# (Q13) Has your child *ever* received care from the following health care specialists or therapists?

	% yes	95% CI*	
Hearing specialist (audiologist)	9.6	6.9 13.1	
Speech or language therapist	9.2	6.3 13.4	
Eye specialist (ophthalmologist or	9.0	6.3 12.8	
optometrist)			
Physical or occupational therapist	6.3	4.1 9.7	

### (Q14) Has your child *ever* been enrolled in or received services from any of the following programs?

	% yes	95% CI*	
WIC	57.9	52.5	63.2
Head Start or Early Head Start	10.1	7.4	13.6
Early Intervention (EI) or Infant	6.8	4.6	10.0
Learning Program (ILP)			
School district special education or	5.7	3.3	9.7
special needs program			
TEFRA, CCMC, or MRDD waiver	0.9	0.4	2.4

### (Q20) Here is a list of health conditions some young children

**may sometimes have**. For each item, indicate if a health care provider *ever* told you your child had the condition, even if he or she does not have the condition now.

	% yes	95% CI*		
Asthma or wheezing treated with	18.8	15.0	23.3	
inhalers, puffers or nebulizers				
Tooth decay or cavities	17.3	14.0	21.2	
Pneumonia treated with antibiotics	14.4	11.0	18.7	
Ear infections that required tubes	9.8	7.2	13.4	
Anemia (low iron in blood)	8.4	6.0	11.8	
Any developmental delay	7.8	5.1	11.8	
Hearing problems	3.3	1.8	6.0	
Epilepsy, convulsions, or seizures	2.0	0.8	5.0	
treated with daily medicines (anti-				
convulsants)				
Autism or Autism Spectrum Disorder	0.8	0.2	2.6	
Vision problems that cannot be	0.3	0.1	0.7	
corrected with glasses				

\*95% Confidence Interval

#### What is CUBS?

CUBS stands for the Childhood Understanding Behaviors Survey and is a three-year follow-up to the Alaska Pregnancy Risk Assessment Monitoring System (PRAMS). PRAMS sends a survey to approximately one of every six mothers of newborns in Alaska. CUBS attempts follow-up with all mothers living in Alaska who completed PRAMS and whose infant was living with them at that time. The purpose of CUBS is to collect information about health, behaviors, and experiences of young children and families in Alaska.

Among 1062 mothers who were sent the CUBS survey in 2011, 57% responded. Their answers were weighted to represent all mothers of 3-year-old children born in Alaska in 2008. The average child age at the time mothers responded was 38 months (range 37-40 months). 1.8% of mothers said their 3year-old child was not living with them at the time.

#### For more information about CUBS, visit <u>www.epi.hss.state.ak.us/mchepi/</u> <u>cubs/</u>.

For questions or for specific data requests, contact Margaret Young, CUBS Program Coordinator, at 907-269-5657 or margaret.young@alaska.gov. (Q21) For each of these other health conditions, indicate if a health care provider told you your child had the condition during the *past 12 months*, even if he or she does not have the condition now.

	% yes	95% CI*		
Allergy that causes hives or difficulty	9.9	7.1	13.7	
breathing				
Underweight for age or height	5.6	3.5	8.8	
Overweight for age or height	2.0	0.9	4.5	

#### (Q25) Please indicate if your child can do the following actions *now*.

	% yes	95% CI*	
Walk up and down stairs	98.0	95.7	99.1
Build a tower with at least 8 blocks	97.8	95.5	98.9
Use 4 to 5 words in a sentence	93.0	89.4	95.4
Repeat simple songs or rhymes	91.2	87.1	94.2
Use a toilet during the day on most	85.4	80.9	88.9
days			

(Q26) *During the past 12 months*, have you had any concerns about how your child acts, gets along with others, or shows feelings? The concern may be about small or large problems.

	%	95% CI*		
Yes	15.3	11.5	20.1	

(Q27) Did you seek professional help or advice because of concerns about how your child acts, gets along with others, or shows feelings? (Among those who reported having concerns.)

	%	95% CI*	
Yes	45.9	31.3	61.1

## (Q28) Were you able to find someone who could help you with these concerns? (Among those who reported having concerns AND seeking help.)

	%	95% CI*		
Yes	93.3^	75.3	98.4	

^Data may be unreliable. Number of respondents was at least 30 but less than 60. \*95% Confidence Interval