

# Tobacco Prevention & Control

Community of Practice Descriptions and Schedule for Fiscal Year 2021

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## Community of Practice (CoP) Descriptions

### Alaska Native LEAD

**Register in advance for this meeting:**

<https://zoom.us/meeting/register/tZYrd-ypqDMtNfaZsOEDRQ-SAKEQup905A>

TPC's strategies to address tobacco health disparities are integrated through our Leadership for Eliminating Alaskan Disparities (LEAD) CoP that focus on priority populations in Alaska. This group will establish and maintain relationships with organizations serving Alaska Native people to increase the number of leaders who support, role model, and promote tobacco-free lifestyles. For information contact [shayla.compton@alaska.gov](mailto:shayla.compton@alaska.gov)

### Nicotine Addiction and Behavioral Health (NABH) LEAD

**Register in advance for this meeting:**

<https://zoom.us/meeting/register/upwpc-mvqDsp3yGXYNmFr7KfuQbqKDRElg>

Our efforts strive toward implementing and enforcing comprehensive tobacco-free campus policies, tobacco dependence/nicotine addiction treatment integration within mental health and substance use disorder treatment sites to decrease tobacco-related health disparities among adults who experience mental health and/or substance use disorders. This spectrum of work for behavioral health populations also expands to justice-involved adults, youth and Veterans. For information contact [shayla.compton@alaska.gov](mailto:shayla.compton@alaska.gov)

### Youth Engagement

No advance registration needed, join meetings using this link: Join Zoom Meeting

<https://zoom.us/j/818288991?pwd=T1d5eEVhSFB2WjZqV04yVUtYN1hrZz09>

**Passcode: YE COP**

Tobacco use is typically started and established during adolescence when the smoker's brain is still developing. Nearly nine in ten adult smokers started smoking before the age of 18. Despite a national trend of declining cigarette initiation, 10.9% of Alaska high school students have smoked within the last thirty days, a rate twice as high as the national average. Further youth initiation through alternative mechanisms is on the rise with 39.9% of the student body having used an electronic vapor product. This Community of Practice will strive to incorporate youth voice in decision making; equip our peers with best practices and educational materials to engage youth; identify new partners and community agencies to expand our efforts; learn from the successes of others; and work towards tobacco free generation! For information contact [cess@ruralcap.com](mailto:cess@ruralcap.com)

### Youth Prevention Policy

**Register in advance for this meeting:**

<https://zoom.us/meeting/register/vpclf2sqTkimVW-PYvQRO8JVRmh-yfCCQ>

**If password is needed:** yppcopAK

Tobacco is the leading cause of preventable death. With 90% of adult smokers having begun smoking before the age of 18, preventing smoking initiation in Alaska's youth is of utmost importance. This Community of Practice will explore the options available, both local and state-wide, to create and/or strengthen policies for preventing youth initiation of tobacco use. For more information contact: [Alyssa.keill@lung.org](mailto:Alyssa.keill@lung.org)

## **Smokefree MUH**

### **Register in advance for this meeting:**

<https://zoom.us/meeting/register/uJQvcO2hrz8j5UYASAI5aiM772XpWdzcRg>

Secondhand smoke exposure poses serious threats to the health of children and adults. For millions of people living in multi-unit housing (apartment buildings and condominiums), secondhand smoke can be a major concern. This Community of Practice will focus on known and emerging issues surrounding the exposure to secondhand smoke in multi-unit buildings such as apartments and condominiums, based on scientific evidence and best practice. We will share resources and experiences to educate the public, encourage property owners and managers to adopt and implement smokefree policies, and advocate for those exposed to secondhand smoke in their home. For more information contact [Jennifer.brandt@lung.org](mailto:Jennifer.brandt@lung.org)

## **Smokefree Events**

**Register in advance for this meeting:** <https://zoom.us/meeting/register/uJQucOyvrlulI6kzqOVz-Y9QESg5UY9DA>

The Smokefree Events Community of Practice will use best practices to create smokefree public events throughout the state of Alaska so that attendees, volunteers, and employees can breathe clean air while enjoying the activities within their community. Using smokefree events such as the Alaska State Fair and Alaska PrideFest as models, this group will evaluate and strengthen current policies while strategizing to educate event organizers and community members about the benefits of smokefree events, creating new partnerships that lead to an increased number of smokefree event policies across Alaska. For more information contact: [Shanice.Roache@lung.org](mailto:Shanice.Roache@lung.org)

## **Emerging Trends**

### **Register in advance for this meeting:**

<https://zoom.us/meeting/register/uJEofuGvqD8vqN1PWkW4IWapC58Xjc3HTQ>

Smokefree housing, workplaces, public facilities and events support those who want to quit smoking, protect those who do not smoke from the effects of secondhand smoke, and help to prevent young people from ever starting. The slow shift of public perception about smoking toward a healthier perspective tends to invite complacency when we know intellectually that the business of big tobacco never rests. The emerging issues community of practice exists to be that ‘watcher on the wall’ to identify practices and products that threaten public health; onsite consumption of cannabis at retail stores or events, and products like e-cigs and smokeless tobacco. This COP will invite participation from likeminded organizations to collaborate for a deeper and broader community impact. For more information contact [Katie.Steffens@alaska.gov](mailto:Katie.Steffens@alaska.gov).

