# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

		Н	igh Schools		Mic	ddle Schools		Junio	or/Senior Hig Schools	;h	A	All Schools	
		D	95% Confidence	NT	D	95% Confidence	Nī	Donorat	95% Confidence	NT	Demonst	95% Confidence	NT
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	0 courses	17.9	14.4 - 22.0	28	26.7	22.7 - 31.1	30	7.3	6.2 - 8.6	126	12.0	10.8 - 13.3	184
b.	1 course	64.3	59.4 - 68.9	28	36.7	32.2 - 41.4	30	45.8	43.5 - 48.2	126	46.8	44.9 - 48.8	184
c.	2 courses	10.7	8.0 - 14.2	28	20.0	16.4 - 24.1	30	27.0	25.0 - 29.1	126	23.6	22.0 - 25.3	184
d.	3 courses	3.6	2.1 - 5.9	28	13.3	10.4 - 16.9	30	7.1	6.0 - 8.4	126	7.6	6.7 - 8.7	184
e.	4 or more courses	3.6	2.1 - 5.9	28	3.3	2.0 - 5.6	30	12.8	11.3 - 14.5	126	10.0	8.9 - 11.2	184

# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1N. Percentage of schools in which students take two or more required health education courses in grades 6 through 12.

Н	igh Schools		Mi	ddle Schools		Junior/So	enior High Sc	hools	I	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent Interval N			Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
17.9 14.4 - 22.0 28			36.7	32.2 - 41.4	30	46.9	44.6 - 49.2	126	41.2	39.3 - 43.1	184

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

2. Percentage of schools that taught a required health education course in each of the following grades.\*

		Н	igh Schools		Mie	ddle Schools		Junio	or/Senior Hig Schools	h	A	All Schools	
		Percent	95% Confidence Interval	N									
a.	Sixth grade	§	§	§	41.2	35.1 - 47.5	17	35.7	32.8 - 38.7	74	36.7	34.1 - 39.4	91
b.	Seventh grade	§	§	§	46.2	41.1 - 51.3	26	43.0	40.2 - 45.8	86	43.7	41.3 - 46.2	112
c.	Eighth grade	§	§	§	59.3	54.2 - 64.1	27	43.3	40.5 - 46.2	83	47.2	44.8 - 49.7	110
d.	Ninth grade	80.8	76.4 - 84.5	26	-	-	0	74.0	71.6 - 76.3	98	75.3	73.2 - 77.3	124
e.	Tenth grade	28.6	23.7 - 34.0	21	§	§	§	54.3	51.6 - 57.0	94	50.1	47.6 - 52.5	115
f.	Eleventh grade	27.3	22.6 - 32.5	22	§	§	§	42.3	39.6 - 45.1	90	39.6	37.2 - 42.1	112
g.	Twelfth grade	23.8	19.3 - 29.0	21	§	§	§	36.9	34.3 - 39.6	92	34.7	32.4 - 37.1	113

<sup>\*</sup>Among schools with students in that grade.

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

3. Percentage of schools that require students who fail a required health education course to repeat it.\*

Н	igh Schools		Mi	ddle Schools		Junior/Se	enior High Sc	hools	A	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent				Interval	N	Percent	Interval	N	Percent	Interval	N
95.7 92.8 - 97.4 23			19.0	15.0 - 23.9	21	88.4	86.7 - 89.9	113	79.9	78.1 - 81.5	157

<sup>\*</sup>Among schools in which students take one or more required health education courses in any of grades 6 through 12. N = Unweighted number of observations

# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

4. Percentage of schools in which those who teach health education are provided with the following materials.

		Hi	igh Schools		Mic	ddle Schools		Junio	or/Senior Hig Schools	;h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Goals, objectives, and expected outcomes for health education	85.7	81.9 - 88.8	28	64.5	59.9 - 68.9	31	69.4	67.2 - 71.4	132	70.7	69.0 - 72.4	191
b.	A chart describing the annual scope and sequence of instruction	53.6	48.6 - 58.5	28	51.6	46.9 - 56.3	31	39.3	37.1 - 41.5	132	43.2	41.3 - 45.1	191
c.	Plans for how to assess student performance in health education	53.6	48.6 - 58.5	28	29.0	24.9 - 33.5	31	52.1	49.8 - 54.3	131	48.4	46.5 - 50.3	190
d.	A written health education curriculum	71.4	66.8 - 75.7	28	71.0	66.5 - 75.1	31	61.8	59.6 - 64.0	131	64.6	62.8 - 66.4	190

# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

5. Percentage of schools in which the health education curriculum addresses each of the following skills.

		Н	High Schools 95%		Mic	ddle Schools		Junio	or/Senior Hig Schools	;h	A	All Schools	
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a.	Comprehending concepts related to health promotion and disease prevention to enhance health	100.0	†	27	75.0	70.5 - 79.0	28	83.6	81.8 - 85.3	129	84.5	83.0 - 85.8	184
b.	Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	96.3	93.8 - 97.8	27	71.4	66.8 - 75.7	28	78.9	77.0 - 80.8	129	80.1	78.5 - 81.6	184
c.	Accessing valid information and products and services to enhance health	88.9	85.3 - 91.7	27	57.1	52.2 - 62.0	28	72.1	70.0 - 74.1	129	72.0	70.2 - 73.7	184
d.	Using interpersonal communication skills to enhance health and avoid or reduce health risks	100.0	†	27	75.0	70.5 - 79.0	28	76.5	74.5 - 78.4	129	79.4	77.8 - 80.9	184
e.	Using decision-making skills to enhance health	100.0	†	27	75.0	70.5 - 79.0	28	81.2	79.4 - 83.0	129	82.8	81.2 - 84.2	184
f.	Using goal-setting skills to enhance health	92.6	89.5 - 94.8	27	75.0	70.5 - 79.0	28	75.6	73.6 - 77.6	127	77.8	76.1 - 79.4	182
g.	Practicing health-enhancing behaviors to avoid or reduce risks	100.0	†	27	75.0	70.5 - 79.0	28	75.7	73.7 - 77.6	129	78.8	77.2 - 80.4	184
h.	Advocating for personal, family, and community health	92.6	89.5 - 94.8	27	67.9	63.1 - 72.3	28	75.8	73.8 - 77.7	129	76.8	75.1 - 78.4	184

<sup>†</sup> Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.\*

		Hi	igh Schools		Mic	ddle Schools		Junio	or/Senior Hig Schools	h	A	All Schools	
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
										- '			
a.	Goals, objectives, and expected outcomes for sexual health education	69.6	64.3 - 74.4	23	60.0	54.8 - 65.0	25	59.1	56.4 - 61.8	93	60.8	58.6 - 63.0	141
b.	A written health education curriculum that includes objectives and content addressing sexual health education	60.9	55.4 - 66.1	23	64.0	58.8 - 68.9	25	58.0	55.3 - 60.7	93	59.5	57.3 - 61.7	141
c.	A chart describing the annual scope and sequence of instruction for sexual health education	52.2	46.7 - 57.6	23	40.0	35.0 - 45.2	25	37.6	35.0 - 40.3	91	40.2	38.1 - 42.4	139
d.	Strategies that are age-appropriate, relevant, and actively engage students in learning	65.2	59.8 - 70.2	23	48.0	42.8 - 53.2	25	55.9	53.1 - 58.5	93	55.8	53.6 - 58.0	141
e.	Methods to assess student knowledge and skills related to sexual health education	52.2	46.7 - 57.6	23	44.0	38.9 - 49.3	25	54.8	52.0 - 57.5	93	52.4	50.2 - 54.6	141

<sup>\*</sup>Among schools that teach sexual health education.

