(Q63) Have you smoked any cigarettes in the *past 2 years*?

	%	95% CI*	
Yes	**27.9**	23.4	32.8
No	**72.1**	67.2	76.6

(Q64) How many cigarettes do you smoke on an average day *now*? (A pack has 20 cigarettes.)
(Among women who smoked any cigarettes in the past 2 years.)

	%	95% CI*	
41 cigarettes or more	**0.1**	0.0	0.4
21 to 40 cigarettes	**--**	--	--
11 to 20 cigarettes	**8.4**	4.3	15.6
6 to 10 cigarettes	**20.0**	12.9	29.8
1 to 5 cigarettes	**36.0**	26.7	46.6
Less than 1 cigarette	**8.8**	4.2	17.5
I don't smoke now	**26.6**	18.8	36.3

(Q65) *During the past 30 days,* how many days per week on average did you have any alcoholic drinks? Circle the number of days per week. Include wine, wine coolers, beer, liquor, and mixed drinks.

	%	95% CI*	
None	**55.6**	50.3	60.9
<1 day	**14.7**	11.1	19.2
1 day	**9.8**	7.3	13.1
2 days	**10.4**	7.3	14.6
3 days	**4.4**	2.8	6.9
4 days	**1.9**	1.0	3.5
5 days	**2.0**	0.9	4.4
6 days	**0.5**	0.1	2.1
7 days	**0.7**	0.2	2.0

What is CUBS?

CUBS stands for the Childhood Understanding Behaviors Survey and is a three-year follow-up to the Alaska Pregnancy Risk Assessment Monitoring System (PRAMS). PRAMS sends a survey to approximately one of every six mothers of newborns in Alaska. CUBS attempts follow-up with all mothers living in Alaska who completed PRAMS and whose infant was living with them at that time. The purpose of CUBS is to collect information about health, behaviors, and experiences of young children and families in Alaska.

Among 916 mothers who were sent the CUBS survey in 2013, 64% responded (590 women). Their answers were weighted to represent all mothers of 3-year-old children born in Alaska in 2010. The average child age at the time mothers responded was 38 months (range 37-42 months). 1.7% of mothers said their 3-year-old child was not living with them at the time.

For more information about CUBS, visit the CUBS website.

For questions or for specific data requests, contact Margaret Young, CUBS Program Coordinator, at 907-269-5657 or margaret.young@alaska.gov.

*95% Confidence Interval

(Q66) *During the past 30 days*, **on the days when you drank, about how many drinks did you drink on average?** A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink. (Among those who drank any alcoholic drinks during the past 30 days.)

	%	95% CI*	
1 drink	**54.1**	45.7	62.2
2 drinks	**22.5**	16.3	30.3
3 drinks	**8.0**	4.6	13.4
4 drinks or more	**15.4**	10.4	22.2

(Q67) *During the past 30 days*, **how many times did you drink 4 alcoholic drinks or more in a two hour time span?** (Among those who drank any alcoholic drinks during the past 30 days.)

	%	95% CI*	
4 or more times	**3.0**	1.0	8.4
3 times	**3.1**	1.5	6.4
2 times	**1.3**	0.5	3.6
1 time	**10.9**	6.7	17.3
I didn't have 4 drinks or more in a 2 hour time span	**81.7**	74.5	87.1

*95% Confidence Interval