## ALASKA <br> 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12 .
b. 1 course
c. 2 courses
d. 3 courses
e. 4 or more courses

| High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
| 17.9 | 14.4-22.0 | 28 | 26.7 | 22.7-31.1 | 30 | 7.3 | 6.2-8.6 | 126 | 12.0 | 10.8-13.3 | 184 |
| 64.3 | 59.4-68.9 | 28 | 36.7 | 32.2-41.4 | 30 | 45.8 | 43.5-48.2 | 126 | 46.8 | 44.9-48.8 | 184 |
| 10.7 | 8.0-14.2 | 28 | 20.0 | 16.4-24.1 | 30 | 27.0 | 25.0-29.1 | 126 | 23.6 | 22.0-25.3 | 184 |
| 3.6 | 2.1-5.9 | 28 | 13.3 | 10.4-16.9 | 30 | 7.1 | 6.0-8.4 | 126 | 7.6 | 6.7-8.7 | 184 |
| 3.6 | 2.1-5.9 | 28 | 3.3 | 2.0-5.6 | 30 | 12.8 | 11.3-14.5 | 126 | 10.0 | 8.9-11.2 | 184 |

## ALASKA

## 2014 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results1 N . Percentage of schools in which students take two or more required health education courses in grades 6 through 12 .

|  | High Schools |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
|  |  |  |  |  |  |  |  |  |  |  |  |
| 17.9 | 14.4-22.0 | 28 | 36.7 | 32.2-41.4 | 30 | 46.9 | 44.6-49.2 | 126 | 41.2 | 39.3-43.1 | 184 |

## A L A S K A

2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
2. Percentage of schools that taught a required health education course in each of the following grades.*

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% <br> Confidence |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |  |
|  |  |  |  | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
| a. Sixth grade | § | § | § | 41.2 | 35.1-47.5 | 17 | 35.7 | 32.8-38.7 | 74 | 36.7 | 34.1-39.4 | 91 |
| b. Seventh grade | § | § | § | 46.2 | 41.1-51.3 | 26 | 43.0 | 40.2-45.8 | 86 | 43.7 | 41.3-46.2 | 112 |
| c. Eighth grade | § | § | § | 59.3 | 54.2-64.1 | 27 | 43.3 | 40.5-46.2 | 83 | 47.2 | 44.8-49.7 | 110 |
| d. Ninth grade | 80.8 | 76.4-84.5 | 26 | - | - | 0 | 74.0 | 71.6-76.3 | 98 | 75.3 | 73.2-77.3 | 124 |
| e. Tenth grade | 28.6 | 23.7-34.0 | 21 | § | § | § | 54.3 | 51.6-57.0 | 94 | 50.1 | 47.6-52.5 | 115 |
| f. Eleventh grade | 27.3 | 22.6-32.5 | 22 | § | § | § | 42.3 | 39.6-45.1 | 90 | 39.6 | 37.2-42.1 | 112 |
| g. Twelfth grade | 23.8 | 19.3-29.0 | 21 | § | § | § | 36.9 | 34.3-39.6 | 92 | 34.7 | 32.4-37.1 | 113 |

[^0]- Results are suppressed due to insufficient number of respondents in subgroup.
§ Grade is not applicable for type of school.
$\mathrm{N}=$ Unweighted number of observations


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## 2014 School Health Profiles Report

## Weighted Lead Health Education Teacher Survey Results

3. Percentage of schools that require students who fail a required health education course to repeat it.*

|  | High Schools |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
| 95.7 | 92.8-97.4 | 23 | 19.0 | 15.0-23.9 | 21 | 88.4 | 86.7-89.9 | 113 | 79.9 | 78.1-81.5 | 157 |

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## Weighted Lead Health Education Teacher Survey Results

4. Percentage of schools in which those who teach health education are provided with the following materials.

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
|  | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
| a. Goals, objectives, and expected outcomes for health education | 85.7 | 81.9-88.8 | 28 | 64.5 | 59.9-68.9 | 31 | 69.4 | 67.2-71.4 | 132 | 70.7 | 69.0-72.4 | 191 |
| b. A chart describing the annual scope and sequence of instruction | 53.6 | 48.6-58.5 | 28 | 51.6 | 46.9-56.3 | 31 | 39.3 | 37.1-41.5 | 132 | 43.2 | 41.3-45.1 | 191 |
| c. Plans for how to assess student performance in health education | 53.6 | 48.6-58.5 | 28 | 29.0 | 24.9-33.5 | 31 | 52.1 | 49.8-54.3 | 131 | 48.4 | 46.5-50.3 | 190 |
| d. A written health education curriculum | 71.4 | 66.8-75.7 | 28 | 71.0 | 66.5-75.1 | 31 | 61.8 | 59.6-64.0 | 131 | 64.6 | 62.8-66.4 | 190 |

## A L A S K A

2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
5. Percentage of schools in which the health education curriculum addresses each of the following skills.

|  |  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | 95\% <br> Confidence Interval | N |
|  | Comprehending concepts related to health promotion and disease prevention to enhance health | 100.0 | $\dagger$ | 27 | 75.0 | 70.5-79.0 | 28 | 83.6 | 81.8-85.3 | 129 | 84.5 | 83.0-85.8 | 184 |
|  | Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors | 96.3 | 93.8-97.8 | 27 | 71.4 | 66.8-75.7 | 28 | 78.9 | 77.0-80.8 | 129 | 80.1 | 78.5-81.6 | 184 |
|  | Accessing valid information and products and services to enhance health | 88.9 | 85.3-91.7 | 27 | 57.1 | 52.2-62.0 | 28 | 72.1 | 70.0-74.1 | 129 | 72.0 | 70.2-73.7 | 184 |
|  | Using interpersonal communication skills to enhance health and avoid or reduce health risks | 100.0 | $\dagger$ | 27 | 75.0 | 70.5-79.0 | 28 | 76.5 | 74.5-78.4 | 129 | 79.4 | 77.8-80.9 | 184 |
| e. | Using decision-making skills to enhance health | 100.0 | $\dagger$ | 27 | 75.0 | 70.5-79.0 | 28 | 81.2 | 79.4-83.0 | 129 | 82.8 | 81.2-84.2 | 184 |
|  | Using goal-setting skills to enhance health | 92.6 | 89.5-94.8 | 27 | 75.0 | 70.5-79.0 | 28 | 75.6 | 73.6-77.6 | 127 | 77.8 | 76.1-79.4 | 182 |
|  | Practicing health-enhancing behaviors to avoid or reduce risks | 100.0 | $\dagger$ | 27 | 75.0 | 70.5-79.0 | 28 | 75.7 | 73.7-77.6 | 129 | 78.8 | 77.2-80.4 | 184 |
|  | Advocating for personal, family, and community health | 92.6 | 89.5-94.8 | 27 | 67.9 | 63.1-72.3 | 28 | 75.8 | 73.8-77.7 | 129 | 76.8 | 75.1-78.4 | 184 |