N = Unweighted number of observations

# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

7. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

H	igh Schools		Mi	ddle Schools		Junior/Se	enior High Sc	hools	I	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
78.6	74.2 - 82.4	28	67.7	63.2 - 72.0	31	90.8	89.4 - 92.0	132	85.4	84.0 - 86.6	191

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# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

8. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.

		Н	igh Schools		Mic	ddle Schools		Junio	r/Senior Hig Schools	;h	A	All Schools	
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a.	Alcohol- or other drug-use prevention	92.9	89.8 - 95.0	28	90.3	87.2 - 92.8	31	85.4	83.7 - 87.0	133	87.2	85.9 - 88.4	192
b.	Asthma	50.0	45.1 - 54.9	28	35.5	31.1 - 40.1	31	32.8	30.7 - 35.0	133	35.5	33.7 - 37.3	192
c.	Diabetes	85.7	81.9 - 88.8	28	64.5	59.9 - 68.9	31	67.5	65.4 - 69.6	133	69.4	67.7 - 71.2	192
d.	Emotional and mental health	89.3	85.8 - 92.0	28	80.6	76.7 - 84.1	31	74.3	72.2 - 76.2	133	77.3	75.7 - 78.9	192
e.	Epilepsy or seizure disorder	28.6	24.3 - 33.2	28	16.1	13.0 - 19.9	31	27.6	25.6 - 29.7	133	25.9	24.2 - 27.6	192
f.	Food allergies	53.6	48.6 - 58.5	28	41.9	37.4 - 46.6	31	48.6	46.3 - 50.8	133	48.1	46.2 - 50.0	192
g.	Foodborne illness prevention	60.7	55.8 - 65.4	28	45.2	40.5 - 49.9	31	50.6	48.3 - 52.9	132	51.0	49.1 - 52.9	191
h.	Human immunodeficiency virus (HIV) prevention	88.9	85.3 - 91.7	27	72.4	67.9 - 76.5	29	54.5	52.2 - 56.9	125	62.1	60.2 - 64.0	181
i.	Human sexuality	77.8	73.3 - 81.7	27	75.9	71.5 - 79.8	29	56.7	54.4 - 59.0	124	62.7	60.8 - 64.6	180

### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

8. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.

		H	High Schools		Mic	ddle Schools		Junio	or/Senior Hig Schools	<b>;</b> h	A	All Schools	
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j.	Infectious disease prevention (e.g., influenza [flu] prevention)	67.9	63.1 - 72.3	28	70.0	65.4 - 74.2	30	75.9	73.9 - 77.8	133	73.9	72.2 - 75.5	191
k.	Injury prevention and safety	82.1	78.0 - 85.6	28	80.6	76.7 - 84.1	31	72.0	69.9 - 74.0	133	74.8	73.1 - 76.4	192
1.	Nutrition and dietary behavior	100.0	†	27	93.1	90.2 - 95.2	29	85.8	84.0 - 87.4	122	89.0	87.6 - 90.1	178
m.	Physical activity and fitness	100.0	†	28	93.3	90.5 - 95.4	30	91.5	90.1 - 92.8	121	93.0	92.0 - 94.0	179
n.	Pregnancy prevention	81.5	77.2 - 85.1	27	69.0	64.3 - 73.3	29	53.2	50.9 - 55.6	124	59.6	57.7 - 61.6	180
o.	Sexually transmitted disease (STD) prevention	81.5	77.2 - 85.1	27	72.4	67.9 - 76.5	29	56.0	53.6 - 58.3	125	62.1	60.2 - 64.0	181
p.	Suicide prevention	82.1	78.0 - 85.6	28	58.1	53.4 - 62.6	31	75.4	73.4 - 77.3	132	73.4	71.7 - 75.1	191
q.	Tobacco-use prevention	96.3	93.8 - 97.8	27	86.2	82.5 - 89.2	29	84.2	82.4 - 85.8	129	86.1	84.7 - 87.4	185
r.	Violence prevention (e.g., bullying, fighting, or dating violence prevention)	96.4	94.1 - 97.9	28	96.8	94.6 - 98.1	31	84.1	82.3 - 85.7	133	87.8	86.5 - 89.0	192

<sup>†</sup> Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

		High Schools 95%		Mic	ddle Schools		Junio	or/Senior Hig Schools	h	A	All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Identifying tobacco products and the harmful substances they contain	84.6	80.5 - 88.0	26	82.1	78.0 - 85.6	28	64.9	62.6 - 67.1	128	70.1	68.3 - 71.9	182
b.	Identifying short- and long-term health consequences of tobacco use	88.5	84.7 - 91.4	26	85.7	81.9 - 88.8	28	68.1	65.9 - 70.2	128	73.5	71.7 - 75.2	182
c.	Identifying social, economic, and cosmetic consequences	76.9	72.3 - 81.0	26	75.9	71.5 - 79.8	29	57.7	55.4 - 60.0	128	63.1	61.2 - 65.0	183
d.	Understanding the addictive nature of nicotine	88.5	84.7 - 91.4	26	70.0	65.4 - 74.2	30	67.5	65.3 - 69.6	129	70.6	68.8 - 72.3	185
e.	Effects of tobacco use on athletic performance	74.1	69.4 - 78.2	27	63.3	58.6 - 67.8	30	64.7	62.5 - 66.9	129	65.7	63.9 - 67.5	186
f.	Effects of second-hand smoke and benefits of a smoke-free environment	88.5	84.7 - 91.4	26	79.3	75.1 - 83.0	29	61.3	59.0 - 63.5	129	67.7	65.8 - 69.5	184
g.	Understanding the social influences on tobacco use, including media, family, peers, and culture	85.2	81.2 - 88.4	27	69.0	64.3 - 73.3	29	64.5	62.2 - 66.7	129	67.9	66.1 - 69.7	185
h.	Identifying reasons why students do and do not use tobacco	88.5	84.7 - 91.4	26	66.7	62.0 - 71.0	30	58.5	56.2 - 60.7	130	63.6	61.7 - 65.5	186
i.	Making accurate assessments of how many peers use tobacco	66.7	61.8 - 71.2	27	50.0	45.2 - 54.8	30	50.1	47.8 - 52.4	130	52.3	50.4 - 54.2	187
j.	Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)	85.2	81.2 - 88.4	27	72.4	67.9 - 76.5	29	59.9	57.6 - 62.1	129	65.2	63.4 - 67.0	185

