



# Behavioral Risk Factor Surveillance System (BRFSS) **2022 Alaska Questionnaire**

Version 5.25.23

Alaska-specific content is in purple

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Public reporting burden of this collection of information is estimated to average 27 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-1061).

NOTE: Interviewers do not need to read any part of the burden estimate nor provide the OMB number unless asked by the respondent for specific information. If a respondent asks for the length of time of the interview provide the most accurate information based on the version of the questionnaire that will be administered to that respondent. If the interviewer is Not sure, provide the average time as indicated in the burden statement. If data collectors have questions concerning the BRFSS OMB process, please contact Carol Pierannunzi at [ivk7@cdc.gov](mailto:ivk7@cdc.gov).

# Behavioral Risk Factor Surveillance System (BRFSS)

## 2022 Alaska Questionnaire

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# Screener – Landline Only

*Skip Question LL01, if QSTVER > = 20*

**HELLO, I am calling for the Alaska Department of Health. My name is \_\_\_\_ (name) \_\_\_\_ . We are gathering information about the health of US residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.**

*Skip Question LL01, if QSTVER > = 20*

Field Size: 1

Variable Name: [CTELENM1]

**Question: LL.01 Is this (phone number) ?**

1 = Yes - *Go to LL.02, PVTRES1*

2 = No - *Terminate Phone Call*

*Skip Question LL02, if QSTVER >= 20*

Field Size: 1

Variable Name: [PVTRES1]

**Question: LL.02 Is this a private residence?**

READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."

1 = Yes - *Go to LL.04, STATERE1*

2 = No - *Go to LL.03, COLGHOUS*

3 = No, business phone only - *Terminate Phone Call*

*Skip Question LL03, if QSTVER >= 20; or LL.02, PVTRES1, is coded 1*

Field Size: 1

Variable Name: [COLGHOUS]

**Question: LL.03 Do you live in college housing?**

1 = Yes - *Go to LL.04, STATERE1*

2 = No - *Terminate Phone Call*

*Skip Question LL04, if QSTVER >= 20*

Field Size: 1

Variable Name: [STATERE1]

**Question: LL.04 Do you currently live in \_\_\_\_ (state) \_\_\_\_ ?**

1 = Yes - *Go to LL.05, CELPHONI*

2 = No - *Terminate Phone Call*

*Skip Question LL05, if QSTVER >= 20*

Field Size: 1

Variable Name: [CELPHON1]

**Question: LL.05 Is this a cell telephone?**

1 = Yes, it is a cell phone - *Terminate Phone Call*

2 = Not a cell phone - *Go to LL.06, LADULT1*

*Skip Question LL06, if QSTVER >= 20*

Field Size: 1

Variable Name: [LADULT1]

**Question: LL.06 Are you 18 years of age or older?**

1 = Yes - *If LL.03, COLGHOUS, is 1 go to LL.07, COLGSEX1; else go to LL.08, NUMADULT*

2 = No - *If LL.03, COLGHOUS, is 1 Terminate Phone Call, else go to LL.08, NUMADULT*

*Skip Question LL07, if QSTVER >= 20; or if LL.03, COLGHOUS, is not coded 1*

Field Size: 1

Variable Name: [COLGSEX1]

**Question: LL.07 Are you male or female?**

1 = Male - *Go to Section 01.01 (Health Status) GENHLTH*

2 = Female - *Go to Section 01.01 (Health Status) GENHLTH*

3 = Nonbinary - *Terminate Phone Call*

7 = Don't know/Not sure - *Terminate Phone Call*

9 = Refused - *Terminate Phone Call*

*Skip Question LL08, if QSTVER >= 20*

Field Size: 2

Variable Name: [NUMADULT]

**Question: LL.08 I need to randomly select one adult who lives in your household to be interviewed. Excluding adults living away from home, such as students away at college, how many members of your household, including yourself, are 18 years of age or older?**

1 = Number of adults in the household - *Go to LL.09, LANDSEX1*

2 = Number of adults in the household - *Go to LL.10, NUMMEN*

3 = Number of adults in the household - *Go to LL.10, NUMMEN*

4 = Number of adults in the household - *Go to LL.10, NUMMEN*

5 = Number of adults in the household - *Go to LL.10, NUMMEN*

6-99 = 6 or more - *Go to LL.10, NUMMEN*

*Skip Question LL09, if QSTVER >= 20; or if LL.08, NUMADULT, is greater than 1*

Field Size: 1

Variable Name: [LANDSEX1]

Question: LL.09 Are you male or female?

1 = Male - *Go to C01.01, GENHLTH*

2 = Female - *Go to C01.01, GENHLTH*

3 = Nonbinary - *Terminate Phone Call*

7 = Don't know/Not sure - *Terminate Phone Call*

9 = Refused - *Terminate Phone Call*

*Skip Question LL10, if QSTVER >= 20; or if LL.08, NUMADULT, is equal to 1*

Field Size: 2

Variable Name: [NUMMEN]

Question: LL.10 How many of these adults are men?

\_\_ Number

77 Don't know/ Not sure

99 Refused

*Skip Question LL11, if QSTVER >= 20; or if LL.08, NUMADULT, is equal to 1*

Field Size: 2

Variable Name: [NUMWOMEN]

Question: LL.11 So the number of women in the household is [X]. Is that correct?

\_\_ Number

77 Don't know/ Not sure

99 Refused

*Skip Question LL12, if QSTVER >= 20; or if LL.08, NUMADULT, is equal to 1*

Field Size: 1

Variable Name: [RESPSLCT]

Question: LL.12 The person in your household that I need to speak with is [XXX]. Are you the [XXX] in this household

1 = Male - *Go to Section 01.01 (Health Status) GENHLTH*

2 = Female - *Go to Section 01.01 (Health Status) GENHLTH*

7 = Don't know/Not sure - *Terminate Phone Call*

9 = Refused - *Terminate Phone Call*

# Screeners – Cell Phone Only

*Skip Question CP01, if QSTVER < 20*

**HELLO, I am calling for the Alaska Department of Health. My name is \_\_\_\_ (name) \_\_\_\_ . We are gathering information about the health of U.S. residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.**

*Skip Question CP01, if QSTVER < 20*

Field Size: 1

Variable Name: [SAFETIME]

**Question: CP.01 Is this a safe time to talk with you?**

1 = Yes - *Go to CP.02, CTELNUM1*

2 = No - *Set Appointment or Terminate Phone Call*

*Skip Question CP02, if QSTVER < 20*

Field Size: 1

Variable Name: [CTELNUM1]

**Question: CP.02 Is this (phone number) ?**

1 = Yes - *Go to CP.03, CELLFON5*

2 = No - *Terminate Phone Call*

*Skip Question CP03, if QSTVER < 20*

Field Size: 1

Variable Name: [CELLFON5]

**Question: CP.03 Is this a cell phone?**

1 = Yes - *Go to CP.04, CADULT1*

2 = No - *Terminate Phone Call*

*Skip Question CP04, if QSTVER < 20*

Field Size: 1

Variable Name: [CADULT1]

**Question: CP.04 Are you 18 years of age or older?**

1 = Yes - *Go to CP.05, CELLSEX1*

2 = No - *Terminate Phone Call*

*Skip Question CP05, if QSTVER < 20*

Field Size: 1

Variable Name: [CELLSEX1]

**Question: CP.05 Are you male or female?**

- 1 = Male - *Go to CP.06, PVTRES3*
- 2 = Female - *Go to CP.06, PVTRES3*
- 3 = Nonbinary - *Terminate Phone Call*
- 7 = Don't know/Not sure - *Terminate Phone Call*
- 9 = Refused - *Terminate Phone Call*

*Skip Question CP06, if QSTVER < 20*

Field Size: 1

Variable Name: [PVTRES3]

**Question: CP.06 Do you live in a private residence?**

Note: By private residence, we mean someplace like a house or apartment.

