# Individuals With Developmental Disabilities Registration and Review Report

### Fiscal Year 2019 July 1, 2018 through June 30, 2019



### PREPARED BY:

SENIOR AND DISABILITIES SERVICES STAFF:

John Lee, Director SDS Anastasiya Podunovich, MS, Research Analyst SDS Maureen F. Harwood, MA, Health Program Manager IV, SDS Caitlin Rogers, Health Program Manager III, SDS

#### For:

The DEPARTMENT OF HEALTH AND SOCIAL SERVICES

**AND** THE ALASKA LEGISLATURE

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### Preface: About the Developmental Disabilities Registration and Review

Under AS 47.80.130 (d), the Department of Health and Social Services (DHSS) is required to maintain a waitlist denoting persons who experience a developmental disability who would be eligible to receive state –funded services. It is further required that an annual Report to the Governor and specified legislative committees be presented when there is not adequate funding to meet the needs of all individuals determined to have a developmental disability. Senior and Disabilities Services (SDS) employs the Developmental Disabilities Registration and Review (DDRR) as the waitlist tool to assess an individual's current service needs. Information provided through the DDRR is used to determine who is offered the opportunity to request services through Medicaid's Home and Community Based (HCB) Intellectual/Developmental Disabilities (I/DD) waiver. Additionally, the registration and review was utilized this year to aide in launching the Individualized Supports (ISW) waiver. The purpose of the Individualized Supports Waiver (ISW) is to provide services to people with IDD living in the community who have less intensive needs than people on Alaska's IDD waiver (AK.0260.R005).

When an individual requests placement on the DDRR they have the opportunity to indicate an interest in being considered for the ISW, IDD waiver, or both waivers. A formal separate waitlist for services for the ISW will only be utilized when the program has more than 600 participants in active status. The DDRR provides predictive information the State of Alaska (SOA) uses for program planning and management.

The DDRR as it is traditionally used is a waitlist tool. The DDRR provides the State and other stakeholders information on the current needs and preferences of the individuals and families waiting for expanded supports services.

Cost projections included in this report should be considered estimates to use in planning and not a computation of the actual cost of comprehensive services necessary to meet the needs of each individual on the list.

### Section 1: The Purpose of the Developmental Disabilities Registration and Review (AS 47.80.130(d) (1))

The DDRR is used to select individuals for enrollment in HCB I/DD services when resources are available. Additionally, the DDRR assists Senior and Disabilities Services in planning for the future needs of individuals who have a developmental disability. To ensure SDS has credible information, SDS requests that individuals on the DDRR update information about changes in their condition or family circumstances at least annually.

In order to be eligible to be placed on the DDRR an individual must have a developmental disability as defined under the provisions of AS 47.80.900 (6). "Person with developmental disability" means a person who is experiencing a severe, chronic disability that:

- Is attributable to a mental or physical impairment or combination of mental and physical impairments;
- Is manifested before the individual attains age 22;
- Is likely to continue indefinitely;
- Results in substantial functional limitations in three or more of the following areas of major life activity: Self-care, Receptive and expressive language, Learning, Mobility, Self-direction, Capacity for independent living, Economic self-sufficiency, and;
- Reflects the person's need for a combination and sequence of special, interdisciplinary, or generic assistance, supports, or other services that are of lifelong or extended duration and are individually planned and coordinated.

### (AS 47.80.130(d)(2))

In order for an individual to be included on the DDRR, they must complete an Eligibility Determination application:

http://dhss.alaska.gov/dsds/Documents/pdfs/DD\_Determination\_Application.pdf. The application for services provides SDS information needed to make a determination of if the applicant meets the standard outlined in AS 47.80.900(6). If an individual is determined to have a developmental disability the individual/guardian is notified in writing. The approval letter contains information about registering to be considered for long term supports.