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

		H	igh Schools		Mic	dle Schools		Junio	or/Senior Hig Schools	h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
k.	Using goal-setting and decision-making skills related to not using tobacco	77.8	73.3 - 81.7	27	76.7	72.4 - 80.5	30	53.5	51.2 - 55.7	131	60.4	58.5 - 62.3	188
1.	Finding valid information and services related to tobacco-use prevention and cessation	66.7	61.8 - 71.2	27	53.3	48.5 - 58.1	30	53.6	51.3 - 55.9	129	55.3	53.3 - 57.2	186
m.	Supporting others who abstain from or want to quit using tobacco	84.6	80.5 - 88.0	26	55.2	50.3 - 60.0	29	50.9	48.6 - 53.2	130	55.9	53.9 - 57.8	185
n.	Identifying harmful effects of tobacco use on fetal development	66.7	61.8 - 71.2	27	63.3	58.6 - 67.8	30	53.9	51.6 - 56.2	130	57.1	55.2 - 59.0	187
0.	Relationship between using tobacco and alcohol or other drugs	85.2	81.2 - 88.4	27	75.9	71.5 - 79.8	29	51.8	49.5 - 54.1	131	60.0	58.1 - 61.9	187
p.	How addiction to tobacco use can be treated	77.8	73.3 - 81.7	27	53.3	48.5 - 58.1	30	54.8	52.5 - 57.1	130	57.6	55.6 - 59.4	187
q.	Understanding school policies and community laws related to the sale and use of tobacco products	80.8	76.4 - 84.5	26	55.2	50.3 - 60.0	29	60.1	57.8 - 62.3	129	61.9	60.0 - 63.8	184
r.	Benefits of smoking cessation programs	66.7	61.8 - 71.2	27	34.5	30.0 - 39.2	29	43.0	40.7 - 45.3	131	44.7	42.8 - 46.6	187
	Percentage of schools that taught all 18 tobacco-use prevention topics*	51.9	46.8 - 56.9	27	16.7	13.4 - 20.5	30	32.7	30.5 - 34.8	130	32.5	30.8 - 34.4	187

<sup>\*</sup>Responses to question 9 a through r all are "yes."

N = Unweighted number of observations

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8.

		Hi	igh Schools		Mie	ddle Schools		Junio	or/Senior Hig Schools	gh	A	All Schools	
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Doroont	95% Confidence Interval	N
											Percent		
a.	How HIV and other STDs are transmitted	§	§	§	73.1	68.3 - 77.4	26	26.5	24.3 - 28.9	100	36.2	34.0 - 38.4	126
b.	Health consequences of HIV, other STDs, and pregnancy	§	§	§	80.0	75.5 - 83.9	25	30.7	28.3 - 33.1	100	40.5	38.3 - 42.9	125
c.	The benefits of being sexually abstinent	§	§	§	84.0	79.8 - 87.5	25	30.2	27.8 - 32.6	101	40.9	38.6 - 43.2	126
d.	How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	<b>§</b>	§	§	70.8	65.7 - 75.5	24	23.6	21.5 - 25.9	100	32.8	30.6 - 35.0	124
e.	The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	73.1	68.3 - 77.4	26	26.7	24.5 - 29.1	99	36.4	34.2 - 38.7	125
f.	Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	69.2	64.3 - 73.8	26	25.6	23.4 - 27.9	100	34.6	32.4 - 36.9	126

<sup>§</sup> Grade is not applicable for type of school.

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8.

		Hi	gh Schools		Mic	ddle Schools		Junio	or/Senior Hig Schools	h	A	All Schools	
		_	95% Confidence		_	95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
g.	Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	69.2	64.3 - 73.8	26	24.9	22.7 - 27.3	99	34.2	32.0 - 36.4	125
h.	Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	69.2	64.3 - 73.8	26	25.6	23.4 - 27.9	100	34.6	32.4 - 36.9	126
i.	Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	57.7	52.5 - 62.7	26	16.2	14.4 - 18.3	98	24.9	23.0 - 27.0	124
j.	The importance of using condoms consistently and correctly	§	§	§	46.2	41.1 - 51.3	26	15.0	13.2 - 17.0	99	21.5	19.6 - 23.5	125
k.	How to obtain condoms	§	§	§	46.2	41.1 - 51.3	26	12.3	10.6 - 14.1	97	19.4	17.6 - 21.4	123
1.	How to correctly use a condom	§	§	§	38.5	33.6 - 43.6	26	11.2	9.7 - 13.0	97	17.0	15.3 - 18.9	123

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8.

		H	igh Schools		Mi	ddle Schools		Junio	or/Senior Hig Schools	h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
m.	The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	<b>§</b>	§	50.0	44.9 - 55.1	26	12.9	11.2 - 14.8	99	20.6	18.8 - 22.6	125
n.	How to create and sustain healthy and respectful relationships	§	§	§	84.0	79.8 - 87.5	25	30.6	28.2 - 33.1	97	41.6	39.3 - 44.0	122
0.	The importance of limiting the number of sexual partners	§	§	§	61.5	56.4 - 66.4	26	21.1	19.0 - 23.3	99	29.5	27.4 - 31.7	125
p.	Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	<b>§</b>	§	57.7	52.5 - 62.7	26	18.0	16.0 - 20.1	99	26.2	24.2 - 28.4	125
	Percentage of schools that taught all 16 HIV, STD, and pregnancy prevention topics in any of grades 6, 7, or 8*	§	§	§	33.3	28.8 - 38.2	27	6.0	4.9 - 7.4	98	11.9	10.5 - 13.5	125

<sup>\*</sup>Responses to question 10 a through p all are "yes."

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9, 10, 11, or 12.

		Н	igh Schools		Mid	dle Schools		Junio	or/Senior Hig Schools	h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	How HIV and other STDs are transmitted	88.5	84.7 - 91.4	26	§	§	§	53.9	51.4 - 56.4	108	60.0	57.7 - 62.2	134
b.	Health consequences of HIV, other STDs, and pregnancy	88.5	84.7 - 91.4	26	§	§	§	55.2	52.7 - 57.7	109	61.1	58.8 - 63.3	135
c.	The benefits of being sexually abstinent	85.2	81.2 - 88.4	27	§	§	§	54.9	52.4 - 57.4	108	60.4	58.2 - 62.6	135
d.	How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	84.6	80.5 - 88.0	26	§	§	§	49.8	47.3 - 52.4	109	55.9	53.7 - 58.2	135
e.	The influences of family, peers, media, technology and other factors on sexual risk behaviors	85.2	81.2 - 88.4	27	<b>§</b>	§	§	52.3	49.8 - 54.9	106	58.4	56.1 - 60.6	133
f.	Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	81.5	77.2 - 85.1	27	§	§	§	46.2	43.7 - 48.7	109	52.6	50.3 - 54.8	136

<sup>§</sup> Grade is not applicable for type of school.

### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9, 10, 11, or 12.