- 1 = Yes - *Go to CP.08, CSTATE1*
- 2 = No - *Go to CP.07 CCLGHOUS*

*Skip Question CP07, if QSTVER < 20; or CP.06, PVTRES3, is coded 1*

Field Size: 1

Variable Name: [CCLGHOUS]

**Question: CP.07 Do you live in college housing?**

- 1 = Yes - *Go to CP.08, CSTATE1*
- 2 = No - *Terminate Phone Call*

*Skip Question CP08, if QSTVER < 20*

Field Size: 1

Variable Name: [CSTATE1]

**Question: CP.08 Do you currently live in Alaska?**

- 1 = Yes - *Go to CP.10, LANDLINE*
- 2 = No - *Go to CP.09, RSPSTAT1*

*Skip Question CP09, if QSTVER < 20; or CP.08, CSTATE1, is coded 1*

Field Size: 2

Variable Name: [RSPSTAT1]



### Question: CP.09 In what state do you currently live?

With CDC approval, Alaska changed the protocol on 07.01.20. If respondent lives in a state other than 2 (Alaska), discontinue the interview.

- |                           |                     |  |
|---------------------------|---------------------|--|
| 1 = Alabama               | 22 = Louisiana      | 41 = Oregon                            |
| 2 = Alaska                | 23 = Maine          | 42 = Pennsylvania                      |
| 4 = Arizona               | 24 = Maryland       | 44 = Rhode Island                      |
| 5 = Arkansas              | 25 = Massachusetts  | 45 = South Carolina                    |
| 6 = California            | 26 = Michigan       | 46 = South Dakota                      |
| 8 = Colorado              | 27 = Minnesota      | 47 = Tennessee                         |
| 9 = Connecticut           | 28 = Mississippi    | 48 = Texas                             |
| 10 = Delaware             | 29 = Missouri       | 49 = Utah                              |
| 11 = District of Columbia | 30 = Montana        | 50 = Vermont                           |
| 12 = Florida              | 31 = Nebraska       | 51 = Virginia                          |
| 13 = Georgia              | 32 = Nevada         | 53 = Washington                        |
| 15 = Hawaii               | 33 = New Hampshire  | 54 = West Virginia                     |
| 16 = Idaho                | 34 = New Jersey     | 55 = Wisconsin                         |
| 17 = Illinois             | 35 = New Mexico     | 56 = Wyoming                           |
| 18 = Indiana              | 36 = New York       | 66 = Guam                              |
| 19 = Iowa                 | 37 = North Carolina | 72 = Puerto Rico                       |
| 20 = Kansas               | 38 = North Dakota   | 78 = Virgin Islands                    |
| 21 = Kentucky             | 39 = Ohio           | 77 = Out of US - <i>Terminate Call</i> |
|                           | 40 = Oklahoma       | 99 = Refused - <i>Terminate Call</i>   |

*Skip Question CP10, if QSTVER < 20; or RSPSTAT1=77 or 99*

Field Size: 1

Variable Name: [LANDLINE]

### Question: CP.10 Do you also have a landline telephone in your home that is used to make and receive calls?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

*Skip Question CP11, if QSTVER < 20; or RSPSTAT1=77 or 99*

Field Size: 2

Variable Name: [HHADULT]

### Question: CP.11 How many members of your household, including yourself, are 18 years of age or older?

INTERVIEWER NOTE: IF CCLGHOUS=1, set HHADULT=1

- 1-76 = Number of adults
- 77 = Don't know/Not sure
- 99 = Refused

# CDC Core Sections

## Respondent Sex

Field Size: 1

Variable Name: [SEXVAR]

### Sex of Respondent

1 = Male - Code=1 if LANDSEX1=1 or CELLSEX1=1 or COLGSEX1=1

2 = Female - Code=2 if LANDSEX1=2 or CELLSEX1=2 or COLGSEX1=2

## Section 1: Health Status

Field Size: 1

Variable Name: [GENHLTH]

Question: C01.01 Would you say that in general your health is:

1 = Excellent

2 = Very good

3 = Good

4 = Fair

5 = Poor

7 = Don't know/Not sure

9 = Refused

## Section 2: Healthy Days

Field Size: 2

Variable Name: [PHYSHLTH]

Question: C02.01 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

01-30 = Number of days

88 = None

77 = Don't know/Not sure

99 = Refused

Field Size: 2

Variable Name: [MENTHLTH]

Question: C02.02 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

01-30 = Number of days  
88 = None  
77 = Don't know/Not sure  
99 = Refused

*Skip Question 02.03, if Section 02.01, PHYSHLTH, is 88 and Section 2.02, MENTHLTH, is 88*

Field Size: 2

Variable Name: [POORHLTH]

Question: C02.03 During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

01-30 = Number of days  
88 = None  
77 = Don't know/Not sure  
99 = Refused

### **Section 3: Health Care Access**

Field Size: 2

Variable Name: [PRIMINSR]

Question: C03.01 What is the current primary source of your health insurance?

01 = A plan purchased through an employer or union (including plans purchased through another person's employer)  
02 = A private nongovernmental plan that you or another family member buys on your own  
03 = Medicare  
04 = Medigap  
05 = Medicaid  
06 = Children's Health Insurance Program (CHIP)  
07 = Military related health care: TRICARE (CHAMPUS)/VA health care/CHAMP-VA  
08 = [Native Health Service](#) or Indian Health Service  
09 = State sponsored health plan  
10 = Other government program  
88 = No coverage of any type  
77 = Don't know/Not sure  
99 = Refused

Field Size: 1

Variable Name: [PERSDOC3]

Question: C03.02 Do you have one person or a group of doctors that you think of as your personal health care provider?

- 1 = Yes, only one
- 2 = More than one
- 3 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [MEDCOST1]

Question: C03.03 Was there a time in the past 12 months when you needed to see a doctor but could not because you could not afford it?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [CHECKUP1]

Question: C03.04 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

- 1 = Within past year (anytime less than 12 months ago)
- 2 = Within past 2 years (1 year but less than 2 years ago)
- 3 = Within past 5 years (2 years but less than 5 years ago)
- 4 = 5 or more years ago
- 8 = Never
- 7 = Don't know/Not sure
- 9 = Refused

## Section 4: Exercise

Field Size: 1

Variable Name: [EXERANY2]

Question: C04.01 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

## Section 5: Inadequate Sleep

Field Size: 2

Variable Name: [SLEPTIM1]

Question: C05.01 On average, how many hours of sleep do you get in a 24-hour period?

INTERVIEWER NOTE: Enter hours of sleep in whole numbers, rounding 30 minutes (1/2 hour) or more up to the next whole hour and dropping 29 or fewer minutes.

\_\_ = Number of hours [01-24]

77 = Don't know / Not sure

99 = Refused

## Section 6: Oral Health

Field Size: 1

Variable Name: [LASTDEN4]

Question: CO6.01 Including all types of dentists, such as orthodontists, oral surgeons, and all other dental specialists, as well as dental hygienists, how long has it been since you last visited a dentist or a dental clinic for any reason?

1 = Within the past year (anytime less than 12 months ago)

2 = Within the past 2 years (1 year but less than 2 years ago)

3 = Within the past 5 years (2 years but less than 5 years ago)

4 = 5 or more years ago

7 = Don't know / Not sure

8 = Never

9 = Refused

Field Size: 1

Variable Name: [RMVTETH4]

Question: CO6.02 Not including teeth lost for injury or orthodontics, how many of your permanent teeth have been removed because of tooth decay or gum disease?

1 = 1 to 5

2 = 6 or more but not all

3 = All

8 = None

7 = Don't know / Not sure

9 = Refused

## Section 7: Chronic Health Conditions

Has a doctor, nurse, or other health professional ever told you that you had any of the following? For each, tell me “Yes”, “No”, or you’re “Not sure”:

Field Size: 1

Variable Name: [CVDINFR4]

Question: C07.01 (Ever told) you had a heart attack, also called a myocardial infarction?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [CVDCRHD4]

Question: C07.02 (Ever told) you had angina or coronary heart disease?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [CVDSTRK3]

Question: C07.03 (Ever told) you had a stroke?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [ASTHMA3]

Question: C07.04 (Ever told) you had asthma?

- 1 = Yes
- 2 = No - [Go to Section 06.06 \(Chronic Health Conditions\) CHCSCNCR1](#)
- 7 = Don't know/Not sure - [Go to Section 06.06 \(Chronic Health Conditions\) CHCSCNCR1](#)
- 9 = Refused - [Go to Section 06.06 \(Chronic Health Conditions\) CHCSCNCR1](#)

*Skip Question 07.05, if Section 07.04, ASTHMA3 is coded 2, 7, 9, or Missing*

Field Size: 1

Variable Name: [ASTHNOW]

Question: C07.05 Do you still have asthma?