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## Weighted Lead Health Education Teacher Survey Results

6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
|  | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
| a. Goals, objectives, and expected outcomes for sexual health education | 69.6 | 64.3-74.4 | 23 | 60.0 | 54.8-65.0 | 25 | 59.1 | 56.4-61.8 | 93 | 60.8 | 58.6-63.0 | 141 |
| b. A written health education curriculum that includes objectives and content addressing sexual health education | 60.9 | 55.4-66.1 | 23 | 64.0 | 58.8-68.9 | 25 | 58.0 | 55.3-60.7 | 93 | 59.5 | 57.3-61.7 | 141 |
| c. A chart describing the annual scope and sequence of instruction for sexual health education | 52.2 | 46.7-57.6 | 23 | 40.0 | 35.0-45.2 | 25 | 37.6 | 35.0-40.3 | 91 | 40.2 | 38.1-42.4 | 139 |
| d. Strategies that are age-appropriate, relevant, and actively engage students in learning | 65.2 | 59.8-70.2 | 23 | 48.0 | 42.8-53.2 | 25 | 55.9 | 53.1-58.5 | 93 | 55.8 | 53.6-58.0 | 141 |
| e. Methods to assess student knowledge and skills related to sexual health education | 52.2 | 46.7-57.6 | 23 | 44.0 | 38.9-49.3 | 25 | 54.8 | 52.0-57.5 | 93 | 52.4 | 50.2-54.6 | 141 |

[^1]
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## 2014 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results7. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

|  | High Schools |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
|  |  |  |  |  |  |  |  |  |  |  |  |
| 78.6 | 74.2-82.4 | 28 | 67.7 | 63.2-72.0 | 31 | 90.8 | 89.4-92.0 | 132 | 85.4 | 84.0-86.6 | 191 |

## ALASKA <br> 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

8. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 .
a. Alcohol- or other drug-use prevention
b. Asthma
c. Diabetes
d. Emotional and mental health
e. Epilepsy or seizure disorder
f. Food allergies
g. Foodborne illness prevention
h. Human immunodeficiency virus (HIV) prevention
i. Human sexuality

| High Schools |  |  |  | Middle Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $95 \%$ <br> Confidence <br> Interval | N | Percent | Confidence <br> Interval | N |  |
| Percent |  |  |  |  |  |  |
| 92.9 | $89.8-95.0$ | 28 | 90.3 | $87.2-92.8$ | 31 |  |
| 50.0 | $45.1-54.9$ | 28 | 35.5 | $31.1-40.1$ | 31 |  |
| 85.7 | $81.9-88.8$ | 28 | 64.5 | $59.9-68.9$ | 31 |  |
| 89.3 | $85.8-92.0$ | 28 | 80.6 | $76.7-84.1$ | 31 |  |
| 28.6 | $24.3-33.2$ | 28 | 16.1 | $13.0-19.9$ | 31 |  |
| 53.6 | $48.6-58.5$ | 28 | 41.9 | $37.4-46.6$ | 31 |  |
| 60.7 | $55.8-65.4$ | 28 | 45.2 | $40.5-49.9$ | 31 |  |
| 88.9 | $85.3-91.7$ | 27 | 72.4 | $67.9-76.5$ | 29 |  |
| 77.8 | $73.3-81.7$ | 27 | 75.9 | $71.5-79.8$ | 29 |  |


| Junior/Senior High <br> Schools <br> $95 \%$ |  |  |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent | Confidence <br> Interval | N | Percent | $95 \%$ <br> Confidence <br> Interval | N |  |  |
| 85.4 | $83.7-87.0$ | 133 | 87.2 | $85.9-88.4$ | 192 |  |  |
| 32.8 | $30.7-35.0$ | 133 | 35.5 | $33.7-37.3$ | 192 |  |  |
| 67.5 | $65.4-69.6$ | 133 | 69.4 | $67.7-71.2$ | 192 |  |  |
| 74.3 | $72.2-76.2$ | 133 | 77.3 | $75.7-78.9$ | 192 |  |  |
| 27.6 | $25.6-29.7$ | 133 | 25.9 | $24.2-27.6$ | 192 |  |  |
| 48.6 | $46.3-50.8$ | 133 | 48.1 | $46.2-50.0$ | 192 |  |  |
| 50.6 | $48.3-52.9$ | 132 | 51.0 | $49.1-52.9$ | 191 |  |  |
| 54.5 | $52.2-56.9$ | 125 | 62.1 | $60.2-64.0$ | 181 |  |  |
| 56.7 | $54.4-59.0$ | 124 | 62.7 | $60.8-64.6$ | 180 |  |  |

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8. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 .
j. Infectious disease prevention (e.g., influenza [flu] prevention)
k. Injury prevention and safety

1. Nutrition and dietary behavior
m. Physical activity and fitness
n. Pregnancy prevention
o. Sexually transmitted disease (STD) prevention
p. Suicide prevention
q. Tobacco-use prevention
r. Violence prevention (e.g., bullying, fighting, or dating violence prevention)

| High Schools |  |  | Middle Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |
|  | Confidence |  |  | Confidence |  |
| Percent | Interval | N | Percent | Interval | N |
| 67.9 | 63.1-72.3 | 28 | 70.0 | 65.4-74.2 | 30 |


| 82.1 | $78.0-85.6$ | 28 | 80.6 | $76.7-84.1$ | 31 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 100.0 | $\dagger$ | 27 | 93.1 | $90.2-95.2$ | 29 |
| 100.0 | $\dagger$ | 28 | 93.3 | $90.5-95.4$ | 30 |
| 81.5 | $77.2-85.1$ | 27 | 69.0 | $64.3-73.3$ | 29 |
| 81.5 | $77.2-85.1$ | 27 | 72.4 | $67.9-76.5$ | 29 |
| 82.1 | $78.0-85.6$ | 28 | 58.1 | $53.4-62.6$ | 31 |
| 96.3 | $93.8-97.8$ | 27 | 86.2 | $82.5-89.2$ | 29 |
| 96.4 | $94.1-97.9$ | 28 | 96.8 | $94.6-98.1$ | 31 |


| Junior/Senior High All SchoolsSchools |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |
|  | Confidence |  |  | Confidence |  |
| Percent | Interval | N | Percent | Interval | N |
| 75.9 | 73.9-77.8 | 133 | 73.9 | 72.2-75.5 | 191 |
| 72.0 | 69.9-74.0 | 133 | 74.8 | 73.1-76.4 | 192 |
| 85.8 | 84.0-87.4 | 122 | 89.0 | 87.6-90.1 | 178 |
| 91.5 | 90.1-92.8 | 121 | 93.0 | 92.0-94.0 | 179 |
| 53.2 | 50.9-55.6 | 124 | 59.6 | 57.7-61.6 | 180 |
| 56.0 | 53.6-58.3 | 125 | 62.1 | 60.2-64.0 | 181 |
| 75.4 | 73.4-77.3 | 132 | 73.4 | 71.7-75.1 | 191 |
| 84.2 | 82.4-85.8 | 129 | 86.1 | 84.7-87.4 | 185 |
| 84.1 | 82.3-85.7 | 133 | 87.8 | 86.5-89.0 | 192 |