The Developmental Disabilities Registration and Review (DDRR) form is available to be completed online through the Harmony database system or in a paper format. Questions on the form are designed to gather information about an individual's community participation skills, living situation, caregiver needs, and desired services. These questions were designed by community stakeholder group and require community input to be changed or updated. Answers to questions on the form also provide projected timeframes for the need of a particular service. The DDRR attempts to measure the immediate needs and circumstances of each individual on the list and weigh them against the needs of all applicants.

The registration process can be completed by any participant, their Short Term Assistance and Referral (STAR) provider, Care Coordinator, or designated representative. Again, the DDRR is available to be completed online, by emailing completed forms, or submitting completed paper copies to SDS. Once a DDRR form is received it is scored by a Qualified Intellectual Disability Professional (QIDP). The applicant or their legal representative is notified in writing of their placement (score) on the DDRR. If an individual's life situation changes a revised DDRR may be submitted to SDS at any time. The Registry is currently maintained using the SDS data management system referred to as Harmony.

### Scoring Criteria used for Managing the DDRR

After review by SDS, a person's DDRR score is tabulated electronically using the Harmony system. The Registry (Wait List) Ad Hoc Committee developed the current form in use and assigned a weighted set of possible scores to each question. An individual's standing or rank on the registry is relative to the scores of all of the others individuals on the list. Consequently, an individual's position may change depending on the relative needs of others on the registry. The form uses a numerical assessment of need; consequently the higher the need, the greater the number of points that are given. Individuals receive a written explanation of the scoring system, along with a copy of their submission each time a new DDRR is received and scored by SDS.

#### Selection Methodology for Removing Persons on the DDRR

SDS conducts monthly "draws" from the list of the 4 highest scoring individuals for the HCB I/DD waiver. Per approved waiver application 50 individuals a year are "drawn" from the registry. The selected individuals are notified via certified mail of the opportunity to possibly utilize HCB waiver services. This notice includes information about the Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) Level of Care (LOC) process.

The ISW implements a point-in-time enrollment limit of 600 participants each year the waiver is in effect and does not go over the maximum number of 620 unduplicated participants served each year.

Once the ISW reaches capacity, individuals interested in the waiver will be placed on an ISW waitlist until slots become available. When this occurs a separate report will be developed.

### Section 3: Basic Demographic Information (AS 47.80.130(d)(3))

The following demographic information represents the status of the Registry population during the State of Alaska fiscal year beginning July 1, 2018 through June 30, 2019. Since the registry is constantly evolving, this data represents the specified time period and may not reflect the current state of the registry. The historical demand for services reflects minimal variance in population, geographic distribution, and services requests over time. The following data was taken from the from the Harmony data management system which went into effect January 16, 2018. Currently SDS uses the Harmony system to maintain the DDRR.

| Number of individuals on the DDRR as of 6/30/2019:**             | 652       |
|--|-----------|
| Number of individuals 22 years old or younger as of 6/30/2019:   | 426       |
| Number of individuals on the list for 90 days or more:           | 609       |
| Average length of time for individuals currently on the DDRR***: | 48 months |

<sup>\*\*</sup> When an individual requests placement on the DDRR they have the opportunity to indicate an interest in being considered for the ISW, IDD waiver, or both waivers. Individuals often chose to be placed on the waitlist for the IDD waiver once they had been selected for the ISW. The number of individuals on the registry significantly increased as the State used it as the entry point for the newly approved ISW. It is important when reviewing the numbers reported here that 341 individuals who remain on the registry have been selected for the opportunity to apply for the ISW.

\*\*\* It must be noted that while the average length of stay on the DDRR is currently estimated at nearly 4 years, many of these individuals have very low scores and are receiving early intervention, school and/or grant-funded supports, or other community services. They may be on the DDRR for an extended period of time because their need for expanded supports is not acute.

For the 61 individuals removed from the waitlist during FY 2019 (7/1/2018 - 6/30/2019) for the reason of "selected for the waiver" the average number of months on the waiver (number of months from first survey to removed date) is 38 months.

