

Alaska YRBS Frequently Asked Questions

➤ **What is the purpose of the YRBS?**

The YRBS collects information about Alaska teens, including behaviors that affect health. The results of this survey are used by schools and communities to create and improve adolescent health programs.

➤ **Who completes this survey?**

Students in almost every state in the United States complete the YRBS every other year. In Alaska, about 7,000 high school students from about 30 school districts participate.

➤ **Will anyone know how I answered?**

No, the survey is anonymous. No personal identifying information is collected. The survey is administered in a way that protects student privacy.

➤ **Where can I find the results of the YRBS?**

The results of this survey can be found on the Alaska YRBS website: yrbs.dhss.alaska.gov

The Alaska YRBS is a joint project of the Alaska Departments of Health and Social Services and Education and Early Development. Funding for the Alaska YRBS comes from the Centers for Disease Control and Prevention (CDC), the Alaska Department of Health and Social Services, and numerous community partners.

For more information about the Alaska YRBS, visit:
yrbs.dhss.alaska.gov



This publication was supported by Grant/Cooperative Agreement #NU87PS004290, funded by the Centers for Disease Control and Prevention (CDC).

2021 Alaska Youth Risk Behavior Survey

Student Information and Resources



Student Resources

Thank you for completing the Alaska Youth Risk Behavior Survey (YRBS). Your response helps your community better understand the strengths and needs of teens. There is more information about the survey on the back of this brochure.

If you are concerned about any of the topics discussed in the survey or you need help, consider talking to a:

- parent or guardian
- teacher
- school counselor
- school nurse
- trusted adult
- health care professional

CARELINE **Alaska's Suicide Prevention and** **Someone to Talk to Line**

Call 1-877-266-4357 (HELP)
Available 24 hours a day, 7 days a week

Text 4help to 839863
3-11pm Tuesday-Saturday

Contact the CARELINE if:

- you are feeling down and need someone to talk to
- you are in crisis and need help
- you are a survivor (of a suicide attempt, or if you lost someone to suicide)
- you are grieving
- you are concerned about someone



CARELINE offers free, confidential counseling and referrals for individuals in crisis and those who are considering or are survivors of suicide, as well as concerned friends and family. CARELINE is available statewide.

For more information, visit:
www.carelinealaska.com.