1 = Yes

2 = No

7 = Don't know/Not sure

9 = Refused

Field Size: 1

Variable Name: [CHCSCNC1]

Question: C07.06 (Ever told) (you had) skin cancer that is not melanoma?

1 = Yes

2 = No

7 = Don't know/Not sure

9 = Refused

Field Size: 1

Variable Name: [CHCOCNC1]

Question: C07.07 (Ever told) (you had) melanoma or any other types of cancer?

1 = Yes

2 = No

7 = Don't know/Not sure

9 = Refused

Field Size: 1

Variable Name: [CHCCOPD3]

Question: C07.08 (Ever told) (you had) C.O.P.D. (chronic obstructive pulmonary disease), emphysema or chronic bronchitis?

1 = Yes

2 = No

7 = Don't know/Not sure

9 = Refused

Field Size: 1

Variable Name: [ADDEPEV3]

Question: C07.09 (Ever told) (you had) a depressive disorder (including depression, major depression, dysthymia, or minor depression)?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [CHCKDNY2]

Question: C07.10 Not including kidney stones, bladder infection or incontinence, were you ever told you had kidney disease?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [HAVARTH4]

Question: C07.11 (Ever told) (you had) some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

Note: Arthritis diagnoses include: rheumatism, polymyalgia rheumatica; osteoarthritis (not osteoporosis); tendonitis, bursitis, bunion, tennis elbow; carpal tunnel syndrome, tarsal tunnel syndrome; joint infection, etc.

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [DIABETE4]

Question: C07.12 (Ever told) (you had) diabetes?

NOTE: If "Yes" and respondent is female, ask "Was this only when you were pregnant?". If Respondent says pre-diabetes or borderline diabetes, use response code 4.

- 1 = Yes
- 2 = Yes, but female told only during pregnancy - [Go to Section 08.01 \(Demographics\) AGE](#)
- 3 = No - [Go to Section 08.01 \(Demographics\) AGE](#)
- 4 = No, pre-diabetes or borderline diabetes - [Go to Section 08.01 \(Demographics\) AGE](#)
- 7 = Don't know/Not sure - [Go to Section 08.01 \(Demographics\) AGE](#).
- 9 = Refused - [Go to Section 08.01 \(Demographics\) AGE](#)

*Skip Question 07.13, if Section 07.12, DIABETE4, is coded 2, 3, 4, 7, 9, or Missing*



Field Size: 2

Variable Name: [DIABAGE4]

Question: C07.13 How old were you when you were told you had diabetes?

1-97 = Age in years [97 = 97 and older]

98 = Don't know/Not sure

99 = Refused

## Section 8: Demographics

Field Size: 2

Variable Name: [AGE]

Question: C08.01 What is your age?

\_ \_ = Code age in years [97 = 97 and older]

07 = Don't know / Not sure

09 = Refused

Field Size: 1

Variable Name: [HISPANC3]

Question: C08.02 Are you Hispanic, Latino/a, or Spanish origin?

NOTE: One or more categories may be selected.

1 = Mexican, Mexican American, Chicano/a

2 = Puerto Rican

3 = Cuban

4 = Another Hispanic, Latino/a, or Spanish origin

5 = No

7 = Don't know/Not sure

9 = Refused

Field Size: 2

Variable Name: [MRACE2]

Question: C08.03 Which one or more of the following would you say is your race?  
Select all that apply.

NOTE: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.

10 = White

20 = Black or African American

30 = American Indian or Alaska Native

40 = Asian

- 41 = Asian Indian

- 42 = Chinese

- 43 = Filipino

- 44 = Japanese
  - 45 = Korean
  - 46 = Vietnamese
  - 47 = Other Asian
- 50 = Pacific Islander
- 51 = Native Hawaiian
  - 52 = Guamanian or Chamorro
  - 53 = Samoan
  - 54 = Other Pacific Islander
- 1020-6054535251 = Multiple responses  
 88 = No choices  
 77 = Don't know/Not Sure  
 99 = Refused

*Skip Question 09.04, if Section 09.04, MRACE2, has only one valid race code (10-60); or if MRACE2 is coded 77 or 99*

Field Size: 2

Variable Name: [ORACE4]

**Question: C08.04 Which one of these groups would you say best represents your race?**

NOTE: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.

- 10 = White
- 20 = Black or African American
- 30 = American Indian or Alaska Native
- 40 = Asian
  - 41 = Asian Indian
  - 42 = Chinese
  - 43 = Filipino
  - 44 = Japanese
  - 45 = Korean
  - 46 = Vietnamese
  - 47 = Other Asian
- 50 = Pacific Islander
  - 51 = Native Hawaiian
  - 52 = Guamanian or Chamorro
  - 53 = Samoan
  - 54 = Other Pacific Islander
- 77 = Don't know / Not sure
- 99 = Refused

Field Size: 1

Variable Name: [MARITAL]

**Question: C08.05 Are you: (marital status)**

- 1 = Married
- 2 = Divorced
- 3 = Widowed
- 4 = Separated
- 5 = Never married
- 6 = A member of an unmarried couple
- 9 = Refused

Field Size: 1

Variable Name: [EDUCA]

Question: C08.06 What is the highest grade or year of school you completed?

Expanded education options were added for the Alaska BRFSS with approval from the CDC (see Alaska State-Added Questions section).

- 1 = Never attended school or only kindergarten
- 2 = Grades 1 through 8 (Elementary)
- 3 = Grades 9 through 11 (Some high school)
- 4 = Grade 12 or GED (High school graduate)
- 5 = College 1 year to 3 years (Some college or technical school)
- 6 = College 4 years or more (College graduate)
- 9 = Refused

Field Size: 1

Variable Name: [RENTHOM1]

Question: C08.07 Do you own or rent your home?

- 1 = Own
- 2 = Rent
- 3 = Other arrangement
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 3

Variable Name: [CTYCODE2]

Question: C08.08 In what county do you currently live?

Not asked of Alaska residents: Alaska obtained approval in previous survey years to remove this question. Alaska does not have traditional counties, so this question would not make sense to survey respondents.

- \_ \_ = ANSI county code (formerly FIPS code)
- 778-887 = ANSI county code (formerly FIPS code)
- 888 = County from another state (cell phone data only)
- 777 = Don't know/Not sure
- 999 = Refused

Field Size: 5

Variable Name: [ZIPCODE1]

Question: C08.09 What is the ZIP Code where you currently live?

- 1001-77776 = Zipcode
- 77778-99950 = Zipcode
- 77777 = Don't know/Not Sure
- 99999 = Refused

*Skip Question 08.10, if QSTVER >= 20*

Field Size: 1

Variable Name: [NUMHHOL4]

**Question: C08.10 Not including cell phones or numbers used for computers, fax machines or security systems, do you have more than one landline telephone number in your household?**

1 = Yes

2 = No - *Go to Section 08.12 (Demographics) CPDEMO1C*

7 = Don't know / Not sure - *Go to Section 08.12 (Demographics) CPDEMO1C*

9 = Refused - *Go to Section 08.12 (Demographics) CPDEMO1C*

*Skip Question 08.11, if Section 08.10, NUMHHOL4, is coded 2, 7, 9, or Missing; or QSTVER >= 20*

Field Size: 1

Variable Name: [NUMPHON4]

**Question: C08.11 How many of these landline telephone numbers are residential numbers?**

1-5 = Residential telephone number(s)

6 = Residential telephone numbers [6 = 6 or more]

8 = None

7 = Don't know/Not sure

9 = Refused

Field Size: 1

Variable Name: [CPDEMO1C]

**Question: C08.12 How many cell phones do you have for personal use?**

INTERVIEWER NOTE: Read if necessary. Include cell phones used for both business and personal use.

1-5 = Enter number (1-5)

6 = Six or more

8 = None

7 = Don't know/Not sure

9 = Refused

Field Size: 1

Variable Name: [VETERAN3]

**Question: C08.13 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?**

1 = Yes

2 = No

7 = Don't know/Not sure

9 = Refused

Field Size: 1

Variable Name: [EMPLOY1]

Question: C08.14 Are you currently...?

- 1 = Employed for wages
- 2 = Self-employed
- 3 = Out of work for 1 year or more
- 4 = Out of work for less than 1 year
- 5 = A homemaker
- 6 = A student
- 7 = Retired
- 8 = Unable to work
- 9 = Refused

Field Size: 2

Variable Name: [CHILDREN]

Question: C08.15 How many children less than 18 years of age live in your household?