		H	igh Schools		Mid	dle Schools		Junio	or/Senior Hig Schools	;h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
g.	Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	80.8	76.4 - 84.5	26	<b>§</b>	<b>§</b>	§	43.4	40.9 - 45.9	107	50.0	47.7 - 52.3	133
h.	Influencing and supporting others to avoid or reduce sexual risk behaviors	77.8	73.3 - 81.7	27	§	§	§	45.9	43.4 - 48.4	108	51.7	49.4 - 54.0	135
i.	Efficacy of condoms, that is, how well condoms work and do not work	84.6	80.5 - 88.0	26	§	§	§	45.5	43.0 - 48.0	108	52.4	50.2 - 54.7	134
j.	The importance of using condoms consistently and correctly	81.5	77.2 - 85.1	27	§	§	§	40.2	37.8 - 42.7	107	47.8	45.5 - 50.1	134
k.	How to obtain condoms	73.1	68.3 - 77.4	26	§	§	§	40.3	37.9 - 42.8	107	46.1	43.9 - 48.4	133
1.	How to correctly use a condom	65.4	60.3 - 70.1	26	§	§	§	31.9	29.6 - 34.3	108	37.8	35.7 - 40.1	134

<sup>§</sup> Grade is not applicable for type of school.

### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9, 10, 11, or 12.

		Н	igh Schools		Mid	dle Schools		Junio	or/Senior Hig Schools	gh	A	All Schools	
			95% Confidence			95% Confidence		_	95% Confidence		_	95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
m	The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	80.8	76.4 - 84.5	26	<b>§</b>	§	§	39.9	37.5 - 42.4	108	47.2	44.9 - 49.4	134
n.	How to create and sustain healthy and respectful relationships	85.2	81.2 - 88.4	27	§	§	§	51.8	49.2 - 54.3	105	58.0	55.7 - 60.2	132
0.	The importance of limiting the number of sexual partners	85.2	81.2 - 88.4	27	§	§	§	46.1	43.5 - 48.6	107	53.2	51.0 - 55.5	134
p.	Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	85.2	81.2 - 88.4	27	<b>§</b>	§	§	44.2	41.7 - 46.7	107	51.7	49.4 - 54.0	134
	Percentage of schools that taught all 16 HIV, STD, and pregnancy prevention topics in any of grades 9, 10, 11, or 12*	61.5	56.4 - 66.4	26	<b>§</b>	§	§	25.5	23.4 - 27.7	108	31.9	29.8 - 34.0	134

<sup>\*</sup>Responses to question 10 a through p all are "yes."

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught about each of the following contraceptives in a required course for students in any of grades 9 through 12.

		H	igh Schools		Mid	dle Schools		Junio	or/Senior Hig Schools	gh	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Birth control pill (e.g., OrthoTri-cyclen)	70.4	65.6 - 74.8	27	§	§	§	30.4	28.3 - 32.7	116	37.3	35.2 - 39.4	143
b.	Birth control patch (e.g., Ortho Evra)	63.0	58.0 - 67.7	27	§	§	§	27.0	24.9 - 29.3	116	33.2	31.2 - 35.3	143
c.	Birth control ring (e.g., NuvaRing)	66.7	61.8 - 71.2	27	§	§	§	27.8	25.7 - 30.0	116	34.5	32.4 - 36.6	143
d.	Birth control shot (e.g., Depo-Provera)	70.4	65.6 - 74.8	27	§	§	§	27.9	25.8 - 30.1	116	35.2	33.2 - 37.3	143
e.	Implants (e.g., Implanon)	63.0	58.0 - 67.7	27	§	§	§	23.9	21.9 - 26.1	115	30.7	28.7 - 32.7	142
f.	Intrauterine device (IUD; e.g., Mirena, ParaGard)	63.0	58.0 - 67.7	27	§	§	§	27.3	25.2 - 29.5	115	33.4	31.4 - 35.5	142
g.	Emergency contraception (e.g., Plan B)	55.6	50.5 - 60.5	27	§	§	§	26.5	24.4 - 28.7	115	31.5	29.5 - 33.6	142

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8.

		Hi	igh Schools		Mi	ddle Schools		Junio	or/Senior Hig Schools	h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	55.6	50.5 - 60.5	27	21.8	19.7 - 24.1	95	29.3	27.2 - 31.5	122
b.	Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	51.9	46.8 - 56.9	27	19.4	17.3 - 21.5	96	26.5	24.5 - 28.6	123
c.	Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	44.4	39.5 - 49.5	27	20.6	18.5 - 22.8	96	25.8	23.8 - 27.9	123
d.	Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	55.6	50.5 - 60.5	27	22.2	20.1 - 24.5	97	29.5	27.4 - 31.7	124
e.	Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	59.3	54.2 - 64.1	27	22.6	20.4 - 24.9	96	30.6	28.5 - 32.9	123
f.	Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	60.7	55.8 - 65.4	28	27.7	25.3 - 30.1	96	35.1	32.9 - 37.4	124
g.	Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	53.8	48.7 - 58.9	26	22.4	20.3 - 24.7	96	29.2	27.1 - 31.4	122

<sup>§</sup> Grade is not applicable for type of school.

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12.

		Н	igh Schools		Mid	ldle Schools	;	Junio	or/Senior Hig Schools	gh	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Comprehend concepts important to prevent HIV, other STDs, and pregnancy	81.5	77.2 - 85.1	27	§	§	§	48.6	46.1 - 51.1	110	54.5	52.2 - 56.7	137
b.	Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	77.8	73.3 - 81.7	27	§	§	§	46.4	43.9 - 48.9	109	52.1	49.8 - 54.3	136
c.	Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	77.8	73.3 - 81.7	27	§	§	§	44.1	41.6 - 46.6	110	50.1	47.9 - 52.4	137
d.	Use interpersonal communication skills to avoid or reduce sexual risk behaviors	81.5	77.2 - 85.1	27	§	§	§	41.1	38.7 - 43.6	111	48.3	46.1 - 50.5	138
e.	Use decision-making skills to prevent HIV, other STDs, and pregnancy	81.5	77.2 - 85.1	27	§	§	§	40.5	38.0 - 42.9	110	47.8	45.6 - 50.1	137
f.	Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	77.8	73.3 - 81.7	27	<b>§</b>	§	§	43.6	41.1 - 46.1	111	49.7	47.4 - 51.9	138
g.	Influence and support others to avoid or reduce sexual risk behaviors	80.8	76.4 - 84.5	26	§	§	§	43.0	40.6 - 45.5	110	49.6	47.4 - 51.9	136

<sup>§</sup> Grade is not applicable for type of school.