## ALASKA

2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
9. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 .
a. Identifying tobacco products and the harmful substances they contain
b. Identifying short- and long-term health consequences of tobacco use
c. Identifying social, economic, and cosmetic consequences
d. Understanding the addictive nature of nicotine
e. Effects of tobacco use on athletic performance
f. Effects of second-hand smoke and benefits of a smoke-free environment
g. Understanding the social influences on tobacco use, including media, family, peers, and culture
h. Identifying reasons why students do and do not use tobacco
i. Making accurate assessments of how many peers use tobacco
j. Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)

| High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
| 84.6 | 80.5-88.0 | 26 | 82.1 | 78.0-85.6 | 28 | 64.9 | 62.6-67.1 | 128 | 70.1 | 68.3-71.9 | 182 |
| 88.5 | 84.7-91.4 | 26 | 85.7 | 81.9-88.8 | 28 | 68.1 | 65.9-70.2 | 128 | 73.5 | 71.7-75.2 | 182 |
| 76.9 | 72.3-81.0 | 26 | 75.9 | 71.5-79.8 | 29 | 57.7 | 55.4-60.0 | 128 | 63.1 | 61.2-65.0 | 183 |
| 88.5 | 84.7-91.4 | 26 | 70.0 | 65.4-74.2 | 30 | 67.5 | 65.3-69.6 | 129 | 70.6 | 68.8-72.3 | 185 |
| 74.1 | 69.4-78.2 | 27 | 63.3 | 58.6-67.8 | 30 | 64.7 | 62.5-66.9 | 129 | 65.7 | 63.9-67.5 | 186 |
| 88.5 | 84.7-91.4 | 26 | 79.3 | 75.1-83.0 | 29 | 61.3 | 59.0-63.5 | 129 | 67.7 | 65.8-69.5 | 184 |
| 85.2 | 81.2-88.4 | 27 | 69.0 | 64.3-73.3 | 29 | 64.5 | 62.2-66.7 | 129 | 67.9 | 66.1-69.7 | 185 |
| 88.5 | 84.7-91.4 | 26 | 66.7 | 62.0-71.0 | 30 | 58.5 | 56.2-60.7 | 130 | 63.6 | 61.7-65.5 | 186 |
| 66.7 | 61.8-71.2 | 27 | 50.0 | 45.2-54.8 | 30 | 50.1 | 47.8-52.4 | 130 | 52.3 | 50.4-54.2 | 187 |
| 85.2 | 81.2-88.4 | 27 | 72.4 | 67.9-76.5 | 29 | 59.9 | 57.6-62.1 | 129 | 65.2 | 63.4-67.0 | 185 |

## ALASKA

## 2014 School Health Profiles Report

## Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 .

|  |  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence <br> Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence <br> Interval | N |
|  | Using goal-setting and decision-making skills related to not using tobacco | 77.8 | 73.3-81.7 | 27 | 76.7 | 72.4-80.5 | 30 | 53.5 | 51.2-55.7 | 131 | 60.4 | 58.5-62.3 | 188 |
| 1. | Finding valid information and services related to tobacco-use prevention and cessation | 66.7 | 61.8-71.2 | 27 | 53.3 | 48.5-58.1 | 30 | 53.6 | 51.3-55.9 | 129 | 55.3 | 53.3-57.2 | 186 |
|  | Supporting others who abstain from or want to quit using tobacco | 84.6 | 80.5-88.0 | 26 | 55.2 | 50.3-60.0 | 29 | 50.9 | 48.6-53.2 | 130 | 55.9 | 53.9-57.8 | 185 |
|  | Identifying harmful effects of tobacco use on fetal development | 66.7 | 61.8-71.2 | 27 | 63.3 | 58.6-67.8 | 30 | 53.9 | 51.6-56.2 | 130 | 57.1 | 55.2-59.0 | 187 |
| o. | Relationship between using tobacco and alcohol or other drugs | 85.2 | 81.2-88.4 | 27 | 75.9 | 71.5-79.8 | 29 | 51.8 | 49.5-54.1 | 131 | 60.0 | 58.1-61.9 | 187 |
| p. | How addiction to tobacco use can be treated | 77.8 | 73.3-81.7 | 27 | 53.3 | 48.5-58.1 | 30 | 54.8 | 52.5-57.1 | 130 | 57.6 | 55.6-59.4 | 187 |
|  | Understanding school policies and community laws related to the sale and use of tobacco products | 80.8 | 76.4-84.5 | 26 | 55.2 | 50.3-60.0 | 29 | 60.1 | 57.8-62.3 | 129 | 61.9 | 60.0-63.8 | 184 |
|  | Benefits of smoking cessation programs | 66.7 | 61.8-71.2 | 27 | 34.5 | 30.0-39.2 | 29 | 43.0 | 40.7-45.3 | 131 | 44.7 | 42.8-46.6 | 187 |
|  | Percentage of schools that taught all 18 tobacco-use prevention topics* | 51.9 | 46.8-56.9 | 27 | 16.7 | 13.4-20.5 | 30 | 32.7 | 30.5-34.8 | 130 | 32.5 | 30.8-34.4 | 187 |

## ALASKA

2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6,7 , or 8 .
a. How HIV and other STDs are transmitted
b. Health consequences of HIV, other STDs, and pregnancy
c. The benefits of being sexually abstinent
d. How to access valid and reliable health information,

| High Schools |  |  | Middle Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |
|  | Confidence |  |  | Confidence |  |
| Percent | Interval | N | Percent | Interval | N |
| § | § | § | 73.1 | 68.3-77.4 | 26 |
| § | § | § | 80.0 | 75.5-83.9 | 25 |
| § | § | § | 84.0 | 79.8-87.5 | 25 |
| § | § | § | 70.8 | 65.7-75.5 | 24 |
| § | § | § | 73.1 | 68.3-77.4 | 26 |
| § | § | § | 69.2 | 64.3-73.8 | 26 |


| Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N |
| 26.5 | 24.3-28.9 | 100 | 36.2 | 34.0-38.4 | 126 |
| 30.7 | 28.3-33.1 | 100 | 40.5 | 38.3-42.9 | 125 |
| 30.2 | 27.8-32.6 | 101 | 40.9 | 38.6-43.2 | 126 |
| 23.6 | 21.5-25.9 | 100 | 32.8 | 30.6-35.0 | 124 |
| 26.7 | 24.5-29.1 | 99 | 36.4 | 34.2-38.7 | 125 |
| 25.6 | 23.4-27.9 | 100 | 34.6 | 32.4-36.9 | 126 |