- 1-87 = Number of children
- 88 = None
- 99 = Refused

Field Size: 2

Variable Name: [INCOME3]

Question: C08.16 Is your annual household income from all sources:

NOTE: If respondent refuses at any income level, code "Refused."

Expanded income options were added for the Alaska BRFSS with CDC approval (see Alaska State Added Questions section).

- 01 = Less than \$10,000?
- 02 = Less than \$15,000? (\$10,000 to less than \$15,000)
- 03 = Less than \$20,000? (\$15,000 to less than \$20,000)
- 04 = Less than \$25,000
- 05 = Less than \$35,000 If (\$25,000 to less than \$35,000)
- 06 = Less than \$50,000 If (\$35,000 to less than \$50,000)
- 07 = Less than \$75,000? (\$50,000 to less than \$75,000)
- 08 = Less than \$100,000? (\$75,000 to less than \$100,000)
- 09 = Less than \$150,000? (\$100,000 to less than \$150,000)?
- 10 = Less than \$200,000? (\$150,000 to less than \$200,000)
- 11 = \$200,000 or more
- 77 = Don't know / Not sure
- 99 = Refused

*Skip Question 08.17, if respondent sex, SEXVAR, is coded 1; or Module 25.01, BIRTHSEX, is coded 1; or AGE is greater than 49*

Field Size: 1

Variable Name: [PREGNANT]

Question: C08.17 To your knowledge, are you now pregnant?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 4

Variable Name: [WEIGHT2]

Question: C08.18 About how much do you weigh without shoes?

NOTE: If respondent answers in metrics, put a 9 in the first column

- 50-999 = Weight (pounds)
- 9000-9998 = Weight (kilograms)
- 7777 = Don't know/Not sure
- 9999 = Refused

Field Size: 4

Variable Name: [HEIGHT3]

Question: C08.19 About how tall are you without shoes?

Round fractions down.

- \_\_ / \_\_ = Height (ft / inches/meters/centimeters)
- 77 / 77 = Don't know / Not sure
- 99 / 99 = Refused

## Section 9: Disability

Field Size: 1

Variable Name: [DEAF]

Question: C09.01 Some people who are deaf or have serious difficulty hearing use assistive devices to communicate by phone. Are you deaf or do you have serious difficulty hearing?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [BLIND]

Question: C09.02 Are you blind or do you have serious difficulty seeing, even when wearing glasses?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [DECIDE]

Question: C09.03 Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [DIFFWALK]

Question: C09.04 Do you have serious difficulty walking or climbing stairs?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [DIFFDRES]

Question: C09.05 Do you have difficulty dressing or bathing?

- 1 = Yes
- 2 = No
- 7 = Don't know/Not sure
- 9 = Refused

Field Size: 1

Variable Name: [DIFFALON]

Question: C09.06 Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?

- 1 = Yes
- 2 = No

7 = Don't know/Not sure  
9 = Refused

## Section 10: Breast and Cervical Cancer Screening

*Skip Question 10.01, if respondent sex, SEXVAR, is coded 1; or Module 25.01, BIRTHSEX,, is coded 1*

Field Size: 1

Variable Name: [HADMAM]

Question: C10.01 (The next questions are about breast and cervical cancer.) Have you ever had a mammogram?

1 = Yes  
2 = No - *Go to Section 10.03 (Breast and Cervical Cancer Screening) CERVSCRN*  
7 = Don't know/ not sure - *Go to Section 10.03 (Breast and Cervical Cancer Screening) CERVSCRN*  
9 = Refused - *Go to Section 10.03 (Breast and Cervical Cancer Screening) CERVSCRN*

*Skip Question 10.02, if respondent sex, SEXVAR, is coded 1; or Module 25.01, BIRTHSEX,, is coded 1; or Module 10.01, HADMAM, is coded 2, 7, 9, or Missing*

Field Size: 1

Variable Name: [HOWLONG]

Question: C10.02 How long has it been since you had your last mammogram?

1 = Within the past year (anytime less than 12 months ago)  
2 = Within the past 2 years (1 year but less than 2 years ago)  
3 = Within the past 3 years (2 years but less than 3 years ago)  
4 = Within the past 5 years (3 years but less than 5 years ago)  
5 = 5 or more years ago  
7 = Don't know / Not sure  
9 = Refused

*Skip Question 10.03, if respondent sex, SEXVAR, is coded 1; or Module 25.01, BIRTHSEX,, is coded 1;*

Field Size: 1

Variable Name: [CERVSCRN]

Question: C10.03 Have you ever had a cervical cancer screening test?

1 = Yes  
2 = No - *Go to Section 10.07 (Breast and Cervical Cancer Screening) HADHYST2*  
7 = Don't know/ not sure - *Go to Section 10.07 (Breast and Cervical Cancer Screening) HADHYST2*  
9 = Refused - *Go to Section 10.07 (Breast and Cervical Cancer Screening) HADHYST2*

*Skip Question 10.04, if respondent sex, SEXVAR, is coded 1; or Module 25.01, BIRTHSEX,, is coded 1; or Module 10.03, CERVSCRN, is coded 2, 7, 9 or missing;*

Field Size: 1



Variable Name: [CRVCLCNC]

**Question: C10.04 How long has it been since you had your last cervical cancer screening test?**

- 1 = Within the past year (anytime less than 12 months ago)
- 2 = Within the past 2 years (1 year but less than 2 years ago)
- 3 = Within the past 3 years (2 years but less than 3 years ago)
- 4 = Within the past 5 years (3 years but less than 5 years ago)
- 5 = 5 or more years ago
- 7 = Don't know / Not sure
- 9 = Refused

*Skip Question 10.05, if respondent sex, SEXVAR, is coded 1; or Module 25.01, BIRTHSEX,, is coded 1; or Module 10.03, CERVSCRN, is coded 2, 7, 9 or missing;*

Field Size: 1

Variable Name: [CRVCLPAP]

**Question: C10.05 At your most recent cervical cancer screening, did you have a Pap test?**

- 1 = Yes
- 2 = No
- 7 = Don't know / Not sure
- 9 = Refused

*Skip Question 10.06, if respondent sex, SEXVAR, is coded 1; or Module 25.01, BIRTHSEX,, is coded 1; or Module 10.03, CERVSCRN, is coded 2, 7, 9 or missing;*

Field Size: 1

Variable Name: [CRVCLHPV]

**Question: C10.06 At your most recent cervical cancer screening, did you have an H.P.V. test?**

- 1 = Yes
- 2 = No
- 7 = Don't know / Not sure
- 9 = Refused

*Skip Question 10.07, if respondent sex, SEXVAR, is coded 1; or Module 25.01, BIRTHSEX,, is coded 1; or Section 09.17, PREGNANT, is coded 1*

Field Size: 1

Variable Name: [HADHYST2]

**Question: C10.07 Have you had a hysterectomy?**

Note: A hysterectomy is an operation to remove the uterus (womb).

- 1 = Yes
- 2 = No
- 7 = Don't know / Not sure
- 9 = Refused

## Section 11: Colorectal Cancer Screening

*Skip Question 11.01, if Section 08.01, AGE, is less than 45*

Field Size: 1

Variable Name: [HADSIGM4]

**Question: C11.01** Colonoscopy and sigmoidoscopy are exams to check for colon cancer. Have you ever had either of these exams?