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

		H	igh Schools		Mic	ddle Schools		Junio	or/Senior Hig Schools	gh	A	All Schools	
		Percent	95% Confidence Interval	N	Domount	95% Confidence Interval	N	Domaont	95% Confidence Interval	N	Domont	95% Confidence Interval	N
		Percent	miervar	IN	Percent	mervar	IN	Percent	mervar	N	Percent	miervar	N
a.	Benefits of healthy eating	100.0	†	27	90.0	86.7 - 92.5	30	80.5	78.5 - 82.3	120	84.8	83.3 - 86.2	177
b.	Benefits of drinking plenty of water	100.0	†	27	90.0	86.7 - 92.5	30	78.8	76.7 - 80.7	120	83.6	82.1 - 85.1	177
c.	Benefits of eating breakfast every day	100.0	†	27	90.0	86.7 - 92.5	30	73.4	71.2 - 75.4	122	79.8	78.2 - 81.4	179
d.	Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate or MyPyramid)	92.6	89.5 - 94.8	27	80.6	76.7 - 84.1	31	69.6	67.4 - 71.7	126	74.5	72.8 - 76.2	184
e.	Using food labels	92.6	89.5 - 94.8	27	83.9	80.1 - 87.0	31	68.7	66.4 - 70.8	126	74.4	72.7 - 76.1	184
f.	Differentiating between nutritious and non-nutritious beverages	92.6	89.5 - 94.8	27	87.1	83.6 - 89.9	31	73.1	70.9 - 75.1	124	78.1	76.4 - 79.7	182
g.	Balancing food intake and physical activity	96.3	93.8 - 97.8	27	83.3	79.5 - 86.6	30	76.0	73.9 - 78.0	122	80.0	78.4 - 81.5	179
h.	Eating more fruits, vegetables, and whole grain products	96.3	93.8 - 97.8	27	86.7	83.1 - 89.6	30	76.2	74.2 - 78.2	124	80.7	79.1 - 82.2	181
i.	Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	96.2	93.6 - 97.7	26	86.7	83.1 - 89.6	30	67.0	64.7 - 69.2	123	74.2	72.4 - 75.9	179
j.	Choosing foods, snacks, and beverages that are low in added sugars	96.2	93.6 - 97.7	26	83.3	79.5 - 86.6	30	70.3	68.1 - 72.5	123	75.9	74.2 - 77.6	179
k.	Choosing foods and snacks that are low in sodium	96.2	93.6 - 97.7	26	73.3	68.9 - 77.3	30	64.8	62.5 - 67.0	124	70.3	68.5 - 72.1	180

<sup>†</sup> Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

		H	igh Schools		Mi	ddle Schools		Junio	or/Senior Hig Schools	;h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
1.	Eating a variety of foods that are high in calcium	88.5	84.7 - 91.4	26	70.0	65.4 - 74.2	30	64.2	61.9 - 66.4	122	68.4	66.5 - 70.2	178
m	. Eating a variety of foods that are high in iron	84.6	80.5 - 88.0	26	70.0	65.4 - 74.2	30	57.8	55.4 - 60.1	122	63.4	61.5 - 65.3	178
n.	Food safety	66.7	61.8 - 71.2	27	67.7	63.2 - 72.0	31	63.5	61.2 - 65.8	124	64.7	62.8 - 66.5	182
0.	Preparing healthy meals and snacks	81.5	77.2 - 85.1	27	77.4	73.2 - 81.1	31	66.6	64.4 - 68.8	124	70.5	68.7 - 72.3	182
p.	Risks of unhealthy weight control practices	92.6	89.5 - 94.8	27	73.3	68.9 - 77.3	30	64.3	62.0 - 66.5	125	69.6	67.8 - 71.4	182
q.	Accepting body size differences	88.9	85.3 - 91.7	27	86.7	83.1 - 89.6	30	62.8	60.5 - 65.1	125	70.3	68.5 - 72.1	182
r.	Signs, symptoms, and treatment for eating disorders	92.6	89.5 - 94.8	27	66.7	62.0 - 71.0	30	54.4	52.1 - 56.7	128	61.5	59.6 - 63.3	185
s.	Relationship between diet and chronic diseases	85.2	81.2 - 88.4	27	69.0	64.3 - 73.3	29	54.5	52.2 - 56.9	127	61.0	59.0 - 62.8	183
t.	Assessing body mass index (BMI)	85.2	81.2 - 88.4	27	54.8	50.1 - 59.5	31	52.6	50.3 - 54.9	127	57.3	55.4 - 59.2	185
	Percentage of schools that taught all 20 nutrition and dietary behavior topics*	51.9	46.8 - 56.9	27	41.9	37.4 - 46.6	31	37.0	34.8 - 39.3	129	39.8	37.9 - 41.7	187

<sup>\*</sup>Responses to question 13 a through t all are "yes."

N = Unweighted number of observations

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12.

		Н	igh Schools		Mic	dle Schools		Junio	or/Senior Hig Schools	<b>;h</b>	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	100.0	†	28	83.3	79.5 - 86.6	30	76.4	74.4 - 78.4	125	80.9	79.3 - 82.4	183
b.	Mental and social benefits of physical activity	96.4	94.1 - 97.9	28	90.0	86.7 - 92.5	30	79.1	77.1 - 80.9	125	83.3	81.8 - 84.7	183
c.	Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	92.9	89.8 - 95.0	28	90.0	86.7 - 92.5	30	77.0	75.0 - 79.0	124	81.4	79.8 - 82.9	182
d.	Phases of a workout (i.e., warm-up, workout, cool down)	85.7	81.9 - 88.8	28	86.7	83.1 - 89.6	30	72.1	69.9 - 74.1	122	76.5	74.8 - 78.1	180
e.	Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	89.3	85.8 - 92.0	28	80.0	75.9 - 83.6	30	66.3	64.0 - 68.5	123	71.8	70.0 - 73.6	181
f.	Decreasing sedentary activities (e.g., television viewing, using video games)	96.4	94.1 - 97.9	28	90.0	86.7 - 92.5	30	72.6	70.5 - 74.7	125	78.8	77.2 - 80.4	183
g.	Preventing injury during physical activity	92.9	89.8 - 95.0	28	86.7	83.1 - 89.6	30	71.7	69.5 - 73.7	124	77.1	75.5 - 78.7	182

<sup>†</sup> Confidence intervals not applicable for 0 percent or 100 percent.

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12.

		High Schools		Mic	ddle Schools		Junio	or/Senior Hig Schools	h	A	All Schools		
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
h.	Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	78.6	74.2 - 82.4	28	70.0	65.4 - 74.2	30	65.2	62.9 - 67.4	122	67.9	66.0 - 69.7	180
i.	Dangers of using performance-enhancing drugs (e.g., steroids)	92.9	89.8 - 95.0	28	60.0	55.2 - 64.6	30	54.3	51.9 - 56.6	126	60.5	58.6 - 62.4	184
j.	Increasing daily physical activity	100.0	†	28	86.7	83.1 - 89.6	30	81.7	79.7 - 83.5	121	85.1	83.7 - 86.5	179
k.	Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	89.3	85.8 - 92.0	28	80.0	75.9 - 83.6	30	73.6	71.5 - 75.6	125	76.8	75.2 - 78.4	183
1.	Using safety equipment for specific physical activities	82.1	78.0 - 85.6	28	70.0	65.4 - 74.2	30	61.9	59.6 - 64.2	124	66.1	64.2 - 67.9	182
m.	Benefits of drinking water before, during, and after physical activity	96.4	94.1 - 97.9	28	83.3	79.5 - 86.6	30	77.8	75.8 - 79.7	123	81.3	79.8 - 82.8	181
	Percentage of schools that taught all 13 physical activity topics*	71.4	66.8 - 75.7	28	33.3	29.0 - 38.0	30	43.8	41.5 - 46.1	129	45.8	43.9 - 47.8	187

<sup>\*</sup>Responses to question 14 a through m all are "yes."