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2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6,7 , or 8 .
g. Goal-setting and decision-making skills related to

| High Schools |  |  | Middle Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |
|  | Confidence |  |  | Confidence |  |
| Percent | Interval | N | Percent | Interval | N |
| § | § | § | 69.2 | 64.3-73.8 | 26 |


| Junior/Senior High Schools |  |  | All Schools |  |
| :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |
| Percent | Confidence | N | Percent | Confidence |
| 24.9 | 22.7-27.3 | 99 | 34.2 | 32.0-36.4 |
| 25.6 | 23.4-27.9 | 100 | 34.6 | 32.4-36.9 |
| 16.2 | 14.4-18.3 | 98 | 24.9 | 23.0-27.0 |
| 15.0 | 13.2-17.0 | 99 | 21.5 | 19.6-23.5 |
| 12.3 | 10.6-14.1 | 97 | 19.4 | 17.6-21.4 |
| 11.2 | 9.7-13.0 | 97 | 17.0 | 15.3-18.9 |

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## 2014 School Health Profiles Report

## Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6,7 , or 8 .

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% Confidence Interval | N |
| m . The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy | § | § | § | 50.0 | 44.9-55.1 | 26 | 12.9 | 11.2-14.8 | 99 | 20.6 | 18.8-22.6 | 125 |
| n. How to create and sustain healthy and respectful relationships | § | § | § | 84.0 | 79.8-87.5 | 25 | 30.6 | 28.2-33.1 | 97 | 41.6 | 39.3-44.0 | 122 |
| o. The importance of limiting the number of sexual partners | § | § | § | 61.5 | 56.4-66.4 | 26 | 21.1 | 19.0-23.3 | 99 | 29.5 | 27.4-31.7 | 125 |
| p. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health | § | § | § | 57.7 | 52.5-62.7 | 26 | 18.0 | 16.0-20.1 | 99 | 26.2 | 24.2-28.4 | 125 |
| Percentage of schools that taught all 16 HIV, STD, and pregnancy prevention topics in any of grades 6,7 , or 8* | § | § | § | 33.3 | 28.8-38.2 | 27 | 6.0 | 4.9-7.4 | 98 | 11.9 | 10.5-13.5 | 125 |

## ALASKA

2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades $9,10,11$, or 12 .
a. How HIV and other STDs are transmitted
b. Health consequences of HIV, other STDs, and pregnancy
c. The benefits of being sexually abstinent
d. How to access valid and reliable health information,

| High Schools |  |  | Middle Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |
|  | Confidence |  |  | Confidence |  |
| Percent | Interval | N | Percent | Interval | N |
| 88.5 | 84.7-91.4 | 26 | § | § | § |
| 88.5 | 84.7-91.4 | 26 | § | § | § |
| 85.2 | 81.2-88.4 | 27 | § | § | § |
| 84.6 | 80.5-88.0 | 26 | § | § | § |
| 85.2 | 81.2-88.4 | 27 | § | § | § |
| 81.5 | 77.2-85.1 | 27 | § | § | § |


| Junior/Senior High <br> Schools <br> $95 \%$ |  |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent | Confidence <br> Interval | N | Percent | $95 \%$ <br> Confidence <br> Interval | N |  |
| 53.9 | $51.4-56.4$ | 108 | 60.0 | $57.7-62.2$ | 134 |  |
| 55.2 | $52.7-57.7$ | 109 | 61.1 | $58.8-63.3$ | 135 |  |
| 54.9 | $52.4-57.4$ | 108 | 60.4 | $58.2-62.6$ | 135 |  |
| 49.8 | $47.3-52.4$ | 109 | 55.9 | $53.7-58.2$ | 135 |  |
|  |  |  |  |  |  |  |
| 52.3 | $49.8-54.9$ | 106 | 58.4 | $56.1-60.6$ | 133 |  |
| 46.2 | $43.7-48.7$ | 109 | 52.6 | $50.3-54.8$ | 136 |  | eliminating or reducing risk for HIV, other STDs, and pregnancy

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2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades $9,10,11$, or 12 .
g. Goal-setting and decision-making skills related to

| High Schools |  |  | Middle Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N |
| 80.8 | 76.4-84.5 | 26 | § | § | § |
| 77.8 | 73.3-81.7 | 27 | § | s | § |
| 84.6 | 80.5-88.0 | 26 | § | § | § |
| 81.5 | 77.2-85.1 | 27 | § | § | § |
| 73.1 | 68.3-77.4 | 26 | § | § | § |
| 65.4 | 60.3-70.1 | 26 | § | § | § |


| Junior/Senior High <br> Schools <br> $95 \%$ |  |  |  | All Schools |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent | Confidence <br> Interval | N | Percent | $95 \%$ <br> Confidence <br> Interval | N |  |  |
| 43.4 | $40.9-45.9$ | 107 | 50.0 | $47.7-52.3$ | 133 |  |  |
| 45.9 | $43.4-48.4$ | 108 | 51.7 | $49.4-54.0$ | 135 |  |  |
| 45.5 | $43.0-48.0$ | 108 | 52.4 | $50.2-54.7$ | 134 |  |  |
|  |  |  |  |  |  |  |  |
| 40.2 | $37.8-42.7$ | 107 | 47.8 | $45.5-50.1$ | 134 |  |  |
| 40.3 | $37.9-42.8$ | 107 | 46.1 | $43.9-48.4$ | 133 |  |  |
| 31.9 | $29.6-34.3$ | 108 | 37.8 | $35.7-40.1$ | 134 |  |  |

## A L A S K A

## 2014 School Health Profiles Report

## Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades $9,10,11$, or 12 .
m . The importance of using a condom at the same time as

High Schools

|  | $95 \%$ <br> Confidence <br> Percent <br> Interval | N |
| :---: | :---: | :---: |
| 80.8 | $76.4-84.5$ | 26 |


| 85.2 | $81.2-88.4$ | 27 | $\S$ | $\S$ | $\S$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 85.2 | $81.2-88.4$ | 27 | $\S$ | $\S$ | $\S$ |
| 85.2 | $81.2-88.4$ | 27 | $\S$ | $\S$ | $\S$ |

Junior/Senior High Schools
 Confidence
Percent Interval N

All Schools 95\% Confidence Interval N
$47.2 \quad 44.9$ - 49.4 134 another form of contraception to prevent both STDs and pregnancy
n. How to create and sustain healthy and respectful relationships
o. The importance of limiting the number of sexual partners
p. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health

Percentage of schools that taught all 16 HIV, STD, and pregnancy prevention topics in any of grades 9,10 , 11 , or 12 *

## A L A S K A

2014 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results
11. Percentage of schools in which teachers taught about each of the following contraceptives in a required course for students in any of grades 9 through 12 .