1 = Yes

2 = No - *Go to Section 11.06 (Colorectal Cancer Screening) COLNCNCR*

7 = Don't know/ not sure - *Go to Section 11.06 (Colorectal Cancer Screening) COLNCNCR*

9 = Refused - *Go to Section 11.06 (Colorectal Cancer Screening) COLNCNCR*

*Skip Question 11.02, if Section 08.01, AGE, is less than 45; or Section 11.01, HADSIGM4, is coded 2, 7, 9 or missing*

Field Size: 1

Variable Name: [COLNSIGM]

**Question: C11.02** Have you had a colonoscopy, a sigmoidoscopy, or both?

NOTE: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

1 = Colonoscopy

2 = Sigmoidoscopy - *Go to Section 11.04 (Colorectal Cancer Screening) SIGMTESI*

3 = Both

7 = Don't know/Not sure - *Go to Section 11.05 (Colorectal Cancer Screening) LASTSIG4*

9 = Refused - *Go to Section 11.06 (Colorectal Cancer Screening) COLNCNCR*

*Skip Question 11.03, if Section 08.01, AGE, is less than 45; or Section 11.01, HADSIGM4, is coded 2, 7, 9 or missing; or Section 11.02, COLNSIGM, is coded 2, 7, 9 or missing*

Field Size: 1

Variable Name: [COLNTE51]

**Question: C11.03** How long has it been since your most recent colonoscopy?

1 = Within the past year (anytime less than 12 months ago)

2 = Within the past 2 years (1 year but less than 2 years ago)

3 = Within the past 5 years (2 years but less than 5 years ago)

4 = Within the past 10 years (5 years but less than 10 years ago)

5 = 10 or more years ago

7 = Don't know / Not sure

9 = Refused

*Skip Question 11.04, if Section 08.01, AGE, is less than 45; or Section 11.01, HADSIGM4, is coded 2, 7, 9 or missing; or Section 11.02, COLNSIGM, is coded 1, 7, 9 or missing;*

Field Size: 1

Variable Name: [SIGMTESI]

**Question: C11.04 How long has it been since your most recent sigmoidoscopy?**

- 1 = Within the past year (anytime less than 12 months ago) - [Go to Section 11.06 \(Colorectal Cancer Screening\) COLNCNCR](#)
- 2 = Within the past 2 years (1 year but less than 2 years ago) - [Go to Section 11.06 \(Colorectal Cancer Screening\) COLNCNCR](#)
- 3 = Within the past 5 years (2 years but less than 5 years ago) - [Go to Section 11.06 \(Colorectal Cancer Screening\) COLNCNCR](#)
- 4 = Within the past 10 years (5 years but less than 10 years ago) - [Go to Section 11.06 \(Colorectal Cancer Screening\) COLNCNCR](#)
- 5 = 10 or more years ago - [Go to Section 11.06 \(Colorectal Cancer Screening\) COLNCNCR](#)
- 7 = Don't know / Not sure - [Go to Section 11.06 \(Colorectal Cancer Screening\) COLNCNCR](#)
- 9 = Refused - [Go to Section 11.06 \(Colorectal Cancer Screening\) COLNCNCR](#)

*Skip Question 11.05, if Section 08.01, AGE, is less than 45; or Section 11.01, HADSIGM4, is coded 2, 7, 9 or missing; or Section 11.02, COLNSIGM, is coded 9 or missing; or Section 11.04, SIGMTEST1, is not missing;*

Field Size: 1

Variable Name: [LASTSIG4]

**Question: C11.05 How long has it been since your most recent colonoscopy or sigmoidoscopy?**

- 1 = Within the past year (anytime less than 12 months ago)
- 2 = Within the past 2 years (1 year but less than 2 years ago)
- 3 = Within the past 5 years (2 years but less than 5 years ago)
- 4 = Within the past 10 years (5 years but less than 10 years ago)
- 5 = 10 or more years ago
- 7 = Don't know / Not sure
- 9 = Refused

*Skip Question 11.06, if Section 08.01, AGE, is less than 45*

Field Size: 1

Variable Name: [COLNCNCR]

**Question: C11.06 Have you ever had any other kind of test for colorectal cancer, such as virtual colonoscopy, CT colonography, blood stool test, FIT DNA, or Cologuard test?**

- 1 = Yes
- 2 = No - [Go to Section 11.09 \(Colorectal Cancer Screening\) SMALSTOL](#)
- 7 = Don't Know/Not sure - [Go to Section 11.09 \(Colorectal Cancer Screening\) SMALSTOL](#)
- 9 = Refused - [Go to Section 11.09 \(Colorectal Cancer Screening\) SMALSTOL](#)

*Skip Question 11.07, if Section 08.01, AGE, is less than 45; or Section 11.06, COLNCNCR, is coded 2, 7, 9 or missing*

Field Size: 1

Variable Name: [VIRCOLO1]

**Question: C11.07 A virtual colonoscopy uses a series of X-rays to take pictures of inside the colon. Have you ever had a virtual colonoscopy?**

- 1 = Yes -
- 2 = No - [Go to 11.09 \(Colorectal Cancer Screening\) SMALSTOL](#)
- 7 = Don't Know/Not sure - [Go to 11.09 \(Colorectal Cancer Screening\) SMALSTOL](#)
- 9 = Refused - [Go to 11.09 \(Colorectal Cancer Screening\) SMALSTOL](#)

*Skip Question 11.08, if Section 08.01, AGE, is less than 45; or Section 11.06, COLNCNCR, is coded 2, 7, 9 or missing; or Section 11.07, VIRCOLO1, is coded 2, 7, 9 or missing*

Field Size: 1

Variable Name: [VCLNTES2]

**Question: C11.08 When was your most recent CT colonography or virtual colonoscopy?**

- 1 = Within the past year (anytime less than 12 months ago)
- 2 = Within the past 2 years (1 year but less than 2 years ago)
- 3 = Within the past 5 years (2 years but less than 5 years ago)
- 4 = Within the past 10 years (5 years but less than 10 years ago)
- 5 = 10 or more years ago
- 7 = Don't know / Not sure
- 9 = Refused

*Skip Question 11.09, if Section 08.01, AGE, is less than 45; or Section 11.06, COLNCNCR, is coded 2, 7, 9 or missing*

Field Size: 1

Variable Name: [SMALSTOL]

**Question: C11.09 One stool test uses a special kit to obtain a small amount of stool at home and returns the kit to the doctor or the lab. Have you ever had this test?**

- 1 = Yes
- 2 = No - *Go to Section 11.11 (Colorectal Cancer Screening) STOOLDN1*
- 7 = Don't know/ not sure - *Go to Section 11.11 (Colorectal Cancer Screening) STOOLDN1*
- 9 = Refused - *Go to Section 11.11 (Colorectal Cancer Screening) STOOLDN1*

*Skip Question 11.10, if Section 08.01, AGE, is less than 45; or Section 11.06, COLNCNCR, is coded 2, 7, 9 or missing; or Section 11.09, SMALSTOL, is coded 2, 7, 9 or missing*

Field Size: 1

Variable Name: [STOLTEST]

**Question: C11.10 How long has it been since you had this test?**

- 1 = Within the past year (anytime less than 12 months ago)
- 2 = Within the past 2 years (1 year but less than 2 years ago)
- 3 = Within the past 5 years (2 years but less than 5 years ago)
- 4 = Within the past 10 years (5 years but less than 10 years ago)
- 5 = 10 or more years ago
- 7 = Don't know / Not sure
- 9 = Refused

*Skip Question 11.11, if Section 08.01, AGE, is less than 45; or Section 11.06, COLNCNCR, is coded 2, 7, 9 or missing;*

Field Size: 1

Variable Name: [STOOLDN2]

**Question: C11.11 Another stool test uses a special kit to obtain an entire bowel movement at home and returns the kit to a lab. Have you ever had this test?**

- 1 = Yes
- 2 = No - *Go to Next Section*

7 = Don't Know/Not sure - [Go to Next Section](#)  
9 = Refused - [Go to Next Section](#)

*Skip Question 11.12, if Section 08.01, AGE, is less than 45; or Section 11.06, COLNCNCR, is coded 2, 7, 9 or missing;  
or Section 11.11, STOOLDN2, is coded 2, 7, 9 or missing*

Field Size: 1

Variable Name: [BLDSTFIT]

**Question: C11.12 Was the blood stool or FIT (you reported earlier) conducted as part of a Cologuard test?**

1 = Yes  
2 = No  
7 = Don't Know/Not sure  
9 = Refused

*Skip Question 11.13, if Section 08.01, AGE, is less than 45; or Section 11.06, COLNCNCR, is coded 2, 7, 9 or missing;  
or Section 11.11, STOOLDN2, is coded 2, 7, 9 or missing*

Field Size: 1

Variable Name: [SDNATES1]

**Question: C11.13 How long has it been since you had this test?**

1 = Within the past year (anytime less than 12 months ago)  
2 = Within the past 2 years (1 year but less than 2 years ago)  
3 = Within the past 5 years (2 years but less than 5 years ago)  
4 = Within the past 10 years (5 years but less than 10 years ago)  
5 = 10 or more years ago  
7 = Don't know / Not sure  
9 = Refused

## **Section 12: Tobacco Use**

Field Size: 1

Variable Name: [SMOKE100]

**Question: C12.01 Have you smoked at least 100 cigarettes in your entire life?**

1 = Yes  
2 = No - [Go to Section 12.03 \(Tobacco Use\) USENOW3](#)  
7 = Don't know/Not Sure - [Go to Section 12.03 \(Tobacco Use\) USENOW3](#)  
9 = Refused - [Go to Section 12.03 \(Tobacco Use\) USENOW3](#)

*Skip Question 12.02, if Section 12.01, SMOKE100, is coded 2, 7, 9, or Missing*

Field Size: 1

Variable Name: [SMOKDAY2]

Question: C12.02 Do you now smoke cigarettes every day, some days, or not at all?