<sup>†</sup> Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

H	igh Schools		Mic	ddle Schools		Junior/So	enior High Sc	hools	1	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
40.7	35.9 - 45.8	27	6.7	4.6 - 9.5	30	13.2	11.7 - 14.8	128	15.7	14.4 - 17.2	185

# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

16. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.

		High Schools 95%		Mic	ddle Schools			r/Senior Hig Schools	h	A	All Schools		
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a.	Physical education staff	75.0	70.5 - 79.0	28	67.7	63.2 - 72.0	31	50.5	48.2 - 52.8	131	56.6	54.7 - 58.5	190
b.	Health services staff (e.g., nurses)	67.9	63.1 - 72.3	28	67.7	63.2 - 72.0	31	37.0	34.9 - 39.3	133	46.2	44.3 - 48.0	192
c.	Mental health or social services staff (e.g., psychologists, counselors, and social workers)	66.7	61.8 - 71.2	27	46.7	41.9 - 51.5	30	40.9	38.7 - 43.2	134	45.1	43.2 - 47.0	191
d.	Nutrition or food service staff	18.5	14.9 - 22.8	27	19.4	15.9 - 23.3	31	25.7	23.7 - 27.7	133	23.7	22.1 - 25.4	191
e.	School health council, committee, or team	33.3	28.8 - 38.2	27	16.1	13.0 - 19.9	31	21.1	19.3 - 23.1	133	21.9	20.3 - 23.5	191

# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

17. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

		Н	High Schools		Mic	ddle Schools		Junio	or/Senior Hig Schools	gh	A	All Schools	
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a.	HIV prevention, STD prevention, or teen pregnancy prevention	18.5	14.9 - 22.8	27	19.4	15.9 - 23.3	31	9.8	8.5 - 11.2	133	12.5	11.3 - 13.8	191
b.	Tobacco-use prevention	19.2	15.5 - 23.6	26	33.3	29.0 - 38.0	30	25.6	23.7 - 27.7	133	26.1	24.4 - 27.8	189
c.	Physical activity	37.0	32.3 - 42.0	27	54.8	50.1 - 59.5	31	32.7	30.6 - 34.9	133	36.9	35.1 - 38.8	191
d.	Nutrition and healthy eating	33.3	28.8 - 38.2	27	51.6	46.9 - 56.3	31	31.3	29.2 - 33.5	133	34.9	33.1 - 36.8	191
e.	Asthma	14.8	11.6 - 18.8	27	12.9	10.1 - 16.4	31	4.6	3.7 - 5.7	133	7.3	6.4 - 8.3	191
f.	Food allergies	22.2	18.3 - 26.7	27	19.4	15.9 - 23.3	31	10.0	8.7 - 11.5	133	13.1	11.9 - 14.4	191
g.	Diabetes	14.8	11.6 - 18.8	27	19.4	15.9 - 23.3	31	13.6	12.2 - 15.3	133	14.7	13.4 - 16.1	191
h.	Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	30.8	26.2 - 35.7	26	71.0	66.5 - 75.1	31	40.5	38.2 - 42.7	132	44.3	42.5 - 46.3	189

N = Unweighted number of observations

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# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which teachers have given students homework assignments or health education activities to do at home with their parents during the current school year.

H	igh Schools		Mi	ddle Schools		Junior/So	enior High Sc	hools	1	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent			Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
59.1 53.5 - 64.5 22			53.3	48.5 - 58.1	30	32.2	30.0 - 34.5	120	39.1	37.1 - 41.0	172

### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

		H	igh Schools		Mic	dle Schools		Junio	or/Senior Hig Schools	gh	A	All Schools	
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a.	Alcohol- or other drug-use prevention	28.6	24.3 - 33.2	28	29.0	24.9 - 33.5	31	35.7	33.6 - 37.9	134	33.7	31.9 - 35.5	193
b.	Asthma	17.9	14.4 - 22.0	28	6.5	4.5 - 9.2	31	10.7	9.3 - 12.2	133	10.9	9.8 - 12.2	192
c.	Diabetes	25.0	21.0 - 29.5	28	16.1	13.0 - 19.9	31	22.8	21.0 - 24.8	133	22.0	20.5 - 23.6	192
d.	Emotional and mental health	39.3	34.6 - 44.2	28	45.2	40.5 - 49.9	31	32.6	30.5 - 34.8	133	35.6	33.8 - 37.4	192
e.	Epilepsy or seizure disorder	14.3	11.2 - 18.1	28	6.5	4.5 - 9.2	31	13.1	11.6 - 14.7	133	12.1	10.9 - 13.4	192
f.	Food allergies	17.9	14.4 - 22.0	28	12.9	10.1 - 16.4	31	9.9	8.6 - 11.3	133	11.4	10.3 - 12.7	192
g.	Foodborne illness prevention	10.7	8.0 - 14.2	28	9.7	7.2 - 12.8	31	16.1	14.5 - 17.8	133	14.3	13.0 - 15.7	192
h.	HIV prevention	10.7	8.0 - 14.2	28	19.4	15.9 - 23.3	31	19.8	18.0 - 21.7	133	18.5	17.1 - 20.0	192
i.	Human sexuality	10.7	8.0 - 14.2	28	12.9	10.1 - 16.4	31	10.7	9.4 - 12.2	133	11.1	9.9 - 12.3	192

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

		Н	igh Schools		Mi	ddle Schools		Junio	or/Senior Hig Schools	;h	A	All Schools	
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j.	Infectious disease prevention (e.g., flu prevention)	32.1	27.7 - 36.9	28	41.9	37.4 - 46.6	31	36.1	33.9 - 38.3	132	36.5	34.7 - 38.4	191
k.	Injury prevention and safety	42.9	38.0 - 47.8	28	45.2	40.5 - 49.9	31	33.3	31.2 - 35.5	133	36.5	34.7 - 38.4	192
1.	Nutrition and dietary behavior	21.4	17.6 - 25.8	28	32.3	28.0 - 36.8	31	19.0	17.3 - 20.8	133	21.5	20.0 - 23.1	192
m.	Physical activity and fitness	32.1	27.7 - 36.9	28	48.4	43.7 - 53.1	31	28.7	26.7 - 30.8	133	32.4	30.6 - 34.2	192
n.	Pregnancy prevention	14.3	11.2 - 18.1	28	9.7	7.2 - 12.8	31	10.0	8.7 - 11.5	132	10.5	9.4 - 11.8	191
o.	STD prevention	10.7	8.0 - 14.2	28	12.9	10.1 - 16.4	31	10.8	9.5 - 12.4	132	11.2	10.0 - 12.4	191
p.	Suicide prevention	60.7	55.8 - 65.4	28	61.3	56.6 - 65.8	31	56.6	54.3 - 58.8	132	57.9	56.0 - 59.8	191
q.	Tobacco-use prevention	21.4	17.6 - 25.8	28	16.1	13.0 - 19.9	31	28.4	26.4 - 30.5	133	25.4	23.8 - 27.1	192
r.	Violence prevention (e.g., bullying, fighting, or dating violence prevention)	46.4	41.5 - 51.4	28	64.5	59.9 - 68.9	31	51.3	49.0 - 53.6	131	52.9	51.0 - 54.8	190