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N |
| a. Birth control pill (e.g., OrthoTri-cyclen) | 70.4 | 65.6-74.8 | 27 | § | § | § | 30.4 | 28.3-32.7 | 116 | 37.3 | 35.2-39.4 | 143 |
| b. Birth control patch (e.g., Ortho Evra) | 63.0 | 58.0-67.7 | 27 | § | § | § | 27.0 | 24.9-29.3 | 116 | 33.2 | 31.2-35.3 | 143 |
| c. Birth control ring (e.g., NuvaRing) | 66.7 | 61.8-71.2 | 27 | § | § | § | 27.8 | 25.7-30.0 | 116 | 34.5 | 32.4-36.6 | 143 |
| d. Birth control shot (e.g., Depo-Provera) | 70.4 | 65.6-74.8 | 27 | § | § | § | 27.9 | 25.8-30.1 | 116 | 35.2 | 33.2-37.3 | 143 |
| e. Implants (e.g., Implanon) | 63.0 | 58.0-67.7 | 27 | § | § | § | 23.9 | 21.9-26.1 | 115 | 30.7 | 28.7-32.7 | 142 |
| f. Intrauterine device (IUD; e.g., Mirena, ParaGard) | 63.0 | 58.0-67.7 | 27 | § | § | § | 27.3 | 25.2-29.5 | 115 | 33.4 | 31.4-35.5 | 142 |
| g. Emergency contraception (e.g., Plan B) | 55.6 | 50.5-60.5 | 27 | § | § | § | 26.5 | 24.4-28.7 | 115 | 31.5 | 29.5-33.6 | 142 |

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2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
12. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 6,7 , or 8 .

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence <br> Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% Confidence Interval | N |
| a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy | § | § | § | 55.6 | 50.5-60.5 | 27 | 21.8 | 19.7-24.1 | 95 | 29.3 | 27.2-31.5 | 122 |
| b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors | § | § | § | 51.9 | 46.8-56.9 | 27 | 19.4 | 17.3-21.5 | 96 | 26.5 | 24.5-28.6 | 123 |
| c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy | § | § | § | 44.4 | 39.5-49.5 | 27 | 20.6 | 18.5-22.8 | 96 | 25.8 | 23.8-27.9 | 123 |
| d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors | § | § | § | 55.6 | 50.5-60.5 | 27 | 22.2 | 20.1-24.5 | 97 | 29.5 | 27.4-31.7 | 124 |
| e. Use decision-making skills to prevent HIV, other STDs, and pregnancy | § | § | § | 59.3 | 54.2-64.1 | 27 | 22.6 | 20.4-24.9 | 96 | 30.6 | 28.5-32.9 | 123 |
| f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them | § | § | § | 60.7 | 55.8-65.4 | 28 | 27.7 | 25.3-30.1 | 96 | 35.1 | 32.9-37.4 | 124 |
| g. Influence and support others to avoid or reduce sexual risk behaviors | § | § | § | 53.8 | 48.7-58.9 | 26 | 22.4 | 20.3-24.7 | 96 | 29.2 | 27.1-31.4 | 122 |

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## 2014 School Health Profiles Report

## Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades $9,10,11$, or 12 .


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2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 .

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |  |
|  | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
| a. Benefits of healthy eating | 100.0 | $\dagger$ | 27 | 90.0 | 86.7-92.5 | 30 | 80.5 | 78.5-82.3 | 120 | 84.8 | 83.3-86.2 | 177 |
| b. Benefits of drinking plenty of water | 100.0 | $\dagger$ | 27 | 90.0 | 86.7-92.5 | 30 | 78.8 | 76.7-80.7 | 120 | 83.6 | 82.1-85.1 | 177 |
| c. Benefits of eating breakfast every day | 100.0 | $\dagger$ | 27 | 90.0 | 86.7-92.5 | 30 | 73.4 | 71.2-75.4 | 122 | 79.8 | 78.2-81.4 | 179 |
| d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate or MyPyramid) | 92.6 | 89.5-94.8 | 27 | 80.6 | 76.7-84.1 | 31 | 69.6 | 67.4-71.7 | 126 | 74.5 | 72.8-76.2 | 184 |
| e. Using food labels | 92.6 | 89.5-94.8 | 27 | 83.9 | 80.1-87.0 | 31 | 68.7 | 66.4-70.8 | 126 | 74.4 | 72.7-76.1 | 184 |
| f. Differentiating between nutritious and non-nutritious beverages | 92.6 | 89.5-94.8 | 27 | 87.1 | 83.6-89.9 | 31 | 73.1 | 70.9-75.1 | 124 | 78.1 | 76.4-79.7 | 182 |
| g. Balancing food intake and physical activity | 96.3 | 93.8-97.8 | 27 | 83.3 | 79.5-86.6 | 30 | 76.0 | 73.9-78.0 | 122 | 80.0 | 78.4-81.5 | 179 |
| h. Eating more fruits, vegetables, and whole grain products | 96.3 | 93.8-97.8 | 27 | 86.7 | 83.1-89.6 | 30 | 76.2 | 74.2-78.2 | 124 | 80.7 | 79.1-82.2 | 181 |
| i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat) | 96.2 | 93.6-97.7 | 26 | 86.7 | 83.1-89.6 | 30 | 67.0 | 64.7-69.2 | 123 | 74.2 | 72.4-75.9 | 179 |
| j. Choosing foods, snacks, and beverages that are low in added sugars | 96.2 | 93.6-97.7 | 26 | 83.3 | 79.5-86.6 | 30 | 70.3 | 68.1-72.5 | 123 | 75.9 | 74.2-77.6 | 179 |
| k. Choosing foods and snacks that are low in sodium | 96.2 | 93.6-97.7 | 26 | 73.3 | 68.9-77.3 | 30 | 64.8 | 62.5-67.0 | 124 | 70.3 | 68.5-72.1 | 180 |

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2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 .