- 1 = Every day
- 2 = Some days
- 3 = Not at all
- 7 = Don't know / Not sure
- 9 = Refused

Field Size: 1

Variable Name: [USENOW3]

Question: C12.03 Do you currently use chewing tobacco, snuff, or snus or iq'mik every day, some days, or not at all?

Note: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum. Iq'mik (also known as blackbull) is a form of smokeless tobacco that is chewed. It is made by mixing fire-cured tobacco leaves and "punk ash," which is the ash generated by burning a fungus that grows on birch trees.

- 1 = Every day
- 2 = Some days
- 3 = Not at all
- 7 = Don't know / Not sure
- 9 = Refused

Field Size: 1

Variable Name: [ECIGNOW2]

Question: C12.04 Would you say you have never used e-cigarettes or other electronic vaping products in your entire life or now use them every day, use them some days, or used them in the past but do not currently use them at all?

- 1 = Never used e-cigarettes in your entire life
- 2 = Use them every day
- 3 = Use them some days
- 4 = Not at all (right now)
- 7 = Don't know / Not sure
- 9 = Refused

## Section 13: Lung Cancer Screening

*Skip Question 13.01, if Section 12.01, SMOKE100, is coded 2, 7, 9, or Missing; or Section 12.02, SMOKDAY2, is coded 7, 9, or Missing*

Field Size: 3

Variable Name: [LCSFIRST]

Question: C13.01 You've told us that you have smoked in the past or are currently smoking. The next questions are about screening for lung cancer. How old were you when you first started to smoke cigarettes regularly?

- 1-100 = Age in Years
- 888 = Never smoked cigarettes regularly - [Go to Section 13.04 \(Lung Cancer Screening\) LCSTSCI](#)

777 = Don't know/Not Sure  
999 = Refused

*Skip Question 13.02, if Section 12.01, SMOKE100, is coded 2, 7, 9, or Missing; or Section 12.02, SMOKDAY2, is coded 1; or Module 13.01, LCSFIRST, is coded 888 or missing*

Field Size: 3

Variable Name: [LCSLAST]

Question: C13.02 How old were you when you last smoked cigarettes regularly?

\_\_\_ = Age in Years (001 – 100)

777 = Don't know/Not sure  
999 = Refused

*Skip Question 13.03, if Section 12.01, SMOKE100, is coded 2, 7, 9, or Missing; or Section 12.02, SMOKDAY2, is coded 7, 9, or Missing; or Module 09.01, LCSFIRST, is coded 888 or missing*

Field Size: 3

Variable Name: [LCSNUMCG]

Question: C13.03 On average, when you [smoke/ smoked] regularly, about how many cigarettes {do/did} you usually smoke each day?

\_\_\_ = Number of cigarettes

777 = Don't know/Not sure  
999 = Refused

Field Size: 1

Variable Name: [LCSTSC1]

Question: C13.04 The next question is about CT or CAT scans of your chest area. During this test, you lie flat on your back and are moved through an open, donut shaped x-ray machine.

Have you ever had a CT or CAT scan of your chest area?

1 = Yes

2 = No - *Go to Section 14.01 (Alcohol Consumption) ALCDAY4*

7 = Don't know/not sure - *Go to Section 14.01 (Alcohol Consumption) ALCDAY4*

9 = Refused - *Go to Section 14.01 (Alcohol Consumption) ALCDAY4*

*Skip Question 13.05, if Section 13.04, LCSTSC1, is coded 2, 7, 9 or missing*

Field Size: 1

Variable Name: [LCSSCNCR]

Question: C13.05 Were any of the CT or CAT scans of your chest area done mainly to check or screen for lung cancer?

- 1 = Yes
- 2 = No - *Go to Section 14.01 (Alcohol Consumption) ALCDAY4*
- 7 = Don't know/not sure - *Go to Section 14.01 (Alcohol Consumption) ALCDAY4*
- 9 = Refused - *Go to Section 14.01 (Alcohol Consumption) ALCDAY4*

*Skip Question 13.06, if Section 13.04, LCSTSC1, is coded 2, 7, 9 or missing; or Section 13.05, LCSSCNCR, is coded 2, 7, 9 or missing*

Field Size: 1

Variable Name: [LCSCTWHN]

Question: C13.06 When did you have your most recent CT or CAT scan of your chest area mainly to check or screen for lung cancer?

- 1 = Within the past year (anytime less than 12 months ago)
- 2 = Within the past 2 years (1 year but less than 2 years)
- 3 = Within the past 3 years (2 years but less than 3 years)
- 4 = Within the past 5 years (3 years but less than 5 years)
- 5 = Within the past 10 years (5 years but less than 10 years ago)
- 6 = 10 or more years ago
- 7 = Don't know / Not sure
- 9 = Refused

## Section 14: Alcohol Consumption

The next questions concern alcohol consumption. One drink of alcohol is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor.

Field Size: 3

Variable Name: [ALCDAY4]

Question: C14.01 During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage?

- 101-199 = Days per week
- 201-299 = Days in past 30 days
- 888 = No drinks in past 30 days - *Go to Section 15.01 (Immunization) FLUSHOT7*
- 777 = Don't know/Not sure - *Go to Section 15.01 (Immunization) FLUSHOT7*
- 999 = Refused - *Go to Section 15.01 (Immunization) FLUSHOT7*

*Skip Question 14.02, if Section 14.01, ALCDAY4, is coded 888, 777, or 999;*

Field Size: 2

Variable Name: [AVEDRNK3]



Question: C14.02 During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

Note: A 40-ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

\_\_ = Number of drinks  
88 = None  
77 = Don't know / Not sure  
99 = Refused

*Skip Question 14.03, if Section 14.01, ALCDAY4, is coded 888, 777, or 999;*

Field Size: 2

Variable Name: [DRNK3GE5]

Question: C14.03 Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks for men or 4 or more drinks for women on an occasion?

\_\_ = Number of times  
77 = Don't know / Not sure  
88 = no days  
99 = Refused

*Skip Question 14.04, if Section 14.01, ALCDAY4, is coded 888, 777, or 999;*

Field Size: 2

Variable Name: [MAXDRNKS]

Question: C14.04 During the past 30 days, what is the largest number of drinks you had on any occasion?

\_\_ = Number of drinks  
77 = Don't know / Not sure  
99 = Refused

## Section 15: Immunization

Field Size: 1

Variable Name: [FLUSHOT7]

Question: C15.01 During the past 12 months, have you had either flu vaccine that was sprayed in your nose or flu shot injected into your arm?

1 = Yes  
2 = No - *Go to Section 15.03 (Immunization) PNEUVAC4*  
7 = Don't know/Not sure - *Go to Section 15.03 (Immunization) PNEUVAC4*  
9 = Refused - *Go to Section 15.03 (Immunization) PNEUVAC4*

Skip Question 15.02, if Section 15.01, FLUSHOT7, is coded 2, 7, or 9

Field Size: 6

Variable Name: [FLSHTMY3]

Question: C15.02 During what month and year did you receive your most recent flu vaccine that was sprayed in your nose or flu shot injected into your arm?

\_\_ / \_\_\_\_ = Month / Year

77 / 7777 = Don't know / Not sure

09 / 9999 = Refused

Field Size: 1

Variable Name: [PNEUVAC4]

Question: C15.03 Have you ever had a pneumonia shot also known as a pneumococcal vaccine?

1 = Yes

2 = No

7 = Don't know/Not sure

9 = Refused

Field Size: 1

Variable Name: [TETANUS1]

Question: C15.04 Have you received a tetanus shot in the past 10 years?

Note: If yes, ask: "Was this Tdap, the tetanus shot that also has pertussis or whooping cough vaccine?"

1 = Yes, received Tdap

2 = Yes, received tetanus shot, but not Tdap

3 = Yes, received tetanus shot but not sure what type

4 = No, did not receive any tetanus shot in the past 10 years

7 = Don't know/Not sure

9 = Refused

## Section 16: HIV/AIDS

Field Size: 1

Variable Name: [HIVTST7]

Question: C16.01 Including fluid testing from your mouth, but not including tests you may have had for blood donation, have you ever been tested for H.I.V?