For all 524 individuals who were removed from the list during FY 2019 (all reasons, not just selected for waiver) the average stay was 55 months. In FY 2019 the number of individuals removed from the waitlist was noticeably higher than in the prior fiscal year. This was expected as the Division used the waitlist as an entry point to the ISW. As individuals enrolled onto the ISW some discovered that their needs were being met and they chose to not update their DDRR. The Division completed several waitlist cleanups which included formal noticing to the individual, parent, or guardian that if they wanted to remain on the IDD waitlist they would need to submit a current DDRR.

| Age Range             | Number of Individuals | Percentage |
|-----------------------|-----------------------|------------|
| 0 to 3 years of age   | 10                    | 2%         |
| 4 to 17 years of age  | 293                   | 45%        |
| 18 to 21 years of age | 100                   | 15%        |
| 22 to 64 years of age | 244                   | 37%        |
| Over 65 years of age  | 5                     | 1%         |
| Total                 | 652                   | 100%       |

| Gender | Number of Individuals | Percentage |
|--------|-----------------------|------------|
| Male   | 432                   | 66%        |
| Female | 220                   | 34%        |
| Total  | 652                   | 100%       |

Race & Ethnicity of Individuals on the IDD Registry

| Ethnicity        | Number of Individuals | Percentage |
|------------------|-----------------------|------------|
| Alaska Native    | 111                   | 17%        |
| Asian            | 40                    | 6%         |
| Black            | 20                    | 3%         |
| Hispanic         | 5                     | 1%         |
| Pacific Islander | 17                    | 3%         |
| White            | 215                   | 33%        |

| Other | 244 | 37%  |
|-------|-----|------|
| Total | 652 | 100% |

### Geographic Distribution of Individuals on the IDD Registry by Regional Service Area

| IDD Service Region | Number of Individuals | Percentage |
|--------------------|-----------------------|------------|
| Anchorage          | 294                   | 45%        |
| Interior           | 32                    | 5%         |
| Northwest          | 14                    | 2%         |
| Southcentral       | 202                   | 31%        |
| Southeast          | 55                    | 8%         |
| Southwest          | 32                    | 5%         |
| Unknown            | 23                    | 4%         |
| Total              | 652                   | 100%       |

### Grant Services Received by Individuals on the DDRR

Analysis of program information indicates that in FY 2019 8 individuals received services through SDS' Developmental Disabilities Safety Net funds.

## Section 4: Needs, Preferences, and Estimated Cost to Serve Individuals on the Registry (AS 47.80.130(d)(4))

One of the functions of the DDRR is to gather information on the services individuals feel would best help them be in the most inclusive setting within their community. This data allows the state to project the cost of serving these individuals and to target registry draws. Most people on the registry request more than one service, although there are some who have not requested specific services.

### **Projected Annual Cost**

The following annual cost projection represents Senior and Disabilities Services' best estimate to serve all of the individuals on the registry who indicated a service need(s), with the assumption that they would be served in the Medicaid Waiver program. Not all individuals on the registry will be eligible for waiver services. Of the 61 individuals drawn for the IDD waiver over 67 % have active waivers in place, 6% have been closed and the remaining are in progress. There are a myriad of reasons why individuals do not move into waiver services, e.g. they may not qualify for Medicaid, they decline participation, they leave the state, or they do not meet Intermediate Care Facility for Individuals with Intellectual Disabilities Level of Care.

