition to another living arrangement or home or community based setting. See S&C Memorandum 11-12-NH for more details.
- Training: CMP funds may be considered for training in facility improvement initiatives that are open to multiple nursing homes, including joint training of facility staff and surveyors, technical assistance for

facilities implementing quality assurance programs, training for resident and/or family councils, LTC ombudsman or advocacy organizations and other activities approved by CMS. For example, this effort might include a statewide pressure ulcer or fall prevention collaborative that includes joint training of surveyors and facility staff from multiple nursing homes that are committed to implementing effective fall prevention programs.

Long Term Care (LTC) Scholarship Application

The application should be no longer than 20 pages, including appendices, and providing the following:

- 1) An introduction of the LTC facility, residents, staff, and community
- 2) Purpose and summary of project
- 3) Who was involved in the project design and development
- 4) The population it will serve
- 5) The need the proposal is attempting to address
- 6) Any problems that may be encountered in the implementation of the project and the contingency plan to address these issues
- 7) How the facility will assess the results of the project (specific measures)
- 8) Project timelines, and
- 9) How you will ensure sustainability

Long Term Care (LTC) Scholarship Prohibited Uses

- Conflict of Interest Prohibitions: CMS will not approve projects for which a conflict of interest exists or the appearance of a conflict of interest. Similarly, we will generally not approve uses that commit CMP funding to very long term projects (greater than 3 years). By obliging the State to fund a long and large multi-year expense, we consider such projects to raise the appearance of a conflict of interest where the levy of future CMPs could be construed to be done for the purpose of raising revenue rather than for the statutory purpose of deterring or sanctioning poor quality. We will, however, consider each project in light of the specifics of each individual case. Large projects may avoid the appearance of conflict, for example, to the extent that the State is able to demonstrate a plan for sustaining the project on a long term basis without CMP funds.
- Duplication: CMP funds may not be used to pay entities to perform functions for which they are
 already paid by State or Federal sources. CMP funds, for example, may not be used to enlarge an
 existing appropriation or statutory purpose that is substantially the same as the CMP project. Also,
 CMP funds may not be used to fund State legislative directives for which no or inadequate state funds
 have been appropriated.
- Capital Improvements: CMP funds may not be used to pay for capital improvements to a nursing home, or to build a nursing home, as the value of such capital improvement accrues to a private party (the owner). Federal and State payments also already acknowledge the expense of capital costs, so the use of CMP funds for such a purpose would duplicate an existing responsibility of the nursing home.

- Nursing Home Services or Supplies: CMP funds may not be used to pay for nursing home services or supplies that are already the responsibility of the nursing home, such as laundry, linen, food, heat, staffing costs, etc. This prohibition, however, does not prevent the temporary payment of salary for an individual who will work in the nursing home as part of an evaluated demonstration of a new service, skill set, or other innovation that the nursing home has not previously had in place and which the nursing home may sustain after the demonstration if resources permit. Examples might include new use of a wound specialist and adoption of new skin care techniques, new uses of advance practice nurses, new methods of retention and training for certified nurse assistants, etc.
- **Temporary Manager Salaries**: CMP funds may not be used to pay the salaries of temporary managers who are actively managing a nursing home, as this is the responsibility of the involved nursing home in accordance with 42 CFR §488.415(c).
- Supplementary Funding of Federally Required Services: For example, CMP funds may not be used to recruit or provide Long-Term Care Ombudsman certification training for staff or volunteers or investigate and work to resolve complaints as these are among the responsibilities of Long-Term Care Ombudsman programs under the federal Older Americans Act (OAA), regardless of whether funding is adequate to the purpose. On the other hand, there is no prohibition to an Ombudsman program receiving CMP funds to conduct or participate in approved projects, or to carry out other quality improvement projects that are not within the Ombudsman program's existing set of responsibilities under the OAA. Nor is there any prohibition to Ombudsman program staff or volunteers to participate in training that is paid by CMP funds but open to a broad audience, such as nursing home staff, surveyors, consumers, or others.