1 = Yes

2 = No - [Go to Section 16.03 \(HIV/AIDS\) HIVRISK5](#)

7 = Don't know/Not sure - [Go to Section 16.03 \(HIV/AIDS\) HIVRISK5](#)

9 = Refused - [Go to Section 16.03 \(HIV/AIDS\) HIVRISK5](#)

*Skip Question 16.02, if Section 16.01, HIVTST7, is coded 2, 7, 9, or Missing*

Field Size: 6

Variable Name: [HIVSTD3]

**Question: C16.02 Not including blood donations, in what month and year was your last H.I.V. test?**

Note: If response is before January 1985, code "777777".

INTERVIEWER NOTE: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

11985-122022 = Code month and year

771985-772022 = Unknown month and known year

777777 = Don't know/Not sure

999999 = Refused

Field Size: 1

Variable Name: [HIVRISK5]

**Question: C16.03 I am going to read you a list. When I am done, please tell me if any of the situations apply to you. You do not need to tell me which one.**

You have injected any drug other than those prescribed for you in the past year.

You have been treated for a sexually transmitted disease or STD in the past year.

You have given or received money or drugs in exchange for sex in the past year.

You had anal sex without a condom in the past year.

You had four or more sex partners in the past year.

**Do any of these situations apply to you?**

1 = Yes

2 = No

7 = Don't know / Not sure

9 = Refused

## **Emerging Core: Long-term COVID Effects**

Field Size: 1

Variable Name: [COVIDPOS]

**Question: C17.01 Has a doctor, nurse, or other health professional ever told you that you tested positive for COVID 19?**

1 = Yes

3 = Tested positive using home test without health professional

7 = Don't know / Not sure - *Go to next section*

9 = Refused - *Go to next section*

*Skip Question 17.02, if Section 17.01, COVIDPOS, is coded 2, 7, 9, or Missing*

Field Size: 1

Variable Name: [COVIDSMP]

Question: C17.02 Did you have any symptoms lasting 3 months or longer that you did not have prior to having coronavirus or COVID-19?

- 1 = Yes
- 2 = No - *Go to next section*
- 3 = Tested positive using home test without health professional
- 7 = Don't know / Not sure - *Go to next section*
- 9 = Refused - *Go to next section*

*Skip Question 17.03, if Section 17.01, COVIDPOS, is coded 2, 7, 9, or Missing; or  
Section 17.02, COVIDSMP, is coded 2, 7, 9, or Missing*

Field Size: 2

Variable Name: [COVIDPRM]

Question: C17.03 Which of the following was the primary symptom that you experienced? Was it...

- 1 = Tiredness or fatigue
- 2 = Difficulty thinking or concentrating or forgetfulness/memory problems (sometimes referred to as "brain fog")
- 3 = Difficulty breathing or shortness of breath
- 4 = Joint or muscle pain
- 5 = Fast-beating or pounding heart (also known as heart palpitations) or chest pain
- 6 = Dizziness on standing
- 7 = Depression, anxiety, or mood changes
- 8 = Symptoms that get worse after physical or mental activities
- 9 = You did not have any long-term symptoms that limited your activities.
- 77 = Don't know/Not sure
- 99 = Refused

## **Closing Statement/Transition to Modules**

**That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in this state. Thank you very much for your time and cooperation.**

## **Alaska Selected CDC Modules**

### **Module 1: Prediabetes**

*Skip Question M01.01, if Section 07.12, DIABETE4, is coded 1*

Field Size: 1

Variable Name: [PDIABTS1]

**Question: M01.01** When was the last time you had a blood test for high blood sugar or diabetes by a doctor, nurse, or other health professional?

- 1 = Within the past year (anytime less than 12 months ago)
- 2 = Within the last 2 years (1 year but less than 2 years ago)
- 3 = Within the last 3 years (2 years but less than 3 years ago)
- 4 = Within the last 5 years (3 to 4 years but less than 5 years ago)
- 5 = Within the last 10 years (5 to 9 years but less than 10 years ago)
- 6 = 10 years ago or more
- 8 = Never
- 7 = Don't know / Not sure
- 9 = Refused

*Skip Question M01.02, if Section 07.12, DIABETE4, is coded 1; If Section 07.12, DIABETE4, is coded 4 automatically code Module 01.02, PREDIAB2, equal to 1 (yes)*

Field Size: 1

Variable Name: [PREDIAB2]

**Question: M01.02** Has a doctor or other health professional ever told you that you had prediabetes or borderline diabetes?

Note: If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

- 1 = Yes
- 2 = Yes, during pregnancy
- 3 = No
- 7 = Don't know / Not sure
- 9 = Refused

## **Module 16: Social Determinants and Health Equity**

Field Size: 1

Variable Name: [LSATISFY]

**Question: M16.01** In general, how satisfied are you with your life? Are you..

- 1 = Very satisfied
- 2 = Satisfied
- 3 = Dissatisfied
- 4 = Very dissatisfied
- 7 = Don't know/not sure
- 9 = Refused

Field Size: 1

Variable Name: [EMTSUPRT]

Question: M16.02 How often do you get the social and emotional support that you need? Is that...

INTERVIEWER NOTE: If asked, say "please include support from any source."

- 1 = Always
- 2 = Usually
- 3 = Sometimes
- 4 = Rarely
- 5 = Never
- 7 = Don't know/not sure
- 9 = Refused

Field Size: 1

Variable Name: [SDHISOLT]

Question: M16.03 How often do you feel socially isolated from others? Is it...

- 1 = Always
- 2 = Usually
- 3 = Sometimes
- 4 = Rarely
- 5 = Never
- 7 = Don't know/not sure
- 9 = Refused

Field Size: 1

Variable Name: [SDHEMPLY]

Question: M16.04 In the past 12 months have you lost employment or had hours reduced?

- 1 = Yes
- 2 = No
- 7 = Don't Know/ Not sure
- 9 = Refused

Field Size: 1

Variable Name: [FOODSTMP]

Question: M16.05 During the past 12 months, have you received food stamps, also called SNAP, the Supplemental Nutrition Assistance Program on an EBT card?

- 1 = Yes
- 2 = No
- 7 = Don't Know/ Not sure
- 9 = Refused

Field Size: 1

Variable Name: [SDHFOOD1]

Question: M16.06 During the past 12 months how often did the food that you bought not last, and you didn't have money to get more? Was that...

- 1 = Always
- 2 = Usually
- 3 = Sometimes
- 4 = Rarely
- 5 = Never
- 7 = Don't know/not sure
- 9 = Refused

Field Size: 1

Variable Name: [SDHBILLS]

Question: M16.07 During the last 12 months, was there a time when you were not able to pay your mortgage, rent or utility bills?

- 1 = Yes
- 2 = No
- 7 = Don't Know/ Not sure
- 9 = Refused

Field Size: 1

Variable Name: [SDHUTILS]

Question: M16.08 During the last 12 months was there a time when an electric, gas, oil, or water company threatened to shut off services?

- 1 = Yes
- 2 = No
- 7 = Don't Know/ Not sure
- 9 = Refused

Field Size: 1

Variable Name: [SDHTRNSP]

Question: M16.09 During the past 12 months has a lack of reliable transportation kept you from medical appointments, meetings, work, or from getting things needed for daily living?

- 1 = Yes
- 2 = No
- 7 = Don't Know/ Not sure
- 9 = Refused

Field Size: 1

Variable Name: [SDHSTRES]

Question: Stress means a situation in which a person feels tense, restless, nervous, or anxious, or is unable to sleep at night because his/her mind is troubled all the time.

M16.10 Within the last 30 days, how often have you felt this kind of stress?

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never
- 7 Don't know/not sure
- 9 Refused

## Module 26: Sexual Orientation and Gender Identity (SOGI)

*If Skip Question M26.1a, if respondent sex, SEXVAR, is coded 2; or Module 25.01, BIRTHSEX, is coded 2*

Field Size: 1

Variable Name: [SOMALE]

Question: The next two questions are about sexual orientation and gender identity.

M26.01a Which of the following best represents how you think of yourself?