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

		High Schools		Mic	ddle Schools		Junio	or/Senior Hig Schools	gh	A	All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Describing how widespread HIV and other STD infections are and the consequences of these infections	21.4	17.6 - 25.8	28	9.7	7.2 - 12.8	31	18.2	16.5 - 20.1	133	17.2	15.9 - 18.7	192
b.	Understanding the modes of transmission and effective prevention strategies for HIV and other STDs	25.0	21.0 - 29.5	28	19.4	15.9 - 23.3	31	18.3	16.6 - 20.2	133	19.4	17.9 - 20.9	192
c.	Identifying populations of youth who are at high risk of being infected with HIV and other STDs	17.9	14.4 - 22.0	28	12.9	10.1 - 16.4	31	12.9	11.5 - 14.5	132	13.6	12.3 - 14.9	191
d.	Implementing health education strategies using prevention messages that are likely to be effective in reaching youth	25.0	21.0 - 29.5	28	19.4	15.9 - 23.3	31	15.1	13.6 - 16.8	133	17.1	15.7 - 18.6	192
e.	Teaching essential skills for health behavior change related to HIV prevention and guiding student practice of these skills	14.3	11.2 - 18.1	28	12.9	10.1 - 16.4	31	10.0	8.7 - 11.5	132	11.1	9.9 - 12.3	191

N = Unweighted number of observations

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

		Hi	igh Schools		Mic	ddle Schools		Junio	or/Senior Hig Schools	gh	A	All Schools	
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
f.	Assessing students' performance in HIV prevention education	10.7	8.0 - 14.2	28	6.5	4.5 - 9.2	31	7.6	6.5 - 9.0	133	7.9	6.9 - 8.9	192
g.	Describing the prevalence and potential effects of teen pregnancy	21.4	17.6 - 25.8	28	9.7	7.2 - 12.8	31	11.5	10.1 - 13.0	132	12.5	11.3 - 13.8	191
h.	Identifying populations of youth who are at high risk of becoming pregnant	21.4	17.6 - 25.8	28	6.5	4.5 - 9.2	31	10.7	9.4 - 12.2	133	11.4	10.3 - 12.7	192
i.	Current district or school board policies or curriculum guidance regarding HIV education or sexual health education	10.7	8.0 - 14.2	28	19.4	15.9 - 23.3	31	14.4	12.9 - 16.1	133	14.7	13.4 - 16.1	192

# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

		High Schools 95%			Mic	ddle Schools		Junio	or/Senior Hig Schools	<b>;h</b>	A	All Schools	
						95%			95%			95%	
		Damana	Confidence	NT	Damaant	Confidence	NT	D	Confidence	NT	D	Confidence	NT
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Alcohol- or other drug-use prevention	67.9	63.1 - 72.3	28	56.7	51.9 - 61.3	30	61.9	59.7 - 64.1	132	61.9	60.0 - 63.7	190
b.	Asthma	50.0	45.1 - 54.9	28	46.7	41.9 - 51.5	30	32.6	30.5 - 34.8	133	37.2	35.4 - 39.0	191
c.	Diabetes	60.7	55.8 - 65.4	28	62.1	57.2 - 66.7	29	52.7	50.4 - 55.0	132	55.2	53.3 - 57.1	189
d.	Emotional and mental health	75.0	70.5 - 79.0	28	76.7	72.4 - 80.5	30	61.3	59.1 - 63.5	132	65.6	63.8 - 67.4	190
e.	Epilepsy or seizure disorder	42.9	38.0 - 47.8	28	43.3	38.7 - 48.1	30	37.5	35.3 - 39.7	132	39.1	37.3 - 41.0	190
f.	Food allergies	39.3	34.6 - 44.2	28	53.3	48.5 - 58.1	30	40.9	38.7 - 43.2	133	42.7	40.8 - 44.6	191
g.	Foodborne illness prevention	46.4	41.5 - 51.4	28	40.0	35.4 - 44.8	30	36.6	34.4 - 38.8	132	38.4	36.6 - 40.3	190
h.	HIV prevention	60.7	55.8 - 65.4	28	56.7	51.9 - 61.3	30	46.5	44.3 - 48.8	132	50.1	48.2 - 52.0	190
i.	Human sexuality	67.9	63.1 - 72.3	28	66.7	62.0 - 71.0	30	49.6	47.3 - 51.9	132	54.8	52.9 - 56.7	190
j.	Infectious disease prevention (e.g., flu prevention)	50.0	45.1 - 54.9	28	46.7	41.9 - 51.5	30	47.2	44.9 - 49.5	133	47.5	45.6 - 49.4	191
k.	Injury prevention and safety	64.3	59.4 - 68.9	28	46.7	41.9 - 51.5	30	46.4	44.1 - 48.6	133	48.8	46.9 - 50.7	191
1.	Nutrition and dietary behavior	78.6	74.2 - 82.4	28	70.0	65.4 - 74.2	30	49.9	47.6 - 52.2	133	56.9	55.0 - 58.8	191

# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

		H	igh Schools		Mic	ddle Schools		Junio	or/Senior Hig Schools	;h	A	All Schools	
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
m.	Physical activity and fitness	64.3	59.4 - 68.9	28	48.3	43.4 - 53.1	29	56.9	54.6 - 59.2	133	56.5	54.7 - 58.4	190
n.	Pregnancy prevention	71.4	66.8 - 75.7	28	53.3	48.5 - 58.1	30	50.2	47.9 - 52.5	132	53.5	51.6 - 55.4	190
0.	STD prevention	71.4	66.8 - 75.7	28	60.0	55.2 - 64.6	30	47.3	45.0 - 49.5	132	52.5	50.6 - 54.4	190
p.	Suicide prevention	67.9	63.1 - 72.3	28	60.0	55.2 - 64.6	30	62.9	60.7 - 65.1	133	63.1	61.3 - 64.9	191
q.	Tobacco-use prevention	67.9	63.1 - 72.3	28	56.7	51.9 - 61.3	30	53.7	51.4 - 56.0	133	56.1	54.2 - 57.9	191
r.	Violence prevention (e.g., bullying, fighting, or dating violence prevention)	75.0	70.5 - 79.0	28	73.3	68.9 - 77.3	30	66.7	64.6 - 68.9	133	68.9	67.1 - 70.6	191