However, the Medicaid Waiver program reimbursement rates provide the most accurate cost data upon which to base budget projections. In accordance with state law, SDS attempts to tailor services to meet individual needs. The average annual costs listed in the following table represent an average of the rates for service in FY 2019. Not accounted for in the cost estimates below are costs associated with provider capacity building and infrastructure to support the provision of requested services. There are some service characteristics pertaining to rates that are worth noting:

- 1. The Care Coordination service rate is calculated assuming that an individual receives this service for an entire year.
- 2. Respite and Chore service estimates have been calculated at the maximum allowed cost, and therefore represent a liberal estimate of the cost to provide these services.
- 3. The Environmental Modifications cost represents the maximum allowable cost over three years of service, with the presumption that the entire cost would be granted during the first year of service.
- 4. The Residential Habilitation rate represents an average of the costs for all of the subcategories that fall under this service definition (e.g. Family Habilitation, Group Home, In-Home Supports, Shared Care, and Supported Living).

| Type of Service Requested  | Average Annual         | Number of     | Projected       |
|----------------------------|------------------------|---------------|-----------------|
|                            | Cost                   | Requests      | Cost**          |
| Family Habilitation        | \$39,721.22            | 114           | \$4,528,219.43  |
| Group Home                 | \$109,404.19           | 142           | \$15,535,395.41 |
| In-Home Support            | \$16,208.39            | 435           | \$7,050,647.73  |
| Supported Living           | \$44,484.51            | 251           | \$11,165,612.40 |
| Total Cost for Resid       | lential Habilitation S | ervices       | \$38,279,874.98 |
| Respite                    | \$7,294.62             | 517           | \$3,771,316.15  |
| Supported Employment       | \$17,782.96            | 310           | \$5,512,718.53  |
| Day Habilitation           | \$19,139.02            | 615           | \$11,770,498.24 |
| Care Coordination          | \$3,124.49             | 630           | \$1,968,430.80  |
| Intensive Active Treatment | \$4,650.47             | 307           | \$1,427,693.61  |
| Transportation             | \$3,301.12             | 371           | \$1,224,713.90  |
| Environmental Modification | \$6,269.50             | 114           | \$714,723.00    |
| Chore Services             | \$1,815.36             | 115           | \$208,766.91    |
|                            |                        | Total Cost    | \$64,878,736.13 |
|                            | Total State Cost with  | h FMAP at 50% | \$32,439,368.06 |

<sup>\*\*</sup> The source of data for the average cost per individual comes from COGNOS a reporting tool for the Alaska Medical Assistance Health Enterprise. The source of data for the number of individuals on DDRR who are identifying their need for specific services within next 2 years is from the DDRR application with data stored in Harmony. The data was pulled for FY 2019.

Section 5: Number of Individuals Selected or Removed From the Registry FY19

(AS 47.80.130(d)(5))

| Reason for Removal                         | Number of Individuals |
|--|-----------------------|
| Selected for waiver services               | 61                    |
| Non-responsive to request for information* | 418                   |
| Requested to be removed from list          | 1                     |
| Not eligible for DD services               | 41                    |
| Needs met by another Program               | 1                     |
| Moved to another state                     | 2                     |
| Total                                      | 524                   |

<sup>\*</sup> It is the responsibility of the applicant to keep SDS informed of their current contact information. Should someone be selected from the Registry for comprehensive services and fail to respond to notification, they can be removed from the list. If these applicants eventually contact SDS they may, with submission of a new DDRR form, be placed back on the list. This year all individuals receiving grant services were asked to update their profile if they wanted to be considered for waiver services

### Section 6: Number of Individuals on DDRR for More Than 90 Days And SDS Review Process FY19

(AS 47.80.130(d)(6))

Of the 652 individuals who were on the DDRR during the time period being reviewed 609 were on for more 90 than days. The average length of time of those removed was 55 months. As of 6/30/2019, 36 individuals, or 6% had a reviewed total score of 0.

SDS takes steps to regularly review each individual's status while waiting for services or supports. Through community providers, families and participants are reminded they can update their profile as many times as needed. SDS attempts to regularly send notices to participants who have not updated their profile in the last 12 months. This year the DDRR was very actively reviewed and updated because of the ISW.

Additionally, SDS attempts to update participant's eligibility status as identified in their original DD eligibility determination letter. If a participant does not reapply for services or is determined ineligible they are removed from the list.