1. Eating a variety of foods that are high in calcium
m . Eating a variety of foods that are high in iron
n. Food safety
o. Preparing healthy meals and snacks
p. Risks of unhealthy weight control practices
q. Accepting body size differences
r. Signs, symptoms, and treatment for eating disorders
s. Relationship between diet and chronic diseases
t. Assessing body mass index (BMI)

Percentage of schools that taught all 20 nutrition and

| High Schools |  |  |
| :---: | :---: | :---: |
|  | $95 \%$ <br> Confidence |  |
| Percent | Interval |  | N


| Middle Schools |  |  |
| :---: | :---: | :---: |
| Percent | $95 \%$ <br> Confidence <br> Interval | N |
| 70.0 | $65.4-74.2$ | 30 |
| 70.0 | $65.4-74.2$ | 30 |
| 67.7 | $63.2-72.0$ | 31 |
| 77.4 | $73.2-81.1$ | 31 |
| 73.3 | $68.9-77.3$ | 30 |
| 86.7 | $83.1-89.6$ | 30 |
| 66.7 | $62.0-71.0$ | 30 |
| 69.0 | $64.3-73.3$ | 29 |
| 54.8 | $50.1-59.5$ | 31 |
| 41.9 | $37.4-46.6$ | 31 |


| Junior/Senior High <br> Schools <br> $95 \%$ |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| PercentConfidence <br> Interval | N | Percent | $95 \%$ <br> Confidence <br> Interval | N |  |
| 64.2 | $61.9-66.4$ | 122 | 68.4 | $66.5-70.2$ | 178 |
| 57.8 | $55.4-60.1$ | 122 | 63.4 | $61.5-65.3$ | 178 |
| 63.5 | $61.2-65.8$ | 124 | 64.7 | $62.8-66.5$ | 182 |
| 66.6 | $64.4-68.8$ | 124 | 70.5 | $68.7-72.3$ | 182 |
| 64.3 | $62.0-66.5$ | 125 | 69.6 | $67.8-71.4$ | 182 |
| 62.8 | $60.5-65.1$ | 125 | 70.3 | $68.5-72.1$ | 182 |
| 54.4 | $52.1-56.7$ | 128 | 61.5 | $59.6-63.3$ | 185 |
| 54.5 | $52.2-56.9$ | 127 | 61.0 | $59.0-62.8$ | 183 |
| 52.6 | $50.3-54.9$ | 127 | 57.3 | $55.4-59.2$ | 185 |
| 37.0 | $34.8-39.3$ | 129 | 39.8 | $37.9-41.7$ | 187 |

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## Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 .


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## Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 .


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## 2014 School Health Profiles Report

## Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

|  | High Schools |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
| 40.7 | 35.9-45.8 | 27 | 6.7 | 4.6-9.5 | 30 | 13.2 | 11.7-14.8 | 128 | 15.7 | 14.4-17.2 | 185 |

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## 2014 School Health Profiles Report

## Weighted Lead Health Education Teacher Survey Results

16. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.
a. Physical education staff
b. Health services staff (e.g., nurses)
c. Mental health or social services staff (e.g., psychologists, counselors, and social workers)
d. Nutrition or food service staff
e. School health council, committee, or team

| High Schools |  |  | Middle Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |
|  | Confidence |  |  | Confidence |  |
| Percent | Interval | N | Percent | Interval | N |
| 75.0 | 70.5-79.0 | 28 | 67.7 | 63.2-72.0 | 31 |
| 67.9 | 63.1-72.3 | 28 | 67.7 | 63.2-72.0 | 31 |
| 66.7 | 61.8-71.2 | 27 | 46.7 | 41.9-51.5 | 30 |
| 18.5 | 14.9-22.8 | 27 | 19.4 | 15.9-23.3 | 31 |
| 33.3 | 28.8-38.2 | 27 | 16.1 | 13.0-19.9 | 31 |


| Junior/Senior High <br> Schools <br> $95 \%$ |  |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| PercentConfidence <br> Interval | N | Percent | Confidence <br> Interval | N |  |  |
| 50.5 | $48.2-52.8$ | 131 | 56.6 | $54.7-58.5$ | 190 |  |
| 37.0 | $34.9-39.3$ | 133 | 46.2 | $44.3-48.0$ | 192 |  |
| 40.9 | $38.7-43.2$ | 134 | 45.1 | $43.2-47.0$ | 191 |  |
|  |  |  |  |  |  |  |
| 25.7 | $23.7-27.7$ | 133 | 23.7 | $22.1-25.4$ | 191 |  |
| 21.1 | $19.3-23.1$ | 133 | 21.9 | $20.3-23.5$ | 191 |  |

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## Weighted Lead Health Education Teacher Survey Results

17. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.


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## Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which teachers have given students homework assignments or health education activities to do at home with their parents during the current school year.

|  | High Schools |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
|  |  |  |  |  |  |  |  |  |  |  |  |
| 59.1 | 53.5-64.5 | 22 | 53.3 | 48.5-58.1 | 30 | 32.2 | 30.0-34.5 | 120 | 39.1 | 37.1-41.0 | 172 |

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2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.
a. Alcohol- or other drug-use prevention
b. Asthma
c. Diabetes
d. Emotional and mental health
e. Epilepsy or seizure disorder
f. Food allergies
g. Foodborne illness prevention
h. HIV prevention
i. Human sexuality

| High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
| 28.6 | 24.3-33.2 | 28 | 29.0 | 24.9-33.5 | 31 | 35.7 | 33.6-37.9 | 134 | 33.7 | 31.9-35.5 | 193 |
| 17.9 | 14.4-22.0 | 28 | 6.5 | 4.5-9.2 | 31 | 10.7 | 9.3-12.2 | 133 | 10.9 | 9.8-12.2 | 192 |
| 25.0 | 21.0-29.5 | 28 | 16.1 | 13.0-19.9 | 31 | 22.8 | 21.0-24.8 | 133 | 22.0 | 20.5-23.6 | 192 |
| 39.3 | 34.6-44.2 | 28 | 45.2 | 40.5-49.9 | 31 | 32.6 | 30.5-34.8 | 133 | 35.6 | 33.8-37.4 | 192 |
| 14.3 | 11.2-18.1 | 28 | 6.5 | 4.5-9.2 | 31 | 13.1 | 11.6-14.7 | 133 | 12.1 | 10.9-13.4 | 192 |
| 17.9 | 14.4-22.0 | 28 | 12.9 | 10.1-16.4 | 31 | 9.9 | 8.6-11.3 | 133 | 11.4 | 10.3-12.7 | 192 |
| 10.7 | 8.0-14.2 | 28 | 9.7 | 7.2-12.8 | 31 | 16.1 | 14.5-17.8 | 133 | 14.3 | 13.0-15.7 | 192 |
| 10.7 | 8.0-14.2 | 28 | 19.4 | 15.9-23.3 | 31 | 19.8 | 18.0-21.7 | 133 | 18.5 | 17.1-20.0 | 192 |
| 10.7 | 8.0-14.2 | 28 | 12.9 | 10.1-16.4 | 31 | 10.7 | 9.4-12.2 | 133 | 11.1 | 9.9-12.3 | 192 |

