Botulinum Toxin Preparations (Botox®, Dysport®, Myobloc®, Xeomin®)

Black Box Warning^{1,2,3,4}

WARNING: DISTANT SPREAD OF TOXIN EFFECT Postmarketing reports indicate that the effects of Botox®, Dysport®, Myobloc®, Xeomin® and "all botulinum toxin products may spread from the area of injection to produce symptoms consistent with botulinum toxin effects. These may include asthenia, generalized muscle weakness, diplopia, ptosis, dysphagia, dysphonia, dysarthria, urinary incontinence and breathing difficulties. These symptoms have been reported hours to weeks after injection. Swallowing and breathing difficulties can be life threatening and there have been reports of death. The risk of symptoms is probably greatest in children treated for spasticity but symptoms can also occur in adults treated for spasticity and other conditions, particularly in those patients who have an underlying condition that would predispose them to these symptoms. In unapproved uses, including spasticity in children, and in approved indications, cases of spread of effect have been reported at doses comparable to those used to treat cervical dystonia and at lower doses."

FDA Indications and Usage^{1,2,3,4}

	Botox [®]	Xeomin®	Dysport ®	Myobloc®
	onabotulinumtoxin A	incbotulinumtoxin A	abobotulinumtoxin A	rimabotulinumtoxin B
Cervical dystonia	≥18 years	≥18 years	≥18 years	≥18 years
Overactive bladder (non-neurogenic)	≥18 years			
Urinary incontinence secondary to detrusor overactivity (neurogenic)	≥18 years			
Chronic migraine prophylaxis	≥18 years			
Blepharospasm	≥12 years	≥18 years treatment- experienced with Botox®		
Strabismus	≥12 years			
Upper limb spasticity	≥18 years			
Axillary hyperhidrosis, severe	≥18 years			

Indication	Approval Criteria ^{1,2,3,4}	Denial Criteria	Maximum Quantity ^{1,2,3,4}
Overactive bladder (OAB) ^{1,5}	 Age ≥18 years old; AND Documented moderate to severe symptoms of urge urinary incontinence, urgency, and frequency; AND Documented behavioral therapy trials Documented trial of at least 2 different pharmacologic treatments for at least 60 days with documentation of inadequate response OR a justifiable contraindication to oral anti-muscarinics or oral β₃-adrenergic receptor agonists (e.g. oxybutynin, tolterodine, or mirabegron); AND Product requested is Botox[®]. 	 Patients unable/unwilling to perform self-catheterization if necessary during treatment course Dose exceeds FDA recommendations for indication Cumulative Botox® dose exceeds 360 units within a 3 month period from all procedures 	Botox®: • No more than 100 Units per 12 weeks
Urinary incontinence due to detrusor overactivity associated with a neurologic condition 1,6	 Age ≥18 years old; AND Documented neurologic condition [e.g. multiple sclerosis, spinal cord injury]; AND Documented symptoms of detrusor overactivity; AND Documented trial of at least 2 different pharmacologic treatments for at least 60 days with documentation of inadequate response or a justifiable contraindication to oral anti-muscarinics or oral β₃-adrenergic receptor agonists (e.g. oxybutynin, tolterodine, or mirabegron); AND Product requested is Botox[®]. 	 Dose exceeds FDA recommendations for indication Cumulative Botox® dose exceeds 360 units within a 3 month period from all procedures 	Botox®: • No more than 200 Units per 12 weeks

Indication	Approval Criteria ^{1,2,3,4}	Denial Criteria	Maximum Quantity ^{1,2,3,4}
Chronic Migraine, headache prophylaxis ^{1,7-10}	 ≥18 yrs of age; AND Headache on ≥15 days per month with headache lasting 4 hours a day or longer (chronic/transformed migraine); AND Patient is on a medication regimen for migraine prophylaxis per the American Academy of Neurology (AAN) clinical practice guidelines; AND Prescriber is a neurologist; AND Product requested is Botox®. Renewal Authorization: Headache frequency has decreased by at least 2 headache days from baseline in the previous month 	 Episodic migraine (<15 days per month) Headache attributable to another disorder, including medication overuse Dose exceeds FDA recommendations for indication Cumulative Botox dose exceeds 360 units within a 3 month period from all procedures For renewal authorizations beyond the second treatment, headache frequency has not decreased from baseline by at least 2 headache days per month. 	Botox®: • No more than 155 units per 12 weeks
Upper limb spasticity ¹	 ≥18 yrs of age; AND The patient is being treated for upper limb spasticity; AND Spasticity refractory to oral medication; AND Product requested is Botox®. 	 Dose exceeds FDA recommendations for indication Cumulative Botox® dose exceeds 360 units within a 3 month period from all procedures 	Botox®: • No more than 200 units per 12 weeks
Axillary hyperhidrosis, severe ¹	 Age ≥17 years old; AND Patient is being treated for severe axillary hyperhidrosis that has been inadequately managed by topical agents; AND HDSS (Hyperhidrosis Disease Severity Scale) score is ≥ 3; AND Product requested is Botox[®]. 	 Dose exceeds FDA recommendations for indication Cumulative Botox® dose exceeds 360 units within a 3 month period from all procedures 	Botox®: • No more than 50 units per axilla per 12 weeks