# Section 7: Number of Students with Developmental Disabilities in Special Education (AS 47.80.130 (d)(7))

It is important to note that Special Education and the services provided through the IDD Waiver Program are different. Special Education provides specially designed instruction by in a school setting. Local education authorities under the purview of the Alaska State Department of Education and Early Development (DEED) administer these programs.

The IDD Waiver Program provides for services and supports in the home or community to assist the individual and their family to participate in community life and avoid institutional placement.

Another key distinction between special education and the I/DD Waiver program is that, for those who qualify, Special Education is an entitlement; but the I/DD Waiver Program operates within the limits of annual legislative appropriations and the capacity of the state and community to provide the desired supports.

According to the Department of Education and Early Development (DEED), as of **October 1, 2017** there are about 19,148 students aged 3 to 21 in Special Education. Among these Special Education students, approximately 2,417 may have developmental disabilities. Individuals with the following types of developmental disabilities may be receiving special education services across the state: Intellectual Disabilities, Cerebral Palsy, Autism, and Seizure Disorder. Similarly, children with other conditions or presentations may qualify as having a developmental disability if they experience substantial limitations in three functional areas. (Alaska Department of Education and Early Development. Special Education Child Count by District. Retrieved from <a href="http://education.alaska.gov/stats/">http://education.alaska.gov/stats/</a>)

• Latest available DEED numbers are from October 1, 2017

### Number 8: Copies of Reports, Policies, Manuals, and Procedures (AS 47.80.130 (d)(8))

Copies of this report and the forms used to manage the IDD Registry are available on the Website of the Division of Senior and Disabilities Services at:

### http://www.hss.state.ak.us/dsds/dd/default.htm

Copies of this report, policies, and forms used to manage the Registry may also be obtained by requesting them from the Senior and Disabilities Services at the following address or phone number:

Senior and Disabilities Services 550 W. 8<sup>th</sup> Ave. Anchorage, Alaska 99501 (907) 269-3666 or Toll Free at 1-800-478-9996

#### Additional Information/Attachments

#### AS 47.80.130 (d)

- (d) When state funding is not adequate to meet service needs, the department shall establish a waiting list for persons with developmental disabilities who would be eligible to receive state-funded services under AS 47.80.100 47.80.170 if adequate state funding were available. The department shall, on an annual basis, review the waiting list and submit a report to the governor containing the information required under this subsection. The department shall send a copy of the report to the persons chairing the house and senate finance committees and the persons chairing the house and senate health, education and social services committees and shall notify the full legislature that the report is available to all legislators. The report must:
- (1) describe the purpose for the waiting list and the strategies used to notify persons about the waiting list, and must include a copy of the information used by the department to inform individuals and families about their rights and responsibilities under AS 47.80.100 47.80.170;
- (2) explain how an individual is placed on the waiting list, what criteria determine rank on the list, and how the waiting list is used to select individuals equitably and fairly across the state;
- (3) give the basic demographic information across all regions about the age, sex, and racial and ethnic background of the individuals on the waiting list;
- (4) identify the level of need and preferences of the individuals and families on the waiting list for the services and the supports that may be necessary to meet their needs and project an annual cost to meet this need;
- (5) identify how many individuals were removed from the waiting list during the 12 months covered by the report, why they were removed from the list, and how long the individuals had been waiting for services or supports before they were removed from the list;
- (6) list the number of individuals who have been on the waiting list for 90 days or more with an account of the department's steps to regularly review each individual's status while waiting for services or supports;
- (7) report annual data from the Department of Education and Early Development about the number of students in special education with developmental disabilities graduating from high school, dropping out of high school before reaching age 22, or reaching age 22 without graduating from high school; and
- (8) indicate that written or electronic copies of policies, manuals, and procedures used by the department to implement AS 47.80.100 47.80.170 are available