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2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N |
| j. Infectious disease prevention (e.g., flu prevention) | 32.1 | 27.7-36.9 | 28 | 41.9 | 37.4-46.6 | 31 | 36.1 | 33.9-38.3 | 132 | 36.5 | 34.7-38.4 | 191 |
| k. Injury prevention and safety | 42.9 | 38.0-47.8 | 28 | 45.2 | 40.5-49.9 | 31 | 33.3 | 31.2-35.5 | 133 | 36.5 | 34.7-38.4 | 192 |
| 1. Nutrition and dietary behavior | 21.4 | 17.6-25.8 | 28 | 32.3 | 28.0-36.8 | 31 | 19.0 | 17.3-20.8 | 133 | 21.5 | 20.0-23.1 | 192 |
| m. Physical activity and fitness | 32.1 | 27.7-36.9 | 28 | 48.4 | 43.7-53.1 | 31 | 28.7 | 26.7-30.8 | 133 | 32.4 | 30.6-34.2 | 192 |
| n. Pregnancy prevention | 14.3 | 11.2-18.1 | 28 | 9.7 | 7.2-12.8 | 31 | 10.0 | 8.7-11.5 | 132 | 10.5 | 9.4-11.8 | 191 |
| o. STD prevention | 10.7 | 8.0-14.2 | 28 | 12.9 | 10.1-16.4 | 31 | 10.8 | 9.5-12.4 | 132 | 11.2 | 10.0-12.4 | 191 |
| p. Suicide prevention | 60.7 | 55.8-65.4 | 28 | 61.3 | 56.6-65.8 | 31 | 56.6 | 54.3-58.8 | 132 | 57.9 | 56.0-59.8 | 191 |
| q. Tobacco-use prevention | 21.4 | 17.6-25.8 | 28 | 16.1 | 13.0-19.9 | 31 | 28.4 | 26.4-30.5 | 133 | 25.4 | 23.8-27.1 | 192 |
| r. Violence prevention (e.g., bullying, fighting, or dating violence prevention) | 46.4 | 41.5-51.4 | 28 | 64.5 | 59.9-68.9 | 31 | 51.3 | 49.0-53.6 | 131 | 52.9 | 51.0-54.8 | 190 |

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## 2014 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results20. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.
a. Describing how widespread HIV and other STD infections are and the consequences of these infections
b. Understanding the modes of transmission and effective prevention strategies for HIV and other STDs
c. Identifying populations of youth who are at high risk of being infected with HIV and other STDs
d. Implementing health education strategies using prevention messages that are likely to be effective in reaching youth
e. Teaching essential skills for health behavior change related to HIV prevention and guiding student practice of these skills

| High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
| 21.4 | 17.6-25.8 | 28 | 9.7 | 7.2-12.8 | 31 | 18.2 | 16.5-20.1 | 133 | 17.2 | 15.9-18.7 | 192 |
| 25.0 | 21.0-29.5 | 28 | 19.4 | 15.9-23.3 | 31 | 18.3 | 16.6-20.2 | 133 | 19.4 | 17.9-20.9 | 192 |
| 17.9 | 14.4-22.0 | 28 | 12.9 | 10.1-16.4 | 31 | 12.9 | 11.5-14.5 | 132 | 13.6 | 12.3-14.9 | 191 |
| 25.0 | 21.0-29.5 | 28 | 19.4 | 15.9-23.3 | 31 | 15.1 | 13.6-16.8 | 133 | 17.1 | 15.7-18.6 | 192 |
| 14.3 | 11.2-18.1 | 28 | 12.9 | 10.1-16.4 | 31 | 10.0 | 8.7-11.5 | 132 | 11.1 | 9.9-12.3 | 191 |

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## 2014 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results20. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

|  |  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N |
| f. | Assessing students' performance in HIV prevention education | 10.7 | 8.0-14.2 | 28 | 6.5 | 4.5-9.2 | 31 | 7.6 | 6.5-9.0 | 133 | 7.9 | 6.9-8.9 | 192 |
| g. | Describing the prevalence and potential effects of teen pregnancy | 21.4 | 17.6-25.8 | 28 | 9.7 | 7.2-12.8 | 31 | 11.5 | 10.1-13.0 | 132 | 12.5 | 11.3-13.8 | 191 |
|  | Identifying populations of youth who are at high risk of becoming pregnant | 21.4 | 17.6-25.8 | 28 | 6.5 | 4.5-9.2 | 31 | 10.7 | 9.4-12.2 | 133 | 11.4 | 10.3-12.7 | 192 |
|  | Current district or school board policies or curriculum guidance regarding HIV education or sexual health education | 10.7 | 8.0-14.2 | 28 | 19.4 | 15.9-23.3 | 31 | 14.4 | 12.9-16.1 | 133 | 14.7 | 13.4-16.1 | 192 |

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## Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.


## ALASKA <br> 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.
m. Physical activity and fitness
n. Pregnancy prevention
o. STD prevention
p. Suicide prevention
q. Tobacco-use prevention
r. Violence prevention (e.g., bullying, fighting, or dating violence prevention)

| High Schools |  |  |  | Middle Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $95 \%$ |  |  |  |  |  |
| Percent | Confidence <br> Interval | N |  | Percent | $95 \%$ <br> Confidence <br> Interval |  |
| 64.3 | $59.4-68.9$ | 28 | 48.3 | $43.4-53.1$ | 29 |  |
| 71.4 | $66.8-75.7$ | 28 | 53.3 | $48.5-58.1$ | 30 |  |
| 71.4 | $66.8-75.7$ | 28 | 60.0 | $55.2-64.6$ | 30 |  |
| 67.9 | $63.1-72.3$ | 28 | 60.0 | $55.2-64.6$ | 30 |  |
| 67.9 | $63.1-72.3$ | 28 | 56.7 | $51.9-61.3$ | 30 |  |
| 75.0 | $70.5-79.0$ | 28 | 73.3 | $68.9-77.3$ | 30 |  |


| Junior/Senior High All SchoolsSchools |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |
|  | Confidence |  |  | Confidence |  |
| Percent | Interval | N | Percent | Interval | N |
| 56.9 | 54.6-59.2 | 133 | 56.5 | 54.7-58.4 | 190 |
| 50.2 | 47.9-52.5 | 132 | 53.5 | 51.6-55.4 | 190 |
| 47.3 | 45.0-49.5 | 132 | 52.5 | 50.6-54.4 | 190 |
| 62.9 | 60.7-65.1 | 133 | 63.1 | 61.3-64.9 | 191 |
| 53.7 | 51.4-56.0 | 133 | 56.1 | 54.2-57.9 | 191 |
| 66.7 | 64.6-68.9 | 133 | 68.9 | 67.1-70.6 | 191 |