Indication	Approval	Denial	Maximum
	Criteria ^{1,2,3,4}	Criteria	Quantity ^{1,2,3,4}
Cervical dystonia ^{1,2,3,4}	 ≥18 yrs of age; AND Diagnosis of cervical dystonia; AND Purpose of treatment is to reduce the severity of abnormal head position and neck pain. 	Dose exceeds FDA recommendations for indication or maximum cumulative dose over a 12 week period	Botulinum Toxin Products are not interchangeable. Botulinum toxin units of biological activity are unique to each product. Botox®: • Maximum cumulative dose of no more than 360 units within a 3 month (12 week) period Dysport®: • Maximum dose initial – No more than 500 units per 12 weeks • Subsequent maximum dose – no more than 250 units more than previous dose up to a maximum of 1000 units per 12 weeks Myobloc®: • No more than 5,000 units within a 12 week period • No more than 10,000 units within a 16 week period Xeomin®: • No more than 120 units per 12 weeks

Indication	Approval Criteria ^{1,2,3,4}	Denial Criteria	Maximum Quantity ^{1,2,3,4}
Strabismus ¹	 Patient is ≥12 years old; AND Patient is being treated for strabismus; AND Product requested is Botox®. 	 Initial or subsequent dose exceeds FDA recommendations for indication Subsequent dose more than two times the previous dose or exceeds 25 units Cumulative Botox® dose exceeds 360 units within a 3 month period from all procedures 	Botox®: Initial No more than 25 units for any one muscle per 12 weeks
Blepharospasm associated with dystonia ^{1,4}	 Age ≥12 years old (Botox®) or ≥18 years old (Xeomin®); AND Patient is unable to open their eyelid(s) or is functionally blind due to dystonia; AND Medication is ordered by a neurologist or ophthalmologist; AND If treatment-naïve and age ≥18 years old, product requested is Xeomin® If treatment experienced, prescriber may choose to use Xeomin® or Botox® in Botox®-treatment-experienced individuals. 	 Initial or subsequent dose exceeds FDA recommendations for indication Cumulative Botox® dose exceeds 360 units within a 3 month period from all procedures 	Botulinum Toxin Products are not interchangeable. Botulinum toxin units of biological activity are unique to each product. Botox®: No more than 30 units per eye per 12 weeks Xeomin®: No more than 35 units per eye per 12 weeks
Non-FDA Approved Indications ¹¹	 All requests for non-FDA approved medical (non-cosmetic) indications must be submitted with supporting medical literature demonstrating safety and efficacy in the representative population. A letter of medical necessity must be included with each request and shall include previous therapies trialed. ICD-9 (or ICD-10, when applicable) codes must be included in the request and coded to the highest level of specificity. Each request will be reviewed on a case-by-case basis. The current version of the CMS Local coverage determination (LCD) for Botulinum toxin type A & type B (L28555) document will be used in the evaluation of the request. Reauthorization requires documentation of clinical response and progress as well as absence of adverse effects. 		

Denial Criteria

- The medication is being used for cosmetic purposes, including treatment of glabellar lines.
- ICD-9 (or ICD-10, when applicable) code is absent from prior authorization request.

Length of Authorization

- Coverage may be approved for up to 6 months.
- Re-authorization requires documentation of clinical response and progress.

References

- 1. Botox[®] [package insert]. Irvine, CA; Allergan, Inc., February 2014.
- 2. Dysport® [package insert]. Wrexham, UK; Ipsen Biopharm Ltd, April 2009.
- 3. Myobloc® [package insert]. South San Francisco, CA; Solstice Neurosciences, Inc.; May 2010
- 4. Xeomin® [package insert]. Greensboro, NC; Merz Pharmaceuticals, LLC., July 2011.
- 5. Diagnosis & treatment algorithm: AUA/SUFU guideline on non-neurogenic overactive bladder in adults. http://www.auanet.org/common/pdf/education/clinical-guidance/Overactive-Bladder-Algorithm.pdf.
- 6. Pannek J, Stöhrer M, Blok B, *et al.* Guidelines on neurogenic lower urinary tract dysfunction. European Association of Urology. 2011. Available at: http://www.uroweb.org/gls/pdf/17_Neurogenic%20LUTS.pdf. Accessed Nov 4, 2014.
- 7. Beithon J, Gallenberg M, Johnson K, *et al.* Institute for Clinical Systems Improvement. Diagnosis and Treatment of Headache. Health care guideline, diagnosis and treatment of headache. Available at: https://www.icsi.org/asset/qwrznq/headache.pdf. Accessed Nov 4, 2014.
- 8. Loder E, Burch R, Rizzoli P. The 2012 AHS/AAN guidelines for prevention of episodic migraine: a summary and comparison with other recent clinical practice guidelines. Headache. 2012;52:930-945. Available at: http://www.headachejournal.org/SpringboardWebApp/userfiles/headache/file/AHS-AAN%20Guidelines.pdf. Accessed Nov 7, 2014.
- Shamliyan TA, Kane RL, Taylor FR. Migraine in Adults: Preventive Pharmacologic Treatments. Comparative Effectiveness Review No. 103. (Prepared by the University of Minnesota Evidence-based Practice Center under Contract No. 290-2007-10064-I) AHRQ Publication No. 13-EHC068-EF. Rockville, MD: Agency for Healthcare Research and Quality; April 2013. Available at: www.effectivehealthcare.ahrq.gov/reports/final.cfm. Accessed Nov 4, 2014.
- 10. Silberstein SD. Practice parameter: evidence-based guidelines for migraine headache (an evidence-based review): report of the Quality Standards Subcommittee of the American Academy of Neurology. Neurology. 2000 Sep 26;55(6):754-62.

11. CMS Local coverage determination (LCD): Botulinum toxin type A & type B (L28555). Available at: http://www.cms.gov/medicare-coverage-database/details/lcd-details.aspx?LCDId=28555&ContrId=268&ver=78&ContrVer=1&Date=11%2f07%2f20 14&DocID=L28555&bc=iAAAAAgAAAAAAA3d%3d&. Accessed Nov 7, 2014.