- 1 = Gay
- 2 = Straight, that is, not gay
- 3 = Bisexual
- 4 = Something else
- 7 = I don't know the answer
- 9 = Refused

*Skip Question M26.1b, if respondent sex, SEXVAR, is coded 1; or Module 25.01, BIRTHSEX, is coded 1*

Field Size: 1

Variable Name: [SOFEMALE]

Question: M26.01b Which of the following best represents how you think of yourself?

- 1 = Lesbian or Gay
- 2 = Straight, that is, not gay
- 3 = Bisexual
- 4 = Something else
- 7 = I don't know the answer
- 9 = Refused

Field Size: 1

Variable Name: [TRNSGNDR]



**Question: M26.02 Do you consider yourself to be transgender?**

Note: If yes, ask “Do you consider yourself to be male-to-female, female-to-male, or gender non-conforming?”

- 1 = Yes, Transgender, male-to-female
- 2 = Yes, Transgender, female to male
- 3 = Yes, Transgender, gender nonconforming
- 4 = No
- 7 = Don’t know/not sure
- 9 = Refused

## **Alaska State Added Sections**

### **AK State Added Section 1: Health Care Access**

Inserted in Section 3 after 03.04: Healthcare Access

*Skip Question AK01.01, if Section 03.04 is coded 1. If Section 03.04 is coded 1, autofill AK01.01 as 1*

Field Size: 1

Variable Name: [GETCARE]

**Question: AK01.01. During the past 12 months, have you seen a doctor, nurse, or other health professional to get ANY kind of care for yourself?**

- 1 = Yes
- 2 = No
- 7 = Don’t know/Not sure
- 9 = Refused

### **AK State Added Section 2: Education**

Inserted into Core Section 8: Demographics

Field Size: 1

Variable Name: [EDUCA\_AK]

**Question: AK02.01 When you say that you completed 12<sup>th</sup> grade, does that mean you graduated with a diploma from a high school OR a correspondence school or home-school, OR did you receive a GED?**

INTERVIEWER PROBE: If respondent says Grade 12: “When you say that you completed 12th grade, does that mean you graduated with a diploma from your high school or a correspondence school or home-school, or did you receive a GED?”

*Alaska obtained approval to expand answer options for this core CDC question.*

- 1 = Never attended school or only kindergarten
- 2 = Grades 1 through 8 (Elementary)
- 3 = Grades 9 through 11 (Some high school)
- 4 = Grade 12 (High school graduate)
- 5 = College 1 year to 3 years (Some college or technical school)
- 6 = College 4 years or more (College graduate)

- 7 = GED (High School equivalence diploma)
- 8 = Home-schooled with diploma or correspondence school
- 9 = Refused

### **AK State Added Section 3: Income**

Inserted into Core Section 8: Demographics

Field Size: 1

Variable Name: [INCOME200]

**Question: AK03.01 Is your annual household income from all sources:**

NOTE: If respondent refuses at any income level, code "Refused."

[Alaska obtained approval to expand answer options for this core CDC question. The modification to this question's response set allows us to better estimate poverty levels for large households with higher incomes.]

- 1 = Less than \$10,000
- 2 = Less than \$15,000 (\$10,000 to less than \$15,000)
- 3 = Less than \$20,000 (\$15,000 to less than \$20,000)
- 4 = Less than \$25,000 (\$20,000 to less than \$25,000)
- 5 = Less than \$35,000 (\$25,000 to less than \$35,000)
- 6 = Less than \$50,000 (\$35,000 to less than \$50,000)
- 7 = Less than \$75,000 (\$50,000 to less than \$75,000)
- 8 = Less than \$85,000 (\$75,000 to less than \$85,000)
- 9 = Less than \$100,000 (\$85,000 to less than \$100,000)
- 10 = Less than \$150,000? (\$100,000 to less than \$150,000)?
- 11 = Less than \$200,000? (\$150,000 to less than \$200,000)
- 12 = \$200,000 or more
- 77 = Don't know/Not sure
- 99 = Refused

### **AK State Added Section 4: Tobacco**

Inserted into Core Section 12: Tobacco

*Skip Question AK04.01, if Section 12.02 is coded 1, 2, 7, 9, or Missing*

Field Size: 1

Variable Name: [LASTSMK6]

**Question: AK04.01. About how long has it been since you last smoked cigarettes regularly? Was that...**

- 6 = 10 years or more
- 5 = At least 5 years but less than 10 years ago
- 4 = More than a year ago (but less than 5 years ago)
- 3 = About 1 year ago
- 2 = At least 3 months but less than 1 year ago
- 1 = Less than 3 months ago
- 7 = DON'T KNOW / NOT SURE
- 9 = REFUSED

*Skip Question AK04.02, if Section 12.02 is coded 3, 7, 9, or Missing*

Field Size: 1

Variable Name: [STOPSMK2]

**Question: AK04.02. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?**

- 1 = Yes
- 2 = No
- 7 = DON'T KNOW / NOT SURE
- 9 = REFUSED

*Skip Question AK04.03, if Section 12.02 is coded 3, 7, 9, or Missing, or if Question AK01.02 is coded 2, 7, 9 or Missing*

Field Size: 1

Variable Name: [QUITSMOK]

**Question: AK04.03 In the past 12 months, has a doctor, nurse, or other health professional advised you to quit smoking?**

- 1 = Yes
- 2 = No
- 7 = DON'T KNOW / NOT SURE
- 9 = REFUSED

*Skip Question AK04.04a, if Section 12.03 is coded 3, 7, 9, or Missing*

Field Size: 1

Variable Name: [CHEWNOW]

**Question: AK04.04a. These next questions are about specific types of smokeless tobacco products you currently use. Do you currently use...**

**Chewing tobacco?**

- 1 = Yes
- 2 = No
- 7 = DON'T KNOW / NOT SURE
- 9 = REFUSED

*Skip Question AK04.04b, if Section 12.03 is coded 3, 7, 9, or Missing*

Field Size: 1

Variable Name: [SNUFNOW]

Question: AK04.04b. (Do you currently use... )

Snuff?

- 1 = Yes
- 2 = No
- 7 = DON'T KNOW / NOT SURE
- 9 = REFUSED

*Skip Question AK04.04b, if Section 12.03 is coded 3, 7, 9, or Missing*

Field Size: 1

Variable Name: [IQMKNOW]

Question: AK04.04c. (Do you currently use...)

Iq'mik or blackbull?

- 1 = Yes
- 2 = No
- 7 = DON'T KNOW / NOT SURE
- 9 = REFUSED

*Skip Question AK04.04b, if Section 12.03 is coded 3, 7, 9, or Missing*

Field Size: 1

Variable Name: [SNUSNOW]

Question: AK04.04d. (Do you currently use...)

Snus?

- 1 = Yes
- 2 = No
- 7 = DON'T KNOW / NOT SURE
- 9 = REFUSED

**AK State Added Section 5: Traumatic Brain Injury**  
Inserted after Module 16: Social Determinants and Health Equity

Field Size: 1

Variable Name: [TBIOUT]

For these next questions, please think about injuries you have had during your entire lifetime, especially those that affected your head or neck. It might help to remember times you went to the hospital or emergency room. Think about injuries you may have received from a car, motorcycle, ATV, or snowmachine/snowmobile accident; bicycle crash; being hit by something or by someone; falling down; playing sports; or an injury on the job or during military service.

Question: AK05.01. Thinking about any injuries you have had in your lifetime, were you ever knocked out or did you lose consciousness?

- 1 = Yes
- 2 = No - *Go to end of survey*
- 7 = Don't know/Not sure - *Go to end of survey*
- 9 = Refused - *Go to end of survey*

*Skip Question AK05.02, if Section AK05.01 is coded 2, 7, 9, or missing*

Field Size: 1

Variable Name: [TBITIME]

Question: AK05.02. What was the longest time you were knocked out or unconscious?

- 1 = Less than 5 minutes
- 2 = 5 to 30 minutes
- 3 = More than 30 minutes but less than 24 hours
- 4 = 24 hours or longer
- 7 = DON'T KNOW / NOT SURE
- 9 = REFUSED

*Skip Question AK05.03, if Section AK05.01 is coded 2, 7, 9, or missing*

Field Size: 3

Variable Name: [TBIAGE]

Question: AK05.03. How old were you the first time you were knocked out or lost consciousness?

RANGE 1-100 [NUMBER BOX]

- 1-100 = Age in years
- 777 = DON'T KNOW / NOT SURE
- 999 = REFUSED