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 Weighted Lead Health Education Teacher Survey Results22. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | $95 \%$ Confidence Interval | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $95 \%$ Confidence Interval | N | Percent | ```Confidence Interval``` | N |
| a. Teaching students with physical, medical, or cognitive disabilities | 26.9 | 22.6-31.7 | 26 | 35.5 | 31.1-40.1 | 31 | 48.1 | 45.8-50.4 | 132 | 43.4 | 41.5-45.3 | 189 |
| b. Teaching students of various cultural backgrounds | 34.6 | 29.9-39.7 | 26 | 32.3 | 28.0-36.8 | 31 | 58.7 | 56.5-61.0 | 133 | 51.4 | 49.4-53.3 | 190 |
| c. Teaching students with limited English proficiency | 30.8 | 26.2-35.7 | 26 | 22.6 | 18.9-26.8 | 31 | 50.6 | 48.3-52.9 | 134 | 43.5 | 41.7-45.4 | 191 |
| d. Teaching students of different sexual orientations or gender identities | 15.4 | 12.0-19.5 | 26 | 9.7 | 7.2-12.8 | 31 | 6.9 | 5.9-8.2 | 132 | 8.4 | 7.4-9.6 | 189 |
| e. Using interactive teaching methods (e.g., role plays or cooperative group activities) | 50.0 | 44.9-55.1 | 26 | 48.4 | 43.7-53.1 | 31 | 54.4 | 52.2-56.7 | 133 | 52.9 | 51.0-54.8 | 190 |
| f. Encouraging family or community involvement | 30.8 | 26.2-35.7 | 26 | 32.3 | 28.0-36.8 | 31 | 44.1 | 41.9-46.4 | 132 | 40.5 | 38.6-42.4 | 189 |
| g. Teaching skills for behavior change | 19.2 | 15.5-23.6 | 26 | 29.0 | 24.9-33.5 | 31 | 50.9 | 48.6-53.2 | 134 | 43.4 | 41.5-45.3 | 191 |
| h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, and behavior management) | 34.6 | 29.9-39.7 | 26 | 51.6 | 46.9-56.3 | 31 | 62.6 | 60.3-64.7 | 133 | 57.3 | 55.4-59.2 | 190 |
| i. Assessing or evaluating students in health education | 15.4 | 12.0-19.5 | 26 | 19.4 | 15.9-23.3 | 31 | 18.8 | 17.1-20.6 | 133 | 18.5 | 17.0-20.0 | 190 |

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## Weighted Lead Health Education Teacher Survey Results

23. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.


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2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results
24. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:
a. Health and physical education combined
b. Health education
c. Physical education
d. Other education degree
e. Kinesiology, exercise science, or exercise physiology
f. Home economics or family and consumer science
g. Biology or other science
h. Nursing
i. Counseling

| High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
|  |  |  |  |  |  |  |  |  |  |  |  |
| 48.1 | 43.1-53.2 | 27 | 17.2 | 13.9-21.2 | 29 | 9.2 | 7.9-10.6 | 126 | 15.7 | 14.4-17.2 | 182 |
| 3.7 | 2.2-6.2 | 27 | 13.8 | 10.8-17.5 | 29 | 0.8 | 0.5-1.3 | 126 | 3.3 | 2.7-4.1 | 182 |
| 18.5 | 14.9-22.8 | 27 | 24.1 | 20.2-28.5 | 29 | 3.1 | 2.4-4.0 | 126 | 8.6 | 7.6-9.7 | 182 |
| 7.4 | 5.2-10.5 | 27 | 17.2 | 13.9-21.2 | 29 | 35.9 | 33.7-38.2 | 126 | 29.1 | 27.3-30.9 | 182 |
| 3.7 | 2.2-6.2 | 27 | 3.4 | 2.1-5.7 | 29 | 1.5 | 1.0-2.2 | 126 | 2.1 | 1.6-2.7 | 182 |
| 0.0 | $\dagger$ | 27 | 0.0 | $\dagger$ | 29 | 0.0 | $\dagger$ | 126 | 0.0 | $\dagger$ | 182 |
| 11.1 | 8.3-14.7 | 27 | 10.3 | 7.7-13.7 | 29 | 17.4 | 15.7-19.2 | 126 | 15.4 | 14.1-16.9 | 182 |
| 7.4 | 5.2-10.5 | 27 | 3.4 | 2.1-5.7 | 29 | 1.5 | 1.1-2.2 | 126 | 2.6 | 2.1-3.3 | 182 |
| 0.0 | $\dagger$ | 27 | 0.0 | $\dagger$ | 29 | 3.8 | 3.0-4.8 | 126 | 2.7 | 2.1-3.4 | 182 |
| 0.0 | $\dagger$ | 27 | 0.0 | $\dagger$ | 29 | 0.0 | $\dagger$ | 126 | 0.0 | $\dagger$ | 182 |
| 0.0 | $\dagger$ | 27 | 0.0 | $\dagger$ | 29 | 0.0 | $\dagger$ | 126 | 0.0 | $\dagger$ | 182 |
| 0.0 | $\dagger$ | 27 | 10.3 | 7.7-13.7 | 29 | 26.7 | 24.7-28.8 | 126 | 20.5 | 18.9-22.1 | 182 |

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## Weighted Lead Health Education Teacher Survey Results

25. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

|  | High Schools |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
|  |  |  |  |  |  |  |  |  |  |  |  |
| 70.4 | 65.6-74.8 | 27 | 53.3 | 48.5-58.1 | 30 | 17.5 | 15.8-19.3 | 135 | 29.9 | 28.2-31.7 | 192 |

## ALASKA <br> 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

26. Percentage of schools in which the lead health education teacher had the following number of years of experience in teaching health education courses or topics.
a. 1 year
b. 2 to 5 years
c. 6 to 9 years
d. 10 to 14 years
e. 15 years or more

| High Schools |  |  | Middle Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |
| Percent | Confidence | N | Percent | Confidence | N |
|  |  |  |  |  |  |
| 18.5 | 14.9-22.8 | 27 | 13.8 | 10.8-17.5 | 29 |
| 11.1 | 8.3-14.7 | 27 | 34.5 | 30.0-39.2 | 29 |
| 22.2 | 18.3-26.7 | 27 | 13.8 | 10.8-17.5 | 29 |
| 7.4 | 5.2-10.5 | 27 | 20.7 | 17.0-24.9 | 29 |
| 40.7 | 35.9-45.8 | 27 | 17.2 | 13.9-21.2 | 29 |


| Junior/Senior High <br> Schools <br> $95 \%$ |  |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent | Confidence <br> Interval | N | Percent | Confidence <br> Interval | N |  |
| 30.0 | $28.0-32.1$ | 133 | 26.0 | $24.3-27.7$ | 189 |  |
| 40.6 | $38.4-42.8$ | 133 | 35.8 | $34.0-37.7$ | 189 |  |
| 10.6 | $9.3-12.1$ | 133 | 12.6 | $11.4-13.9$ | 189 |  |
| 11.3 | $10.0-12.9$ | 133 | 12.3 | $11.1-13.6$ | 189 |  |
| 7.5 | $6.4-8.8$ | 133 | 13.3 | $12.1-14.6$ | 189 |  |


[^0]:    *Among schools with students in that grade.

[^1]:    *Among schools that teach sexual health education
    $\mathrm{N}=$ Unweighted number of observations