## **Cessation Treatment**

### **Register in advance for this meeting:**

[https://zoom.us/meeting/register/tJlkfuorjwoHNFTjEcck5D\\_cugFW5v8H30u](https://zoom.us/meeting/register/tJlkfuorjwoHNFTjEcck5D_cugFW5v8H30u)

BRFSS data indicates that 89% of tobacco users would like to quit, yet we know that tobacco users that attempt to quit on their own are often unsuccessful. This group will work together to identify common challenges and barriers to evidence-based cessation treatment services that can be implemented in health systems throughout Alaska. Evidence based cessation strategies include Ask, Advise, Refer or Ask, Advise, Connect to an evaluated tobacco treatment service. The group will use quality improvement approaches to discuss and improve services in their community and develop standard evaluation tools to monitor effectiveness. For more information contact [cdmeade@anthc.org](mailto:cdmeade@anthc.org).

## Technical Assistance Schedule

Below is a summary schedule of training and technical assistance opportunities provided by TPC Program Staff and contractors. This schedule is subject to change, please confirm meeting time with the appropriate point of contact prior to the scheduled meeting. [Click on links above to receive meeting links for the CoPs you wish to participate in.](#)

October 2020	
October 8	<b>Smokefree Events</b> 1:00 pm – 2:30 pm
October 9	<b>Youth Engagement</b> 9:00 am – 10:00 am
October 21	<b>Nicotine Addiction &amp; Behavioral LEAD</b> 2:30 – 3:30pm
October 15	<b>Youth Prevention Policy</b> 1:00 pm – 2:00 pm
October 26	<b>Emerging Trends</b> 1:00 pm – 2:00 pm
October 27	<b>Alaska Native LEAD</b> 9:00 – 10:00am
<b>October 30</b>	<b>Quarter 1 program Report and Cumulative Fiscal Report due in GEMS</b>
November 2020	
November 10	<b>Smokefree Multi-Unit Housing</b> 2:00 pm – 3:00 pm
November 13	<b>Youth Engagement</b> 9:00 am – 10:00 am
November 23	<b>Emerging Trends</b> 1:00 pm – 2:00 pm
November 24	<b>Alaska Native LEAD</b> 9:00 – 10:00am
November 24	<b>Cessation Treatment</b> 2:00 pm – 3:00 pm

December 2020	
December 10	<b>Smokefree Events</b> 1:00 pm – 2:30 pm
December 11	<b>Youth Engagement</b> 9:00 am – 10:00 am
December 16	<b>Nicotine Addiction &amp; Behavioral LEAD</b> 2:30 – 3:30pm
December 17	<b>Youth Prevention Policy</b> 1:00 pm – 2:00 pm
December 28	<b>Emerging Trends</b> 1:00 pm – 2:00 pm
December 29	<b>Alaska Native LEAD</b> 9:00 – 10:00am
January 2021	
January 8	<b>Youth Engagement</b> 9:00 am – 10:00 am
January 12	<b>Smokefree Multi-Unit Housing</b> 2:00 pm – 3:00 pm
January 25	<b>Emerging Trends</b> 1:00 pm – 2:00 pm
January 26	<b>Alaska Native LEAD</b> 9:00 – 10:00am
January 26	<b>Cessation Treatment</b> 2:00 pm – 3:00 pm
<b>January 30</b>	<b>Quarter 2 Program Report and Cumulative Fiscal Report due in GEMS</b>
February 2021	
February 11	<b>Smokefree Events</b> 1:00 pm – 2:30 pm
February 12	<b>Youth Engagement</b> 9:00 am – 10:00 am

February 17	<b>Nicotine Addiction &amp; Behavioral LEAD</b> 2:30 – 3:30pm
February 18	<b>Youth Prevention Policy</b> 1:00 pm – 2:00 pm
February 22	<b>Emerging Trends</b> 1:00 pm – 2:00 pm
February 23	<b>Alaska Native LEAD</b> 9:00 – 10:00am
<b>March 2021</b>	
March 9	<b>Smokefree Multi-Unit Housing</b> 2:00 pm – 3:00 pm
March 12	<b>Youth Engagement</b> 9:00 am – 10:00 am
March 22	<b>Emerging Trends</b> 1:00 pm – 2:00 pm
March 23	<b>Alaska Native LEAD</b> 9:00 – 10:00am
March 23	<b>Cessation Treatment</b> 2:00 pm – 3:00 pm
<b>April 2021</b>	
April 8	<b>Smokefree Events</b> 1:00 pm – 2:30 pm
April 9	<b>Youth Engagement</b> 9:00 am – 10:00 am
April 21	<b>Nicotine Addiction &amp; Behavioral LEAD</b> 2:30 – 3:30pm
April 15	<b>Youth Prevention Policy</b> 1:00 pm – 2:00 pm
April 26	<b>Emerging Trends</b> 1:00 pm – 2:00 pm

April 27	<b>Alaska Native LEAD</b> 9:00 – 10:00am
April 30	<b>Quarter 3 Program Report and Cumulative Fiscal Report due in GEMS</b>
<b>May 2021</b>	
May 11	<b>Smokefree Multi-Unit Housing</b> 2:00 pm – 3:00 pm
May 14	<b>Youth Engagement</b> 9:00 am – 10:00 am
May 24	<b>Emerging Trends</b> 1:00 pm – 2:00 pm
May 25	<b>Alaska Native LEAD</b> 9:00 – 10:00am
May 26	<b>Cessation Treatment</b> 2:00 pm – 3:00 pm
<b>June 2021</b>	
June 10	<b>Smokefree Events</b> 1:00 pm – 2:30 pm
June 11	<b>Youth Engagement</b> 9:00 am – 10:00 am
June 16	<b>Nicotine Addiction &amp; Behavioral LEAD</b> 2:30 – 3:30pm
June 17	<b>Youth Prevention Policy</b> 1:00 pm – 2:00 pm
June 28	<b>Emerging Trends</b> 1:00 pm – 2:00 pm
June 29	<b>Alaska Native LEAD</b> 9:00 – 10:00am