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

22. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

		Н	igh Schools		Mi	ddle Schools		Junio	or/Senior Hig Schools	;h	A	All Schools	
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a.	Teaching students with physical, medical, or cognitive disabilities	26.9	22.6 - 31.7	26	35.5	31.1 - 40.1	31	48.1	45.8 - 50.4	132	43.4	41.5 - 45.3	189
b.	Teaching students of various cultural backgrounds	34.6	29.9 - 39.7	26	32.3	28.0 - 36.8	31	58.7	56.5 - 61.0	133	51.4	49.4 - 53.3	190
c.	Teaching students with limited English proficiency	30.8	26.2 - 35.7	26	22.6	18.9 - 26.8	31	50.6	48.3 - 52.9	134	43.5	41.7 - 45.4	191
d.	Teaching students of different sexual orientations or gender identities	15.4	12.0 - 19.5	26	9.7	7.2 - 12.8	31	6.9	5.9 - 8.2	132	8.4	7.4 - 9.6	189
e.	Using interactive teaching methods (e.g., role plays or cooperative group activities)	50.0	44.9 - 55.1	26	48.4	43.7 - 53.1	31	54.4	52.2 - 56.7	133	52.9	51.0 - 54.8	190
f.	Encouraging family or community involvement	30.8	26.2 - 35.7	26	32.3	28.0 - 36.8	31	44.1	41.9 - 46.4	132	40.5	38.6 - 42.4	189
g.	Teaching skills for behavior change	19.2	15.5 - 23.6	26	29.0	24.9 - 33.5	31	50.9	48.6 - 53.2	134	43.4	41.5 - 45.3	191
h.	Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, and behavior management)	34.6	29.9 - 39.7	26	51.6	46.9 - 56.3	31	62.6	60.3 - 64.7	133	57.3	55.4 - 59.2	190
i.	Assessing or evaluating students in health education	15.4	12.0 - 19.5	26	19.4	15.9 - 23.3	31	18.8	17.1 - 20.6	133	18.5	17.0 - 20.0	190

# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

23. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

		High Schools			Mic	Middle Schools			Junior/Senior High Schools			All Schools		
		95% Confidence Percent Interval N			Percent	95% Confidence Percent Interval N			95% Confidence Interval	Percent	95% Confidence Percent Interval N			
a.	Teaching students with physical, medical, or cognitive disabilities	61.5	56.4 - 66.4	26	50.0	45.2 - 54.8	30	50.9	48.6 - 53.1	133	52.1	50.1 - 54.0	189	
b.	Teaching students of various cultural backgrounds	46.2	41.1 - 51.3	26	40.0	35.4 - 44.8	30	47.5	45.3 - 49.8	134	46.2	44.3 - 48.1	190	
c.	Teaching students with limited English proficiency	50.0	44.9 - 55.1	26	50.0	45.2 - 54.8	30	46.2	43.9 - 48.4	134	47.3	45.4 - 49.2	190	
d.	Teaching students of different sexual orientations or gender identities	50.0	44.9 - 55.1	26	56.7	51.9 - 61.3	30	42.5	40.3 - 44.7	133	45.7	43.8 - 47.6	189	
e.	Using interactive teaching methods (e.g., role plays or cooperative group activities)	65.4	60.3 - 70.1	26	60.0	55.2 - 64.6	30	49.4	47.1 - 51.7	133	53.1	51.2 - 55.0	189	
f.	Encouraging family or community involvement	61.5	56.4 - 66.4	26	56.7	51.9 - 61.3	30	60.3	58.0 - 62.5	134	59.8	58.0 - 61.7	190	
g.	Teaching skills for behavior change	65.4	60.3 - 70.1	26	72.4	67.9 - 76.5	29	67.7	65.5 - 69.8	134	68.1	66.3 - 69.9	189	
h.	Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, and behavior management)	57.7	52.5 - 62.7	26	60.0	55.2 - 64.6	30	60.8	58.6 - 63.0	133	60.3	58.4 - 62.2	189	
i.	Assessing or evaluating students in health education	65.4	60.3 - 70.1	26	53.3	48.5 - 58.1	30	49.9	47.6 - 52.1	134	52.3	50.4 - 54.2	190	

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

24. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

		High Schools			Mi	Middle Schools			or/Senior Hig Schools	A	All Schools		
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a.	Health and physical education combined	48.1	43.1 - 53.2	27	17.2	13.9 - 21.2	29	9.2	7.9 - 10.6	126	15.7	14.4 - 17.2	182
b.	Health education	3.7	2.2 - 6.2	27	13.8	10.8 - 17.5	29	0.8	0.5 - 1.3	126	3.3	2.7 - 4.1	182
c.	Physical education	18.5	14.9 - 22.8	27	24.1	20.2 - 28.5	29	3.1	2.4 - 4.0	126	8.6	7.6 - 9.7	182
d.	Other education degree	7.4	5.2 - 10.5	27	17.2	13.9 - 21.2	29	35.9	33.7 - 38.2	126	29.1	27.3 - 30.9	182
e.	Kinesiology, exercise science, or exercise physiology	3.7	2.2 - 6.2	27	3.4	2.1 - 5.7	29	1.5	1.0 - 2.2	126	2.1	1.6 - 2.7	182
f.	Home economics or family and consumer science	0.0	†	27	0.0	†	29	0.0	†	126	0.0	†	182
g.	Biology or other science	11.1	8.3 - 14.7	27	10.3	7.7 - 13.7	29	17.4	15.7 - 19.2	126	15.4	14.1 - 16.9	182
h.	Nursing	7.4	5.2 - 10.5	27	3.4	2.1 - 5.7	29	1.5	1.1 - 2.2	126	2.6	2.1 - 3.3	182
i.	Counseling	0.0	†	27	0.0	†	29	3.8	3.0 - 4.8	126	2.7	2.1 - 3.4	182
j.	Public health	0.0	†	27	0.0	†	29	0.0	†	126	0.0	†	182
k.	Nutrition	0.0	†	27	0.0	†	29	0.0	†	126	0.0	†	182
1.	Other	0.0	†	27	10.3	7.7 - 13.7	29	26.7	24.7 - 28.8	126	20.5	18.9 - 22.1	182

<sup>†</sup> Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

25. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

Н	igh Schools		Mi	ddle Schools		Junior/Se	enior High Sc	1	All Schools				
	95%			95%			95%	95%					
	Confidence			Confidence			Confidence	Confidence					
Percent	rcent Interval N		nterval N Percent Interval			Percent	Interval	N	Percent	Interval	N		
70.4	65.6 - 74.8	27	53.3	48.5 - 58.1	30	17.5	15.8 - 19.3	135	29.9	28.2 - 31.7	192		

N = Unweighted number of observations

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# 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

26. Percentage of schools in which the lead health education teacher had the following number of years of experience in teaching health education courses or topics.

		High Schools			Mic	Middle Schools			Junior/Senior High Schools			All Schools		
		95% Confidence			D	95% Confidence			95% Confidence			95% Confidence		
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	
a.	1 year	18.5	14.9 - 22.8	27	13.8	10.8 - 17.5	29	30.0	28.0 - 32.1	133	26.0	24.3 - 27.7	189	
b.	2 to 5 years	11.1	8.3 - 14.7	27	34.5	30.0 - 39.2	29	40.6	38.4 - 42.8	133	35.8	34.0 - 37.7	189	
c.	6 to 9 years	22.2	18.3 - 26.7	27	13.8	10.8 - 17.5	29	10.6	9.3 - 12.1	133	12.6	11.4 - 13.9	189	
d.	10 to 14 years	7.4	5.2 - 10.5	27	20.7	17.0 - 24.9	29	11.3	10.0 - 12.9	133	12.3	11.1 - 13.6	189	
e.	15 years or more	40.7	35.9 - 45.8	27	17.2	13.9 - 21.2	29	7.5	6.4 - 8.8	133	13.3	12.1 - 14.6	189	